

## Shifting of Disease

### SHIFTING OF DISEASE

Kent has given us twelve observations which are very useful for second prescription. His each observation is based on the effect brought about in a patient after giving the first prescription. In my 27 years of clinical experience, I have derived 3 useful **OBSERVATIONS**.



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**A) PALLIATION:** Means temporary cure or partial relief. Palliation can be done by 132 pathies available in this world.

Example:

#### 1) COUGH & COLD

Acupuncture and Acupressure: Pressure points.

Allopathy : Antihistamines, Decongestants

Ayurvedic : Chariyta, Maha-laxmi-vilas-ras

Homoeopathy: *Aconite, Belladonna, Bryonia, Arsenic* etc.

Unani : Gul-banaksha

## 2) BRONCHIAL ASTHMA

Acupuncture and acupressure: Pressure points

Allopathy: Bronchial-dilators, steroid

Ayurvedic: Swanskuthar-ras

Homoeopathy: *Ipecac*, *Ars-alb*, *Calc-carb* etc

Thus any mode of treatment can be followed used/ adapted for giving palliation. The only difference is there may be side effect of few drugs in other modes of therapy.

## B) DISCHARGES & CURE:

Discharges are always considered to be good in Homoeopathy. They are said to be a sign of cure, if a diseased person after giving well selected Homoeopathic medicine produces discharges from any orifice of the body. It only means that by this way the body is throwing toxic products outside leading to cure. And if this cure follows Hering's Law of cure then only we say ideal cure has been achieved.

## HERING'S LAW:

The direction for cure of disease is from:

- 1 Reverse order of appearance of the symptom
- 2 Above downward
- 3 More vital organ to less vital organ
- 4 Centre to periphery

According to Hering's Law diseases should travel from organ of more importance to the organs of less importance. If this order of cure is followed then we say Hering's Law is followed and ideal cure is achieved. Thus a Homoeopath should never get scared of discharges. It is a natural cleansing process of the body which is catalyzed by proper Homoeopathic treatment

- Brain
- Heart
- Endocrine
- Liver
- Lungs
- Kidney
- Bones

## SKIN

### C) SHIFTING OF THE DISEASE:

The third important observation - "Shifting of the disease".

After my 27 yrs of experience, I came to the above conclusion.

There are enough data and facts available to me to prove this observation. In my practice, I have observed that if a patient gets relieved of one disease, after some time the disease may shift to more vital organ. Thus the cure given to the patient was not an ideal cure as it did not follow the "Hering's Law of cure".

We could understand the phenomenon of shifting only after understanding the 12 energy channels of acupuncture. In our body there are about 12 channels through which energy flows and this flow of energy through different channels is different at different times of the day. As long as the energy flowing through different channels remains in balance, person is healthy and if channels gets blocked or disturbed the person becomes diseased.

This disturbance can be measured with the help of an instrument named "Bio-feed back matter". I am giving my few cases to prove this:

1) A 55 years old female MS from Indore came to me for severe osteo-arthritis.

Her X-rays showed diminished joint space. The space between tibia and femur was almost nil. The joints were extremely swollen. The patient could walk only with support. The patient was treated with indicated Homoeopathic Rx. She was there with me for six months. Then the patient disappeared for three months, again came to me after three months but this time, she narrated that her osteo-arthritis is much better and she has developed leucoderma.

So, this is a very beautiful example explaining the shifting of disease.

2) A 64 years old patient named Mr Talwade came to me for bronchial asthma, he was having great difficulty

is breathing with wheezing and nausea.

His chest was full of rhonchi. One dose of *Ipecac 30* was given. After three days patient was much better. After about one month, he came back with severe itching. On the basis of symptom totality *Sulphur 200*, one dose was given. Itching was better and he again developed asthma and this time attack was so severe that he did not respond to any other prescription.

He did not even respond to bronchodilators and other allopathic medication; ultimately patient was put on steroids and was relieved.

This is an example showing the centripetal action of *Sulphur*. Thus it is not always necessary that Homoeopathic drugs act centrifugally. If prescription is selected on the basis of symptoms the drugs can also show its centripetal action, which is very harmful and the cases suppressed in this way, hardly respond to any other drug and the disease becomes incurable. Thus a physician must be very cautious before prescribing any drug.

This example is just to make us aware that a single wrong prescription can produce serious and life long damage to the patient.

3) A 50 years old patient suffering from Deviated Nasal Septum with the complaints of repeated cough and cold was operated and was partially relieved. When he came to us, *Kali-bich 30* was given on the basis of symptom. After 3 months, he developed Acid-peptic disorder, Again symptom totality was taken and *Nuxvomica* was prescribed. Patient responded nicely to the treatment and was better for 6 months. The drug was repeated as and when necessary.

After a few months patient came with burning micturition, *Cantharis* followed by *Medorrhinum* was given. Patient improved and then developed tremors. In this case, I have learned, how the disease is shifting from periphery to centre, that is against Herings law of cure.

## CONCLUSION

My experience has taught me that if well indicated pre-

scription is not given, even though the patient feels better or relieved after some period of time, he would again come to you with new set of symptoms. But now the disease would be shifted to more vital organ. That means you have not cured the patient, you have just given the patient relief of his symptom, and his disease is shifted to a deeper level. And then he will visit to the physician with new set of symptom (disease).

Thus unless and until your treatment is following Herings law, it is an ideal cure but, if it does not follow Hering's Law it can never be the ideal cure, in fact it is not a cure at all. You are just suppressing or palliating the disease.

Thus, whenever a homoeopath is prescribing a drug, he must be very cautious in the follow-up whether his treatment is following Herings law or not. He has to be a keen observer. Here, I would like to remind you all, about the aphorism where Dr Hahnemann has explained the importance of being a keen observer. A Homoeopath should always watch with his keen microscopic eyes.

Another aphorism where Dr Hahnemann talks about unprejudiced observer again holds true here. A physician must not be over-whelmed by seeing that the patient is relieved. He must try to see that whether the cure is talking place in right direction or not.

Thus again, I would like you to observe carefully whether your treatment is following Herings law or not. Then and only then you can be a true Homoeopathic physician to treat the patient and can fulfill all the criteria of an ideal cure.

Nowadays polypharmacy and combinations are producing centripetal shifting of disease and increasing the suffering of patient at a deeper level.

If you can't get a lawyer  
who knows the law, get  
one who knows the  
judge.