

The Tall Aristocrat Lady!

ABSTRACT: This is a case of a beautiful women who is the epitome of the remedy, platina right from the waiting room! As you will see through the follow-ups how even the words change from being spitfire to more being sublime.



Dr BHAVINI MEHTA BHMS

Homeopathic Consultant, Sub Editor NJH

103, Vaishali Apartments, Yashaleen CHS, TPS III, 51st Road, Borivli West, M 400092

Tel : 9819269034

Mrs RKT 41 years, looking not a day over 32, came to our clinic by prior appointment on 24th Oct 2005. She was tall and statuesque, but her brunette hair was her crowning glory. We did delay in taking her in, but with great charm, she accepted the apology. However we could sense her autocratic layer. She owns a spa, has 2 sons and resides at the posh Pali Hill of Mumbai. Within 5 min in the clinic, she had my staff eating out of her hand, by giving free tips on their beauty problems, without even being asked.

CHIEF COMPLAINT

Hair fall - approx 500 / day. She herself being a beautician, had tried all treatment before coming to me. You can imagine how anxious she must have been!!

OTHER COMPLAINTS

Since childhood, frequent sneezing, throat pain, green expectoration and dry cough. Day 3: swelling of face, fever, pricking sensation in the throat, has to clear throat all the time. < AM, < swallowing, > warm. Associated with headache at the vertex, drowsiness and dryness in throat.

Develops hives over the skin if there is great physical exertion. The hives become red³ and itching³, > hot³, < mosquito bite.

Leucoderma, small patch over ankle. P/H big patch Since 1975. Treated homeopathically and now only a small patch left.

On 30/11 she developed backache as she started walking as an exercise. Pain³ > lying on sides, >warm, <

lying on back, < walking.

PATIENT AS A PERSON

HEIGHT: 5'7". Fair, slim, elegant, looked younger than her age. Not wearing any jewellery.

TONGUE: Dry and coated

TEETH: Cavities ++, root canal done

PERSPIRATION: Diminished³, Armpits +.

DIGESTION: Acidity 1/wk. Flatulence +.

APPETITE: Normal

THIRST: 2-3 glasses/day

CRAVING: Dry fruits³, Chillies³, Pickles³, Sweets³.

HABITS: Alcohol - red wine or cognac 2/months

Cigarette smoking - quit since 4 years, after smoking for 5-6 years.

STOOL: 1/d. Satisfactory.

URINE: Increased infrequency. 8-10/d, 1-2/n. sometimes has to pass 3 times in 10 min.

SLEEP: Very less. Awake till 2 am. Restless in sleep.

Light sleeper. Disturbed by husband's snoring.

Unrefreshing when wakes from sleep since 2 months.

DREAMS: In childhood there was a recurrent dream that she is climbing some steps endlessly.

MENSTRUAL FUNCTION

Last MP: Aug 2005. Menopause. C/O Hot flushes. Felt low, Small papular eruptions.

SEXUAL FUNCTION: When asked she equanimously said Extremely..... (I didn't know what was coming - but the non-verbals suggested as if it was Good).....low.

Once in 2 months. Said: I think my husband is going



through male menopause. He has less desire.

OBSTETRIC HISTORY: G6P2A4L2. 2 sons. 4 abortions induced after the youngest son.

Delivery: Normal. No significant problems during pregnancy or after delivery.

THERMAL: Sun causes heavy headedness. Enjoys winter, loves monsoon. Fan: S++, W+. Covering S-, W+. Bathing: cold water in summer, luke warm in winter. CH4.

LIFE SITUATION AND MENTAL STATE

3/9/1964: 2nd of 3 sisters. Born and brought up in Mumbai. Average student. Took part in sports - Exercise, cycling and swimming. Never spoke much with others. No concentration in studies. "I was so mischievous that teachers were rude to me." Also mother used to shout at me regarding my studies. **Therefore I always felt that I am not loved.**

1979: My father expired due to alcoholic liver disease. When he died I felt he was very selfish since he could have avoided the situation to arise but didn't - he just left us! Now I think that I am wrong and may be others are right. Because ultimately it all boils down to the Karma. After studying till Xth I did few jobs as sales girl in designer studio, assistant designer in foreign based boutique, then as a manager in another boutique. I got a job in airline just because of my personality though I didn't have the qualification.

God was kind to me and I am grateful to Him.

1987: Got married to a boy whom I knew from school. Mother-in-law was very dominating. They stayed with her for 2 years. Then we separated. Mother-in-law now stays with one Sister-in-law, though patient is on good terms with sister-in-law.

I am now a very strong personality. I don't allow anyone to tell me anything and get away. I am not diplomatic. Diplomacy is Hypocrisy. **I am very blunt.** If I don't like something, I tell them.

1997: Started the Spa. Now I am very happy. I have done well in all the roles. I have worked to the bone. I am not a kitty person and I don't play cards. I have been a very good mother, friend, wife, I have adjusted to all different environments.

I was very fastidious. I maintain nextreme cleanliness. But my children do not follow that and now my en-

ergy levels can't meet the requirements. So my husband gets angry. At the end of the day I become like dead meat. My chest hurts at the end of the day."

EMOTIONAL STATE

Irritable³, very bad temper. "If my temper goes, my tongue goes. **I am very rude.**"

Brooding³. Forgives but never forgets.

Fear heights³. Claustrophobia > open air.

Otherwise bold. Would never give up.

Hyperactive³.

Perfectionist³. Motivation, will, drive++.

Spiritual and adventurous.

Loner, > alone or one or 2 close friends. (true?)

Talks excessive³. All her sentences end in "Darling", "God bless you".

Hurried³ nature.

DIAGNOSIS: 1. Alopecia 2. Urticaria.

RUBRICS FOR REPETORISATION (Robin Murphy Repertory)

Pg 1078 Masculine woman	Pg 1047 Fear height
Pg 1042 Extrovert	Pg 1044 Fear closed places. Claustrophobia
Pg 1042 Extravagance	Pg 0326 Fault-finding
Pg 1018 Courageous	Pg 0684 Sexual desires suppressed
Pg 1043 Fastidious	Pg 0260 Dry cough < am
Pg 1034 Domineering	Pg 1309 Skin discoloration white spots
Pg 0996 Anger violent	Pg 0546 Craving spicy
Pg 1110 Talk excessive	Pg 0545 Craving Sweets
Pg 1008 Brooding	Pg 0544 Craving Pickles
Pg 1109 Sympathetic	Pg 0536 Craving Chocolate
Pg 1391 Rude	Pg 0361 Hot

REMEDIES ON REPETORISATION

Sulp 25/15, Nat-m 22/13, Phos, 23/12, Puls 22/11, Nux-v 17/11, Lyc 20/11, Calc 18/11, Plat 17/11 Lach 16/8, Sep 18/10

PLAN

ACUTE: *Bry* for cough

Arn for backache due to overexertion

CONSTITUTIONAL: *Plat. DD.Lach*

INTERCURRENT: *Tub-b*

DISCUSSION: Kent.



It is an out and out Syphilitic remedy. 1-upmanship. Words like- worked to the bone; at the end of the day feel like crushed meat etc.

A picture-perfect *Plat* : Dominating, Vivacious. Dressed in latest fashion. Hypocritical.

VIDE INTERVIEW

FIRST INTERVIEW: Life is very good, everyone is perfect - children and husband...

SECOND INTERVIEW: She has no energy to do all work. Husband wants home perfect and shouts as he enters. No respect for her- she too is working and if no servant, she has to manage her spa and home, has to do all the work - washing vessels etc (*implying that it is below her dignity and yet she has to do it*). Children do not help with messy home, while patient is very fastidious.

No sex. How can you when he criticizes so much? You want to hit back!! (*So she deprives him of sex, not realizing she is depriving herself too. Rather she could use these tender moments to win husband onto her side. But she is too aggressive for that. Then again she had earlier said that he had male menopause!!*)

Kent: Religious affections. Religious –alternates with sexual excitement.

Pt expresses her rage to the father and then attributes it to his Karma.

Kent: Any disturbance of her pride will bring on her symptoms.

In this case the pt was losing her beauty by losing her hair. Claims that she was fastidious and perfectionist yet not appreciated by her husband. Rather he shouts as soon as he enters the home. In return she does not have sex with him, which leads to suppression of her sexual desire. In both cases, her pride is affected

Philip Bailey: Pt is passionate, not just sexually but also in other things.

Pt is very fashionable, wore dress of latest fashion at age of 41 and looked much younger.

Philip Bailey: Platina's pride is accompanied by sensitivity to rejection, feels easily slighted, ignored and abandoned.

Fearful, fear of crowd.

Such a rapid response! NO HAIR FALL IN 5 weeks with a single dose. The beautician was floored.

DIFFERENTIAL DIAGNOSIS

Difference between *Platina* and *Lachesis*

Lachesis Feeling of jealousy and suspicious. But our patient is very helpful and sympathetic. Gave beauty tips to my staff free of charge.

Lachesis Loquacious and outgoing. Pt is not a kitty person. She is happy in her own world.

Patient has a feeling of not loved which is seen in *Platina* patient and not so much in *Lachesis*.

TREATMENT AND FOLLOW UP

DATE	SYMPTOMS	REMEDY
24/10/05		<i>Plat</i> 200 1 dose
31/10/05	Hair fall >. Considerable change. C/o cough since 29/10. Dry cough yellow expectoration. Thirsty ³ . Tongue dry.	<i>Bry</i> 200 TDS for 3 days
7/11/05	Cough 0. but irritable since 1 day	<i>Tub-b</i> 1M 1dose
14/11/05	> Except hot flushes.	SL for 3 days
21/11/05	C/o Backache since went for a walk after long time. School fashion show for parents -4 hrs practice a day!!	<i>Arn</i> 30 2P, 1P=2
28/11/05	Backache much better. Hair fall 100/day. Sneezing 10-12 /day. Occasional dry cough. No throat pain.	SL
5/12/05	Hair fall 50/day. Sneezing 3-4/day. No cough. No throat pain. Hot flushes didn't pay attention to. Urine frequency D/N: 7/0-1. Sleep better than before- like a baby. Children. Better. Had a talk with husband, you know how blunt I am- he has agreed to change!! (<i>The role Plat played is not known to her - otherwise she would have been able to sort out and talk to her husband prior to Homoeopathy!</i>)	SL