



## Synopsis of Other Journals

**CARE AND CURE:** Vol II No 13 & 14-Jan-June 2001. This news letter from Ramakrishna Homoeo Pharmaceuticals, Hyderabad is devoted to Hepatitis B. NJH last issue, on Jaundice, also covered this aspect. There is a clinical overview of Hepatitis B. This issue however contains an important extract from a book "Hepatitis-B Vaccine- All don't need it" by Dr P V R Bhaskara Rao. It is said that 94% of people exposed to Hepatitis B recover while in 1% the disease may become fulminant and may result in death. In 5% of cases the disease may become chronic out of which 4% may become healthy carriers and 1% may develop cirrhosis of liver and cancer. For this fear of the patients becoming chronic and possibility of cancer, the Hepatitis B vaccine is propagated. Important points:

1. According to Merck & Company the duration of protective effect of the vaccine in healthy persons is unknown; in 10%, these vaccinated will not develop immunity.
2. The extract brings out the deleterious side effects of this vaccine more particularly in children. During US Senate Congressional hearing, many witnesses complained that complications like auto sclerosis, paralysis, Arthritis, mental confusion and death have occurred. 60% increase in diabetes in New Zealand There the neurological and auto-immune diseases directly linked to this vaccine were- convulsions, Bell's palsy, Lumbar neuropathy, Myasthenia gravis, MS. Gullian-Barre Syndrome, Encephalitis.
3. A registered nurse in USA testified that children who received the first trial of hepatitis B vaccine developed learning disorders, ADD and serious chronic illnesses such as diabetes, asthma and seizures. The NVIC

(USA) reported that new-born infants died after the shots. There were also reports of chronic fatigue syndrome and an epidemic of rheumatoid arthritis in National Rheumatology meeting in 1997. Federal & Drug administration of USA listed 23, 000 adverse reactions after vaccination in adults. One expert said that serious reactions from the vaccine were 16 times greater than the incidence of the disease.

4. There was a demand for moratorium on this vaccine for school children below 14 years as they are more likely to die or suffer serious adverse reactions after the vaccine than to catch the disease. A victim of MS following the vaccination in France, filed a suit against Smith Kline Beecham, which manufactured the vaccine. It resulted in French Govt suspending mass immunization through this vaccine.

5. It is reported that a mercury compound used as a preservative of this vaccine can cause brain damage.

6. This campaign goes on because of the nexus between the pharmaceutical companies and individual physicians and equipment and vaccine manufacturers.

In conclusion the extract says that 1. Not all people need this vaccine. Newborn infants born to carrier mothers must be vaccinated after confirming the carrier status of pregnant women. New born infants born to Hbsag negative mothers should not be vaccinated. And in others preventive measures such as preventing HBSag positive blood transfusion, avoiding multiple sex partners and non-use of unsterile syringes and needles.

**HOMOEOPATHY TODAY** April, May, June issues Recent issues have beautiful covers. The presentation has also undergone a change. Every issue contains articles on homoeopathic philosophy, therapeutics for specific ailments, homoeopathic research and a write-up on a remedy of the month apart from book reviews, one or two cases and veterinary homoeopathy. In the



COMPILED BY

**TK KASIVISWANATHAN**

10/149, Shobha, Road No 9,

Wadala, Mumbai-400 031

Tel: 4162165



April issue a good extract from the book "A Homoeopathic Approach to Cancer" jointly authored by Dr A U Ramakrishnan a leading Indian Homoeopath specializing in cancer treatment with homoeopathy and famous Catherine Coulter. This extract gives some case illustrations outlining the treatment given for cancer patients. In fighting cancer, it is pointed out, the practitioner races against time and a more aggressive form of treatment is needed and in the cases cited the organ specific remedies, nosodes like *Carcinocin*, *Tuberculinum*, *Scirrhinum* and the constitutional remedy of the patient are judiciously administered. The book contains 126 cases covering 25 types of cancer and each case is well documented with investigative modalities. Basis of selection of the constitutional remedy is also clear from the case records. One sample case.

#### **CASE:**

A 37-year-old woman came a lump in her right breast. The original biopsy revealed ductile carcinoma. Despite some alternative therapy the lump grew in 3 years from 0.5 cm to 2.0 cm in diameter. The cancerous mass was hard but still mobile. A full CT scan and an examination of both the breasts for other lumps were clear. The patient had dyspepsia with a sinking feeling in the stomach and some burning pain on eructation, along with soreness in the abdomen. She was clever and ambitious and independent and rising in her career; she was wary of too close relationships and reserved but opened up in good company. *Sepia* was her remedy. Week 1: *Sepia* 200 daily Week 2: *Scirrhinum* 200 daily; repeated in that manner in the third and fourth weeks. Some improvement was visible in the lump. The same continued next month. There was a substantial reduction in size of the lump at the end of 2 months. For the next four months the same method of treatment continued with improvements. During the period 7-12 months the potency was raised to 1M and at the end of one year the size of lump was 0.5 cm. The same potency repeated in the months 13-16 with stable situation. In 17<sup>th</sup> month, potency raised to 10M of both the drugs. By 22<sup>nd</sup> month the lump had completely disap-

peared. For the next year the patient received one dose of *Sepia* 10M and *Scirrhinum* 10M in alternate months. She was thereafter found to be stable and was free of medicines.

The treatment of fever and migraine headaches, the value of retaking the case from scratch in certain situations and a write-up on *Sanguinaria* and book reviews form the rest of the issue.

**MAY ISSUE** deals with homoeopathic treatment of dogs and cats and teething problems of kids. The remedy of the month is May Flower- *Epigaea-repens*. It is a small remedy useful for urinary tract infections. The author Will Tyler discusses a case of a 37 year old man, who consulted him for painful urination for the past 3 days and tenesmus of the bladder; he had no past history of such episodes or calculi. Examination of urine revealed no gross blood but bloody mucoid sediment. *Cantharis* and *Sarsaparilla* did not cure. In Hales' New remedies, this remedy had brown urinary sediment and tenesmus of the bladder. It was given in Q five drops every two hours and after four doses the patient passed a lot of gravel and was relieved of his complaint.

**JUNE ISSUE** deals with therapeutics of hay fever, anxiety and tension headaches. The remedy of the month is *Euphrasia*, an acute hay fever remedy. A case of fever treated with *Euphrasia* given. Dr Judyth Reichenberg Ullman rightly cautions against having prejudices while taking the case or while prescribing. Some prejudices: every patient needs a polycrest; making unfounded assumptions based on kingdoms or misasms; prescribing the same remedy based on a similar case; assuming that the child needs the same remedy as reflected in mother during pregnancy.

#### **HOMOEOPATHIC PRESTIGE**

##### **APRIL AND JUNE 2001 ISSUES**

Endocrine system of the human body maintains homoeostasis. The endocrine disorders may be caused by hypo secretion or hypo function; hypo-responsiveness due to lack of hormone receptors in target cells; hyper secretion or hyper function due to over produc-



tion of the hormone. Dr Anil Bhatia says that use of potentised hormones in practice is effective and has cited some cases where he has successfully used ACTH, parathyroid hormone and Folliculinum. Writing on female sub-fertility Wesley New Port writes (reprint from BHJ Oct 1965) that in his clinical experience *Phos* in highest potencies proved effective in these cases of subfertility. He cited several cases to substantiate his point. In one case a woman consulted him for not conceiving even after 11 years of married life. She and her husband had other treatment. She had normal and regular menses but had low back pain; she did not complain of any depression. She was constipated but had few likes and dislikes as regards her food. She was given *Sepia* 200 one dose followed by *Natrum-mur* 6X bd for a month and later *Nux-vom* 3x bds. Her husband was put on thyroid tablets. Later after 3 months of treatment she was given *Phos CM* three doses in one day in April 1962. She had her normal menses on 12<sup>th</sup> April and thereafter she conceived and delivered a healthy baby. The doctor feels that these patients had much of *Phos* constitution in their make up.

**JUNE ISSUE:** a comprehensive article (reprint) by Dr Cecile Dubost discusses the efficacy of homoeopathic remedies in treating anxieties of little children. Under each remedy the fears and anxieties are listed along with other keynotes of the same remedies as concomitants. Dr R Dubey, who is a regular contributor to this journal, writes about Indian drugs and their clinical application. He lists 38 drugs with thorough provings and also 12 others, which need to be proved thoroughly. He gives clinical indications: *Abroma-angusta* (diabetes, amenorrhoea and dysmenorrhoea) *Abroma-radix* (for strengthening the uterus and for easy abortion without D&C operation), *Achyranthes aspera*. (menorrhagia, diarrhoea and dysentery, for deafness and noises in ears) *Bel* (for hypochondria, melancholy and intermittent fever, bleeding piles). Homoeopathy has well documented the effects of suppression and metastases (ie both shifting of the affection without any change to another organ, as well as change in the na-

ture of affection itself and affecting some other organs after suppression). Dr Sundara Varadan lists: *Abrotanum* in rheumatism from suddenly checked diarrhoea; *Berberis-vul* for short cough and chest complaints especially after operations for fistulae; sudden retrocession of acute exanthema results in paralysis of brain or convulsions- *Opium*. Such tips will help the practitioners in cases where the present disease is a result of suppression with allopathic medicines.

#### ADVENT OF HOMOEOPATHY JAN-MAR 2001

This issue deals with diseases of spring season treated with Homoeopathy. During this period of transition from winter to summer the main diseases are influenza, chicken pox, measles, mumps, herpes, whooping cough and allergic rhinitis, asthma etc The articles therefore deals with homoeopathic treatment of these diseases. An interesting extract from Jonathan Shore's article on "How I treat seasonal allergies" published in the BHJ, April 1994 gives indications for *Ranunculus-bul*, *Silicea*, *Agaricus*, *Puls*, *Ambrosia*, *Carbo-veg* etc There is a list of related reportorial rubrics extracted from Complete Repertory, which is a useful compilation. Many persons are allergic to Congress grass and the worst sufferers are asthmatics. Dr Sudersan Bhatti discusses in his article a case of allergic reaction to Congress grass treated tautopathically with decoction of the plant's pollen. This issue also contains an extract from the website [www.livelinks.com](http://www.livelinks.com) sent by S S Vithal in which the myths and facts of vaccination are discussed; the facts disclose evidence to say that these vaccinations are unreliable and that many of the assumptions upon which the immunization programmes are based were proved false in their applications. Dr A S Chatterjee discusses some clinical cases from his practice covering hyperglycaemia, multiple warts in scalp, styes, itching of sole of an infant and spondylitis. A reprint of an article by Dr Grace Stevens from the Homoeopathic Recorder on sinus troubles makes interesting reading. The author discusses 5 cases where he cured sinus complaints with appropriate homoeo remedies.

**HOMOEOPATHIC LINKS JULY-SEP 2001**

This issue contains contributions only from Indian Homoeopaths. An interesting news item is that the manuscript of Dr Hahnemann for the second edition of his book *Chronic Diseases*, which was in possession of a private person, is now made available to the profession in a CD rom. due to the efforts of the Robert Bosch Foundation, which has an Institute for History of Medicine. These manuscripts contain a lot of insertions and notes of Dr Hahnemann on the copy of the earlier edition based on his subsequent experience.

Ranjit Vohra discusses two cases where the remedy was *Veratrum-alb*. A 15-year-old boy was brought for consultation for swelling in the eye with sticky discharge and constipation. The boy said that he followed rules and expected others to follow also. He was fond of writing to big personalities and some of them replied. He wrote a poem in which he said that he wanted to be like Hitler to rule the world and also Mother Theresa to love people. Thus he had a duality in his identity. *Veratrum-album* was prescribed on the basis of the rubrics: Del, distinguished he is; Del, great person he is; Del, rank, he is a person of; Confusion of mind, identity as to his; duality, sense of; Inquisitive; injustice, cannot support; generalities: Food, salt desires; Rectum: faeces remained in, as if. He was given one dose of the remedy in 200 potency. In 2 weeks his stye was better and no discharge and after one more week no stool complaints. The case was followed up for over 22 months. During this period, his mental disposition changed and he was no longer interested in becoming a great person but to pass his 12<sup>th</sup> and then join an agriculture science course. Drs Sachindra and Bhawisha Joshi discuss a case of a marine engineer who consulted for his severe backache of 5 years standing. He said he disliked dishonesty in others and corruption was rampant while it was not there in ships; as an instance he cited that his brother in law made alterations in his flat given for stay without his knowledge. He was suspicious that he would not get back his flat. It was his habit to personally supervise the work or even repairs to his car etc. The basic mental make up

appeared to be the fear of being *deceived* by others. Based on the rubrics-Deceived always being and Del, deceived he is *Ruta* comes out as one of the remedies. In Clarke' Dictionary it is written: Anxiety from a troubled conscience. Disposition to quarrel and contradict. Cross, suspicious and imagines that he is always being deceived". Despite the fact that *Ruta* was contra indicated because the patient could only lie on his sides and could not lie on his back whereas in that remedy amel is by lying on back, the remedy was given in 200 potency. In 3 hours the stiffness in his back was less and to test it the patient lifted and shifted heavy items without discomfort. His perspiration reduced and his mental disposition also changed and he was more cool and balanced. The case was followed up for 1 ½ years. No repetition was needed; patient was well. In a situation where there is a communication problem because of language one can arrive at the indicated remedy reasonably accurately by asking the favourite color of the patient. If one likes a particular colour for a long time it represents a basic feeling and a mental condition. Two doctors from West Germany, who treated some villagers in south India without a proper interpreter used this technique for treatment. The article says that Dr H V Muller had identified many remedies to a specific colour. The hypothesis is that the favourite colour of the person represents the basic feeling; this together with an analysis of the handwriting of the individual can enable one to determine his remedy. Standardized colour tests plus the handwriting analysis of thousands of patients revealed that patients cured by a remedy showed the preference for the same colour and had similar handwriting. It is said that in this manner 280 remedies are well defined. (See website [www.colourhom.com](http://www.colourhom.com)). The authors have given a chart of several cases where this method was used to successfully cure the complaints. The complaints treated included chronic sinusitis, warts, fatigue, migraine, pain in legs, asthma etc. Two articles discussing the provings of potentised two varieties of butterflies with two cases cured with these two remedies from Chetna Shukla of India and Jean Pierre Jansen of Netherlands are also published. One



case of Hypothyroidism cured by *Bufo-rana* and another case of hyperthyroidism cured with *Phos* make for interesting reading. The latter case was treated by Dr Vishpala Parthasarathy, Editor of NJH. The patient was a 48-year-old woman and a senior executive in AI. She complained of palpitation, oedema, sweating and very high pulse rate; she also had high BP. She suffered from these complaints since age 23 and was advised operation. As she wanted to have children it was postponed and allopathic medicine was also stopped. Surprisingly during her pregnancies she was free of her hyperthyroid complaints. Based on her mental disposition of being affectionate, optimistic, friendly, loquacity and outgoing nature and her singing in choir, *Phos* was selected and was prescribed with an inter-current of *Tub-bov* over a three year period After that her liver function and thyroid tests were normal. She occasionally needs repetition of *Phos* 1M at an interval of 3 to 6 months

Other cases form the rest of the issue. In the letters to the Editor Dr Rajesh Shah discusses his "hardcore prescribing method"; he says that his prescriptions are

based on solid and hard symptoms, such as patient's dreams, thermal states mental state, modalities, concomitant, likes and dislikes, pathology and sleep pattern etc, as opposed to so called innovative approaches. He has given two cases to illustrate his approach.

*(KV: I somehow do not find this different from the method adopted by other homoeopaths; each case has to be individualized and prescription will depend on the totality with emphasis on some predominant symptoms, mental or pathological including characteristic symptoms).*

**OTHER JOURNALS** were also received:

Quinquina Homoeopathic Quarterly, Vol7-4;  
Hahnemann Disha Hindi Oct-Dec 2000, Jan-March 2001

Vital Informer, August, Sept and October 2001

CCRH News Nov 99-May 2000;

CCRH Quarterly Bulletin Vol 21 3 & 4 1999.

Homoeopathic Links, 2/2001

For want of space, these issues are not reviewed. Subsequent issues of these Journals will be reviewed in our next issue.

You may be aware that after IT now India moving towards Biotechnology.

According to one research India will emerge as a super power in IT & Medical research by 2025.

Q. Who is the Co-founder of Sun Microsystems (The company which is Sweeping The Internet with its brain-child Java)

A. Vinod Khosla

Q. Who is the Creator of Pentium Chip (Needs no introduction, 90% Of Today's computers run on it)

A. Vinod Dahm

Q. Who is the third richest person on the world

A. According to the latest report on Fortune Magazine, it is AzizPremji, CEO, Wipro. The Sultan of Brunei is at 6th position now.

Q. Who is the current president of AT & T Bell Labs (AT & T Bell Labs Is the Creator of C, C++, Unix to name a few)

A. Arun Netravalli

Q. Who is the founder and creator of Hotmail (Hotmail is world's No. 1 Web based email program)

A. Sabeer Bhatia

Q. Who is the GM of Hewlett Packard

A. Rajiv Gupta

Q. Who is the Testing Director of Windows 2000

A. Sanjay Tejwrika

Q.TheChief Executives of CitiBank, Mckensey, Stanchart

A. Victor Menezes,Rajat Gupta,Rana Talwar.

Q.What did you find ??????????

A. Do you find anything common between them Yes, they are all Indians.

This write-up has 3 more pages. All geared to make you.

Say Proudly, I am an INDIAN





V K ARUMUGHAM

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It is entirely different from the books you must have read till now. The author has made an earnest attempt to explain how homoeopathic medicines work. Often Allopaths complain that as there is no medicinal substance present in potencies above 12 and so homoeopathic remedies have only a placebo effect. Several attempts have been made in the past of many people to explain how and why homoeopathic medicines work.

According to Arumugham, ionic energy, which is derived by disintegration and potentiation of food, through the digestive process, is transferred to the energy system of the body, to carry out various functions in the body with the help of bio-magnetic field in the body. The ionic energy obtained through the potentiation of the medicinal substance, helps to tone up the defective electrical energy system of various elements by charging the biological batteries in the body and produce the same effect as charging of depleted and rundown rechargeable batteries, in our day to day life, to impress the function in the affected elements of the body.

In this connection, it is to be pointed out, that electrolyte of biological battery in the human organism has a certain quantum of ion concentration of a particular basic element and because of addition of ions of the same element to the electrolyte, the ion concentration increases. When some electrical energy of the element is drawn from the biological battery for body functions, part of ions stored in the electrolyte (body fluid) is lost, resulting in the reduction of voltage of the biological battery of the element.

Hence the output of the battery will be reduced, just like a hand torch, whose brightness progressively dim on usage. This is due to drop in voltage due to depletion of energy in the cell. Such depletion of energy will affect the functions of the cell due to inadequate output. Hence corresponding ion energy has to be added or pumped into the electrolyte, to bring the specific gravity, voltage and power output to normal level.

**SPEAKING BRIEFLY:** The author has tried to explain how ionic energy derived from the food, is transferred to the energy system in the body to carry out various functions with the help of Bio-magnetic field.

He has also stressed the importance of right potency of the Homoeopathic medicine, which helps to tone up the defective energy system in the body. It is thus that the body charges its depleted biological batteries, from time to time. The external electro-magnetic force plays the vital role on the internal electro-magnetic field force inside every cell. The author underlines that the efficiency of the cure depends upon the extent of care the physician takes in selecting the remedy. Superficial cure of acute suffering is not of much use. Medicine should be given on Miasmatic and Constitutional basis.

He has also discussed disease process, treatment of disease, chronic & acute diseases, mind, cure process, miasm, etc giving the above principles of biological battery in the body.

And finally, he has concluded that the mind is the fundamental cause for all disease conditions in the body. It is a book worth reading once with an alert mind."

*Reviewed by*  
**Dr RAJANI GWALANI**  
 113B/3919, Chembur, Mumbai - 400 0896  
 Tel: 5291527



**Answer for the question on 226**  
*Santa Singh, the part-time Sunday sweeper, entered the ward and unplugged the life support system so that he could use the vacuum cleaner.*