

Ferrum And The Theme of Strength

PLAN

1. Iron History and Development
2. Iron Products / Versatility
3. Iron in Literature and Parlance
4. Concept of Strength
5. Symbolic Analogy
6. Blood and The Ego
7. MM and Repertorial Perspective
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IRON Ferrum

- A Silvery-white, lustrous, malleable, ductile, magnetic or magnetisable, metallic element occurring abundantly in combined forms, notably in
- Haematite ● Limonite ● Magnetite and
- Taconite and Alloy used in a wide range of important structural materials.
- Constituent of siderosphere, lithosphere and chalkosphere on the earth.
- IInd most abundant metal in nature.

HISTORY

- Archaeologic pre-historic evidence dates the first application of iron-articles back to 4000 BC.
- At that time iron meteorites found by chance were used to fabricate decorations, working and hunting utensils.
- At the time, an iron girdle had much higher value

than a gold one

DEVELOPMENT

- Further development made it possible to convert cast iron into steel. The 19th century was marked by producing steel of high quality.
- High-carbon stainless, acid and alkali-resistant steels were being produced by using special alloying additions such as manganese, chromium, titanium, vanadium, nickel, cobalt, boron, tungsten, molybdenum, niobium and tantalum.

PRODUCTION

- Ferrous metals consumption rose rapidly. In the 20th century it was 5000 times that of 16th century.
- At present the total weight of iron and steel incorporated in machines, equipments, construction work, transportation and household utensils is around 10 billion tons.
- Today, World annual iron ore production amounts to 2 billion tons and will double in 10 years.
- It is more than the total world production of all the other ores taken together.

NEW WORLD IRON AGE

- The history of our technology based civilization has been the history of iron.
- The bronze age has come and gone, and found many uses for it, but with the discovery of how to smelt and process iron, the world has changed.
- Iron is today a very important commodity and the modern man would be crippled without iron.

WHY?

- It is versatile.
- Ferromagnetic properties.
- It's easy availability.
- Inflexibility.
- It is strong.
- Economical.
- Melting point high.
- Toughness.



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THE VERSALITY OF IRON PRODUCTS

Nails	Daggers	Tank	Tools screws
Rivet	Armours	Furniture	Forks blades
Swords	Dhil	Padlocks	Shears helmets
Fetters	Gupti	Cauldrons	Knives
Chains	Torture hammers	Instruments	Locks
Weapons	Guns	Cooking utensils	Machines vehicles
Scissors	Bridges	Pans	

IRON IN LITERATURE AND PARLANCE

The word 'Iron' is used in many contexts.

Will	Firm	Strict
Hard	Rigid	Strong
Vigour	Severe	Enduring
Longevity	Unyielding	Strength
Iron Lady		Iron Mind
Iron Man		Iron Will
Iron Constitution		Steel Man

- Iron Bark = Eucalyptus genus Australian tree, having hard, rough bark.
- Iron bound = Rigid and unyielding.
- Iron clad = Fully protected from attack; unshakeable.
- Iron cross = A medal formerly awarded to German soldiers for the highest degree of bravery.
- Iron curtain = A barrier.
- Iron hand = Rigorous or despotic control.
- Iron horse = A railway engine; A bicycle or tri-cycle.
- Iron lung = Respirator.
- Iron rations = Emergency rations (of soldiers).
- Iron-wood = Hard wood.
- Iron- fisted = Miser.
- Iron sleep = Deep sleep.

IRON PROVERBS

- Have many irons in the fire = to be engaged in any undertakings simultaneously

- In irons = Fettered
- Pump iron = To exercise with weights
- Strike while the iron is hot = To seize an opportunity to act.
- Iron out = To settle through discussion or compromise; work out.
- Iron entered into his soul = Deep Grief

PHYSICAL : Promotes absorption of iron through the intestine, formation of HB & RBCs-transportation of O₂ - good energy transfer and physical vitality. Fortifies the immune system.

MENTAL: Stimulating, activating effect, encourages dynamism, will power, the ability to assert. Promotes the warrior side of us, the urge to conquer.

SYMBOLIC ANALOGY**IRON IN NATURE & PHYSIOLOGY**

1. Iron = Zeal, motion, haste
2. Iron: Silver, dark grey
3. Iron: Solid
4. Iron: Tough
5. Iron: Hard, not easily bent
6. Requires fire to bend
7. Iron fire tools
8. Fire: Welding for joining iron pieces
9. Iron: Good conductor of heat.
10. Iron: Corroded when exposed to environment
11. Iron: High melting point.
12. Iron salts react with acids
13. Iron: used for making swords, weapons etc.

14. Iron: In electronics and Ferromagnetic properties repository of sense
15. In presence of water, iron readily reacts with O₂ -rust
16. Expensive in the past. Used in ornaments to give strength, even to gold.
17. Used chiefly in construction
18. Blood. Red. Iron. Hb.O₂
19. Blood represents energy, 'life force'; basic expression of life Iron responsible for RBCs.
20. The ancient alchemist — 'man's blood is our fire.'
21. Mars- red—— iron oxide. Mars - God of war.
22. Colour: blood, mars : coarse,vitalizing, exciting, heat giving in Itself;increases activity of the arterial blood.
23. Iron chiefly in RE cells, liver, spleen, bone marrow, etc.
24. Plays a vital role in biological processes
25. Blood is always in motion, so is Fe. It has to be busy for survival
26. Ferrum molecules toughens the cellular structure in the circular walls of the blood vessels.

FE IN MATERIA MEDICA

- Strength > motion (gentle)
Pale, dark complexion.
Strong willed, determined
Doesn't weep readily
Firm, obstinate
Self-willed, requires stronger stimulus to change.
'Fire' complaints. Inflammation
Welds the power of immunity
> Warmth . D-Warm food
Sensitive to environment multiple allergies.
Unyielding. Unpliable.
< Sour food.
Violent. Warrior. Dreams of battle, of fighting.
Defence.
- Activity T A.F. Loss of water (blood).
Related to tissue oxidation
Collects wealth and enjoys it. Will not hesitate in purchasing expensive items.
Constructs his own life.
Hemorrhage-red. Feiry type: inflammation.
Hemorrhagic-loss-energy. Mind-Energy.
- Iron helps burning of food through oxidation.
Violent. Theme of offence and defence.
Strength, force, power, leader-ship. Hyperemia; inflammation; hemorrhage; danger; protection.
- Strong affinity for more vascular organs.
- Metabolic remedies.
Wants to be always busy. Anti-rest personality.
- Haemorrhage: breaking down of the walls. Anaemia.
Toughness of mind.

The Concept of Strength through 'ABSENTEE' perspective

The following 'RUBRICS' do not contain any of the *Ferrum* salts.

1. AMBITIOUS
2. ANARCHIST
3. ANTISOCIAL
4. BRUTALITY
5. CONTEMPTUOUS
6. CRIMINALS disposition to become a, without remorse
7. CRUELTY, SWEARING
8. DESTRUCTIVE, BEHAVIOUR
9. DOMINEERING, DICTATORIAL
10. FIGHTS, WANT TO
11. HEEDLESS (But present in 'conscioutious and guilt' rubrics)
12. KILL, IMPULSE TO OR DESIRE TO
13. MALICIOUS/ VINDICTIVE
14. PASSIONATE
15. PERSEVERANCE/ PERTINACITY
16. PLANS MAKNG MANY
17. VANITY
18. WILDNESS

BLOOD THEMES

Environment (Nurture)	Sympathy
Nutrition	Precious
Defence	Motion
Fear	Vigour
Violence	Magical fluid
Protection	Gene (Nature)
Transportation	

No.	Theme	Rubrics	Fe Remedies
1.	Ability	11	Not listed
2.	Clear mind	4	Abundant, clearness of mind, ideas- <i>Ferr-p</i>
3.	Accomplish	7	Not listed
4.	Accuracy	8	Precision of mind, increased- <i>Ferr-p</i>
5.	Achievement	4	No listed
6.	Admiration	7	Not listed
7.	Advantage	2	Not listed
8.	Adventurous	5	Courageous- <i>Ferr-p</i>
9.	Aim	2	Not listed
10.	Alertness	11	Not listed
11.	Alive	5	Not listed
12.	Ambition	9	Indolence, aversion to work- <i>Ferr, Ferr-1, Ferr-p</i>
13.	Amiability	12	Anxiety: others for: <i>Ferr2</i> .
14.	Ardent	13	Mind, Senses. Acute; <i>Ferr 2</i>
15.	Artistic	7	Mind (ideas): Abundant, clearness of mind
16.	Attack	8	Not listed
17.	Blood	13	Not listed
18.	Busy	17	Hurry, haste: Tendency- <i>Ferr-p</i>
19.	Capable	11	Not listed
20.	Courageous	9	Not listed

No.	Rubrics	Fe remedies
21.	30	1. Delusions, imaginations : criminal, that he is - <i>Ferr 1</i> 2. Delusions, imaginations criminals, about- <i>Ferr 2</i> Not listed Not listed Contrary : <i>Ferr-Ace 1</i> Not listed
22.	25	Magnetic state, feeling of personal power increased- <i>Ferr 1</i>
23.	11	
24.	9	1. Chest Palpitation heart : Excitement after :- <i>Ferr 1</i>
25.	6	2. Generalities,
26.	13	Excitement Agg. : <i>Ferr 1</i> 3. Sleep, Sleeplessness : Excitement : General Symptom from : <i>Ferr 1</i> 5. Mind, excitement, excitable tendency Trifles after : <i>Ferr 1</i>
27.	30	Not listed Not listed Not listed Not listed Mind, Hurry
28.	3	haste : tendency- <i>Ferr-p 1</i>
29.	16	Not listed
30.	4	Not listed
31.	11	Not listed
32.	8	Not listed
33.	18	Mind courageous- <i>Ferr-p 1</i>
34.	6	
35.	22	Not listed
36.	2	Not listed
37.	6	Mind Conscientious
38.	6	About trifles : <i>Ferr 1, Ferr-ar 1, Ferr-i 1</i> Mind Conscientious about trifles :

No.	Rubrics	Fe remedies
39.	5	<i>Ferr 1, Ferr-ar 1, Ferr-i 1</i>
40.	2	Mind
41.	5	Anxiety;
42.	15	Trifles about - <i>Ferr 2</i> Not listed Mind; ideas Abundant, clearness of mind- <i>Ferr-p 1</i> Not listed Not listed
43.	7	Strength,
44.	13	increased mental- <i>Ferr 1</i> Not listed Not listed Contradict, disposition to- <i>Ferr 2</i>
45.	8	Contradiction,
46.	26	intolerant of-
47.	10	<i>Ferr 2.</i>
48.	3	Mind,
49.	5	Disputatious- <i>Ferr 1</i>
50.	19	Quarrelsomeness Scolding : <i>Ferr 1, Ferr-ar 1, Ferr-acet 1</i>
51.	8	Mind contrary <i>Ferr-acet 1</i> courage- <i>Ferr-p 1</i>
52.	5	Not listed
53.	11	Not listed
54.	13	Not listed
55.	9	Domineering dictatorial; <i>Ferr 1</i>
56.	10	Not listed Self sufficient;
57.	33	Overtly confident- <i>Ferr-mal 1</i> Mind Dictatorial, domineering dogmatic, despotic: Mind importance feels his pompous : <i>Ferr 1 Ferr-mal 1</i> Mind positiveness- <i>Ferr 1</i>
58.	3	Mind Courageous- <i>Ferr-p 1</i>
59.	44	Not listed Mind anger irascibility : Tendency, violent: <i>Ferr 1,</i>

	<i>Ferr-p.1</i> Mind violence, Vehemence- <i>Ferr1</i>	60. 7 61. 41	Not listed Mind busy- <i>Ferr-p 1</i>
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THE CONCEPT OF STRENGTH

Through Repertorial Perspective

60 THEMES in relation with strength, courage, blood, fire, danger, confidence, violence etc. are studied with corresponding 550 rubrics from Kent, BBCR, Synthesis, Synthetic, Complete, Murphy and Tarkas (unpublished).

Out of 550 rubrics, *Ferrum* appears in only 33 rubrics, of 22 themes.

No *Ferrum* is listed for 3 marks. (Except Restlessness for 3 marks).

Only *Ferrum-met* has appeared for two marks in 5 rubrics; and 1 mark in 13 rubrics.

The remaining distribution is *Fer-p* = 11, *Fer-acet* = 4, *Fer-mag* = 1, and *Fer-Iod* = 2.

IMPORTANT RUBRICS THAT POINT TOWARDS STRENGTH

1. ABUSIVE
2. ANGER, AF; Contradiction, from; easily: vexation from: violent
3. CONTRADICTION, intolerant of
4. EXCITEMENT 5. BUSY 6. CHEERFUL
7. CONTRADICT, disposition to
8. RESTLESSNESS
9. SCORNED, ailments from being
10. VIOLENT, behaviour: *Ferr.1*

DREAMS OF FERRUM

1. Anxious : *Ferr 2. Ferr-ar 2. Ferr-I 1. Ferr-p 2.*
2. Confused : *Ferr 2. Ferr-I 1. Ferr-p 1. Ferr-ma 1.*
3. Dead people of : *Ferr1. Ferr-II.*
4. Death of : *Ferr-II.*
5. Disgusting : *Ferr 1. Ferr-II.*
6. Events, previous : *Ferr1. Ferr-II.*
7. Falling of : *Ferr1. Ferr-pl.*
8. Falling into water : *Ferr1.*
9. Fights : *Ferr2. Ferr-II.*

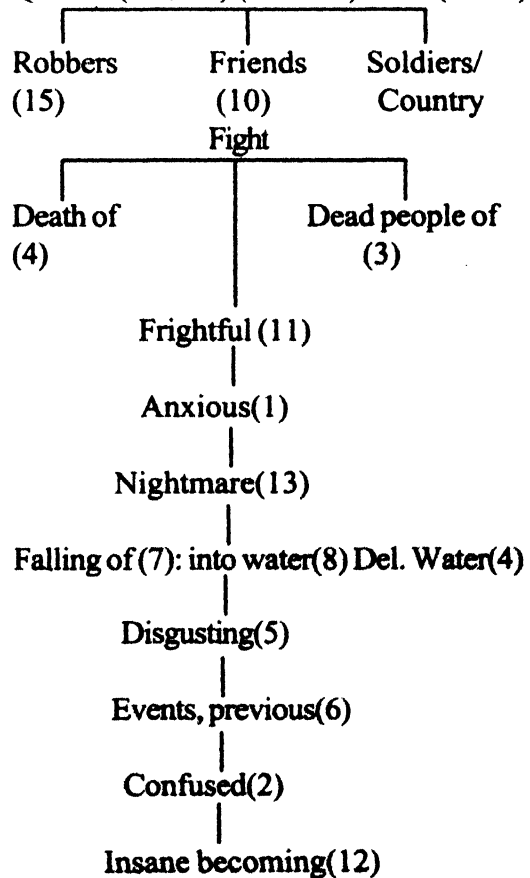
10. Friends of old : *Ferr 1.*
11. Frightful : *Ferr1.*
12. Insane becoming : *Ferr-p1.*
13. Nightmare : *Ferr 1. Ferr-II. Ferr-p1.*
14. Quarrels : *Ferr-p1.*
15. Severe quarrel : *Ferr 1. Ferr-p1. Ferr11.*
16. Robbers : *Ferr-II.*

DELUSIONS OF FERRUM

- Delusion water *Ferr.1*
- Delusion war being at *Ferr.2*
- Delusion criminal, about there is a *Ferr.2*
- Delusion surroundings, capcious are *Ferr.1*

THEME THROUGH DREAMS

Quarrel (13, 14) (Severe) / War (Del.3)





BODY LANGUAGE OF FERRUM PATIENTS

1. Openness

- Open hands with palms visible
- Leaning forward
- Repeated glances
- Open lipped smile

2. Enthusiasm

- Lively & bouncy voice,
- Well- modulated
- Erect body stance
- Hands open, arms
- Extended, eyes wide & alert

3. Readiness

- Leaning forward in chair
- Relaxed, but alive facially
- Standing with hands on hips,
- Feets slightly spread

4. Confidence / Authority

- Steepling
- Resting feet on desk
- Leaning back with hands laced behind head
- Proud, erect body stance with chin forward
- Continuous eye contact

5. Anger / Aggressiveness

- Fists clenched
- Lips closed and held in a tight thin line
- Shallow breathing
- Body rigid
- Pointing fingers
- Quick reaction to confrontation.

FERRUM IN CLINIC: WAITING ROOM

- Restless
- Domination over receptionist
- Rude behaviour/ exchange of
- 'FeIRY' words confident and superior
- Body language

CONSULTING ROOM

Gait- Confident Start the dialogue of his / her own.

- Will dominate a Physician
- Will never himself let down.
- Will not accept that he is wrong.
- Physician often gets
- Impression that patient is
- Not giving desired respect. Often overtakes others to meet a physician.
- Critical of everyone else.
- Expressive. Will not hide information.
- Verbal language:
- Thanks. I hope i'm right...*
- You'd better.....*
- You must.....*
- I want you to.....*
- Do what i tell you...*
- I have to fight.....*
- I will get only if i fight....*

HEALING POWER OF METALS

<u>IRON</u>	<u>GOLD</u>	<u>TIN</u>
Mars	Sun	Jupiter
Ferrum	<i>Aurum</i>	Stannum
Blood	Heart	Liver
Muscles	Spine	Gall Bladder
Circulation	'Golden' / 'Yellow'	Res. Sys.
Adrenalin		'Orange'
'Red' / 'Brown'		

<u>GOLD</u>	<u>LEAD</u>	<u>SILVER</u>
Sun	Saturn	Moon
Aurum	Plumbum	Argentum
Heart	Skeleton	Brain and Fluids
Spine	Skin	'White' /
'Golden' 'yellow'	Hair	'Cream'
King	Nails	Sensitive Emotional
Proud	'Black' /	
<u>VAIN</u>	'Violet'	
	Dark	
	Heavy	
	Gloomy	

MERCURY	VENUS
Mercury	Cuprum
<i>Hydrargyrum</i>	Kidneys
Nervous system	Nutrition
'Silver'	'Blues'
'Gray'	'Pinks'
Chatter box	Mild
Restless	Artistic
Destructive	Goes with the flow
COPPER	

Rx Similimum Metallicum

**"BRINGING SOME METAL MORE IN LIFE
THE CONCEPT OF MOTION IN FERRUM"**

MIND

Anger, trembling with
Restlessness, tossing
Erratic, chaotic behaviour
Hysterical
Changeability
>Mild mental exertion
Talkative (*Ferr-m, Ferr-p*)
Irritated when freedom of movement is hampered (*Ferr*)
Excitement; impulsive
'Carry on', perseverant
Cheerful
Hustler
Dreams of battle, quarrels

BODY

Nutrition—Metabolism
Hypersensitive
Allergy; noise
GIT: Vomiting after eating
CNS: Vertigo< descending Dizziness
 < slight motion
>Work; diversion
 Hemorrhagic
 Exertion physical<

>Slow motion
AF Change in environment
General imperceptible trembling
Labile HTN
Ebullitions

CLINICAL CASE

A female aged 47 years. B Com.

DIAGNOSIS: Rheumatoid Arthritis

C/o: Wrists, knees, elbows, neck painful with swelling and redness. < winter³, < initial motion³, < exertion³ but > slow walking²; < sour², < meat². Stiffness esp. of neck < morning³ - all 3 years.

ASSOCIATED COMPLAINTS: Tickling, spasmodic cough, < morning and evening; > at night; with spurting of urine. Varicose veins.

TYPOLOGY: Plethoric. Chubby cheeks. Chilly. Wt-68 kg

DESIRES & AVERSION : Can't narrate.

LIFE SPACE: F—Class I officer – govt service. Mo - Secondary school teacher. F- Self-image high. Mo-Strict. One brother – 52 yrs, Surgeon. Rich family. Married 25 years when H-business. Pt goes in the factory and looks after every matter. This irritates F-I-L as he built up the business out of nothing. F-I-L is domineering. He scolds even today which pt. doesn't like. M-I-L died of DM and MI 5 years back. Pt. has retaliatory nature. Possessive. Often clashes with M-I-L in past. Anger < contradiction³. Has no friends. Prefers solitude. In the interview, she appeared cheerful; talkative. The confrontation technique yielded quick, opposite reaction.

ELIMINATIONS: Stool – nil. Painless hemorrhoids, bleeding occasionally. Urine –nil; spurts while coughing.

MENSES : Early by 6/7 days, profuse – 5/6 days. Nervousness < before menses.

SLEEP : nil Dreams; nil

INVESTIGATIONS: RA - ve. Hb 9.2gms% TC –10,800 mm³. DC- N-63 L-50 M-2 B-2 ESR-30mm

REMEDY SELECTION : *Caust, Lyco, Naja* and *Nat-m*. were tried without much benefit. It was *Fer-phos*. given

on following basis which benefited the case.

1. Fat anemia
2. Chilly patient
3. Rheumatic pains < slightest motion, > gentle motion.
4. Tickling, spasmodic cough, with spurting of urine.
5. Anger < contradiction³
6. Averse to company; cheerful; talkative
7. Nervousness, < menses before

PERSONALITY CHARACTERS WITH DIFFERENTIATION

We have seen the concept of strength of Iron presented through nature, language, parlance, symbolic analogy etc. These sources project the 'iron' man- strong, tough, inflexible; a superman who has an extra-ordinary power of fight. But it gives the feeling more of 'offensive' behaviour.

The counterpart of this projection of a strong man, if we analyse the data through MM and repertorial perspectives, we come across some symptoms/ rubrics as studied through original data-base that point towards the theme of strength but in a weak manner. On the other hand, there are many symptoms/ rubrics that negate the concept of strength.

With all this input before us, I have tried to put before the profession the personality characters of *Ferrum*, with related remedy relations. This derivation is on the basis of logical interpretation of the data and my clinical experiences. I hope this may help clarify the enigmatical part of *Ferrum* in clinical practice.

Definitely not yielding (unlike *Bar-c*, *Pulsor Sil*) but reacting owing to, contradiction, intolerant of (like *Bry* or *Ign*) but the reaction is not destructive to others (unlike *Aur*, *Anac*, *Stram* or *Tarent* or *Verat*). It is more a sort of spontaneous (excitable) reaction (like *Mosch*) not purposive or determined (unlike *Lach*, *Nat-m* or *Nux-v*).

Abusive (but unlike *Hep*), is not criminal (unlike *Hep*, *Staph* or *Lach*).

More defensive but will use offense for the sake of defense, not offense for the sake of offense. Protec-

tion, by the by, makes a man more powerful (eg iron-gate). Will go into guilty conscience after violence has been inflicted by him (but not like *Aur*, *Coff* or *Kali-bi*) out of excitable disposition.

Not per se indecisive, change-ability apparently gives the feeling but rather perseverant [like *Bry*. But *Bry* has cold resoluteness; *Ferr* hot (blood in motion is hot). Busy but not fruitlessly (*Arg-n* or *Lit-t*, fruitless); but not ambitious (unlike *Carc*. or *Nux-v* but like *Kali 's*) Cheerful, but not charging (*Phos* both). Talkative, but not loquacious (*Lach* both). Laughing but when stimulated (*Cann-i* constant).

Domineering (like *Lyc*), but has no power of love. *Lyc* is more manipulative and boaster. *Ferrum* never feels let down. Both are performance oriented. 'Strike while the iron is hot' is more of *Lyco* disposition.

Hopeful even when outcome is likely to be unsuccessful; mind resources are stable (though vasomotor instability is present). A tubercular expression and *Tub* is listed here.

FURTHER RELATIONS & COMMENTS

1. FERR-ARS: Combines the hemorrhage of *Ferr*. and nervousness, night restlessness, conscientiousness about trifles of *Ars* and anemia of both. Is the chilliest of all *Ferrums-Ars* anion dominates *Ferr* cation.

Both *Ferr-ars* and *China* are rehearsals of each other. Both are anaemic, chilly, have AF loss of vital fluids; in both sweat stains linen yellow, however *Ferr-ars* sweat is more clammy; both are very sensitive to noise.

2. FERR-PHOS: It stands mid-way between esthenic activity of *Acon*. or *Bell* and asthenic sliggishness and torpidity of *Gels*.

Ferr-ph shares the first-degree inflammation with *Acon* and *Bell*. All three have suddenness and hyperpyrexia; *Acon*. goes to anxiety, with fear and prediction of time of death; *Bell* goes towards violence, while *Ferr-ph* has no marked mental aberration. In other words, *Ferr-ph* is *Acon* without its anxiety and restlessness or *Ferr-ph* is *Bell* without its violent delirium. In comparison with *Gels.*, *Ferr-ph* is more active and less dusky.

Ferr-ph must be compared with *Spirianthes*, a delightfully simple remedy against moderate irritation and inflammation with all its classical features viz. rubor, calor, tumor, dolor and ardor; sans rigor but with siccor (dryness). Both *Ferr-ph* and *Spiran* are congestive and rheumatic; but *Ferr-p* is more active; is an intensified *Spiran*.

Think of *Ferr-p* in cases of trauma. It may take precedence over *Arn* too esp. in traumas with active hemorrhage. *Calc-f* follows well after *Ferr-p* in traumatic hemorrhagic synovitis.

Sol-n, cerebral close-up of inflammatory remedies, touches *Ferr-p* but superficially. It has brain as the target comparable to *Bell* (another *Solanum*). *Sol-n* is an intensified cerebral close-up of *Bell* and represents a stage between erethism irritation (as of *Bell*.) and exhaustion (as of *Hell*). Also between *Bell* and *Op* or *Zinc*.

3. FERR-IOD: All iodides accentuate catarrhs (chiefly alimentary and respiratory), bulimy, emaciation, diabetes, albuminuria, phthisis, growths and malignancy on their bases and are warm-blooded.

Ferr-iod is a wide and deep-acting remedy corresponding to many forms of chronic diseases, e.g. drastic (galloping) forms of TB and malignant types of blood and gland diseases growing graver from year to year, starting though from the innocent-looking catarrh of respiratory canal or of the alimentary canal with a bit of flatulence.

Its nearest analogue is *Ars-iod*. Both share the features of iodides. The other resemblances are debility, dropsy, galloping / drastic forms of diseases like TB, cancer etc. At the mental level both are anxious; have conscientiousness about trifles and both are easily angered; but *Ars-iod* is more destructive. Both have similar discharge – thick, greenish or yellowish. Physically too, *Ars-iod* is more destructive than *Ferr-iod*.

One of the frequently indicated intercurrent remedies, I have come across, is *Thyroidinum*. In both hypo and hyper-thyroidism, *Thyroidinum* can be thought of.

One more frequent indication of *Ferr-iod* which I have

confirmed innumerable times in my practice is of leucorrhoea. Leucorrhoea in *Ferr-i* is stringy, like a boiled starch and a female will give a characteristic symptom that when she sits in a crouching or squatting posture, it becomes more stringy while passing bowels. I would like to compare here, *Ferr-br*, withal, prolapsus uteri. *Hydr* also needs a discrimination here.

FERR-MET: This grand polychrest remedy may be called as a blend of *Bell*, *China*, *Puls* with a touch of *Calc*.

Hering mentions, '*Ferr* like the *Sulphates*, aggravates syphilis.'

In my experience, I have found *Ferr-m* a useful drug in GIT complaints like dyspepsia, constipation or even diarrhoea when the patients with above conditions give the history of being treated with crude Iron in heavy doses.

I have used *Ferr-m* sparingly in cases of Malaria treated with chloroquine and Iron, esp. in cases of chronic recurrent malaria.

In addition to varied allergic conditions for which *Ferrum-m* is employed, I have found it to be a good drug for Irritable Bowel Syndrome, a disease of intestinal motility where emotions play a vital role. I have on my record some cases of IBS where *Nat-mur* indicated constitutionally has helped partially and *Ferrum-m* has steered towards recovery.

CONCLUSION:

The study of *Ferrum* is a lesson to examine the conceptual understanding of the building up of a portrait. It is to be noted that heavy reliance on the analogical relationship in the name of scientific development may drift us away from original data base.

Everyone wants easy solutions. Inflated ego comforts everyone. But have we adequate clinical experiences where scientific investigations have been performed and uniform results have been obtained to derive these conclusions? Great care needs to be exercised!

