



# Millefolium

Yarrow

Region	Worse	Better
Mucous membranes	Fall	Lying down
Capillaries Lungs	Injuries	(nausea)
Nose	Overlifting	Violent
Uterus	Violent exertion	exercise
Venous circulation	Stooping	(vertigo)
	Suppressed discharges	Wine
	Hemorrhages	Discharges
	Menses	
	Milk	
	Lochia	
	Coffee	

*Hemorrhagic. Atonic. Venous. Sore.*

*Scorbutic. Ulcerative. Tubercular. Cancerous*

Stands at the head of the long list of our armoury against hemorrhages.

**HEMORRHAGES** : Bright red (*Acon*); profuse; fluid; painless; active (passive, *Ham*); without fever (with fever, *Ferr-p*); without anxiety (with anxiety, *Acon*); without nausea (with nausea, *Ip*); due to injury or fall from a height; due to pulmonary tuberculosis; hemoptysis from a ruptured vessel; in typhoid fever; from wounds; after violent exertion (*Bell-p*), labour, abortion or miscarriage, post-partum; during menses; from nose, mouth, larynx, bronchi, lungs, stomach, bladder, rectum, uterus; internal hemorrhages from overlifting or injury; obstinate, chronic from every orifice; with malaise and great weakness (with coldness, *Stron-c*).

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**AILMENTS**: From overlifting, over-exertion, of fall (*Arn*). Sprains. Oozing blood from the edges of closed wounds. Operations for stones; biliary, renal etc.

**MAKE-UP**: aged; atonic; women; children; venous

**Suppressions**: Spasms or convulsions, after suppression of hemorrhages, menses, lochia, milk; cough from suppressed menses or hemorrhoids. Fever from suppressed itch.

**Difficulties**: Difficult dentition. Difficult breathing. Difficult labour. Difficult development of exanthema. Difficult opening of a catarrh. Difficult expulsion of worms.

**VEINS**: varicose; break easily (*Phos*); congested; painful; varices during pregnancy (*Ferr*). No tendency to repair of vascular tissue.

Profuse mucous discharges, from atony.

Piercing thrusts of pain. Bruised soreness. No inflammation.

## SELECT PARTICULARS

**Mind**: Confusion after coffee (*Arg-n*), after wine; sensation as if he had forgotten something; doesn't know what he is doing or wants to do. Asks for nothing. Aversion to work. Sadness. Moaning children. Delusion that everyone is possessed of a devil. Violent in the evening after dinner.

**Head** : Vertigo, when moving slowly; but not when taking violent exercise; with unconsciousness. Congestive headache < stooping > rising. Piercing thrusts of pain, beats the head against the wall (*Tub*).

**Eyes**: Piercing pain from eyes to root of nose, and sides of forehead. Foggy vision and contortion of facial muscles. Blood shot eyes. Lids agglutinated in morning. Eye symptoms after insanity. Hair of brows falls out (*Nit-ac, Sil*)

**Ears**: Crawling and itching, relieved by boring in with fingers. Stopped sensation.

**Nose**: Nosebleed (*Erech*). *Mill* is called as "nosebleed"



because if leaves of Yarrow are inserted into the nostrils, nosebleed occurs.

**Face :** Painful jerking in lower jaw. Sensation of heat, as if blood were rising to the head.

**Mouth :** Rheumatic toothache; with diseased gums. Tongue swollen and coated. Give a dose of *Mill* before extraction of tooth (also before confinement). Scorbis. Ulcerative stomatitis (*Sul-ac.*).

**Throat :** Pain in left side on swallowing. Rawness. Oozing of blood.

**Stomach :** Desires mustard (*Lac-c*). Violent pain in pit of stomach (during retrogressive small-pox). Vomiting when coughing. Eructations < after soup. Painful gnawing and digging in stomach, as from hunger (*Puls, Sul*). Cramps in stomach, with a sensation of a liquid flowing from stomach to anus.

**Abdomen :** Incarcerated hernia. Ascites. Wind colic, with bloody diarrhea (during pregnancy).

**Rectum :** Hemorrhage < after much exertion. Bleeding hemorrhoids; suppressed. Condylomata. Bloody dysentery. Soft stool followed by smarting, as from excoriating.

**Urinary: Bloody urine** (*Senec*). Stone in bladder, with retention of urine. Pus like discharge after lithotomy. Excessive urging to urinate; involuntary. Catarrh of bladder from atony. Painless hematuria (*Ars-h*).

**Male:** Swelling of penis or testicles. Spermatorrhea. Sycotic excrescences. Gonorrhoea; gleet. No seminal discharge during coition.

**Female:** Menses: early, profuse, protracted, vicarious; membranous dysmenorrhoea with fainting fits or convulsions. Hysterical spasms. Epilepsy. "Menses become suppressed if this drug is used too long in the treatment of haemorrhoidal flux" (Bhattacharya).

Hemorrhage from uterus; bright red, clotted (dark clotted, *Plat*); fluid; prolonged of a hard labour, after great exertion (*Arn, Calc*); with congestive headache; after labour, abortion or miscarriage.

Painful varices on external genitals during pregnancy. Subinvolution. Lochia suppressed or too copious. Leucorrhoea; of children. Prolapsus, uterus. Sterility from

profuse menses (*Nat-m.*).

**Respiratory :** Cough, and bloody expectoration from suppressed menses or haemorrhoids; after a fit of passion; with palpitation (*Acal*). Haemoptysis in incipient phthisis. Phthisis after mechanical injuries to chest (*Ruta*). Excessive accumulation of mucus in the bronchi. Bubbling sensation in chest as if warm blood were ascending (orgasm).

**Heart :** Violent palpitation; with bloody sputum; with oppression of chest. Ebullitions from coughing blood. Pulse accelerated and contracted.

**Extremities :** Feet go to sleep; first left foot, then right; disappearing on walking. Pain as from a blow or sprain in right tendo achillis. Rheumatic and arthritic complaints.

**Sleep :** Violent yawning without being tired.

**Skin :** Suppressed itch, and from it fever. Ulcers: bleeding, cancerous; fistulous; gangrenous. Warts. Ecchymosis.

**Thermic:** Continous high fever. Hectic with hemoptysis; chilliness with pain in left kidney. Fever with thirst (thirstless, *Bell.*). Puerperal fever. Colliquative perspiration.

**RELATIONS:**

Antidotes to *Mill*: *Ant-t* (vertigo), *Ars-i* (diarrhoea).

It antidotes: *Arum-m.*

**Incompatible:** *Coffea* (congestion to head).

Compare : *Mill* is a special variety of *Bry* with emphasis on catarrh and bleeding.

*Phos* is an intensified and tubercular *Mill*.

*Mill* is *Aco* but without its anxiety.

*Mill* is *Ferr-p* but without its active inflammation.

*Mill* is a simplified and milder version of *Senec*.

*Mill* is an earlier stage of *Zinc*, though both are alike in difficult coming out of things. While *Mill* represents one end the sthenic, *Zinc* is at the other end the asthenic. *Mill* has the freshness of the start of life's journey with nerves intact, *Zinc* indicates the *fa*g end.

Compare in injuries : *Arn.*, *Bell-p.* and *Calen.* (all from compositae family), *Led*.

For venesections *Mill*. could take precedence over



*Staph.*

Compare in bleeding : *Acal, Bell., Bell-p, Bry, Carb-v, Erech, Erig, Fic-v, Ger, Ham., Helx, Ip, Phos, Plat, Sabi, Sec., Senec, Stront-c, Tril, Ust.*

**COMMENTS :** *Mill* seems to take us very near the beginning of disease. All disease begins with atony and therefore denial of catarrh at the nasal mucus membrane. There is no trouble so long as the nose is dripping. In *Mill*, the drama begins with drying up of the nasal catarrh and this is the starting point of most diseases. It creates congestion in the capillaries, and this gives rise to bleeding which is nature's ready - at-hand detensor. Epistaxis is the simplest form of bleeding that removes the congestion at little or no cost to the economy. The disease moves further on with catarrhs and congestions in other deeper parts, where too bleeding becomes nature's sheet-anchor, for removing congestions.

Thus, catarrh is the primary manifestation which, when disallowed to appear or continue or held up, creates congestions leading to flooding. This is how disease must have started in the primordial man healthy in all respects heretofore. When this flooding too is denied expressions, all when discharges {like lochia, piles, menses} or eruptions {like small-pox} are plugged up, one has to face a malignant fever whose mis-management may cause convulsions.

Catarrhs, congestions, bleeding, fever, convulsions.

In *Mill* a healthy elimination or manifestation of discharges, eruptions or teething is not accompanied due either to atony or to maltreatment, more serious states like continuous (malignant) fevers appear, followed by convulsions.

The condition here appears like that of a mild *Bell* without a toxicity or a dyscrasia, but the process here is more continuous. It is also lacking in the furor of *Aco* or *Ver-v*. Bleeding comes before an inflammation is established, thus averting a future train of troubles e.g. rheumatism or pneumonia. It aborts an inflammation so to say. Thus in brain apoplexy is more probable than

meningitis.

When a final cure is round the corner, it is clear enough that *Mill* symptoms will show themselves and not *Aco*, since this one still retains some dyscrasia and nervous insufficiency. So after lingering a while amongst *Bell, Bry* or *Puls* the patient now no more in need of one of them, rallies quickly under *Mill*, indicating that he is now as most normal as medicine can make one.

Nature has here furnished an answer to our need for a help when we are almost alright yet want just a finger aid; just as it has provided us with things to match the most deadly {malignant} states.

Another facet pointing to *Mill* being the earliest medicine for man is that the very first treatment man, must have required was against trauma. Our *Mill* (also *Bell-p*) is a 'pure' vulnerary i.e. for trauma in persons without any dyscrasia or constitutional background, as is taken for granted in *Arn* or *Ham*.

Taking into account the whole portrait of *Mill* it can safely be said that *Mill* covers all the miasms or rather it transcends all miasms. It is the most fundamental of all medicines. It is the earliest anti-psoric that man must have required.

However, *Mill* pathogenesis doesn't restrict to Psora alone, but soon acquires Tubercular miasmatic state as evidenced by malignant states like continuous fever, continuous profuse bleeding, convulsions, cancerous affections, pulmonary TB, ulcerations of fistulous and gangrenous types etc. *Mill* has sycotic stock too but very little viz. warts, condylomata, arthritis etc. Suppressions carry the system on towards Tubercular phase more. And for cure to occur, patient must retrieve from Tubercular miasma to Psoric one. This is because disease began with *Mill* and must therefore end at *Mill*.

*Mill* gives us the lesson: do not be scared of haemorrhages. Study them carefully. It is wise not to meddle with nasal catarrhs or epistaxis of healthy children by other than homeopathic medicines. (For further relations and comments study '**Primordial illnesses and the remedies**' from *Bry* presented in 'A Select Homoeopathic Materia Medica'). □