

A Case of Uric Acid Diathesis Treated Homoeopathically

Abstract: An interesting case which affirms once again the efficacy of Homoeopathy in case of Uric Acid Diathesis.

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PRESENTING COMPLAINTS

A male, 53 years of age came to me on 01/04/06, with Pain in both inter-phalangeal joints since a year along with headache.

LOCATION	SENSATION	MODALITIES	CONCOMITANT
Interphalangeal joints Since 1 year	Pain	> dry weather < morning	body

PAST HISTORY Operated-in 2001, for removal of calculi in left kidney. No history of blood transfusion, no h/o of allergy

X-rays: 4-5 times.

Hypertensive (Uric acid diathesis for 11 years)

FAMILY HISTORY

Father: 78 Hypertensive 3 yrs; Asthma.

Mother: 75 Episode of stroke once, h/o ovarian tumours.

2 Uncles: Diabetic.

Maternal Grandmother: Hypertensive.

3 Brothers, 1 Sister: Alive, Medical history NAD.

PERSONAL HISTORY

DIET: Non-veg

ADDICTION: Nil

ENVIRONMENT at home: Congenial

MARITAL STATUS: Married since 19 years

THERMAL REACTION: Ambithermal

APPETITE: 3 meals per day, 3 chapattis per meal

THIRST: 1/2 liter per day.

DESIRE: Sweets³, spicy, karela², warm food

AVERSION: Nothing Significant.

URINE: D5-6, no burning, no pain.

STOOL: D1-2, no pain. Early morning desire.

SLEEP: 7-8 hrs, refreshed

DREAMS: Nothing Significant.

PERSPIRATION: Head³ No staining (present till 2005)

BUILT: Mesomorphic, NUTRITION: Average

PALLOR: Absent, ICTERUS: Absent

CLUBBING: Absent, CYANOSIS: Absent

OEDEMA: Absent, PIGMENTATION: Normal

TONGUE: White coated

BP: 140/100 mm hg

Mental Generals

Short tempered but anger subsides quickly.

Demonstrates anger. Wants to be alone.

Dislikes to speak or to be spoken to. No fears.

HOMOEOPATHIC TREATMENT

01/04/06: *Natrum-sulph* 1M, 2 doses followed by *Rubrum-met* 30 for 15 days.

BP: 140/100 mm of hg.

15/04/06: >.BP 130/90 mm of Hg. *Rubrum-met* 30 for 15 days.

29/04/06: *Rubrum-met* 30 for 15 days

27/05/06: BP 140/96 mm of hg. *Natrum-sulph* 1M 1dose, followed by *Rubrum-met* 30 for 15 days.

03/06/06: BP 140/90 mm of hg. *Sac-lac* 30 for

15 days.

17/06/06: *Sac-lac* 30 for 15 days.

INVESTIGATION REPORTS

Hb-13.3gm/dl TLC- 8400/cmm DLC-N 66.,E
03,B 00, L 29, M 02

Platelets 1.66 Lac/cmm Cholestrol-196mg/dl on
20/05/06, Uric Acid-8.3mg/dl on 03/03/06,
Uric Acid-6.3mg/dl on 12/04/06, Uric Acid-
5.1mg/dl on 20/05/06.

COMMENTS

Natrum-sulph was prescribed on sycotic miasm

background. Patient is hypertensive and there is increased uric acid diathesis for past 11 years. As you all know inco-ordination in the system is a sycotic phenomena. If you look into the family history and past history of the patient, it reveals sycotic miasm background. Besides this, wart like growth over neck and many other places also suggests sycotic miasm. Patient's modalities, < damp cold weather, > dry weather and early morning desire for stool, helped me to select one of the great antisycotic medicine *Natrum-sulph*.

The Season Monsoon makes Human's MON (*in Bengali means mind*) SOON (*in Hindi means numb*)

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Everybody says the monsoon is beautiful
But doctors always declare it as harmful
If in the season any complaint is aggravated
Homoeopaths advice use of *Dulca* to be the best
When rain water on the body causes sneezing to act
At that moment a dose of *Allium-cepa* is select
If person wishes to take a bath in rain water
Due to it develops loose motion and high fever
The physician advises a dose of *Arsenic-album*
This advice may easily root out all the symptoms
The sudden change develops remittent fever
Backache, high temp, exudation is offensive odor
At that moment use of medicine *Baptisia* re-discover
Like the change of weather but cannot tolerate
Here the selection of *Pulsatilla-nigrane* is best
Acute diarrhoea with presence of acute vomiting
Along with temperature select *Veratrum-albumin*
All the complains with the acuteness of trouble
Please not forget *Acon-nap* is a med most suitable
Lastly my advice must be: enjoy every season
Increasing vital power of the body is the only reason



Crossword on Monsoon Ailments



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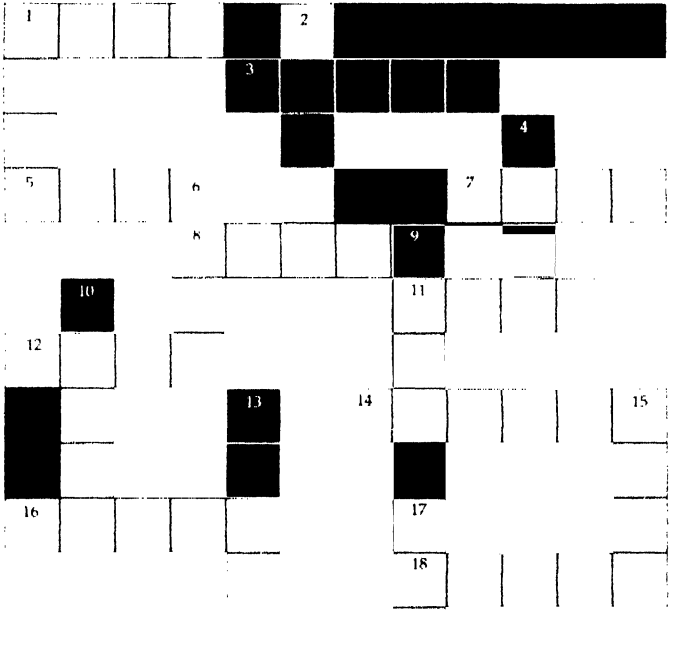
This Crossword is based on the theme Monsoon ailments. With the help of the clues solve the crossword and increase your knowledge of Materia Medica. Learn Materia Medica without Tears!

Across

- 1) Having wet cloth on head, thought he was out in rain (4)
- 3) Wet weather aggravates hoarseness of voice (4, 1)
- 5) Rain ameliorates headache (4)
- 7) Convulsion on becoming wet (4)
- 8) Autumn fever with swollen liver and spleen (5)
- 11) Cold wet weather aggravates elderly people (4)
- 12) Stuffed nose in cold rain (4)
- 14) Ailments since autumn (4, 2)
- 16) Sneezing; coryza from getting wet (4, 1)
- 18) Horror of rain (5)

Down

- 1) Retention of urine with BEP from getting feet wet (3, 1)
- 2) Cough after getting wet (4, 1)
- 4) Cold wet weather ameliorates (3, 1)
- 6) Dreams of being soaked in rain (3, 1)



- 9) Clue as in 18 across (4)
- 10) Rain aggravates, King of antipsorics (5)
- 13) Seems looking through rain (3, 1)
- 15) Diarrhoea in autumn (4)

Answers on the next page

A Real Experiment with 1 Egg & 2 Mobiles

65 minutes of connection between mobiles. We assembled something as per image: Initiated the call between the two mobiles and allowed 65 minutes approximately... During the first 15 minutes nothing happened; 25 minutes later the egg started getting hot; 45 minutes later the egg is hot; 65 minutes later the egg is cooked.

Conclusion: The immediate radiation of the mobiles has the potential to modify the proteins of the egg. Imagine what it can do with the proteins of your brains when you do long calls. Please try to reduce long time calls on mobile phones and pass this mail to all your friends & Family you care for.



