

Treat the Man, Not the Disease

ABSTRACT: *This is the first case of Diabetes in my Practice and the result was brilliant. Since then my faith was reaffirmed in this concept of 'Treat the Man, Not the Disease'. With the Classical selection of Homoeopathic medicine, based on the totality of symptoms, we can achieve best results in diabetic patients.*



Dr CHANDRAKANT BHAPKAR BHMS

Vitality (Classical Homoeopathy)

Abhisek Nursing Home, Jagruti Co-op Society HCG Society, Ghatkopar (W), Mumbai-84

Mob- 9867054734

Mr TP, 49 yrs came for consultation on 21st July 08. A Hindu, vegetarian, married and working in BMC as an Assistant Pathologist

CHIEF COMPLAINTS

DIABETES recently diagnosed. On anti-diabetic drugs since 15 days.

HYPERTENSIVE. Tab Maclazide M, T Pioz 15 and and T Enam.

Weakness++

Frequent micturation

Weight loss, 6-8 kgs in 2 months

Sexual power weak++, erection deficient, weak.

He requires daily sex, but now no desire.

ASSOCIATED COMPLAINTS

Nervousness, Restlessness

MIND INTELLECTUAL: Memory good, sometimes forgets things, names, etc

MENTAL STATE

Anger : Contradiction from

Sadness: Family people did to him.

Love: His family, his son.

Fear: Failure in life

Anxiety Agitation: about financial condition.

Anxiety Depression: about Diabetes

Conflict: with Brothers about the separation

GENERAL

APPEARANCE: HEIGHT: 5.6 inches, WEIGHT: 68 kgs.

BUILT: Average.

HAIR: White, became grey early, male pattern baldness++

GAIT: Normal

SKIN: Greasy, dark complexion.

APPETITE: Decreased ++

THIRST : : Cold Water+++.Frequent.

HABITS: Chewing tabacoo.Gutka, Mava, etc.

CRAVING: Sweet+++, Sugar++, Spicy++

AGGRAVATION : heat in general

STOOL: N

URINE: Frequent, Profuse, Forceful

PERSPIRATION: Profuse, offensive smelling, white staining.

SLEEP: Late, due to anxiety

DREAMS: Death bodies, occasional.

SEXUAL FUNCTIONS: C/C

SKIN: Warts on Back- Black, Neck around pedunculated.

SYSTEMIC

HEAD: Baldness male pattern, greying

FACE: Greasy

EYES/VISION: N

MOUTH/TONGUE: Flabby

TEETH/GUMS: Black, brown.

BP: 150/90.

THERMAL

WEATHER/SEASON: Winter likes

SUN: Heat causes profuse perspiration

FAN/AIR CONDITIONER: D+++

BATH: Cold water COVERING: Aversion

THERMAL STATE: C0H5

LIFE SITUATION

He has been working from age of 13. He never experienced happiness. Work, work and only

work, financial condition was very poor, not able to take education. He is the eldest in his family and responsible for family after death of his father.

Since age of 13, he has been working for his family. He was working under a doctor as a receptionist; salary was so less that he couldn't fulfill the demands of his family. He took a loan and the financial burdens increased. 15 yrs ago he got a job in the BMC hospital.

Two yrs ago, there was a quarrel between his brother and him. Since then he has been under stress and strain. He said that his whole life was devoted to his family & finally they rewarded me with such bad fruit. They got separated. He was a straight forward person but now he feels insulted and inferior.

Now he lives with wife, 3 daughters and son. He doesn't like arguments and is aggravated by contradiction.

He wants to be alone and thinks about the past. Always wants support. He is a righteous person.

Whenever there is contradiction he keeps quiet and does not speak to anybody

Anxiety about future

Anxious about failure.

Irritable Inferiority complex

PAST HISTORY

Jaundice once. Typhoid once.

FAMILY HISTORY

Father- Hypertensive. (Dead)

Mother- Diabetes.

FOLLOW UP

NOTES /OBSERVATIONS: Disposition to frown, restlessness, Nervous.

INVESTIGATIONS: 12/07/08

Hb%: 13.5, Blood Sugar Fasting: 306, Urine sugar: +++, Ketone: Absent, Blood Sugar Post meal after 2 hrs: 523, Urine: Sugar +++, Ketone: Absent, Serum Creatinine: 1.0, HbA1c: 12.1 %.

REPERTORIAL TOTALITY: KENT REP

1. Mind-Anger, irascibility: contradiction from
2. Mind-company: aversion to
3. Mind-Memory: weakness of
4. Stomach-Desire: Sweets
5. Urine: Sugar
6. Urine: Aluminous
7. Sexual passion: Wanting
8. Sexual passion: Erection without
9. Perspiration: Profuse
10. Generalities: Sexual: Excess, after
11. Head: Hair: falling

RESULT

Lyc 11/31, *Sulph* 10/22, *Nat-mur* 9/21, *Phos-acid* 8/21

Selected Medicine on 21/07/08

Stop all allopathic medicines.

Lycopodium 200, single dose with placebo for one month and *Syzygium-jam* mother tincture TDS, 10 drops after each meal with half cup of water.

SL OD.

AUXILIARY MEASURES

Regular brisk walking for 45 mins.

Do not take any snacks in between meals.

Strictly stop all stimulants immediately.

COMPARISON OF DIFFERENT TYPES OF DIABETES MELLITUS

FEATURES	IDDM (Type - 1)	NIDDM (Type - 2)
<i>Genetic location</i>	On chromosome 6	On chromosome 11
<i>Age of onset</i>	Usually begins before the age of 40 years	Usually begins after the age of 40 years
<i>Mode of onset</i>	Onset of symptoms may be abrupt, with polyuria, polydipsia, polyphagia and weight loss developing over days or weeks.	The symptoms begin gradually over a period of months or years. Hyperglycemia is detected in an asymptomatic person on a routine examination.

<i>Physical make-up</i>	Normal to waste	The typical patient is obese.
<i>Plasma insulin</i>	Low or immeasurable	Normal to high
<i>Plasma glucagon</i>	High, but suppressible with insulin	High, but resistant to insulin
<i>Acute complications</i>	Initial episodes of keto-acidosis, is followed by a symptom free interval (Honeymoon period) during which no treatment is required.	Usually do not develop ketoacidosis. In decompensated state they are prone to develop hyperosmolar non-ketotic coma.
<i>Family history of diabetes</i>	Usually not present	Usually present
<i>Association of other auto-immune disease</i>	Usually present	Usually not found
<i>Presence of auto-antibodies</i>	Present	Absent
<i>Insulin therapy</i>	Responsive	Responsive to resistant

NJH-DOKU

Dr SATISH P KANOJIA DHMS

1, Mangala Wadi, Juhu Tara Road, Santacruz (West), Mumbai - 400 049.

Mob.: 9821009605



This month NJH-DOKU is based on Diabetes Mellitus. 9 drug indications have been given. Figure them out and replace them as indicated below to their specific numbers, in such a way that the names of the drugs, are not repeated in either the column or the rows.

The indications are as under:

- 1) Diabetes with great thirst and debility (4,2)
- 2) Diabetes with ulceration (5)
- 3) Diabetes from nervous cause (2,2)

- 4) Diabetes from digestive derangement (4,1)
- 5) Diabetes with impotency (4)
- 6) Diabetes with motor paralysis (3)
- 7) Diabetes with gangrene,

- boils, carbuncle, diarrhoea (3)
- 8) Diabetes with melancholia, emaciation, thirst and restlessness (5)
- 9) Diabetes in gouty person (3,1)

QUESTIONS

8			5			3		1
7					6	4		
		2		4		8	6	
6				7			1	
			7	4		1		3
2						8	4	
	9		3					2
5		1				4		7



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