

PSYCHO-SEXUAL

Delightful divinity Doubly damned

The NJH Editor has decided to tackle human mind-n-hind in one go. In minds lay-n-learned, psyche is MISTAKENLY, synonymous with mind, and sex with the genitals located at the hind end. In the bargain, the loftiness, the divinity, the evolution posited by Mother Nature in psyche on the one hand (or one end) and sex, on the other hand have been denigrated and debased by being accorded universal misunderstanding and therefore, misrepresentation.

Psyche, in the better, earlier Greek times meant the human soul and rightly so, for the term is from Greek root Psukhe, meaning the Goddess of the soul or spirit. And soul is Atma which being indivisible, permeates the whole universe as Anima Mundi, being the soul of the World, the source of all life and according to Plato, even, the animating principle of matter. The psyche of the Ascaris or Einstein, bacterium or Buddha, worm or whale is just one-and-the-same. The misguided medicos have hijacked the noble term psyche to mean the monkey called the human mind.

Go to Partridge's etymologic dictionary to realize mind connotes nothing universal or soulful, but such mundanes as think, mention, or warn. The word animal is from anima, meaning soul or spirit. When menen, mind rides an animal, manas, man is born. It is from this diabolical human power to think, remember, and warn that weapons and wars are begotten. The pain and pathos of mother earth is all doings of the inherent wickedness of the human mind. Go to the farthest sky, densest jungle and the deepest ocean, where human mind has no access and you will notice the reign of beauty and divinity. Go to a metropolis made by mind and you will

be drowned in mobiles, malaria and mosquitoes, ruling the mind-made concrete jungle.

Sex, as a word and concept, was conceived at an inopportune moment, being derived from secare, to cut/divide/separate. But to sinners and saints alike, sex connotes an union so close that Shakespeare described the oxymoronic sexual-union as "the beast with two backs". The medical, semantic and human schizophrenia has perpetually spawned the lure of the lad and lady for each other with cruel sex differences that mean 1000 Indian males having a dwindling number of females. The age of Draupadi – one wife, many hussies – is near.

When allopaths, homoeopaths or anypaths utter the term psychosexual, one immediately conjures up in one's occipital cortex the scene of a flail phallus or a frigid female, both living up to the dictionary meaning of sex, as an act of separation, and hence related to sect and section. The Bollywood fantasies of paheli raat, the Hollywood's obsession with "coming on", the Middle-East's fixation with blood stained bed sheet on the first fornication, are all rooted in the strange and untenable idea that love is essentially a rigid phallus riding to and from a pliant vagina – albeit for a fleeting while. Globally, a so-called sexual act is Baam Whaam thank you Maam, with an average duration of 104 seconds, a timely-height that 20% of men don't attain, to make many a Prakash Kothari move around in a Mercedes. The wholesome love is not holesome, but a psychosexual symphony involving unhurried spiritual mental and physical dialogue and exchanges between any two lives – human-to-human, human-to-animal, animal-to-animal. It has the deliberateness of a musical orchestra, and not the irrepressible immediacy of an ejaculation. It has room for sensory delights of touch, sight, smell, taste and hearing. Touch comprises tactile, thermal, pressure, and vibratory inputs. It has the ambience of two bodies in proximity of each other to prove their



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psychic and soulful oneness, Fornication as an act is a reflex like peeing, sneezing, yawning or shitting. No wonder, you can reach an "orgasm" even in sleep, or wide-awake through masturbation. An interactive orgasm adds to the symphony but is not indispensable. Many a woman has peaked too often in the absence of an erect phallus, thanks to sensitive human fingers and an intelligent mouth that can lick a vulva to bliss, now and again.

Everything that lives is holy. These words of Blake underscore the fact that love is LIFE, and whenever two lives meet, it is psychosexual union. A spoonful of pus or feces is more divine than all the marbles, gold and diamonds of churches and temples, because of the contained DNA – D for development off Brahma, N for nurture off Vishnu, and A for annihilation off Shiva.

If there is DNA, there is Trimurti, Trinity, three Gods. Little wonder that when Christ, Gandhi or Teresa handle a decaying dog or a decrepit human, they have the same intensity that is supposed to pervade psychosexual love. The Blood Pressure within an erect phallus is over 1100 mmHg, a miracle that physiology itself has failed to fathom. Add to the day-to-day mental tension, the, doctor-made enemies of erection called antihypertensive drugs, and you know that person is heading for a bedroom disaster. Sit with this person, expand his or her mind to know what really is psyche and what is sex, and you will find 2 oldies of over 90 years declaring the attainment of psychosexual peak in the absence of the recurrent reversible venous hemangioma called the erect phallus.



Medical Mistakes

A mistake in any profession can be a nuisance that prolongs work, results in loss of income and can cause embarrassment. In the practice of medicine, however, a mistake may result in serious morbidity or even death. A medical mistake while examining an insurance client may result in the company forced to pay a fraudulent claim as, we know, a policy is accepted based ONLY on our inputs as regards a client's health/ fitness.

1. Physicians in India are reluctant to openly discuss mistakes they make because of an inbred culture that to make a medical mistake, no matter how small, is a sin and may make one a laughing stock. Secondly, having enjoyed a Demigod status it is unthinkable that even we can make mistakes. We need to be able to openly discuss errors that are made in an attempt to learn from these mistakes. How can we forget the knowledge we gained attending death conference(s) during medical graduation. After all, what were death conferences but focusing on errors: both of commission and omission.

2. It is important to know that the vast majority of medical errors are not being made by bad, uncaring or negligent physicians, but rather by caring, hardworking, conscientious professionals who do NOT pay equal attention to a healthy customer as they would to a seriously ill patient.

3. We must achieve proper and rapid evaluation of diagnosis, treatment and outcome; carefully avoid handwriting misinterpretation, adverse drug reactions and do justice to what is expected from us.

If someone is relying on our judgment – whether a patient or a corporate client (pre-employment and pre-insurance health checks), the least we can do is to come up to that expectation.

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