



Unprejudiced Observer:

Concept, Evolution, Application and Relevance in Homoeopathic Practice

Practice of Homoeopathic system of medicine is definitely more difficult than any other system of medicine as it deals with the person as a whole. "It is the man in the disease that is to be treated and not the disease in the man". Homoeopathic practice hence requires understanding the patient as a person, as an individual.

But, is it easy to understand a person? Or even to understand oneself, for that matter?

The way in which a Homoeopathic physician understands a patient and his totality will depend on the way he analyses and evaluates the patient. The evaluation has to be done against the patient's background ie his mode of living, as stated in § 5. Each Homoeopathic physician will thus evaluate the patient on the basis of his understanding of the various knowledge and experience of life, the way he conducts his life ie according to his Functional-Fundamental-Standard, or his concept of man.

The following paragraph shows in a small way what concept Hahnemann held of man, and the way he should be conducting his life.

Distribute your hours carefully. Every lost hour, not employed to our best advantage and to that of others, is an irreparable loss, which a sensitive conscience can never quite forgive.

"There is that we must watch over and restrain our physical inclinations, and our imagination. The animal part of us, requires constant supervision and as strict and unremitting control as our power of reason possesses; it is only through constant victory that we are made happy, through this salutary and lofty consciousness – we feel then that we are resting in the friendship of the Only One.

Do you desire any other religion? There is none. Everything else is a miserable low human conception full of superstition – a true destruction of humanity..."

Thus keep a strong control over one's instinctual and impulsive animal nature, by the intellect and conscience, to become a more rational and higher evolved being. Hahnemann conducted his own life on this belief and achieved all that we can see today. In a similar fashion, everyone has got his own belief system, philosophy of life or the Functional-Fundamental-Standard. This standard proves to be his (one of the biggest) prejudice.

We are exposed to the world around. We get an opportunity to see. We observe what we see, what we are exposed to. We tend to draw conclusions from what we observe now, by relating it to the past we have experienced. We thus tend to prejudge the present. Can the PRESENT be known to us except in the light of what we claim to know already?

(See Structure next page)



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I Are all OBSERVATIONS prejudiced?

Who, then, is the
Unprejudiced OBSERVER?

Does he EXIST?
Is he a MYTH?

Who is the MEDICAL OBSERVER?

How do we JUDGE him?

How do we DISCOVER him?

WHAT we KNOW not, can we ever PRODUCE?

These are some of the QUESTIONS we need to ask ourselves.

The right ANSWERS we can find out by
referring these back to US
in right earnest

WE DO JUST THAT

NOTHING MORE

NOTING LESS

We need no apology for that.

We claim no indulgence.

II HOMOEOPATHIC PHYSICIAN is one:

who apprehends FULLY the 1 st six	A	of	O
	P		R
Is able to PRACTICE —————→	H		G
	O		A
Is able to EXPOSE —————→	R		N
	I		O
	S		N
THIS, he <u>cannot</u> do unless he	M		
Is able to <u>P E R C I E V E</u>	S		

The TOTALITY

which he possibly cannot

Unless he is, in fact, UNPREJUDICED.

So, becoming UNPREJUDICED

Becomes the central issue of the

TRAINING OF A HOMOEOPATHIC PHYSICIAN.

This clearly lays down the origin of the concept of Prejudice and what demands are placed on the Homoeopath to get above one's own, above the knowledge (ignorance) and the experience (inexperience) to become Aware of himself and function more efficiently and better in the various Roles of Life.

Pierre Schmidt once said that "Theoretically speaking, we have many precious practical suggestions concerning the questionnaire *Hahnemann*, in his *Organon*, devotes more than 63 paragraphs where he speaks about the examination of the patient. *Von Boeninghaussen* gave us excellent advice as to how



to take a case. *Jahr* furnishes also a questionnaire as well as others like *Mure, Perussal, Molinari, Landry, Cluade*, then more recently, *Close, Kent*, this last, the only one who gives a full questionnaire comprising more than 32 pages, entitled "what the doctor needs to know in order to make a successful prescription."

Various teachers have mentioned the importance of Unprejudiced, Observer and its effect on the case taking and arriving at the similimum. But none have really laid down any method or any guideline as to how to become Unprejudiced nor have they defined the various areas from where Prejudice crops up in one's mind and thought process.

Dr M L Dhawale was one person who made an extensive study of the principles and the laws of nature, general philosophy, psychology and Homoeopathic literature to arrive at an integrated understanding of the MAN, his Life and Living, along with the study of the Materia Medica to arrive at the remedy correspondence correctly. From 1968 onwards he actively engaged himself in translating the concept of Homoeopathic philosophy in to practice. He concluded that Hahnemann had given all the directives regarding educational training in the 1st six aphorisms:

1. § 1 and 2 – Aims of education and training.
2. § 3 – Curriculum of education and training.

3. § 5 and 6 – Methods and techniques.

He rightly focused that the fundamental problem of Homoeopathic practice is "Prejudice". The solution then came from the Group Discussion method (also known as the X-C method). (Refer papers – H 1, H 4, H 5, and H 6).

Learning can never occur passively and one has to actively get engaged with the system to understand and burn his Prejudice. Group Discussion method makes his prejudice to the available learner and helps him to deal with the different roles like observer in the clinical session, sharing of experience, then role of the guide, supervisor, and evaluator, etc learning, analyzing and evaluating self and others, in the process '*know thyself and heal thyself*'.

The learner has to rigorously go through the grind to come out as a winner. Various tools are devised to help the novice sail through this storm. A sincere adherence to these will definitely create the qualities that are necessary to be a true Hahnemannian physician. An attempt is made to highlight the travel of such a beginner to attain some awareness of self and his own prejudice. Different cases will highlight the various methods and techniques that take us away from prejudice and closer to awareness. □

Sycotic Miasm : Poem

He is a liar and scoundrel
Believes in none, most suspicious
Often he changes his treating doc
Secretive mind and very anxious

Broods all day and he broods all night
What a crime has he done
Changes statements, giving his case
Loveless, selfish, beast-like man

Fleshy growth, Tumor, warts
Of all size, in body, all over
Sensitive to rains, approaching storm
He is a perfect good barometer

Mean and mischievous, forgetful
Can't remember name and date
Hunts for word to express thoughts
Ever unhappy so poor his fate

Dr S C MISHRA □