

Management of WATER BORNE DISEASES by Homoeopathy

The health status of an individual, a community or a nation is determined by the interplay and integration of two ecological factors - the internal environment of man and external environment which surrounds him. The external environment which mainly comprises of water and air are the victims of many hazards particularly pollution. Therefore, much stress should be given on environmental health improvement, which is described as "environmental sanitation."

India is still lagging far behind many

countries in the field of environmental health. Much of ill health in India is largely due to lack of safe drinking water. There can be no positive community health without safe water supply. Statistical data support the fact that disease incidence are drastically cut down by an improvement in the quality of public water supply. In Uttar Pradesh after water work sanitation the cholera death rates decreased by 74%, typhoid rates by 63% the dysentery rates by 23.1% and the diarrhoea by 42.7%.

* Sewa Mandir Foundation, Charitable Homoeopathic Hospital & Research Centre, 4-A, Mayur Colony Ajmer-305001.

erent from that of farmers, carpenters, sportsmen etc. I firmly believe that as Homoeopathic investigators, we must know that we are deeply influenced by such variations and distinctions in our lives and background. As these influences are often imperceptibly inbuilt from our earliest days, we must do our best to recognise this and balance it in our dealings with our patients.

There is no smallest part of our being which cannot provide vital clues to the whole of our personality providing we look for it. How many useful clues about the cultural heritage and development of our patients can we observe in this way?

once upon a time before the days of modern research of synthetic medicine, physician depended more on their God-given senses for achieving their clinical decisions. They felt the patients skin, tasted and smelled his urine, judged his or her complexion by methods not giving to clear classification, yet exceedingly clinically valuable and reliable.

Let us recollect that we already have a number of clearly defined conceptual images dependent on such intellectual or

cultural modalities. 'Bacillinum' with its love of music, its cosmopolitanism and its obstinacy is an example. Another is 'Lycopodium' with its drawn expression and its intellectual bent. 'Phosphorus' elegant and emotionally sensitive and delicate. Other medicines sensitive to music are 'Tarentula' and 'Natum sulph'. 'Natum Sulph', readily affected by sad music, 'Tarentula' with its urge for wild fanatic dancing.

I definitely think that the visual portrayal of personality can be of benefit in fitting a medicine to a patient. It is my hope that these reflections may stimulate for a research in effort to improve the repertories by not only updating its terminology to confirm with modern ideas and activities but also by the addition of rubrics such as inclinations or disinclinations towards music, poetry, literature, visual arts etc., under the headings of painting, sculpture, philosophy, sports and entertainment. This vast field of research made clinically might lead to much improved prescribing. ○

