



Homoeopathic Queries & Solutions

Q1 Sir, nowadays we frequently get patients who are diagnosed to have Biliary Microlithiasis on Abdominal USG. Can you throw some light on this clinical entity?

-Dr UJWAL PATIL, KOLHAPUR

A1 Well! Biliary Microlithiasis or Sludge is a bilious precipitate of Cholesterol crystals, Calcium Bilirubinate and other salts which deposit in the gallbladder. Its formation depends on the physicochemical interactions of the bile constituents, abnormalities of gall-bladder mucosa and gall-bladder dysmotility. Clinical conditions associated commonly with its formation are rapid weight loss, pregnancy (peripartum period), therapy with drugs as Octreotide & Ceftriaxone, patients undergoing bone-marrow or solid organ transplants & those on total parental nutrition. Several modes of diagnosis like Trans-abdominal Ultrasonography, Endoscopic Ultrasonography, Computed Tomography and Bile Microscopy are available. Biliary sludge is known for its complications including biliary colic, acute pancreatitis and acute cholecystitis. Its a precursor to Gall stone formation. Homoeopathically, we would categorize such a person to have a Lithic Diathesis.

Q2 In Benzoic acid (Allen's Keynotes) is a symptom 'gouty, rheumatic diathesis' engrafted on a gonorrhoeal or syphilitic patient. Sir, is Benzoic acid an anti-sycotic or an anti-syphilitic remedy?

- Dr PRAMOD KHANDESHE, KALYAN

A2 To my mind, we cannot ascribe any remedy as pure anti-sycotic or anti-syphilitic drug. Each

homoeopathic remedy exhibits all the three anti-miasmatic properties. Of course in different clinical settings different miasms or different states or stages of miasm are predominant in a particular patient. Same is true for Benzoic acid as well

Q3 What is your opinion regarding Consumer Protection Act being applied to Doctors?

- Dr KASHINATH GAURKAR, CHANDRAPUR

A3 A very good question and a controvertial one indeed! Consumer Protection Act in India exhibits the changing Doctor-Patient Relationship of our times. During the last decade, effort has been made in many countries to give this relationship a legal orientation and convert it into a legislation. Some European countries have developed specific regulations giving certain privileges and rights to the patient (Dutch Model of Doctor-Patient Regulations). The principle of accountability of medical professionals is universally accepted - morally, ethically, and legally. It is dealt by common civil laws of contract or criminal laws, but nowhere in the world, laws such as "Consumer Protection Act" pertaining to trade or commerce or services, are applied to Doctors as in our country. I feel that the Doctor-Patient relationship being an important relation between two human beings, cannot be covered legally by a professional contract only. It must be based on humanistic approach, faith and confidentiality, not allowing it to be eroded. Rather it requires to be strengthened by making it a "Partnership & Collaborative effort" to achieve co-operation of the patient and his relatives on one hand and the highest proficiency from the doctor and best utilization of institutional facilities on the other.



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**KOPPIKAR'S CLINICAL
EXPERIENCE OF 70 YRS IN
HOMOEOPATHY**

PUBLISHERS:

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AUTHOR: Dr S P Koppikar

PRICE: Rs 250

EDITION: 1st Ed., Dec 2002

Pages: 405

If you think that the best way to integrate theory with practice is to learn from the experience of others, then this book is right up your alley. For a doctor the best way to learn, integrate the new learning with the old and grow, is through the real experience of others- the stalwarts in the field. This is the *raison d'être* for Journals such as ours, where this is the type of learning offered.

This book under review, is by the famous and today's oldest living legend of Homoeopathy in India. Dr Koppikar who, at 88, is still working, teaching and writing, lives in Chennai. He has indeed repaid his debt to Homoeopathy by writing this book. Most people leave this too late or do not finish all that they wanted to say.

1. He has talked about everything for how to acquire knowledge of MM, various aspects of prescribing, case taking, case analysis, chronic disease and role of antimiasmatic. He has cited difficult conditions. This book in the words of Dr Jugol Kishore, who has written in his preface, will be a great source of learning.

Dr Koppikar delineates his evolution into a versatile Homoeopath right from his student days. He has cited

every step along the way.

2. He has given some pearls of wisdom:

a. In very bad cases we must not merely brag about greatness of Homoeopathy or promise cures, but set a deadline for the trial of our system, a time limit, after which patient can choose which way to go.

b. The best explanation he has given, is that in a given case there may not only be 1 remedy which is the similimum which will cure, but it could be of any of 4-5 remedies. Eg in a case of measles with added pneumonia- any one of these would work- *Tub-ovaire* 200, *Rhus-tox* 200, *Antim-tart*, *Phos*, or *Morb* 1000: just 2-3 doses would clear it up. This then would explain why so many Homoeopaths get results with different approaches.

2. He has talked about the contribution of each Master and how they went about finding out which was the best way to treat.

3. He has discussed many cases of strange PQRS symptoms in various, even serious conditions, which work like magic

4. Unique ways of using remedied: *digitalis* in Jaundice- slow pulse with missing beats, in prostate enlargement and so on. *Petroleum* in gastric ulcer and *Aesculus*.

The way the book has been written, it takes us on journey through his learning, each step at a time. It almost feels that if you follow these steps, you will come out a good homoeopath.

I cannot think when I last enjoyed a book so much, the 405 pages went so fast!

Reviewed by

Dr VISHPALA PARTHASARATHY,

Editor, NJH

