



# Practice Allopathy?

## I never really gave it thought till now!

**ABSTRACT:** *The opening lines of the articles give a thought-provoking question... never given a thought until I sat to write this article... So you students and all those who have not yet thought about this most common practice, wake up and ponder, while the author gives you the pebbles of her experiences, from her journey from undergrad to postgrad days. She has gathered her own reasons why some homoeopaths do so and hope you all gather your own reasons not to wander from the roots of Homoeopathy.*

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When I address myself to this question, it makes me think of my own journey from my undergraduate days to postgraduate days to gather reasons for the same. There is a clutter of thoughts in my mind, leading me to segregate the causes and if I take the liberty to classify them broadly it would include:

- Inclination of the individual
- Socioeconomic factors
- Difficulty in understanding the science
- Quality of Homoeopathic colleges and infrastructure
- Limited avenues offered by Homoeopathy

### INCLINATION OF THE INDIVIDUAL

It is usually seen that students with an inclination to pursue medicine, aim at securing seats in mainstream medicine. Thus MBBS is the first choice followed by Dentistry, Physiotherapy, Occupational therapy, Ayurveda and then Homoeopathy. So one can conclude Homoeopathy is still considered as alternative medicine and the last option. Thus most of the students enter the field out of helplessness than by choice. Therefore one cannot predict how many of them would actually develop a liking for the science and how many would switch from their original idea of practicing medicine.

### SOCIOECONOMIC FACTORS

It is said homoeopathy is meant for the elite class. What does this statement actually imply? It im-

plies that Homoeopathy must be practiced in urban areas, where people are educated.

Awareness of Homoeopathy is restricted to the educated class alone. The interiors of the country where the literacy rate is poor, people are reluctant to believe that the sweet pills will cure their disease. The mindset of people in interiors is difficult to change as they want quick and prompt results and there is a notion that only if they take an injection would they feel better.

A lot of students hail from interior parts of the country who would eventually go and settle in their native places. Thus to stick to the principles of Homoeopathy and convince people about the science is a laborious task.

Coupled with this, most of them do not have financial backing; which creates the pressure to earning money especially for males. Allopathy is often thought of as a means of making fast money and thereby one resorts to allopathy, in spite of limited knowledge of pharmacology. This is the most prevalent causes of practicing allopathy.

### DIFFICULTY IN UNDERSTANDING THE SCIENCE

To understand Homoeopathy and how it works is indeed an arduous task. It takes years for an individual to actually master the science. To perceive the totality of symptoms properly and classifying the peculiar, queer, rare symptoms is certainly not



easy. And if one cannot perceive the totality properly, one is bound to have failures in giving good results. Thus one needs to have the patience to stick by it until one can grasp Homoeopathy properly. Considering the long waiting period, it requires a lot of persistence to stick by it. Due to these reasons one is very much susceptible to quit Homoeopathy and start allopathy eventually.

**QUALITY OF HOMOEOPATHIC COLLEGES**

Except for a few colleges, majority of the Homoeopathic colleges do not impart sound education due to limited infrastructure, poor patient exposure, thereby the basics of the student remain weak. This eventually culminates into desire for taking up RMO ship in hospitals to learn and gain confidence. Eventually the student gets involved with it deeply and loses touch with Homoeopathy.

**LIMITED AVENUES OFFERED BY HOMOEOPATHY**

After doing BHMS one can either start clinical practice, or get into academics. But nowadays one requires an MD degree to get into teaching. Also there are limited Homoeopathic institutes to promote homoeopathy and to employ Homoeopathic doctors. Hence if one would want financial security and fast money, allopathy is one of the frequently opted avenues.

These are the few reasons that I could collect from my own experiences. It is the need of the hour to work on these lines, creating an awareness not only in the society but also in Homoeopathic physicians. Lastly, I would like to quote Dr H A Roberts, "Homoeopathy as a profession carries a challenge. The possibilities are infinite. What future has Homoeopathy to offer you? Young man, I ask, what have you to offer to Homoeopathy?"

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## Hahnemann's Mongrel Sects

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*ABSTRACT: We meet our batchmate's after a long time: Hi! What are you doing these days? Practicing Allopathy, yaar, much more money in it! And we remain aghast and questioning?*



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Dr Hahnemann has named such Practitioners as "MONGREL SECTS". In the 6<sup>th</sup> edition of Organon.

Allopathy is a modern Medicine which is being practiced without requiring detailed case taking as well as individualization. In my experience I have seen homoeopaths converting to Allopathic practice quite commonly. The criteria and my observations are

- Allopathy is easier to practice since it does not need detailed case taking of patients as in homoeopathy
- Some practitioners want to show immediate results in practice hence adapt themselves to allopathy.
- Failure in obtaining results with homoeopathic treatment and also by wrong way of practicing

ing homoeopathy without applying the principles of homoeopathy.

- Homoeopathy has very few references available for treatments based on Lab investigations, hence looking at the altered values of laboratories eg Raised sugars, Raised TSH some practitioners divert to allopathic treatments and blame homoeopathy.
- Some homoeopaths lack Confidence in managing cases, hence give up and turn finally towards allopathy.
- Some homeopaths practising in rural areas do not have homoeopathic pharmacies available near by, hence rare or regular medicines are not easily available, therefore allopathic medicines which are easily available are practiced