



Synopsis of other Journals

QUINQUINA HOMOEOPATHIC QUARTERLY VOL 9

In 'Homoeopathy and Physiognomy' Dr Jaidev Sharma throws light on physical features of a patient and their corresponding remedies. Author suggests, physiognomy studied in totality can assist as 'suggestive tools'. A keen observation and understanding of body parts and body language can be useful in prescribing. Eg Hair: Coarse hair may suggest that the person is rigid, trim, dull, rude or stupid. It may point to *Anac*, *Cham*, *Nux* or *Plat*. Straight hair may suggest sincerity, stability, perseverance and good morality. (As in *Ars*, *Bry*, *Aur*, *Lyc*, *Nat-c*) Eyebrows meeting at the center may suggest a secretive or concealed person and eyebrows growing closer to the inner termini may suggest keen Observation. Large eyes depict emotional character, narrow eyes – practical positive, oblique – deceptive person. Small concave nose may suggest feebleness of intellect and perfectly straight nose reflects refinement, aesthetics and artistic tastes. A short thick neck is indicative of resistance and aggression.

Dr SAGIRA CHIMTHANWALA cites a case of acute Hepatitis B in pregnancy. A 28 yrs old woman was 20 weeks pregnancy, The presenting complaint was acute vomiting. *Ars-a*, *Symphoni-Carpus Q* were useful during the acute phase and *Sepia* as a constitutional helped and within a week the LFT values decreased.

HOMOEOPATHIC TIMES JAN 2005

This issue carries interview with renowned Homoeopath Dr A U Ramakrishna who gives many tips from his rich clinical experiences. *Nat-s 200* is a good prophylactic in Malaria. Plussing method can be useful in SOL.



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Lachesis and *Phosphorous* could be useful in AIDS. *Baryta-mur* is effective for cerebrovascular insufficiency and *Lachesis* for arterial hemorrhage. *Apis-mel* is effective in autoimmune disorders with elevated ANA levels. *Phytolacca* is useful in pituitary and adrenal tumours. It also helps associated complain of DUB and galactorrhea. *Spongia* is good for thyrotoxicosis.

HOMOEOPATHY TODAY FEB 2005 VO125

This issue will appeal and be useful for the Homoeopath as well as the layman. It covers topic on addictions and ready reckoner for gym enthusiasts. Medicines for various addiction are:

Tea: *China*, *Thea*.

Chocolate: For ill effects of too much chocolate

Coffe: *Coffea*, *Ignatia*.

Sugar/sweets: *Lyc*, *Sul-acid*, *Caladium*

Alcohol: *Opium*

Tobacco: *Staphysagria*, *Tabaccum*

Minta Davis narrates her story of How She Quit Smoking. She was a heavy smoker for 22yrs and delivered a premature baby. When the baby was seven years, she pleaded her to stop smoking. She tried various things but failed. It was the Hom Mixture of "Quit smoking" that finally helped. It contains *Caladium 6c*, *Daphane 6c*, *Nux-vom 6c*, *Plantago 6c*, *Staphysagria 12c* and *Tabacum 6c*.

DOUG BROWN, a conventional practitioner from Yale university in his article Diagnosis = Medicine's Holy Grail, Questions the labeling of disease, premise upon which medicine is based and lack of training regarding interrelation of psyche-soma-energy fields.

He states, many diagnoses are inexact or incorrect. Applying diagnosis tends to abort further effort at what the patient is experiencing. He feels diagnosing a condition is akin to voodoo where accused and banished members of a community actually die from the



pronouncements and spell of the witch doctor. This claim is backed by research on 'Nobel effects' in which women who believed that they were prone to heart disease were nearly four times as likely to die as women with similar risk factors. He sums up the article with: we want to know 'why' and 'what'. We have given away our power to doctors and neglected the message of our own souls. Our health care systems are like corporate assembly line in which diagnoses are managed and souls are not even perceived. He finds solace in alternatives.

INDIAN JOURNAL OF APPLIED HOMOEOPATHY JAN-MARCH 2005.

This issue has several articles like interpretation of pathology in terms of Miasma, respiratory diseases, Acid group of remedies, Research and overview of Hom worldwide.

The case study in this issue gives an in-depth understanding of case taking, observation of patient, interpreting the Remedy and managing the case.

A 58yrs old woman had multiple problems like, lumbago, edema, renal calculus and stiffness in upper extremities.

Life history was difficult to be extracted. It needed patience and separate interview with husband. The history revealed her personality traits like Responsibility through out life; Hurt when she felt H cheated her for other women—leading to depression and suicidal thoughts. *Aurum-met* 1M HS for 7 days helped relieve all her compains- confirmed with pathological reports

HOMOEOPATHIC HERITAGE VOL 30 JAN 2005.

Dr Bendre Aashish gives 3 cases of cervical spondylosis. In the first case, a male pt, 60 years age had heaviness of index finger for 3 months, Neck exercises and *Acid-phos* 6 drops BD helped. In the second case, a 54 yrs old male patient had pain in right Deltoid. The same medicine helped. In the 3rd case, 55yrs female patient had stiff neck. In her case *Acid-phos* followed by *Cactus* as helped.

Acid-phos is given for tension and cramp like pain in the neck < moving head, Boring, digging, drawing pain in shoulder jt, jerking and tearing in arms, hands and fingers. Numbness of radial Nerve with trembling of arms.

In *Cactus*, there is choking around the neck as from tight collar and constriction of muscles everywhere.

VO1 30 FEB 2005

In this issue, TREVOR COOK states the facts of research where *Artemisia-vulgaris* has proved more effective than *Cinchona-off* as prophylactic in Malaria. The cellular and molecular Dept at St George Hospital, London, in a research discovered a new mechanism for interaction of Artemissin - the prime alkaloid of *Artem-val*. It inhibits and slows malarial parasitic growth.

In the sane issue Dr HARISH CHANDRA writes about *Silica* - the sand of life. He gives an in - depth and vivid description of *Silica*. And he received an interesting letter from Sandra Potter whose husband, after reading about *Silica* thought he needed it and was regularly taking it for six months. It leads to unconscious proving of the medicine – boil like on hip. The top sloughed away, after stopping it.



A man comes into the ER and yells, "My wife's going to have her baby in the cab!" I grabbed my stuff, rushed out to the cab, lifted the lady's dress, and began to take off her underwear. Suddenly I noticed that there were several cabs, and I was in the wrong one.

-Dr. Mark MacDonald, San Antonio, TX