

How much can I bear?

Mrs KLB, 64, Hindu, vegetarian, uneducated housewife has 5 daughters and 1 son. All are married and settled in Warrangal. Patient is staying alone with

husband (67), a Goldsmith in Bangalore since 1 year as climate suits her. Both brothers (whose?) aged 51 and 49 are in Warrangal.

CHIEF COMPLAINTS:

LOCATION	SENSATION	MODALITIES	CONCOMITANTS
Since July 2002 Pain in Rt Groin → whole right leg	Severe shooting Trembling pain Heaviness Stiffness	< AF sitting 12 hrs car journey < AF jerk < getting up from sitting < 1 st motion after sitting or standing < Sour food Climbing stairs > hot fomentation/massage > walk 2 to 3 steps slowly	Weakness Swollen ankles Stiffness
Since Feb 2001 Rt++ Knees + left	Pain gradually Increasing Swelling ++ Heat+ & red+	< 6-7 pm < getting up < movement < extending leg	> pain killers > calcium > 3 physio Osteoarthritis
ASSOCIATED COMPLAINTS:			
Fever since 4 months Back Since 7 months Stomach 94-95 Bladder since 5,2001	Pain, stiffness Gas formation Heaviness, bloated Control <input type="checkbox"/> Strong smell 3	< pm as pain increases < AF walk, weight gain < spicy food, chana dal < 2 hours after dinner < food AM 1 in 3 hours	< AF allopathic med HS 1½ hours

PATIENT AS A PERSON:

Weight gain 5-6 kg in 1 year. Short, Fat,

PERSPIRATION: Normal

APPETITE: Normal.



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THIRST: less.

DESIRES: spicy³ and sour³ and lemon.

AVERSION: milk.

STOOLS: once a day satisfactory.

MICTURITION: increases with increased pain.

DREAMS: FIL-MIL, Family HU anger,

MENSTRUAL HISTORY: FMP 13 yrs. LMP 1980. Pt 52 Yrs.

OBS HISTORY: Tubectomy 1975. Deliveries: 5 FTND and 3 miscarriages.

LIFE SEQUENCE:

1940 born in Warrangal, eldest of 3 and only daughter. Father was a Goldsmith, friendly, soft spoken with no anger. Mother friendly. Childhood very happy and pampered. Attached to the family, 1948: married at 8 years. Unhappy to leave the house but FIL insisted as not well. Husband was then 12 years of age. Strict, short tempered and dictatorial. Adjusted because of MIL. 1953 Daughter 1 born at age 13. Stayed for 1 year at parents house since did not want to go back. 1956 son born. Patient healthy. 1958 miscarriage in 3 months. Patient very depressed. 1959 FIL died, Husband became more aggressive and angry after he started running the business. 1960 two miscarriages, 1962 2nd daughter born; 1965 3rd, 1967 4th 1969 5th ! 2 days after that the patient suddenly felt paralysed at hips and both legs, worse right and could not walk. Hospitalized with severe pain. Doctor said it was dislocation of pelvis due to injury during delivery. Took one month of allopathy and was fully recovered. 1974 miscarriage of 2 months and tubectomy. 1997 typhoid. Took allopathic for 1 month. 2001 Osteoarthritis of Knee July 2001 patient was travelling Bangalore → Warrangal when car broke down after a severe bump on the road. Got a jerk. Sat in car for 12 hours. Next day bed-ridden. Pain in the hips and legs. She is fully handicapped, can walk only with walker.

FOLLOW UP

<p>29/9/02 SLR Rt < 10 Lt 40 BP 140/85, Temp 99.5 F</p> <p>7/10/02 >10% restlessness > pain x 1 hr after Rx, urine + 10% weakness SLR > 10, Rt. 40 Lt.</p> <p>14/10/02</p> <p>> 25% pain SLR rt. 20 Lt 50</p> <p>> 50% swelling, > weakness 2+ >25% urine 1/2 hr, 1/3- 4 in day</p> <p>28/10/02</p> <p>Fever++ crying with pain, Trembling++</p> <p>Since < 3 from <i>Thuja</i> therefore wait and watch</p> <p>9/11/02</p>	<p>Rhus-tox 30 TP 110</p> <p>5PH 6x 2/7</p> <p>200 7P TID</p> <p>5PH 6 x2/7</p> <p><i>Thuja</i> 200 [1]</p> <p><i>Rhus-tox</i> 200[6] TID</p> <p><i>Placebo</i> 200 [6] TID</p> <p><i>Calc-phos</i> 6X 2-2/7</p>
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INVESTIGATIONS:

FBS 7/2/02 normal 24/4/01 MRI cervical-dorsal spine, cervical spondylosis, C5-C6, Thecal sac and transverse nerve root. 24/4/01 MRI Lumbosacral spine Lumbar spondylosis with central/lateral canal stenosis, L4 – L5/ L5-81, Focal PID impinge on the thecal sac and transverse nerve roots.

MENTAL SYMPTOMS:

Mild, soft spoken, considerate, keeps problems to herself, reserved, likes company only of relatives, not complaining, suppressed anger for husband; no bitterness in words. Lately embarrassment and depression for her handicap and has lead to aversion to company; would rather be alone. ANXIETY health of Husband and Child. Fear of being alone, with brooding.

PHYSICAL REACTION: Bath, hot, cover- AV in pain climate > cool: Thermal C₂H₃

PAST AND FAMILY HISTORY:

Typhoid, 3 miscarriages in 1st trimester of pregnancy, Tonsillectomy; MO, MGF, MU –Arthritis

REMEDY SELECTED:

Acute: *Rhus-tox* **Constitutional:** *Staph*, **Intercurrent:** *Thuja*

<p>> 40% pain, Gas++ Fever 2/15d SLR 40 Rt. 70 Lt >80% weakness swelling 0 Urine 1/4 hrs. HS 1 /3 hrs day 10/11/02 Restless++, wants open air, shifted from bedroom to hall Want co++, calling relatives from Warrangal > constitutional needed. 28/11/02 > 75% pain swelling & stiffness >80% Pain upper back and knees+. looks Active Fever 1/ 15 days and urine 1 HS 25/12/02 > pain 80% fever 1/21 days, urine normal, Urgency is nil >3 soles, knee SLR 70 rt 90 lt 17/01/03 > 80% in hips urine > 90% swelling 0 active Happy, wants to work. Gas 0 Fever 0 SLR rt >70 lt, >80 total hip flexion 30/01/03 pain 0 trembling 0 patient walks without the walker Very happy, anxious since walking again on her legs after 2 years</p>	<p><i>Rhus-tox 1 M[1]</i> <i>Calc-phos 6X 2-2/7</i></p> <p><i>Staph 200 [1]</i> <i>Calc-phos 6X 2-2/7</i></p> <p><i>OAN 200 [1]</i> <i>Calc-phos 6X 2-2/1 mth</i></p> <p><i>Placebo 15 d</i> <i>Calc-phos 6X 2-2/15 d</i></p> <p><i>Placebo 15 d</i> <i>Calc-phos 6X 2-2/15 d</i></p> <p><i>Placebo 15 d</i> <i>Calc-phos 6X 2-2/ 15 d</i></p>
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Trauma after the death of Grandfather

A 9-yr old girl came to me in Aug 2001, with a complaint of recurrent boils on her palm. They appeared and disappeared on their own. She would see it twice a week. The mother felt it was on account of the pressure of the pencil which she used. She complained of weakness since 1-2 months, poor performance in school due to poor concentration and poor memory and a history of recurrent colds and

coughs

GENERALS:

Craving: Spicy², cold drinks²

Aversion- not specific

Thirst: 4-5 glasses of water in a day

Perspiration: Palms, while writing

Urine: Normal

Stool: occasionally constipated, sometimes loose.

PATIENT AS A PERSON:

Appearance: Very delicate and fair. Average height

LIFE SPACE AND MENTALS:

The patient lives with her parents, elder brother and grandmother. She studies in the 4th std.



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