



Synopsis of Other Journals

HOMOEOPATHIC PRESTIGE, DEC 2001

A Monthly magazine published by Pratap Homoeopathic Clinic, 954/1, Nehru Road, Arjun Nagar, Kotla Mubarakpur, New Delhi-110 003.

1. Extract from the book "Homoeopathy: the True Science of Health" by Dr KPS Dhama in which he brings out clearly the effect of degradation of the environment of nature by man and man's own moral degradation and their ramifications on health and sickness of the people with some case illustrations.

2. Second part of article on heart diseases and its homoeopathic treatment by Dr C S Sandhu. After discussing how the case taking in such cases should elicit the symptoms, more particularly of uncommon nature affecting the will, intellect, memory and uncommon particular symptoms the individuality of the case to be worked out. He emphasizes that cure should always start from the center to circumference. The author specifically draws attention to Dr Kent's observation that "if you have a heart affection, improving on your prescription and a desire to destroy life follows, you must antidote the prescription as the symptoms are taking the wrong direction" He cites a case of a patient suffering from heart disease treated by *Sulphur*, based on detailed case taking. He avers that Homoeopaths are in a position to treat heart diseases by strictly following the principles of Homoeopathy.

3. Reprint of two good articles of stalwarts-Homoeopathy as an instrument of precision by Dr EW Hubbard, the simile and simillimum compared by Bellokossy.

HOMOEOPATHIC LINKS 1/2002

A Quarterly journal published by Homoeopathic Re-



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1. This issue deals mainly with the homoeopathic treatment of childbirth process, efficacy of homeopathic medicines in new-born children in ICU, treatment of adverse effects of vaccination. Dafina Levanon of Israel discusses with case examples how fear of pain can influence the course of labour and how homoeopathic medicines can eradicate such pain and ensure safe delivery. The author has presented three cases; one in which the same fear which the patient experienced when she was a child was present when she was delivering her child. She said that she was afraid of birth and would like to avoid such suffering and felt helpless as one without head, hands and feet. *Piper-methysticum* was prescribed on the basis of her dreams of fire and fear of pain. In the second case the woman who had severe menstrual pains was afraid of experiencing similar pains during labour, which she actually experienced in her previous two deliveries and which paralysed the labour contractions; she was in her third pregnancy. She was given a dose of *Cimicifuga* 200 one dose and in two days she delivered normally and she did not have fears, which she had earlier.

2. Dr Harry Va der Zee says that individual patient's birth history shows a similar theme in the constitutional state later in life and as a consequence the same remedy picture.

(We are aware that in recent years in many cases simillimum for the children was arrived on the basis of birth history and also the mother's state during pregnancy and have been recorded literature). He presents a case of *Carcinosinum* to substantiate this point. Normally in all maternity wards, allopathic treatment of crises of labour, new born children is the order of the day, though homoeopathy can prevent many such crises and also deal effectively with them after they occur.



Wolfgang of Germany shares his experience in such areas in a hospital where homoeopathy was allowed as a supplemental therapy in the neonatal intensive care unit. He discusses 6 short cases where the administration of appropriate homoeopathic remedies in new born children with various problems have proved curative.; he cites a case of five day old child with cardiac arrest where other usual emergency allopathic treatment was ineffective and child was saved by giving *Camphora* 30 and within a few seconds the child regained its colour and later recovered.; in another case of tonic-clonic convulsions in a new born child it was cured with *Cuprum-met* 200. (It is high time that in maternity hospitals such homeopathic treatment is permitted as a supplementary aid so as to save precious lives. Interestingly in January 2002 issue of Homoeopathy Today, an American Journal, a small write-up on the same subject is given. A case of a prematurely born baby after 24 weeks of gestation suffering from bleeding in its brain in which *Arnica* 30C given in dilution and in a bottle with a dropper surreptitiously saved the child; the drops were placed on the exposed skin of the child as it had tubes everywhere. Subsequently also when the same child faced other crises homoeopathic medicines in diluted form was administered under the guise " holy water" and the homoeopath or the mother's friend disguised as a priest or nun! Appreciating the effect of such holy water in saving the child the doctor in charge allowed them to do so whenever needed little suspecting homoeopathic remedies were being given!.)

3. There are four articles on childhood infections as after effects of vaccinations. A very good article by Tinus Smits of Netherlands highlights the fact that authorities do not normally associate the serious childhood infections noticed after compulsory vaccinations as arising from such vaccinations and often dismissed such occurrences as lacking in evidence. He has cited several instances where the use of same vaccines potentised, in cases, where it was possible to deduce that the infections and other serious childhood ailments followed shortly after the vaccinations, had restored

the children to normalcy. A four year old child which received a shot of DTPol injection did not feel well, had a red throat, developed temperature next day ending in convulsions and fell unconscious. He was admitted into ICU in a coma and was treated allopathically. After his discharge he became dreamy, lacked concentration and his speech became unintelligible. On ascertaining the past history Dr Smits thought that the cause of the whole trouble was due to the DTPol shot and gave DTPol in ascending potencies, and in a month the child was normal in all respects. He suggests administration of potencies of suspected vaccines in four different scales: 30, 200, M and XM. Depending on the severity of the case and the energy level of the patient, this course is given over four days or slowed down to four weeks. Whenever there is clear reaction to a particular potency it is repeated until the reaction is over. If the reaction is severe, the dose is dissolved in water and given.

**The HOMOEOPATH-Winter 2002 No 84-Mar'02
The Society of Homoeopaths, 4a, Artizan Road,
Northampton NN1 4HU.**

1. It is very heartening to note that several Indian Homoeopaths are getting international recognition for their contributions and for advancement of Homeopathy. The recent issues of this UK journal have been focusing on some such prominent Indian Homoeopaths like Rajan Sankaran, Sehgal, and Farokh Master. Divya Chhabra's photo adorns this issue's cover. Apart from a detailed report on her seminar held in Belgium and her approach to case taking and finding the similimum in cases by Penny Edwards, there is also a detailed interview with her on many aspects. Her approach is " listen, use few words, do not ask questions and do not think of the remedy. Put on the glasses the patient wears in order to see their world." We need to get into the patient's deepest inner state and one should have a firm knowledge of the remedies and continuous update of our understanding of the remedies through



reading of provings and analysis of cases cured. Dr Divya's approach is to divide the case into two parts: what are the expressions of the case and what is the feeling of the case. Patients may have several expressions but what is important is to understand the state of feeling underlying such expressions or the delusion. One must recognize that which does not make sense, that which is peculiar to the patient. In her practice she has found that each patient uses certain words again and again and these words are also conveyed in a way you have not heard before. Also significant is any spontaneously denied feeling such as "I am not afraid of cats." Her approach is if the patient says that her partner is insulting, take the rubric "insulting" as well as "insulted" as these are all polarities of the same issue around which the patient runs his life and his life situation. After the patient has said everything Dr Chhabra asks questions of the most open kind relating to the words frequently used by the patient during case taking. She also uses the technique of "free association" to get into the inner feelings masked by the expressions. The patient is asked to speak whatever comes to his mind spontaneously till asked to stop. "Be spontaneous, irrational, talk about things that will never happen in your life". She often used the word "black" and in her experience that word had opened about 30-40% of her cases.

2. In the case of children, she talks with the parent first and talks to the child as much as possible and also ascertains the state of the mother during pregnancy. In cases where the patients are in hospital it is important to know more precisely what happened prior to the crisis. A child was admitted into the hospital as he was having chills and fever every night. Based on the statement of the mother that before the chills and fever came on the boy went and held on to his brother. Thinking that the child was clinging one homoeopath prescribed *Stramonium*, which did not have any effect. But when Dr Chhabra asked the mother for more details of what happened before the attack, she said that the child was saying that the wall and cupboard against were about to fall on his brother and hence he was holding his

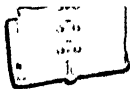
brother. *Carbo-veg* has the rubric "delusion, walls falling, before epilepsy" and it cured him.

4. Mirza Saleem Baig writes that anthrax poisoning can be cured homeopathically by *Anthraxinum*, *Arsenicum-alb*, *Crotalus-horridus*, *Echinacea* and *Pyrogenium*. Stating that very few patients will come for treatment in a full-blown state of mental derangement or delusions, Mary Aspinwall says that it is important we become sensitized to the subtle information the patients provide during consultation including gestures; she has presented 14 brief cases where the expressions used by the patients led to repertorial rubrics of delusion and for finding the remedy. One patient said "I have to divide myself" I have to split myself" led to prescription of *Anacordium*. Some general articles and book reviews form the rest of the issue.

11th NATIONAL HOMOEOPATHIC CONFERENCE SOUVENIR, JAN 2002

1. This souvenir issued on the occasion of the above conference organized by the Research Society of India at New Delhi, contains some interesting articles. A detailed article on a comparison of the Centesimal and LM potencies by David Little gives an insight into the manner in which Hahnemann developed the latter potencies. He avers that LM potencies are safer and effective when the potency, succussions and doses are individualized. In his article Dr C S Sandhu argues that psora, sycosis and syphilis are true chronic diseases and so called pathological diseases like cancer, AIDS and TB are but acute exacerbations of these chronic diseases. These true chronic diseases can be treated only by those medicines in the reverse order of symptoms in an orderly way. He discusses a case of 10 year old son of allopathic doctor suffering from colitis and taking only those symptoms which pertained to the sick boy, he selected *Sulphur* and gave it in 200 potency one dose and later one dose of 1M, which cured the boy completely.

"A similitum is that with which symptoms bear the closest resemblance to those which characterize the Malady



(result of active disturbing miasm)...

2. There is a superficial setting in the therapeutic grouping of our remedies and also a deep seated one: the first is a palliative and the second is curative; both are necessary in the treatment of the sick." Based on the above quotation of Dr Allen, Kasim Chimthanawala says that the remedies should be chosen on the basis of presenting totality and the similimum based on basic totality, which was prevalent prior to derangement of health. Epistemology is a recently recognized scientific discipline; its task is to evaluate any piece of knowledge and to honestly delineate its scope and its limitations. Analysing allopathy from this stand point Dr Manu Kothari, who is a regular contributor to NJH points out: "It is time to appreciate the mathematics of maladies and modern medicine. If there are 2600 diseases of which only 26 are curable (as every medical college Dean state in his opening address to the freshers) then 99 out of 100 allopathy is irrelevant... as revealed in Oxford Companion of medicine " it needs to be more generally recognized that most of the (modern) medicine is about relief of, and comfort in, suffering and in the main very little to do with saving life." Dr Kothari therefore says that this superfluousness and dispensability of modern medicine paves the way democratically for alternative systems of health care. What these alternate systems of medicine need, is to keep the cost affordable to common man, resist making cure-all claims; and avoid obfuscating theorizing and conduct reliable controlled trials to separate wheat from chaff. (The last mentioned trials are not possible in Homoeopathy and have failed when you proceed on the premise that we treat individuals who are sick and not on nosological descriptions. Dr Nash said that he has cured influenza in a family of four with four different medicines based on modalities and individualisation). There are other articles on other aspects of homoeopathy and some cases in this issue.

HOMOEOPATHY TODAY-Jan & March 2002

Monthly journal of the National Center for

Homoeopathy, 801, N Fairfax Street, Suite 306, Alexandria VA 22314, USA

The January issue of this journal contains interesting discussions on the role of homoeopathy in combating bio-terrorism. In a presentation before the US House of Representatives Committee on Governmental Reform Dr Joyce Frye pointed out "Homoeopathic medicine has a two hundred year history of success in the treatment and prophylaxis of thousands of cases of epidemic diseases. Additionally it uses in the treatment of anxiety and the effects of trauma and shock. Yet public health officials in our current crisis are overlooking it... Certainly modern methods of treatment, such as antibiotics for anthrax should not be abandoned in favour of homoeopathy. However there is definitely an adjunct role for homoeopathy that should be investigated. In epidemic disease homoeopathy works equally well both for viral and for bacterial agents and may be life saving when antibiotics are ineffective and supportive measures insufficient." For anthrax poisoning *Anthraxinum*, *Arsenicum-alb* and *Crotalus-horridus* are useful she said.

An article discusses the efficacy of homoeo medicines in emergencies such as blunt trauma, eye injuries, musculoskeletal injury fractures etc A detailed write up on a seminar conducted by Alfons Guekons, a famous Homoeopath, is also included in this issue.. He bases his practice on the 6th edition of Organon. In his view everyone is born with a constitutional state and expresses disease when he confronts a situation to which his constitution is susceptible. To determine whether a constitutional or a situational medicine is to be practiced, he asks the patient the question "what has happened in your life?" He cited a case of a woman having a lump sensation and impaired hearing in her left ear; she was earlier cured of a tumor in her abdomen by her constitutional remedy *Sepia*. He gave her the same remedy in 10M potency, which caused aggravation. Her hearing complaint temporarily receded but returned. Thinking that a situational medicine was called for, he inquired about what had happened before these symptoms ap-



peared. The patient said that she was involved in an auto accident at Italy and recounted the mortification she suffered at the hands of Italian police. *Ignatia* prescribed on these symptoms cured her.

2. MARCH 2002 ISSUE highlights the importance and efficacy of homoeopathic medicines in dealing with torn tendons and fractures and contains two interesting personal accounts of a torn ligament and hip fracture where apart from *Arnica*, *Strontium*, *Ruta* and *Ledum* and *Symphytum* etc. were used and the patients recovered to the astonishment of the surgeons who earlier advised surgery.

3. There is a report on the presentation by Allison Maslon on eating disorders. According to the statistics presented 7 million women and 1 million men suffer from eating disorders. These are persons who are so obsessed with their body image and food, that they do not lead normal life. 10-20% of anorexics will die of complications; female models are 23% below normal weight; 70-80% of fourth standard students in USA were found to be dieting as they said that they would rather die than be fat. This arises from negative self-image and those in their childhood did not receive love, nurturing touch etc do not develop healthy views of

themselves. She had listed 50 homoeopathic remedies and *Chicory* and *Crab Apple* of Bach flower remedies as suitable and to be prescribed on the totality of the case; more often the conflict of to be or not to be in this world (Hydrogen) and motherchild relationships (muriaticums) hold the key in these cases.

SDHA CHRONICLE

Official organ of South Delhi Homoeopathic Association, 197, Narmada- Alaknanda, New Delhi-100019

We have received three issues of SDHA, the above Chronicle, each of 8 pages. Every issue contains a detailed article on one topic, some clinical cases and clinical tips on remedies from stalwarts, etc.

February 2002 issue: a discussion on Totality versus constitutional /miasmatic approach to prescribing. March 2002 issue: Dr Qasim and Hari Singh share their expertise on case taking for acute and chronic ailments in which they emphasize close observation of the patient, etiology, personality traits, occupational factors, strict following of Hahnemann's teachings in Organon and importance of constitutional prescribing. The clinical cases presented relate to a case of a patient with eye troubles with prospects of his losing his eye sight, case of uterine fibroid, dry cough.

ADVERTISEMENT INDEX

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National Seminar at by IIHP (Pb) on MM at Gidderbaha

On 16 & 17 March 02, Punjab branch of IIHP and Association for Scientific Research in Homoeopathy, organised a two day Seminar on MM at Durga Mandir Hall of Idderbaha (Pb). In spite of the short notice, a good number of delegates from Punjab, Haryana, Delhi and Rajasthan attended. Speakers gave their best to attract the newcomer and the distracted ones, towards Classical Homoeopathy. Dr Gurjant Singh Sekhon, CMO, lighted the traditional lamp to Dr Hahnemann's portrait, followed by garlanding & paying floral tributes by Dr S S Vithal, National Vice President IIHP, Dr Avtar Singh President IIHP (Pb), Dr A S Mann National Joint Scty IIHP, Dr Sanjay Sehgal from Delhi.

FIRST SESSION 16 March 02 Dr SANJAY SEHGAL spoke on **ACONITE** elaborating it from mind rubrics. Dr S S Vithal from Khanna (Pb) showed a case of Gall bladder polyp to whom surgeons at Sitapur UP advised immediate surgery, cured with a single dose of *Puls 30*, the selected similimum based on holistic approach, according to Herring's law that too within 100 days. He elaborated drug picture of *Trimiasmatic Puls* in a beautiful way. (See chart at back). Dr Bhupinder Singh asked from the speaker if the given case was Chilly instead of Hot, would you have changed your prescription? Dr Vithal gave a prompt reply YES, it would have been *Cyclamen* in that case. It was a thirstless case; had it been thirsty the remedy could have been different. Because Homoeopathy is Mathematics, where each and every rare, peculiar, mental, physical general, general, modalities etc have their due importance. He also showed number of slides on OHP depicting how the Body language of a person is and can be useful in selecting Homoeopathic similimum.

It was a new topic and received a patient hearing. Dr Prem Kumar from Delhi showed two cases, of blindness and renal failure cured with single dose selected on mind rubrics only. Dr A S Mann from Sangrur showed cases of Hysteria where a single dose of rightly selected Homoeopathic remedy on Sehgal's theory did wonders. Just for a change there was a cultural programme at night by the students of Homoeopathic colleges from Abohar and Tarataaran.

On 17th March Sunday number of delegates were more than previous day. Dr Rama Kant Jagpal from Ludhiana showed a case of dreaded disease Hepatitis B cured with homoeopathic medicine selected on classical principles. Dr Sudesh from Jalandher showed cases suffering from heart disease cured with correct similimum only. He elaborated in a case *Cocculus* was prescribed on Sehgal's method about 8-10 yrs back by him. When the same case was retaken now on classical lines this time also the remedy selected was the same. Dr Bhupinder Singh, Ex-Chairman Punjab Homoeo Council showed cases of fibroid uterus, gall bladder stones, ovarian cyst cured with medicine selected only on mind symptoms.

Dr Ravinder Singh from Dhuri (Punjab) also shared his experience teaching versions of different mind rubrics. Dr Gurmeet Gill Principle Kalyan Hom Med College Tarantaaran,

Dr Anil Sharma from Rohtak (Hya), Dr Sunandan Sood from Tarantaran (Pb), Dr Bhupinder Singh from Gidderbaha participated in the healthy discussion.

It was a good maiden experience by the organisers to bridge the gap between different schools of thoughts in Homoeopathy. Dr. Bhupinder Singh Ex-Chairman CHSM Pb, Dr A S Mann & their team of dedicated doctors/students worked hard to make it a successful event in the stipulated 15 days and a reasonable fee of 450/- including all food and lodging.



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PULS IN DIFFERENT MIASMS

Psoric	Sycotic	Syphilitic
The usual <i>Puls</i> that we know the mild, weeping softish type of <i>Puls</i> weeping easily > consolation	The selfish <i>Puls</i> —who requires all the attention, the hysterical <i>Puls</i> , with lot of covering up and also exaggerating person who tries to gain attention and sympathy—all of it	The courageous and audacious <i>Puls</i> who can run in dangerous streets. This kind of <i>Puls</i> is very different from the usual <i>Puls</i> that we know. They may seem to be very hard and strong. Usually they can bear the brunt of strong challenges in life they stand but fall soft and weak in front of small problems.



Seminar On Dr Hahnemann's Jayanti

Takhtamal Shrivallabh Homoeopathic College Amravati celebrated Dr Samuel Hahnemann's 247 Birth anniversary, with full fervour. Dr Sudhir Patil, the Vice Chancellor of Amravati University was the chief guest. He said that Homoeopathy was developed to give complete relief to the patients. To ensure its success, medical graduates should work with complete honesty and dedication.

Mr H B Heda, President of the Mohini Charitable Society and Mr S D Tiwari, secretary presided over the function. Dr Sudhir Patil garlanded the photograph of Dr Samuel Hahnemann and the Founder Principal of the college, late Dr B B Nimbhorkar and released the college magazine Goonj 2002. Dr R D Tapadia, principal presented the annual report. Meritorious students

were also awarded gold and silver medals for their academic success. The programme was later followed by a lecture on "Move for Health" by Dr Satish Agarwal, a noted paediatrician of the city.

A Scientific seminar on 14th April. The guest speakers were Dr Vijay Vaishnav and Dr Daksha Vaishnav both from CMP Homoeopathic college, Mumbai. Dr Daksha Vaishnav spoke on the role of homoeopathy in gynaecological disorders with slides and demonstrated usefulness of Homopath 8 version.

Dr Vijay Vaishnav talked with slides on Miasmatic approach in Homoeopathic therapeutics.

-Report received from the college.



A man walked out into the street in New York, and managed to flag down a taxi just driving by. He got into the taxi, and the cabbie said, "Perfect timing. You're just like Dave."



The passenger said, "Who?"

The cabbie said, "Dave Bronson. Now there's a guy who did everything right. Like my coming along just when you needed a cab. It would have happened like that to Dave."

The rider said, "Well, nobody's perfect."

The cabbie said, "Dave was. He was a terrific athlete. He could have gone on the pro tour in golf. He

could have played tennis with the best pros. He sang like an opera baritone, and danced like a Broadway star.

He had a memory like a trap. Could remember everybody's birthday. He could fix anything, not like me. If I change even a fuse, I black out the whole neighborhood."

The rider said, "No wonder you remember him."

The cabbie said, "Well, no I never actually met Dave."

The rider asked, "Then how do you know so much about him?"

The cabbie exclaimed, "I married his widow!"

