

## A CASE OF LEFT HEMIPLEGIA

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Name of the Patient - Mrs L.S. Pawar

Age 55 years

Address Vita, Sangli

Date of coming under Homoeopathic consultation - 28/12/1982

**Diagnosis** - Left hemiplegia with Hypertension.  
Left hemiplegia

2 1/2 years duration. Hypertension detected 4 years ago.

OPD -

Mrs. Pawar, lady of 55 years of age was brought to me almost lifted by her lawyer son. Mrs. Pawar comes from a respected family of a good socio-economic class, husband being a renowned lawyer in the area, one elder son doctor (Pathologist) serving in Saudi Arabia, one son lawyer working as an Assistant to his father, one daughter Dentist. Besides that she was an owner of farm which was under the cultivation of sugarcane and grapes.

Mrs. Pawar an averagely built lady, caring nature, sensitive, straight forward, a lady who doesn't tolerate contradiction. She- coming from a rich family appeared to be egoistic, always secluded. Used to talk freely with ladies

of her class. This is as per the narration of her lawyer son.

On detailed enquiry I could know the following details important being that before the occurrence of hemiplegia, she had been under the care of psychiatrist for a short period and that she was accidentally detected as hypertensive. The reason being that some 4 years back for some legal dispute of the lawyer son with some Politicians the policemen entered their premises for some enquiry, Mrs. Pawar took the incidence badly. On the question of prestige in the society, from that day every night, she used to get up frightened, along with the attitude of searching some keys below her cushion. Delusion of policemen standing outside her room etc. etc. Then she used to be wide awake throughout the night. Day by day her mental problems went on increasing. She became more talkative, which she was not in the past. This increased to such an extent that family members had to take help of a Psychiatrist. At that time she was also found to be hypertensive.

Since antihypertensive and antipsychiatrist treatment from Poona she returned to her normal activities.

One fine morning some 2 1/2 years back Mr. Pawar (lawyer son) was astonished to see that

his mother was sleeping till 8 a.m. (otherwise she used to be ready by 6 a.m., bath, pooja, everything). Ultimately they tried to wake her up and found that she was semiconscious. The family Physician was called and she was found to be having High B.P., left hemiplegia with Aphasia. Later they tried the best available treatment but recovery was not appreciable except that speech improved, facial palsy recovered. She couldn't stand or lift her left upper extremity. In spite of 1 1/2 years constant treatment by allopathic medicines.

Mrs. Pawar was brought to me due to strong insistence of one of their relatives who is my patient.

O.E. -GNS Speech normal. Left upper extremity muscle tone-Grade II, Power-Grade II. Left lower extremity muscle tone-Grade II, Power-Grade II. Sensation-Hypersensitive. Reflexes-Exaggerated.

She couldn't tolerate tight clothes complaining of pain in left side of body. Pains aggravated on pressing, warm application, massage & rubbing. Depressed attitudes. Pulse-75/min. B.P.-140/100 mm of Hg. Bowels-Constipated. Menstrual History-Menopause.

#### Symptoms considered -

1. Aggravation at night.
2. Left sided complaints.
3. Aggravation on Pressure, Hypersensitive. Sensation of Constriction.
4. Loquacious.

5. Suspicious Nature.

(Above five symptoms suggest Lachesis)

6. Doesn't tolerate contradictions

7. & Egoism suggests Lycopodium.

Taking above main features (symptoms) into consideration, I prescribed Lachesis 200 (4) doses 1 Bid X 2 days from 28/12/1982.

04/01/1982- Feeling of well being. Power and tone of left side improved. Rx. Lachesis 200 (1) dose.

04/02/82 Mrs. Pawar could stand on her own without support and also lift up the left upper extremity up to the shoulder level. Lachesis 1 M 2 doses for Feb., 1982.

05/03/82 Mrs. Pawar came with smile on her face. She would walk on her own for about two hundred feet with the help of walking stick. The hypersensitivity reduced. Could tolerate constriction to affected limbs to tolerable extent. Since then I couldn't see the patient again.

#### Conclusions:-

1) Mrs. Pawar came to me almost about 2 & 1/2 years after the incidence of left hemiplegia and was very much improved with Lachesis. This is contrary to the common belief that in neurological cases particularly of paralysis, there is no chance of recovery after 1 & 1/2 years occurrence.

2) Exact selection of remedy definitely help at least to a certain extent and can improve the residual recovery to far better extent.

## EDITOR'S COMMENTS-

At times the homoeopathic remedies when very correctly indicated memly seem to break the apparent laws of time for recovery from paralysis.Lachesis is also a remedy under rubric- EGOTISM (Kent. 49). It must be noted that in this case the actual lesion in the brain was on the Right Side. One presumes that even the Blood Pressure was helped by Lachesis.

If Lachesis had failed then I would have probably selected Lyco as Lycopodium is prominent in

Egotism, is dominating or dictatorial at least in the home, is also sensitive and caring as mentioned in this case.Lyco is also strongly in 'suspicious' though not in Talkativeness, besides its a great complementary to Lachesis which reminds me. What about Hyoscyamus ?? Its very strongly in Loquacity, suspicious and one of the main remedy in rubric Delusion.'Policeman came into the house' (Kent).

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## POTT'S SPINE FOLLOWED BY PARAPLEGIA

Patient's Name : Smt. S. P. Lohar.

Age- 28 years.

Address - Shukrawar Peth, Kolhapur.

Marital Status-Married 12 years back, she is widow since 6 years.

Family History- Patient is having two daughters. Her husband was an alcoholic, died of Liver Cirrhosis.Occupation-Private Sweeper and utensils cleaner. Economical status - Comes from low economic group.Past History- Smt. Lohar was all right two years back except some complaints of viral origin.

Case History -I was requested to visit Smt. Lohar's residence by a Senior General Practitioner (Dr. Kapadi) from Shukrawar Peth, Kolhapur, to see if anything can be done in Lohar's case by homoeopathic treatment as already the allopathic management so far had failed and there were no hopes from their side as proclaimed by allopathic physicians.

I visited patient's place on 2/12/1988 and found that the patient was totally bed ridden due to paraplegia of both lower limbs.

Muscle tone	Grade I
Muscle power	Grade O
Sensation	Hypoaesthesia.
	Thermal Sensation +
	Pin prick +
	Touch - +
Voluntary Movements	absent below lumbar region.
Other systems -	NAD

On detail enquiry I came to know following details.

Smt. Lohar was all right 2 years back except some minor complaint of viral origin. Her husband was an alcoholic, who died of Liver Cirrhosis some 4 years back. As there was no elderly member in Smt.Lohar's family whole

responsibility of the family was vested on Smt. Shobha for which she was working privately in nearby houses. If any health problem she used to get treatment from C.P.R. (Govt.) Hospital and sometimes with Dr. Kapadi.

Initially the fever was intermittent, evening rise later on it became daily evening with pain at lumbar region since 1 & 1/2 years. This daily fever with pain in lumbar region was an obstruction to her routine. She was investigated at Govt. Hospital and was diagnosed as Pott's Spine.

The Antikoch's line of treatment was continued (Inj. Streptomycin 90 injection course was carried out). She was free from all troubles and resumed her work. Soon she developed progressive weakness which laid to total paraplegia of both lower limb.

From Homoeopathic stand point -

Symptoms collected on detail enquiry were as follows -

Mind- Silent Grief, worry about future, fear of hearing bad news, irritable, shyness, disinclined to talk, laughing when looked at - Lycopodium.

Head- Occasional occipital headache.

Constitution- Thin built, Narrow Chest (Phosphorous Constitution).

Cervical region- Cracking of cervical vertebra when moving head.

Abdomen- Headaches whenever there is gaseous distension.

Extremities- Paralysis in lower limbs below lumbar region (details explained above). Stiff cold numb feeling in buttocks, back and lower limbs. Better by warm dry atmosphere.

Occipital headache worse in morning and aggravated by cold weather, rainy cold weather & worry.

Family history-N.A.D.

Important point to note in above case.

- 1) The paraplegia occurred on resuming her work after completion of antikoch's treatment.
- 2) Patient being from poor economic class resumed work no sooner she got relieved by antikoch's treatment and that no proper rest was given to the spine.

X-ray and other investigations done at C.P.R. Hospital, Kolhapur, were not available with the patient during my visit. Taking into consideration the above history, family background, symptoms and signs I came to conclusion as to why not make use of tissue remedies which will have a strengthening effect on the spine instead of repertorisation of the case, as most of above symptoms match with (1) Kali Phos and (2) Ca. Phos. (fear of hearing bad news) (Kent) (3) Cocculus -(Ailments from silent grief) & cracking of cervical vertebra, has Cocculus prominently.

I started the following treatment.

Kali Phos 1 M (3) doses alternate day in the evening; Cal. Phos. 1 m (3) doses alternate day morning followed by Placebo for 10 days.

## OBSERVATION -

Severe pains started in both lower limbs on 3rd day of treatment which lasted for 10 days.

On 16th day, I repeated another dose each of Cal. Phos 1 M and Kali Phos 1 M. followed by cocculus 200 BD for 6 days. On 3/1/1989 - I could make her stand on her legs and walk a little bit. Cracking sound at cervical region stopped.

15/01/89 Tuberculinum 1 M. 1 dose.

20/01/89 Sulphur 200 1 dose were prescribed followed by placebos.

20/02/89 Resumed her duties.

03/05/89 X-Ray revealed no change in pathology as original X- ray was not available, for comparison.

04/05/91 Patient is weak as narrated by her mother.

## Conclusion -

- 1) Tissue Remedies play a very important role even in chronic diseases of degenerative nature.
- 2) Cocculus was the other remedy which helped the tissue remedies, Kali phos. and Cal. phos, as cracking noise in cervical region stopped after cocculus 200 administration.
- 3) Tuberculinum was prescribed taking into consideration Tuberculosis history.

**EDITOR'S COMMENTS-** I generally utilise the Biochemic salts as tissue remedies in 3X, 6X or 12X strength. I have a feeling that Calc-Phos and

Kali-phos in 'm' strength acted as homoeopathic remedies. Its remarkable however that she developed severe pains in the paralysed limbs on the 3rd day of starting the above medicines and this lasted for 10 days. This was indeed an aggravation which subsided to be followed by amelioration and subsequent recovery. On looking up paralysis lower limbs in Kent (P 1192) I was surprised to find neither Kaliphos or CalcPhos mentioned, not even mentioned in the sub rubric paralysis - painless. Instead Cocculus is in highest grade here. On looking up allments from grief (Kent 61) Kali phos only one mark and no mention of calcar phos at all. Cocculus however is again in highest grade. In this case cocculus was given almost on 17th Day of treatment. There is no mention as to what was the state of the paralysis around 16th day. Was there obvious improvement in power and tone of muscles then in which case cocculus came as an extra aid to the previously begun action of KP and CP. If not, then the recovery should be attributed to have begun with cocculus alone. The tuberculinum dose certainly helped and its wonderful that the patient could resume her duties after a month. But then as a surgeon what caused the paraplegia? Was there a cold abscess somewhere that somehow got absorbed and relieved the tension on the spinal cord? The X Ray picture doesn't mention any such thing. One would be interested in knowing how this patient is faring at this date. All in all a very remarkable recovery.

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## PSYCHIATRIC CASES-FIRST CASE

Patients Name: S. Y. S.

Age :- 52 years.

Married. Govt Servant, Staying at Laxmipuri, Kolhapur.

Brief History- Mr.S.Y,a medium built fair looking working here at Kolhapur as an instructor in Govt. College suddenly started staying away from home in June 1984 and continued to stay with his near friend Mr.IK for last 20 days with a strong belief that it is impossible for him to continue his family life as he was sure that all his family members including his wife,two daughters,one son.(18,16,14 years respectively) have gone against him and they wanted to kill him by poisoning.

On 30 June 1984,Mr.S.Y,on entering my consulting room instead of talking with me reached the book shelf and started going through my books.In the mean time he was looking here and there,appeared much restless;however least bothered to talk with me.When I tried to draw his attention towards me he said that medicine has got no role to play in his case as this was due to a religious personality who has now gone against him. He was a devotee for the last 8 years or so and this saint has influenced all his family members(Betrayed?).They do not know what they are doing but are trying to kill him by poisoning and that one day they are sure to succeed and there is no chances for him to survive.

On hearing this I confidently appealed to Mr.S.Y that I am endowed with more super-power than this Maharaj and that his power will have no Influence good or bad as long as Mr.S.Y is under my care and that he will be free from all Maharaja's ill effects as well as all his family members will be out of his hypnosis.I said this with such confidence that Mr.S.Y was wonder struck.Quickly I referred to Kent for rubric,"FEAR OF BEING MURDERED",and considering his restless personality I selected Phosphorous as the drug of choice.Phos was given in 30,200,1M etc.Since 22 Aug 84,patient well resumed his office and started staying with his family happily and still staying happily for the last 8 years.

### EDITOR'S COMMENTS:-

The two prominent rubrics were-

- 1) Fear of being betrayed(B.482) Hyos-1, plus
- 2) Delusion being murdered (B.326) Hyos-2, Calc-2, Bell-2,Op-2, Rhustox-2, Stram-2, Phos-1, Staph-1.
- 3) Fear of being murdered(B.514) Cimi-2, Plat-2, Rhustox-1, staph-1, phos-1.
- 4) Restlessness(K.82) Hyos-3, Calc-3, Cimic-3, Staph-3, Rhustox-3, Stram-3, Phos-1. Hyos-6/4, Calc-5/2, Stram-6/2, Rhustox-6/3, Staph-5/2, Phos-3/3. In this analysis phos comes very low with Hyoscyamus getting the best score. Its strange that phos acted so well and cured him.

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## PSYCHIATRIC CASE-SECOND

Mr.A.Y.,25 years old,a ladies specialist tailor was brought for my consultation on 24 August 1986;with complaints of suicidal thoughts,mental depression,alternating with hilarity,singing & laughing.

Mr. A Y,averagely built,5'4" tall on detailed enquiry found that these days he has closed his shop as he was facing with attack of depression.

Other complains were - obstinate constipation, paroxysmal palpitations, spasmodic constrictions and twitching of single group of muscles.Depression aggravated in close room(Shop) and in open air.moving about. Physical examination, investigations and family history - NAD.

On detailed enquiry I found that the complaint started as a consequence of disappointment in love-a girl coming to his shop staunchly refused his proposal and insulted him in presence of other ladies.Since then Mr.A.Y became very irritable and felt that who so ever was coming to him was laughing at him.This thought increased to such an extent that he was unable to continue his routine.He started laughing,singing and looking at girls,suddenly used to get depressed and expressed suicidal thoughts infront of his friend.

His friend reported me that Mr.A Y these days is taking every thing in bad part even to his friend's suggestions.I just referred to Kents repertory-

Irritability, takes every thing in bad parts(K.60) Crocus sat-2, & Palladium- 2 marks. From materia medica I confirmed Crocus sativa the best similimum.

Crocus in 30,200 set Mr. A Y in good stead. He resumed his work.

25 December 1991-Mr A Y is too busy at work, is married, having two children.

**EDITOR'S COMMENTS:-** The remedy that comes to my mind was Natrum Mur based on the following symptoms of this case

- 1) ailments from mortification(K.76) = Coloc-3, Ign-3, Lyco-3, Nat mur-3, acid phos-3, staph-3 etc.
- 2) Cheerfulness alternating with irritability(K21) = Ign-1, Lyco-1, Nat mur-2 etc.
- 3) Irritability,takes every thing in bad part(K.70) Croc-2, Pall-2, Natru mur-1 etc.

However in delusions-he is being laughed at(K38) there is only baryta carb and no other remedy.Neither crocus or Natrum mur is in suicidal thoughts (K.94) but natrum mur is very prominent in thoughts tormenting(K.98).

If crocus had not worked one could try Natrum mur in this case.

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## PSYCHIATRIC CASE- THIRD

Mr.ADY, 22 years old, newly appointed Police Sub Inspector at Bhivandi, Bombay was brought to me by his cousin Hari Jadhav during his recent visit, 15 September 91. Before coming to me he was on antidepressant drugs.

His complaints were-

1)Extreme Sadness.2)Depression.3)Lack of confidence at work.4)twitching of muscles here and there.Feeling like leaving the job.5) Insomnia.6) Sensation as if head directly attached to the body.

On detailed enquiry I found that he had no problem till the time he was selected for the PSI training at Nasik.During his final examination days he used to sleep very little and had to study hard with a constant fear that the Syllabus was beyond his capacity.In between he had an attack of pharyngitis,was referred to ENT surgeon.That time he had a strange sensation as if there is no neck and that the head is directly attached to body.

I concluded that Mr ADY's bad health was due to night watching,& mental strain.-'Twitching here and there'(K.1410) being the persistent symptom since the illness (Characteristic General);I found Cocculus to be the simillimum.Cocculus in varying potencies set Mr.ADY to normal within one and half month.

### CONCLUSION -

-In all three cases drug was selected giving importance to a single rubric,as the patients were not in position to give history during first consultation.

From above cases I remembered 'Dorothy Shepherd's words that half the world's asylum would be vacant if homoeopathy be given a chance.

### EDITORS COMMENTS:-

The patient narrated a very strange sensation that "There is no neck & that the head is directly attached to the body"-

There is no mention of this sensation in Roberts book of sensation as if.The nearest equivalent to this strange symptom I could find was as follows" SENSATION AS IF HEAD WERE OFF SHOULDERS"(Page 408) = Pulsatilla.

Even 'WARDS' Dictionary of Sensations does not give this symptom.

Could any reader let us know if such a symptom or its nearest equivalent is found anywhere and if so what remedy or remedies have this symptom?

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## PSYCHIATRIC CASE-FOURTH

Miss G, a fair looking 14 years old girl was brought to me on 5 September 1992 with the complain that she is not willing to go to school since last three weeks. She is complaining of some bad thoughts particularly of some sexual nature even in front of her parents. These bad thoughts were interfering in her routine studies and that she will not be able to concentrate. She comes from a good educated family; father being a lecturer and elder brother a medical student. The whole complaint started as she narrated, when she saw a movie- 'police public' along with her friends some three weeks ago where the story is woven around rape & violence.

She was soon told by her girl friend that a particular staff member in their school raped a school girl and that police investigations are still going on. Since then she started becoming suspicious about everybody including her father. She started thinking if she sees her father talking with any lady, that he is increasing this relationship with the motive of rape. Then she used to theorize, that if this happens then how will he run away; what will the police people do to arrest him, etc etc.

Some other symptoms I observed in this case was-

- 1) A smiling face without any cause.
  - 2) Grinding the teeth during sleep at night.
- Physical examination and family history-NAD.

Rubrics used-

- 1) Theorizing.
- 2) Grinding teeth.
- 3) Causeless smiling.

The drug of simillimum-Cannabis Indica.

Cannabis Indica 30, BD for 5 days relieved all her mental symptoms.

However she had an attack of fever managed by Eup perf. 30 with Ferrum phos 6x.

15/10/92-Miss G appeared the mid term examination, Rx. Cannabis Indica 1M one dose to prevent recurrence of her mental symptoms.

### EDITOR'S COMMENTS:-

Only Phatak gives rubric 'Laughing without cause (P-207) as Syphillinum. Kent does not have either smiling without cause or laughing without cause though Kent gives Cannabis Indica very prominently in laughing constant & laughing at trifles. One presumes this girl was not used to taking drugs in secret.

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All above cases presented by-

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