

# Snapshots of Mother Tincture

**ABSTRACT:** *The mother tincture is often prescribed by homoeopaths, particularly new comers in homoeopathy with a hope to get quick results. Here I have described the peculiar indication of medicines and their systemic involvement where mother tinctures appear to be of great help in our clinic.*

**Dr SWAPAN PAUL BHMS, MD (Hom)**

Reader/Asso. Professor, Dept. of Materia Medica

Jawaharlal Nehru Homoeopathic Medical College, Limda, Waghodia, Vadodara, Gujarat  
30, Tulsi Society, Nr Javernagar, Waghodia Rd, Dist Vadodara, PIN 390019, Gujarat.

Mob: +919428692085/+919712223235

## INTRODUCTION

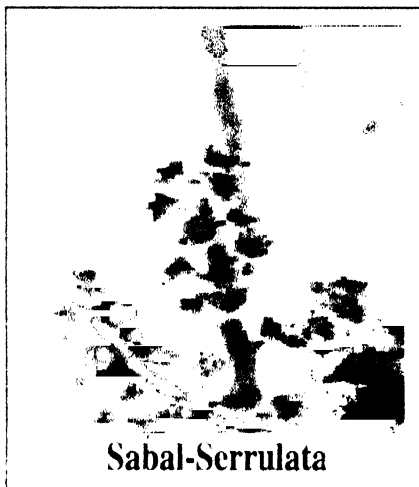
Prescription of mother tinctures are a routine in the clinics of many homoeopaths, but not all. The mother tinctures have their own importance especially in chronic incurable and / or life threatening cases. This is not a curative method of treatment; but it can give relief to the existing symptoms and complaints. Here I have described some characteristic indications along with their corresponding medicines by which mother tinctures can be quickly prescribed even at the bedside. But

one should not make it a habit to prescribe mother tinctures in every case.

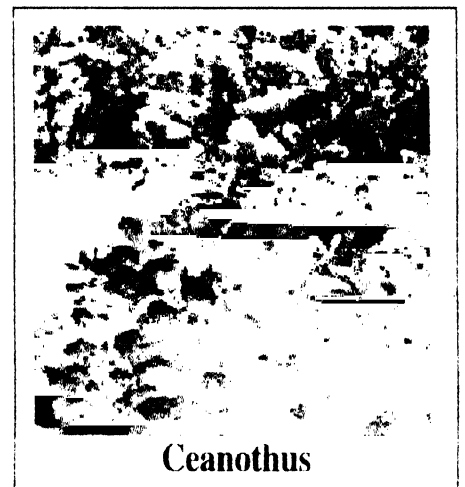
The indication of mother tincture mainly depends on the systemic involvement which indicates a medicine, so also my presentation here. Many authors termed it as organopathic remedy. But the main aim to prescribe mother tincture in our patient is to give quick relief of the existing symptoms; as the indications based on nature of disease are specific, the choice only can be made quickly unlike when choosing the similimum.



**Cinchona-officinalis**



**Sabal-Serrulata**



**Ceanothus**

## SNAPSHOTS OF MOTHER TINCTURES

Here I have described some snapshot indications of various medicines whose mother tinctures can be prescribed for the indicated diseased conditions. The symptoms and its use described here

are taken from various stalwarts of Homeopathy. But one should not prescribe mother tinctures to every patient unless otherwise indicated and required for the case.



**BRAIN**

1. Sleeplessness of alcoholics *Aven-sat, Hygroph*
2. Insomnia *Alfalfa, Cypripedium, Desmo-gang, Passiflora, Verbena*
3. Brain fag *Anhalonium*
4. Hydrocephalous *Cypripedium*
5. Meningitis *Desmo-gang*
6. Headache *Sang-can*
7. Headache associated with liver disease *Jugulans-ciner*
8. Congestive headache *Usnea-barb*
9. Migraine *Scutellaria-lat*
10. Insomnia of delirium tremens *Sumbul*
11. Delirium tremens *Ranun-bulb*
12. Sunstroke *Usnea-barb*

**NERVOUS SYSTEM**

1. Nervous prostration, debility *Aven-sat, Amor-roh, Cinch, Castoreum*
2. Debility after exhausting diseases *Aven-sat*
3. General debility after prolonged fever *Andro-pani*
4. Debility after abuse of alcohol *Card-mar*
5. Abnormal lassitude, half dead, half alive feeling *Tenace-vulg*
6. Chorea with twitching of muscles *Scutell-lat*
7. Chorea, especially during sleep *Thaspium-aure*
8. Hysteria, chorea, epilepsy *Thaspium-aure*
9. Epilepsy, insomnia; it brightens up the patient's mental powers *Verbena*

10. Epilepsy *Cotyledon*

**NUTRITIONAL DISORDERS**

1. Malnutrition, favourably influences nutrition *Alfalfa*
2. Acts as a fat producer *Alfalfa*
3. Stimulates digestion and improves general health *Condurango*
4. Cancer cachexia *Corydalis*
5. Act as a tonic, increases appetite *Gentiana-lut*

**BLOOD AND CIRCULATION**

1. Anaemia of pregnant mothers *Aletr-feri*
2. Anaemia when liver and spleen are at fault *Cinchona*
3. Anaemia of syphilis *Calotr-gig*
4. Jaundice *Cheld, Cephla-ind, Hydr-can, Cardu-m, Hydro-asc, Myrica, Tinos-cord.*
5. Haemorrhage *Cynod-dac, Cina, Croc-sat, Epigerone, Eucalyp, Ficus-ind, Ficus-r, Thlaspi-b-past, Trill-pen*
6. Antiseptic *Canchalanguae, Cinnam, Echine*
7. Infantile jaundice *Lupus-humulus*

**FEVER**

1. Intermittent fever with copious sweat *Azad-ind*
2. Anti-malarial *Canchalanguae*
3. Intermittent fever *Cedr-sim-fer, Eup-per*
4. Remittent fever with bilious attack *Nyctanthes-arb.*

**HEART**

1. Cardiac asthma *Aspidosperma, Sumbul*
2. Heart-tonic *Adonis-ver, Anhalonium,*

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|--|--|--|---|
| 3. Cardiac stenosis and mitral regurgitation                                   | <i>Cotyledon</i>   | 4. Allergic rhinitis, coryza, sneezing, all the respiratory tract stopped up | <i>Ocimum-sanc</i>                                      |
| 4. Hypertension  | <i>Adonis-ver</i>  | 5. Epistaxis   | <i>Ambrosia</i>   |
| 5. Angina pectoris   | <i>Cact-g, Rauwolfia</i>   | 6. Whooping cough  | <i>Castanea-vesca,</i><br><i>Trifolium-pratense</i>     |
| 6. Palpitation   | <i>Cact-g, Kalm-lat,</i><br><i>Term-arj</i>  | 7. Whooping cough in children  | <i>Thymus-serpullum</i>                                 |
| 7. Palpitation worse lying on left side  | <i>Cact.-g, Kalmia-lat,</i><br><i>Sumbul</i>   | 8. Hoarseness of voice   | <i>Coca, Populus-cand,</i><br><i>Senega, Stillingia</i> |
| 8. Cardiac stimulation   | <i>Cact-g</i>  | 9. Haemoptysis   | <i>Ficus-relig</i>                                      |
| 9. Cardiac debility after influenza  | <i>Digitalis</i>   | 10. Cough  | <i>Justi-adha</i>                                       |
| 10. Mitral regurgitation with gasping for breath and cyanosis                  | <i>Iberis</i>  | 11. Bronchial asthma in haemorrhoidal subjects                               | <i>Juncus-effusus</i><br><i>Lactua-virosa</i>           |
| 11. Organic diseases of heart with oedema of lower extremities                 | <i>Laurocerasus</i>  | 12. Hydrothorax  |   |
| 12. Mitral regurgitation with oedema and dropsy                                | <i>Stigmata-maydis</i>   | 13. Dyspnoea with cyanosis   | <i>Laurocerasus</i>                                     |
| 13. Increases systole and diminishes the rapidity of heart                     | <i>Strophanthus-hisp</i>   | 14. Chronic bronchitis with night sweat                                      | <i>Myosotis</i>   |
| 14. Arteriosclerosis   | <i>Strophanthus-hisp</i><br><i>Sumbul</i>  | 15. Phthisis, bronchitis with offensive expectoration                        | <i>Phellandricum</i>                                    |
| 15. Hypertension with albuminuria  | <i>Viscum-alb</i>  | 16. Hoarseness of voice, instant voice producer                              | <i>Populus-cand</i>                                     |
| <b>LUNGS AND RESPIRATION</b>   |  | 17. Acute colds with deep, hoarse voice                                      | <i>Populus-cand</i>                                     |
| 1. Acute coryza  | <i>Avena-sat, Aral-rac</i>   | 18. Bronchial asthma > by stool  | <i>Pothos</i>   |
| 2. Bloody expectoration, pure blood in the morning and dark clotted in evening | <i>Acalypha-ind</i>  | 19. Acute coryza with sneezing and hoarseness                                | <i>Quillaya-sapona</i>                                  |
| 3. Bronchial Asthma  | <i>Aspidosperma, Aral-rac,</i><br><i>Blatt-orien, Boerhaavia,</i><br><i>Eriodictyon, Just-adh,</i><br><i>Laurocerasus,</i> | 20. Dyspnoea with profuse sweat HS   | <i>Sambu-nig</i>  |
|  |  | 21. Rattling in chest, produce much expectoration                            | <i>Senega</i>   |
|  |  | 22. Promote expectoration in bronchitis and bronchial asthma in old people   | <i>Solidago-vir, Sticta</i>                             |

- LIVER**
1. Jaundice in children with enlarged liver *Andro-pani, Chelid*
  2. Hepatomegaly *Ceanothus, Chelid, Card-m, Chionan, Hydras-can, Myrica*
  3. Hepatomegaly with soreness in liver *Chelone*
  4. Hepatomegaly with round worm and thread worm *Chelone*
  5. Hepatomegaly with jaundice *Chionanth*
  6. Hepatomegaly with tender liver *Hydras-can*
  7. Hepatitis *Cornus-circ*
  8. Hepatitis with black tarry stool *Leptandra*
  9. Pain in liver region extending to spine *Leptandra*
  10. Hepatitis with constipation *Mag-mur*
  11. Hepatitis with dull pain in liver and jaundice *Myrica*
  12. Cirrhosis of liver *Senecio-aur*
- GALL BLADDER AND APPENDIX**
1. Biliary colic with great flatulence *Atista-ind*
  2. Gall stone *Cinchona, Chionanthus, Hydras-can*
  3. Cholecystitis *Chelido.*
  4. Biliary colic *Chionanthus*
  5. Gall stone colic *Dioscorea*
  6. Gall stone colic, pain shifting to other parts *Dioscorea*
  7. Cholelithiasis *Jugulans-cin*
  8. Appendicitis *Echinaceae, Iris-tenax*
  9. Appendicitis, neglected cases will provoke suppuration *Echineceae*
- KIDNEY**
1. Renal colic with tenderness in kidney region *Atista-ind*
  2. Suppression of urine, strangury *Apocyn-can, Liat-spicata, Eryngiu-aqu*
  3. Renal colic in rheumatic and gouty subjects *Berb-vulg*
  4. Renal colic, pain in the thighs and loins on urinating *Berb-vulg*
  5. Renal colic *Boerrhav-diff, Galium-apar, Hydrangea, Pareira-bra, Sars, Stigmata-mayd.*
  6. Retention of Urine *Chimaphilla, Pareira-brava, Stigma-mayd*
  7. Renal colic extending to lower abdomen, with desire to urinate *Equisetum*
  8. Renal colic extending down the ureters and limbs *Eryngium-aqua*
- URINARY BLADDER**
1. Albuminuria *Abrom-aug*
  2. Albuminuria with scanty urine *Adonis-ver*
  3. Albuminuria during pregnancy *Helle-nig, Thlaspi-b-past*
  4. Diabetes *Abrom-aug, Ars-brom, Gym-syl, Helon, Rhus-arom, Syzygium-jam*
  5. Diuretics *Achyran-asp, Cepland-ind, Galium-apa, Ilex-cassine, Liatris-spic, Juncus-effu, Juniperus-comm, Phys-solan-vesi, Strophanthus*
  6. Cystitis *Epig-repen, Galium-apa, Gaultheria, Populus-trem, Triticum*

7. Dysuria *Epig-repen, Equis-hym, Galium-apar, Mitchella, Stigmata-mayd, Triticum, Agropy-repens*

8. Nocturnal enuresis *Equisetum-hym*

9. Enuresis due to vesicular atony, incontinence *Rhus-arom*

10. Red sand in urine *Stigmata-mayd*

11. White sand in urine *Sarsparilla, Stillingia*

12. Cancer bladder *Taraxacum*

13. Anti-uric acid remedy *Thlaspi-b-past*

14. Chronic cystitis *Uva-ursi*

**UTERUS**

1. Uterine prolapse *Alet-fer, Fraxinus-ameri*

2. Habitual abortion *Alet-fer, Pinus-lamb, Caulophy, Gossypium*

3. Profuse watery white leucorrhoea *Abrom-aug, Tinospora-cord*

4. Menorrhagia *Blumea-odor, Ficus-relig, Jonosia-asoca, Trillium-pen, Caltha-plaus*

5. Uterine cancer

6. Rigid os, delayed labor *Caulo*

7. Post partum haemorrhage *Cinnamonum*

8. Threatened abortion *Crocus-sat*

9. Threatened abortion with stringy black bloody discharges *Crocus-sat*

10. Metrorrhagia *Erigeron, Ficus-r, Polygonum-punc, Trill-pen*

11. Uterine fibroid *Fraxinus-amer*

12. Retained placenta *Gossypium, Thlaspi-b-past*

13. Amenorrhoea *Gossypium*

14. Amenorrhoea in young girls *Polyg-punc*

15. Dysmenorrhoea *Mitchella, Rhamnus-calif*

16. Gripping abdominal colic with excessive menses *Momordica-bals,*

17. Functional amenorrhoea in young girls *Senecio-aur*

18. Menorrhagia of uterine fibroid *Thlaspi-b-past*

19. Aids in establishment of normal menstrual flow in young girls *Turnera (Damiana)*

20. Uterine haemorrhage at climacteric period *Ustilago-mayd.*

21. Prevents miscarriage *Viburnum-op*

22. Spasmodic and membranous dysmenorrhoea *Viburnum-op*

**FEMALE**

1. Increases quality and quantity of milk in nursing women *Alfalfa*

2. Morning sickness *Amyg-per, Cucurbitus-pepo, Jacaranda*

3. Menorrhagia *Blumea-odor*

4. Agalactia, increases milk in breast *Lactuca-virosa, Ricinus-communis*

5. Undeveloped breasts *Sabal-seru*

6. Excessive sexual desire *Salix-nigr*

**MALE**

1. Prostatic enlargement *Barosma-cren, Eryng-ava, Hydrangea, Sabal-ser*

2. Prostatitis *Gaultheria, Pareira-brav*

3. Impotence with involuntary emissions during



- stool, when urinating *Nuphar-luteum*
4. Excessive sexual desire *Salix-nig*
5. Easy seminal discharge *Tribulus-terr*
6. Auto-traumatism of excessive masturbation *Tribulus-terr*
7. Gonorrhoea *Tussilago-pet*

SKIN

1. Eczema with rheumatic and gouty symptoms *Arbustus-andr*
2. Dropsy - hepatic, renal or cardiac origin *Ascle-syria, Chimaphilla*
3. Elephantiasis *Calotr-gig*
4. Leprosy *Calotr-gig*
5. Dropsy *Cephalandra-ind, Cyno-dac, Hydro-asi, Hygrophilia, Physalis-solan-vasicar, Hygrophilia*
6. Anasarca
7. Dropsy with enlarged heart *Iberis*
8. Dropsy due to liver and spleen disease *Liatrix-spicata*
9. Dropsy of renal origin *Liatrix-spicata*
10. Anasarca due to heart and kidney disease *Liatrix-spicata*
11. Dropsy with suppression of urine *Juniperus-comm*
12. Crops of boils and styes *Lappa-arctium*
13. Hastens suppurating process *Myristica-sebifera*
14. Dropsy with spleen affection *Quercus*
15. For dissolving scar tissue, tumours, enlarged

- glands *Thiosinaminum*
16. Urticaria without itching *Uva-ursi*

EXTREMITIES

1. Rheumatic pain, wandering in nature *Apocyn-andro*
2. Varicose veins *Carduus-mar*
3. Gangrene with foul discharge *Echinacea*
4. Sciatica and rheumatism *Gaultheria, Ginseng*
5. Lumbago *Ginseng*
6. Rheumatism *Guaiacum*
7. In acute rheumatism with tingling and numbness *Propylamin*
8. Gout and chronic rheumatism *Taxus-baccata*

RECTUM AND ANAL CANAL

1. Spluttering diarrhea with forcible expulsion of noisy flatus *Acalypha-ind*
2. Bleeding piles *Aegle-mar, Blumea-odor, Cynad-dac, Ficus-i.*
3. Dysentery both amoebic and bacillary *Aegle-mar, Atista-rad*
4. Autumnal dysentery *Atista-ind*
5. Helminthiasis *Areca*
6. Dysentery *Blumea-odo, Calotr-gig, Cyanod-dac, Holarrh-antidys*
7. Constipation *Cascar-sag*
8. Worm *Calo-gig, Chelone, Filix-mas*
9. Hook-worm *Chenopodium*
10. Round worm *Chenopodium*
11. Round worm with hepatomegaly *Chelone*
12. Tape Worm *Cuenbita-pepo, Filix-mas, Kouso-bray*
13. Cholera infantum *Cuphea*

14. Dysentery with profuse bright red blood *Erigeron*
15. Dysentery with weakness and emaciation *Holarrhena-anti*
16. Vermifuge with nausea and vomiting *Koussou-brayera*
17. Constipation of children *Nyctanthes-arbor-tristis*
18. Haemorrhoidal pains *Sedum-acre*

**STOMACH**

1. Toning up the appetite, induces weight gain, resulting improved mental and physical vigor *Alfalfa*
2. Vomiting preceded by nausea *Aomorphia*
3. Pain, post-operative gas pain *Cinchona*
4. Cholera *Camphor*
5. Colic, in children *Cataria-nepta*
6. Cancer stomach *Condurango, Ornithogalum-umbel*
7. Vomiting of undigested food *Cuphea, Ilex-vomitoria, Iris-vers*
8. Haematemesis *Ficus-r*
9. Prolonged vomiting *Gaultheria*
10. Gastric ulcer with vomiting *Geranium-macu*

**CONCLUSION**

The description and guidance stated here are often verified by many homoeopaths in their clinics with success. Further verifications are still required to make the universal acceptance of the above indications. The wise homoeopaths are

11. Hyperchlorhydria *Grindelia, Robinia*
12. Vomiting with burning all throughout alimentary canal *Iris-vers*
13. Acute gastro-enteritis *Lactic-acid*
14. Abdominal colic with flatulency *Micromeria*
15. Abdominal colic, gripping colic, starting from back and spreading all over abdomen *Momordica-bals*
16. Vomiting of coffee ground appearance *Ornithogalum-umbel*
17. Keeps away the craving of alcohol *Quercus, Sterculia*
18. Promotes digestion and increases appetite *Sterculia*

**MISCELLANEOUS**

1. Obesity *Fucus-vesi, Phyto-berry*
2. Rickets in children *Pinus-sylvestris*
3. Splenomegaly *Cinchona, Ceanothus, Chionathus, Grindelia*
4. Chronic splenitis with dropsy *Quercus-glandi*
5. Goitre, exophthalmic *Echinacea, Fucus-vesi*
6. Thyroid enlargement in obese patient *Fucus-vesi*
7. Goitre of puberty and pregnancy *Hydrastis-can*
8. Scurvy *Citric-ac*

requested to contribute their experiences to verify its use. But mother tincture should not be unethically prescribed in our clinics and should be fully guided by proper indications and necessity to the case.