

The drifter... Where has my music gone?

Abstract: Often patients come with a physical complaint, but the beauty of the Homoeopathic interview is such that it compels them to reveal the facts of life hidden behind the masked face. This case is an example how minimal words and guidance with the right remedy is capable enough to stir a wave of health in their otherwise tumultuous life.

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Ms AK A petite girl thirty, came to me on 24th of Jan 2008. She hails from Delhi, but has come to Mumbai since 2004 to pursue her music career. Mother a house wife, Father, an engineer, is retired. She has an elder sister 36 yrs and a brother 33 yrs. All reside in Delhi.

HER CHIEF COMPLAINT

1) HOARSENESS

AGGRAVATED: Dubbing³, singing and any strain on the voice while singing especially high pitch. ENT opinion: EARLY NODULES FORMATION.

When she was in Delhi had taken Homoeopathy which relieved her. But dubbing in Mumbai and in the various voices and high pitches has again aggravated her complaints.

She went to a speech therapist for 4 months.

2) Since 2004, ACIDITY. Pain³. Flatulence.

AGGRAVATED: In Mumbai, irregular meals, always outside, since works long, erratic hours, <fried³.

3) EYES. Itching³ since a month, ameliorated with cold water.

4) THROAT: Once a month, since childhood: Colds, tonsillitis, dryness³.

Ameliorated with sips of water. Thirst profuse.

5) Both KNEES ache, earlier occasionally in few months but now are troubling almost daily. It is more in Mumbai, < climbing down³.

X-ray has shown early arthritis.

6) Occasionally has BREAST PAIN.

PATIENT AS A PERSON

HEIGHT: 51'' WEIGHT: 52 Kgs.

HAIR: She had had lovely hair. Has been going to a well known trichologist, as growth is hampered.

PERSPIRATION: Decreased.

APPETITE: Normal.

THIRST: Increased, for sips.

DESIRE: Fruit³, Fats, but aggravates, spicy, which too aggravates.

BOWELS: Normal.

THERMALS: C3H2.

MENSTRUAL HISTORY: Normal.

FMP at the age 12. CYCLE: 3-4/23-30 Days.

BEFORE MP: Breast heaviness.

SEXUAL HISTORY: 1/3 mths.

On Inquiry: With a friend in Mumbai.

SLEEP: Unrefreshing. Starts³.

DREAMS: Many. Always scary, frightful³ at least 1/week- of Death³, of water³.

LIFE SITUATION

Irritable³. Brooding³. Affectionate+, friends ++. Revengeful³. Fearful. So anxious for everything, never at ease. Anticipatory Anxiety++.

Obstinate++. Will+. Drive+. Career oriented.

THE LIFE-STORY: She was born in Allahabad in the year 1978.

Very creative³, was always into dance and music.

She has been learning music since 15 years after which she occasionally has hoarseness which aggravates when she takes a high note. Still she reached and did PG in Classical music. At one point was interested in pursuing Medicine!

2004: In Mumbai lives in a rented flat.

2005: Since 2 yrs in a relationship. But does not know whether will get married to that person or not. Sex once in 3 months.

1st priority is career.

Mood swings since 2 yrs, is unhappy which shows on the face, may be because of my

Dejected. Eg Just now got a call for assignment said I'm so confused. I want to talk to you too, but feel am missing out on the assignment.

Now I got into action and started the REAL interview

VP: Your career seems to be doing okay. You are doing voice over and in this short time you are getting good assignments. Right?

Pt: Yes but where is my music?

VP: Plus you have not so much responsibility. Parents are on their own, right?

VP: Do not know why feel so sad. When parents had come last month to stay with me have experienced and pointed out the forlorn look on her face, enquired as well the reason for her being unhappy.

Mind is wayward. Feel I am a very complex person. Feel different from others.

VP: What about food? Do you cook at home?

Pt: Was in PG accommodation, now flat.

VP: Bought flat?

Pt: No, no. By rent .. don't earn that much. And parents were coming to stay, so took it.

Attachment³ to family want to give comfort to

parents, want to do something big for them. Want, when family comes, to stay with me.

VP: And about marriage?

Pt: Do not want a serious relationship, unwilling to sacrifice career, which is most important for me.

But want company, mainly girl company.

In Delhi had many best friends. Even managed to make good friends in Mumbai. Less but feels satisfied.

Cannot sing that well, so now cannot compete. Want to perform but voice restricts

Was fun loving, used to laugh now serious, sad and confused. Had been to a psychologist Dr Rajiv Naidu. Where was told to be happy from inside.

VP: And what do you like the most? What makes you happy?

Pt: Family; very fond of places where there is water like beaches etc, now scared of water and scared to go to beach now.

I need to earn. Want to be financially sound; Father has taken VRS, since the company was about to shut. Stupid decision. So not well off. Want to support them.

Sister did job for 10 years. Got married in Jan 1997. Conceived after 9 yrs in 2006.

Sister also not well to do. Husband is not good, their relatives are not good. Sister tried to commit suicide. Now better³. But this affects me.

Was in Delhi and was very close to them and saw all this. Therefore I am scared of Relationships. So am career oriented³. Do not want to take on the responsibility and start a new family.

VP: Maybe life has a way to turn out good, if we give it a chance.....maybe we will sort it out together.

TREATMENT

DATE	SYMPTOMS	PRESCRIPTION
24/01/08	CONFUSION. SAD. MANY PULLS. VOICE HOARSE	<i>Pul 200</i> 3 Doses 3 Nights till better.

01/02/08	<p>>³. She said I am much better in every way. I just feel so good. Hoarseness > 50 %, Acidity > 60%. No bloating. More energetic.</p> <p>VP: You know there is a time and place for everything. And a purpose. Just casual things sometimes harm. Casual sex is always a burden... does leave a scar on the mind. Doing anything purposeless and mindless does do that to a person.</p> <p>Pt: (Right on cue). You know, last week, I talked to him. He was my first friend in Mumbai. We are very good friends, but now I told him, no other angle to it. I think he too was relieved. Now we can be just good friends.</p> <p>I feel so much better. Thank you, doctor.</p> <p>VP: Food?</p> <p>Pt: Yes doctor, I have started cooking.</p> <p>VP: So now life is on track. You have taken charge..</p> <p>Conclusion: It takes a little effort and a little guidance to change a person's life. One session, one week- and a grat result..is this acute prescribing or deep prescribing?</p> <p>Whatever, but it is definitely best prescribing!!</p>	SL
09/02/08	Better but 10% worse than last week (Not holding (Ppt)	Thuja 200.1 dose Puls 200.1 dose



English is not my Mother tongue

☺ This is from Oracle Bangalore:

From an employee who was performing the "mundan" ceremony of his 10 year old son: "as I want to shave son's head, please leave me for two days.."