

I gave up my career for my son

ABSTRACT: This case has been taken up to show how just a short course of Homoeopathic treatment not only handles the acute attacks instantly but also takes away the tendency to very frequent attacks of colds. Monthly attacks really means that the immunity is poor and the child catches infection at the drop of a hat. This child took only 2 months and a very minimum number of doses to achieve this.

Dr SUSHMA JAISWAL

Jasmine Mill Road, Opp Mahim Railway Station, Mahim (E), Mumbai.

Tel: 24023644

Master Aarav, 2 years old, consulted on 22/10/07.

CHIEF COMPLAINT

LOCATION	SENSATION	MODALITIES	CONCOMITANT
RESPIRATORY TRACT Since birth Continuous 1/month -lasting 7-10 days	Running nose Nose block Breathing difficult Wet Cough L ² Vomits White expectoration Fever 101 -103°	< Change of weather < Getting wet < Cold water bath < Bending down, food after	Breathes through mouth Thirst less Hot ³ Dull *1,2= Level 2 on scale of 1-10

OTHER COMPLAINTS

LOCATION	SENSATION	MODALITIES	CONCOMITANT
GENERALS Since Oct 2006 5-6/day	Falls often	? A/f Flat feet	X-ray both feet AP/Lat: Widening of talo-calcaneal angle bilaterally S/o flat feet.
RECTUM Since birth > Since Aug 2007 Now	Diarrhoea - Stools 5/d Watery Flatus ++	> Nutmeg 1/d after food	
SKIN Since May 2007	Prickly heat	< Hot weather	

PHYSICAL CHARACTERISTIC

HT: 32", Wt 10 kgs. Normal built

SKIN: Fair. HAIR: Scanty

PERSPIRATION: Excessive³

APPETITE: Variable, vomits if overeats

THIRST: Less. 2-3 glasses/day

CRAVING: Sweets³, spicy³, icecream³, chocolates³

EXCRETION: Not toilet trained

SLEEP: Deep. Starts in sleep since Oct 07 – A/F Zoo.

THERMAL: Hot. Feels hot in summer³, likes winter. Fan: S++, W+. No Covering. Bathes with Luke-warm water. Sweat³ <sun – cheek Red.

MOTHER'S OBSTETRIC HISTORY: Desire for pica, ice³, icecream³, chocolate³. LSCS done.

DEVELOPMENTAL LANDMARKS: Fontanelles not yet closed. Speech: Sentences: At 1 ½ yrs.

DIET AND DAILY ROUTINE

7.30 am: Milk

10 am: Poha/ brown bread with tea

11 -1 pm: School

10.30 pm: Khichdi with vegetable/curd rice

2.30 pm: Sleeps

4.30 pm: Rasgulla/Chenna/Juice/Biscuit/ Cornflakes

8.15 pm: Khichdi

10.30 pm: Milk

11 pm: Sleep

LIFE SITUATION AND MENTAL STATE

Mother in Calcutta for 20 years, Delhi for 5 years.

Commercial artist, then did BBA course.

Father in Paper trading.

2002: Arranged marriage

30/10/05: Patient born in Mumbai. Now a house life as has to look after 2 kids and their health.

Goes to play school which he enjoys. Loves reading, puzzles etc.

Extrovert. (Brother – more intellectual, kind, helpful but introvert) > Company, < alone.

Irritable <contradiction. Screams when angry.

Occasionally shouts then sulks. Obstinate³

Affectionate: Hugs and kisses, mixes easily with strangers

Fear: Darkness³, animals

Fastidious: Must clean plate before eating.

TREATMENT

DATE	SYMPTOMS	TREATMENT
24/10/07	Cold and cough. O/E: Nose → watery discharge. Thorat ⁰ , chest ⁰ , tongue wet.	<i>Ars-a</i> 200 3P HS
2/11/07	> 75%. One episode of vomit on cough.	<i>Calc-iod</i> 200 1 dose
	REASON FOR CALC-IOD: 1. Perspiration neck++ 2. Diarrhoea tendency to 3. Constipation 4. Flatus 5. Fears 6. Obstinate 7. Hot ³	
19/11/07	> ³ . No cough and coryza. C/o hard stools. Falling only 1-2/day. Flatulence L ₃ .	<i>Tub-b</i> 1M 1 dose
5/12/07	Was > for all these days. Now fever: suddenly shoots upto 2.5° in 30 minute.	<i>Ars-a</i> 200 4P, 1P=4 <i>Ferr-ph</i> 6x every 2 hours till fever comes down to 1.5
8/12/07	> ³ . No fever since this morning.	<i>Tub-b</i> 1M 1dose <i>Calc-iod</i> 200 1dose
12/12/07	No complaints. To report at least once a month as we want to ensure that colds do not recur. For this monthly doses of IC and C are necessary.	<i>Calc-iod</i> 200 1 dose