

# Homoeopathy in Psycho-sexual Disorders

*"Those who have not known the deep intimacy and the intense companionship of happy mutual love have missed the best thing that life has to give."*

- Bertrand Russell

## DEFINITION OF SEX

The concept or definition of sex at first glance seems to be a strictly biological. Yet sex can be defined or characterized at many levels: Chromosomal ('XX' vs 'XY'); cellular (egg vs sperm); morphological (gonads, genitalia and functional anatomy); physiological (normal levels) and behavioral (sexuality).

What is "the" definition of sex?

## HUMAN SEXUALITY

Human sexuality is a study of human behaviour in relation to an important and over-powering human need – sex. Sex is part of our life, personality and identity. It is not a subject of isolation, but a composite of intangibles, the totality of which affects our life.

Sexuality concerns with sex and sexual behaviour and it involves a deep pervasive aspect of the total personality, the sum total of one's feelings and behaviour. Sex is an integral part of one's self.

## SEX: CHARACTERS

Sex is for fun, pleasure, ecstasy and procreation. It is not a function of sexual organs alone. It doesn't act separately, as other functions of the body.

Sex binds the involved partners with cords of love, respect, concern for the other, gratitude and romance. Sex reflects the unity, the sublime love and nature's way of delight a human being can experience.



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Sex is powerful enough to blossom the creativity of a human being.

Above all, sex has the very basis of love, which is nothing but the basic emotion of a human being. Love is the only satisfying answer to human existence and to flourish and sustain sex throughout life, love must be built on the foundation of affection, compassion, respect, trust and responsibility. Hence sex must not be a segregated item; it can't be an object one can buy in the market because sex is not only physical pleasure.

## SEX: THE PROBLEM

Does the problem begin from the definition of sex itself? It's like the definition of health. The materialistic view looks upon the body made up of several parts and these parts need to be corrected by hook or crook. When the parts are put in order, health is bestowed upon.

For the most part, the popular definition of sex is to have an orgasm. This definition is a male production! Ejaculation is orgasm and that's sex. This definition makes the whole concept of sex too narrow. With this definition the genitals become some sort of machine that must satisfy biological output quotas, or else be deemed broken and sent to the scrap heap.

An orgasm based definition is just not realistic. While orgasm is a beautiful thing to behold, sex can still be very pleasurable without it!

## SEX: THE CENTER OF EMOTIONS

Sex is a powerful force of 'moving'; centrifugal – moving away from the center and centripetal – moving towards the center. The center is a 'unitary' destination, not to be reckoned with!

Sex is a powerful instinct which can bring on to the surface everything of a human being! It can 'uncover' everything. It can compel every nuance, every emotion to dance around itself!

When sex is bad, when sex is a source of unhappiness,

it can consume much of the consciousness, much of the energy and it can make emotions like anger, shame, humiliation, fear etc quite energized, causing an imbalance in sympathetic and parasympathetic nervous system. The reinforcement of the emotions can be devastating!

#### **HOMOEOPATHIC APPROACH**

Homoeopathy approaches the human sexuality through totality, through phenomenon and through the pattern of energy that each individual exhibits. This energy pattern is unique in each remedy and it is an interesting study to see the reflection of it.

**1. *Lachesis*** 'sees' through, is highly sexual and possessive and wants to keep his loved ones under tight control. He puts sex to love; according to him sex is the only way of love. Emissions always ameliorate him and he can't control his sexual instinct and suffers from suppression of sex. He is romantic, joyous, passionate and ecstatic and the female *Lach* is mannish and often takes a lead in sexual activity.

**2. *Conium*** represents imbalance of energy between upper and lower parts of the body. He is no longer able to draw up energy from the lower parts to the upper parts. The energy finds its way soon in emission on the slightest provocation. Forced abstinence causes sexual incompetence or / and excessive desire (satyriasis, nymphomania). The suppressed sexual energy goes deeper to cause aberrant immune response, to cause cancer.

**3. *Fluoric-acid*** is materialistic, libertinistic and hedonist. He has irresponsible gaiety, an easy going

complacency. He is interested in only physical pleasure without any emotional involvement. He goes from one sexual partner to another and suffers from STDs.

**4. *Staphysagria*** represents a range of action from shyness of the opposite sex to excessive indulgence in sex. It has unsatisfied sexual urge; in widows. Sex is for the sake of honor and 'no' to sex by other partner is viewed by *Staph* as indignation. He can then show violent outbursts of passion. Sex then can be harassing for the partner who has to tolerate the wrath of *Staph*. Haughtiness, libertinism and wounded honor characterize *Staph*.

**5. *Lycopodium*** represents the right side, the masculinity and this is reflected in sexual relations. The inner weakness, anticipation and anxiety of performance fall upon the organ that is unable to show its worth. Repeated bad experiences makes *Lyc* refrain from sex as he wants to keep his honor. *Lyc* has both loss of sexual desire and too strong sexual desire. *Lyc* is deceptive, a liar and an opportunist. The sense of impotency inside is reflected to act as bravado 'I-am-potent.'

#### **CONCLUSION**

Human sexuality is a subject of fundamental concern for researchers of many faculties. Homoeopathic science which focuses on 'life' of a patient has a great armamentarium to treat psycho-sexual disorders. A skillful interview is essential to explore the MAN/WOMAN behind psycho-sexual sickness. Knowledge of sexuality is a MUST for a homoeopathic physician who prides himself as a student of holistic therapy!

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**Many girls like to marry a military man -  
he can cook, sew, and make beds, and is in good health,  
and he's already used to taking orders!**

**J**