



ENT Clinical Tips from Masters

1. Earache during menopause is almost relieved by *Gels*. The pain comes on after exposure to cold air and is of congestive nature; the ear feels hot and full and the lobe of the ear is red and burning and the extremities feel cold. There is giddiness and weight and tiredness of limbs. As the patient gets relieved she will pass large quantities of clear urine.

-Dr DOROTHY SHEPHERD

2. *Kali-mur* is the most valuable remedy for deafness following purulent and catarrhal otitis media.

-Dr DEWEY

The 3rd trituration of *Salicylic-acid* is becoming quite a favourite medicine with me for simple deafness with tinnitus.

-Dr CLAUDE

3. For many years it has been my custom to think of *Ferrum-phos* first at the beginning of otitis and at the beginning of a mastoiditis. I am satisfied that *Ferrum-phos* covers many more cases in mastoiditis than *Cap-sicum* ever did. It is only occasionally *Capsicum* helps you in those cases. Of course we know that most cases of mastoiditis come a sluggish way. The patient does not have a chill and runs a temperature of 102°F or 104°F in a few minutes or in a few hours. He progresses to otitis. Then you get the mastoiditis and it comes on in that sluggish slow way, which fits *Ferrum-phos* very well indeed. The remedy must be thought of all the time.

-Dr BOGER

4. I have seen many mastoiditis cases clear up in an amazingly short time the pus running out in both ears double mastoids with *Calcarea-sulph* without any surgical intervention.

-Dr GRIMMER

5. For simple boils in the ear, the administration of *Bell* 6 or 12 or 30 in hourly alternation with *Merc-sol* or

Vivus will frequently prevent the development or sup-puration of boil.

-BETA (an assumed name)

6. *Calcarea-picrata* is almost a specific in the treat-ment of boils in the auditory canal. Such boils are ex-tremely painful but are quickly relieved by this remedy in the 30th or 200th potency.

-RUDOLPH F RABE

7. The frequent instillation of warm water (as warm as it can be tolerated) either alone or with addition of a few drops of *Bell* will usually relieve terrible pains while the remedy is also to be given internally.

-Dr NORTON

8. The proper treatment in cases of ear wax is to re-move the accumulation of wax by careful syringing and then give *Conium* to prevent its formation anew.

-Dr FARRINGTON

9. For cases of children who get a discharging ear ev-ery time they cut a tooth give one dose of *Gaertner* 30 followed up the next day by a dose of *Silicea* 30 and repeat the *Gaertner* as soon as there is any sign of a further outbreak of the ear discharge.

-BETA (-Pseudonym)

10. *Puls* will cure earache in almost all sensitive chil-dren who cry pitifully. But those who are snappish who throw away something they have asked for and slap the nurse must have *Chamomila*. With *Puls*, *Chamomila* and *Allium-cepa* you can cure the ma-jority of earaches in children.

-Dr ML TYLER

11. Our main experience with *Salicylic-acid* has been in a few cases of Meniere's disease, where its action in the usual small doses of Homoeopathy, has been prompt and satisfactory.

-Dr ML TYLER

12. Dr Robert Romer considers *Salicylic-acid* very suitable for treating this syndrome characterized by at-tacks of vertigo, tinnitus and vomiting. (Please see his article on the subject reproduced in our Ear issue Vol V No 3 May- June 1996. He has illustrated his suc-cess with five cases from his practice.)

13. *Plantago* is to be thought of when earache is as-



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sociated with toothache. **-Dr FARRINGTON**
14. In deafness, if the patient complains that he has the feeling as if there is a skin covering the ear, *Verbascum* should be thought of. **-Dr ELLIS BARKER**

NOSE

15. Profuse watery nasal discharge whenever he would eat and not any other time-*Trombidium*. **-Dr TK MOORE**

SINUSITIS

1. In *Arsenic-iodide* we have a pain in forehead directly above the nose: frontal sinuses are involved. The patient feels weak and dragged out. Nasal discharge is hot and watery burning and much of it passes down by way of posterior nares. The head in general feels heavy and dull. The patient feels better in warm room. **-Dr R F RABE**
2. In chronic suppurative sinusitis consider *Cinnabaris* which is my first choice, then *Hepar-sulph*, *Sulphur*, *Iodium*, *Aurum-muriaticum-natronatum*, *Mercurius-iodatus-flavus*, *Calc-flour*, *Lapis - albus*, *Calcarea-silicata* and *Silicea*. **-Dr FRITZ DONNER**
3. Dr Bach brought out *Cupressus*. He says "it is useful in chronic catarrh and its sequelae, especially if it is the staphylococcal infection and it is indicated in catarrh of the nasal passages, eustachian tubes, middle ear and frontal sinuses; headache is associated with catarrh and chronic colds. It is prophylactic and if given early it frequently aborts an attack. Among the more striking cures of chronic deafness following middle ear disease of 20 years

duration and of frontal headaches, which in one case had been continuous for over three years. (Ohio State medical Society Newsletter, October 1966) See two cases of deafness cured with this remedy reported in NJH issue in Vol V, No 3, May-June 1996, Pg 163)

4. *Hydrastis Q* is the remedy I always prescribe in cases of sinusitis irrespective of its location and where the affection is amenable to treatment. *Hydrastis* alone will cure more cases of sinusitis than any other remedy. When the frontal sinus is involved the patient feels relieved of the discomfort in the frontal region, the muco-purulent discharges diminishes, becomes thinner and the sinusitis is cured in one or two weeks. **-Dr CARTIER**
5. In inflammation involving sinuses, the *Kalis* are probably more frequently indicated than any other remedy. *Kali-bich* is considered by many as a specific in frontal sinusitis, others prefer *Iodide of Potash*, both of which are usually recommended in low potencies. **-Dr GB STEARNS**
6. In cases where the surgeon would usually feel inclined to drain the sinuses and where, indeed, it has been done for previous attacks, it has been found frequently that homoeopathic remedies, such as potassium salts and *Silicea* particularly, have helped the condition so that nothing further is needed. **Dr MG BLACKIE**

Sources: Clinical Tips, Sundaravardhan; The treatment of Sinusitis by M Fayazuddin and other Journals

The first responsibility of a leader is to define reality. The last is to say thank you. In between, the leader is a servant....

-Max De Pree-

Life become harder for us when we live for others, but is also become richer and happier.....

-Albert Schweitzer-

