

A Case of Aurum-met

EDITOR: This is a tremendous case, maybe a rare one, where 2 sides of the coin of Aurum-met was found in the same case. It was quite well received in the Noble Metals seminar in Feb 2007.



Dr PRASAD RASAL BHMS, ND, PGNAHL, FNAHL, HMD, MD (HOM)

Sai Swami Computerized Homoeopathic Clinic, Hospital, Research Center and Maternity Home

Indiranagar-1, SANGAMNER-422605, DIST: AHMEDNAGAR.

Tel: (02425) 223913. MOB: 9890168872. Email: drprasadrasal@rediffmail.com.

Mr VJK, 53 yrs. a Vegetarian educated till 10th Std and residing at Pune, came on 9/8/1997. He is an Industrial worker doing machine work.

CHIEF COMPLAINT

Since 2 yrs, Breathlessness on walking, Sweating on exertion.

DIAGNOSED case of Post Gastrectomy Anaemia. At present Hb: 4.6 Gm%. Till today, 15 bottles of blood transfusion given. But not responding to any Allopathic Medicines or Replacement Therapy and Iron Injections.

PAST HISTORY

1973 and 1975: Gastric Ulcer: Partial Gastrectomy done. Now has only 1/4th stomach. H/o: 15 bottles of Blood Transfusion.

FAMILY HISTORY

Asthma: PGM and Brother: Hypertension

PERSONAL HISTORY

DIET AND DAILY ROUTINE: varies due to shift duty

APPETITE: Cannot eat more than 1½ chapatti

THIRST: Large quantities of water every 2 hrs

DESIRES: Alcohol³ for working mania. Coffee³ as a stimulant for work. Milk³

PERSPIRATION³: After midnight over whole body

SLEEPLESSNESS³: After midnight

HOBBIES: Work³, Photography²

THERMAL: Ambi - thermal

LIFE SPACE INVESTIGATION

Patient came from poor socio-economic condition. Father died early.

He started working immediately after passing 10th Std as a turner on a Lathe Machine.. As he was very hardworking and meticulous in his work, he got a permanent job in KSB Pump Factory.

He is so enthusiastic, hurried, cheerful, ambitious, brilliant and sympathetic that in his company all call him 'Young Old-Man.

While giving the case, even though he was suffering from severe anaemia, he was quite vivacious. Once he worked continuously for 72 hrs to complete his job.

He takes alcohol as a stimulant so that he could concentrate at work.

He is conscientious, blames himself whenever anything goes wrong.

He expects that others too should follow him; as about his punctuality, meticulousness, and workaholic attitude; otherwise he gets angry, critical and censorious.

He is very religious.

He likes to take difficult and challenging jobs. Works without expectation.

He likes classical music. Becomes restless whenever there is no work.

Never believes others. Patient's wife is very domi-

nating. He has three daughters. He worked overtime to give best teaching to all of them in Convent schools. All of them are graduates. Elder daughter married in 1992 in a good socio-economic family.

PHYSICAL GENERAL EXAMINATION

PULSE: 90/min. BP: 110/80 mm of Hg. Wt: 55Kg.
TONGUE: Pale⁺⁺⁺, Clear.

INVESTIGATIONS DONE

04/08/1997 (Sassoon General Hospital, Pune): Hb: 4.5 Gm%

05/08/1997 (Golwilkar Lab, Pune): Hb: 4.6 Gm%

PREVIOUS AND RECENT TREATMENT: Iron, Vitamin B12 and Folic Acid since last 20 years off an on.

REPERTORIAL TOTALITY (Complete Rep)

Industrious	Sympathetic
Vivacious	Alcoholism
Hurry, Tendency,	Food, Coffee desire
Occupation in	
Cheerful, Tendencies	Food Milk desires
Ambition, much	
ambitious	Perspiration, Midnight after
Memory	
Active	Sleeplessness, Midnight after

REPERTORIAL RESULT

Aur-m 23/12, *Nux-v* 20/11, *Nat-m* 15/11, *Lach* 20/10, *Phos* 18/10, *Ars-alb* 14/10, *Calc-c* 14/10

MIASMATIC BACKGROUND: SYPHILITIC MIASM

Based on consideration of his Physical Disease ie H/O Gastric Ulcer twice. Suppressed Hb formation.

Mental state: Extremist at every level

PRESCRIPTION

Repertorial and Miasmatic Analysis show the same result.

Aur-met 1M 1 Dose (9/8/1997) and Placebo TDS for 1 month

AUXILIARY MEASURES: Wheat grass therapy in a Soup form, which contains chlorophyll and iron required for the production of Hb and Oxygen

FOLLOW UP

13/09/97: Breathlessness much better. Sweating after exertion decreased. Sweating midnight after decreased. Hb: 6 Gm%. Wt: 57 Kg.

Placebo TDS for 1 month along with wheat grass therapy.

18/10/97: BREATHLESSNESS ABSENT. SWEATING ABSENT.
Hb: 10Gm%. Wt: 58 Kg.

Placebo TDS for 1 month along with wheat grass.

24/03/98: No Complaints. Hb 13.5 Gm%. Wt: 58.5Kg Placebo

08/02/99: No Complaints. Hb: 13 Gm%. Wt: 58 Kg.
Treatment Stopped

YEARLY FOLLOW UP:

Patient was all right between 1999 and 2003, without any complaint.

On 9/7/2003: Same patient was in extremely opposite state.

CHIEF COMPLAINT

Since 6 months, severe depression/ frustration,. Sadness with Suicidal thoughts and an actual attempt done 2 months back by consuming sleeping pills. Consumes alcohol daily.

Cannot concentrate for meditation. Total loss of interest to do anything. Wants either to commit suicide or to go to Himalaya. Restless Mind. Tremendous forgetfulness since 2 months.

He used to brood: what have I earned in my life? Self contempt while expressing the state used abusive language about family members. Absolute violent anger and aversion towards all family members. Severe weakness, slight work fatigues him.

ODP: Wife is very dominating. He has three daughters. He worked overtime to give best teaching to all of them in Convent schools. All of them are graduates. He got his 2nd daughter married in Jan 2001. He was exhausted due to physical and mental overexertion and so retired voluntarily in Aug 2001. Since then there were quarrels with wife; she never liked his voluntary retirement. She expects money from him every time. 6 months back, there was a big quarrel between them and she went to her elder daughter's place along with youngest daughter and all of them broke relations with him. Since then, he stayed alone in a frustrated and depressed mood. He was valued at his work place due to his workaholic, meticulous, active, sympa-

thetic nature but not in his own family. He did everything for them but what did he get in return? He became contemptuous of himself, dipsomaniac and dwelled on suicidal thoughts and attempted 2 mths back consuming sleeping pills. Now he does not have interest in anything and no strength to work. There is a tremendous anxiety with suicidal disposition. In order to come out of this situation, he visits various temples, meditates but cannot concentrate and forgets everything.

PHYSICAL GENERAL EXAMINATION

PULSE: 90/min. BP: 130/80 mm of Hg. Wt: 50 Kg. TONGUE: Clear.

REPERTORIAL TOTALITY (COMPLETE REP)

A/F Anger, indignation with

A/F Anger, suppressed

A/F Mortification

Sadness, suicidal disposition with Despair, religious

Memory, weakness of, loss of

Indolence, aversion to work

Aversion to family members

Abusive

Contemptuous, self

Work, fatigues

Anger, irascibility, Tendency, violent

REPERTORIAL RESULT

Aur-m 27/12, *Lyco* 21/10, *Nat-m* 18/10, *Staph* 22/9, *Ign* 15/9, *Sep* 16/8 and *Sulph*: 13/8

MIASMATIC BACKGROUND: On considering his Past H/o gastric ulcer twice. suppression of Hb formation, as well as his present mental state ie extremist at every level, **SYPHILITIC MIASM**

ACTUAL PRESCRIPTION

Repertorial and miasmatic analysis show the same result. *Aur-met* CM 1 Dose (9/7/2003) and Placebo TDS for 1 month

AUXILIARY MEASURES: PSYCHOTHERAPY

FOLLOW UP

09/08/2003: Entered clinic happily. Stopped alcohol. Weakness much decreased

APPETITE: Increased. SLEEP: Normal. Doing regular Meditation. Wt: 54 Kg.

Placebo TDS for 2 months

19/10/2003: Happy mood. Enjoying the aloneness by helping and playing with the small children from his area. No weakness. APPETITE: Normal.

SLEEP: Normal. Doing regular Meditation. Wt: 56 Kg. Placebo TDS for 2 months.

YEARLY FOLLOW UP : TILL 2007: The patient is enjoying the same state of being alone but has accepted the situation.

He used to help those who are in trouble. In last workshop conducted by our institute, he came voluntarily to serve the delegates. Literally, he used to wake up at 3 am to fire the boiler. Unfortunately, 2 months back, he had a snake bite and neuromuscular paralysis and was on ventilator. Luckily he survived from the same.

TWO EXTREMES OF AURUM-MET: A COMPARISON IN SAME CASE

Industrious	Aversion to family members
Vivacious	Indolence, aversion to work
Ambitious, much ambitious	Memory, weakness of; loss of
Hurry tendency occupation	Sadness, suicidal disposition
Memory, active	Despair, religious
Cheerful, tendency	Contemptuous, self
Sympathetic	Anger, irascibility tendency, violent
Work, fatigues	Abusive

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