

CASE REPORTS

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CASES ON BRONCHIAL ASTHMA

BA/8524

In Nov 85, a female aged 41 years suffering from intrinsic asthma for 16 years presented with symptoms of aggravation of attacks at night, 1-2 A.M., during sleep, winters, and from wheat dust. She was put on Arsenic alb 30 for a week, without any relief. The case was then repertorised and put on Carbo veg 30, and subsequently on single doses of 200 & 1M at suitable intervals with continuous improvement in asthma. The patient has remained asymptomatic ever since July, 87 and is being followed up. Ipecac, Kali-carb, Merc-sol were also prescribed for the associated complaints.

BA/8734

In Dec. '87, a boy aged 10 years suffering from extrinsic asthmatic attacks every change of weather for 5 years, used to get cough from least exposure to cold air, and tickling at throat pit. He used to become dyspnoeic from coughing. He was given Rumex 6 sos. There was marked relief in two months. A dose of Arsenic alb 1M (constitutional) was given in between and the patient has remained asymptomatic ever since March 88.

BA/8731

In Dec. '87, a male aged 56 years, living in U.K., suffering from intrinsic asthma for 19 years, had onset of asthmatic attacks during the period of grief as a result of discord with wife. He was given a dose of Ignatia-amara

1M after which he remained asymptomatic for 10 months. Another dose of Ignatia 1M was given at this stage with marked relief. In between Spongia and Nux vom were given for other complaints. He has had no attacks till his last visit in Nov. '91.

BA/8442

In March '85, a 15 years old girl, case of persistent extrinsic asthma ever since an attack of Typhoid fever at 5 years of age; sought treatment with aggravation of asthmatic attacks in winters, preceded by episodes of evening sore throat & hoarseness. She was put on Carl v veg 30 for 2 weeks p 73 relief in complaints, followed by SOS doses of Carbo veg which kept her complaints in check for 5 months. This was followed by Kali carb 30 (which follows well). In between she was given Hepar, Tuberculinum (for urticaria) with relief. After slight relief, asthmatic complaints recurred and were observed to be > when occupied. She was given Piper methysticum 30 with marked relief in symptoms. Dyspnoea disappeared completely but urticaria recurred frequently. To complete the case Sulphur 30 Idose was given and she is asymptomatic till now.

BA/8914

In Oct. '89, a girl aged 4 1/2 years had the onset of extrinsic asthma after recurrent attacks of coryza at the age of 6 months and had been put on bronchodilators.

She had attacks on falling asleep and used to wake up suddenly with dyspnoea. She was given Grindelia 6/tds for 1 month along with gradual withdrawal of bronchodilators, with marked relief in complaints. Later, she was observed for a month with placebo & Grindelia 30 S.O.S. Till date no complaint has recurred and child has not needed bronchodilators.

BA/9042

In Dec. '90, a female aged 30 years suffering from extrinsic asthma for the last 3 years had aggravation of attacks during damp weather and from 4 to 5 A.M. daily. She was given Nat Sulph 30 and had considerable relief in complaints within a week. She was kept on placebo. 3 months later she developed sneezing with watery, acrid nasal discharge for which she was given Ars iod 6/qid/2 weeks. She remained asymptomatic for 7 months thereafter and reported in December 91 with recurrence of dyspnoea though with less intensity, and an < around 9 P.M. and after eating which responded to a few doses of Bryonia 6. The case is still being followed up.

BA/9004

In April 90, a 15 year old girl, suffering from extrinsic asthma for 11 years had aggravation of attacks during winters and rainy season and felt less dyspnoeic while standing. She was given Cannabis sativa 6, and showed marked relief in complaints in 2 weeks time. The same medicine was repeated for 1 month. After this she was given two doses of Sulphur 200 (Repertorial totality). She has remained asymptomatic in the rainy season and winter this year.

BA/9109

Male, 30 years old, case of ext. asthma of 11 yrs, presented in Mar. '91 with the persistent 3 A.M. cough followed by dyspnoea, that would abate only in summers. He also suffered from coryza in every winter with nocturnal nasal obstruction. He was given Ammon carb 6. There was marked relief with 2 weeks of treatment but had complaints after Beer for which he was given Coccus 6, with relief in symptoms. He has not had any attack since 9.5.91 and is being regularly followed up.

BA/9111

In March '91, a male aged 36 years suffering from extrinsic asthma for 5 years had attacks of cough and dyspnoea at 2-3 A.M.. The patient was very sensitive to

cold weather and < lying on left side. He was put on Kali carb 30 without appreciable relief. The remedy was changed to Ammon-carb 6 and the patient showed considerable improvement within a week. The medicine was continued for 2 weeks, followed by placebo, and thereafter the patient has been asymptomatic till date.

BA/9040

In Nov. '90, a 28 years male, belonging to medical profession, had extensive therapy of Int. asthma with bronchodilators & steroids at the time of starting homeopathic treatment. He had been suffering for 5 years, had attacks from sour (esp. tomatoes) with stringy white expectoration. He was given Alumen 30x3 for one week. The relief in complaints was so remarkable & sudden that steroids were discontinued and bronchodilators also reduced from six tablets to one a day. There was however twitching of muscles of eye and leg reported, but the same disappeared on withdrawing Alumen. The patient was put on placebo and has had no attack since Dec.90.