

Cystadenoma Of Ovary

Mrs K aged 45 years, consulted me on 30-10-2003 for severe dysmenorrhoea, offensive bleeding and leucorrhoea. She was on allopathic medicine with no relief. Ultrasound done before starting the treatment, which showed Mild hepatomegaly and Cystadenoma left ovary. (Full Report attached)

The sonologist advised me not to take her case as in cyst adenoma chances as turning malignant are high. But I took this case as a challenge.

PATIENT AS A PERSON

Ht: 5'1". Wt: 55 kgs, wheatish complexion

APPETITE: Good.

CRAVING: Sour fruits and food

BOWELS: Constipation. Itching rectum haemorrhoids²

SLEEP: Always sleeps with knees bent towards the chest

LIFE SITUATION: Wife of a truck driver who often remained on tour. She revealed that he always suffered with eruptions and itching on the penis. Though she did not mention any specific disease, but I thought it safer to presume that he might be suffering from a STD-sexually transmitted disease.

MIND: Patient was very sad, weeping, nervous, weak memory, fear of dark. Sometimes thinks of committing suicide because of her ailment.

CHIEF COMPLAINTS

1. Menses offensive, profuse, painful, partially clotted and dark.
2. Severe pain in left ovary better by pressure.
3. Leucorrhoea - thin, offensive worse coitus.



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4. Vaginal itching ++.

5. Rectal itching because of piles.

PAST HISTORY: Jaundice 2 yrs back

FAMILY HISTORY: Father died of heart attack. Mother: hysterectomy due to profuse bleeding.

SELECTION OF REMEDY

When I took the detail history, I knew the case was falling under sycotic miasm, but was not sure about the medicine. What made me to select *Medorrhinum*? On asking modalities, she told me (i) If she is busy in work she feels better; but as soon as she is free she thinks of her disease and she becomes worse. Thinks that she will not recover. (ii) Feels better, during menses, while lying on her abdomen which give relief from pain. (iii) Might have got some infection from her husband who suffered from gonorrhoeal infection, (iv) Clinched by knee chest peculiar position in sleep.

TREATMENT AND FOLLOW UP

I gave her *Medorrhinum* 200 single dose followed by placebo for a month. She felt better. Pain during menses and Leucorrhoea was better. Mentally too she felt little better. After one month I gave her *Medorrhinum* 1M single dose and waited for another month and she was completely cured. She kept on coming to me for three months and in her 3rd month she did not have any past symptoms. Only after a year she came with second ultra sound report of normal uterus and ovaries. (Report attached)

BEFORE TREATMENT 31.10.2003.

USG WHOLE ABDOMEN

Liver is slightly enlarged with normal echotexture.

Gall bladder, pancreas, spleen and upper para aortic region appears normal.

Both kidneys are of normal size and echotexture. There

is no evidence of calculus, hydronephrosis or mass lesion in both kidneys. Rt kidney is 9.83. Lt Kidney is 10.14

Urinary bladder is distended well and appears normal. There is no evidence of calculus or intrinsic lesion in it. There is negligible post void residue.

Uterus is anteverted, measuring 8.37 x 3.66 x 5.63cm. Normal in echotexture.

Right ovary is 2.49 x 1.89 cm. Normal in echotexture. Left ovary shows a cyst of size 4.23x 4.05cm. It shows septae and internal echoes inside it. It appears to be cyst adenoma.

Right adnexa is normal. There is no free fluid in pouch of Douglas.

OPINION: Mild Hepatomegaly. Cystadenoma left ovary.

AFTER TREATMENT: 01.11.2004. PELVIC USG

* Uterus is anteverted and measures 8.8 x 5.4 x 3.8 cm (LxTxA.P.)

* Uterine outline is smooth.

* Uterine parenchyma appears homogenous.

* Endometrial cavity is normal.

* Both ovaries are normal.

* Urinary bladder is normal. No vesical calculus or growth is seen. No post-void residue is observed.

* Iliac Vessels have normal course and caliber.

* There is no pelvic lymphadenopathy or free fluid.

Opinion: Normal Uterus and ovaries.

Psychosomatic Pain: A Case

Recently, when I was going through *Aconitum* in The Materia Medica Viva by Dr George Vithoulkas, an old case of Psychosomatic Pain cured under my care in 1993 flashed into my memory. The story of the case was as stated hereunder.

36 years old lady, was brought for consultation and treatment on 13th July 1993.

For the past one year she used to feel unusual sensation with pulsation in her head with following symptoms.

Pain in her left shoulder, left scapula and left side of her neck.

Pain in the frontal region and around the eyes.

The pain used to extend to the breast which becomes heavy and tender.

Vertigo³. Heaviness in eyes.

Loss of appetite. Thirst less.

Arms easily become numb.

The palms and soles often become very hot.

Menses very scanty, dark coloured with dark clots.

Leucorrhoea of long standing, white and yellowish, thick, bland, throughout the month.

Bowels constipated.

Urination frequent especially in the morning on waking and in cold weather.

She does not feel fresh / cheerful on waking from sleep.

Melancholy / sadness.

Temperament: Irritable, easily gets angry since the trouble started.

Liking for sour and sweet things.

Her complexion was getting darker.

On enquiry about any incident or accident or the circumstances after which the trouble was started, her husband, who was an Army Captain told that some soldiers of his Unit were coming from a hill station in an army truck. Their vehicle met with an accident on the way and fell down in a deep hill side. Some of the soldiers died at the spot and some got injured seriously. They all were brought to Military Hospital.



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