

## Records of Indian Drug provings.

### QUINIA INDICA.

(*Caesalpinia Bonducella*)

DR. K. K. BHATTACHARYYA, M. D. H., DHUBRI.

Having regulated my diets and habits as in former occasion while proving *Atista Indica* 1x half a dram at 11-30 a. m. on 8th Nov., 1923.

8th Nov.—I felt only a dry sensation in my fauces and at the root of the tongue.

9th and 10th—The same dryness continued with the addition of the burning in eyes on the 10th.

11th—At 10-30 (Calcutta time) I felt a body-wide horripilation, and a dull pain in the right hypochondria. Up to 12 a.m. I felt a little chilly, but my work did not suffer owing to such ailments. After 12 a.m. I took my bath and sat to dine but could not eat even my usual diet. In the afternoon, however, the trouble ceased. Only I felt a little exhausted, twice or thrice I took my temperature but it rose only to 98°.

12th—The fever came earlier, that is at 9 a. m. Yawnings and stretchings were of frequent occurrence. I felt little thirsty.

13th— (6th day) Fever did not come in the forenoon, I thought it would never come again. But when at 9-30 p.m. I took milk and bread and began washing my mouth and face a severe chill overtook me with such intensity that I was unable, for a while, to come to my bed. I covered myself with my quilt but shivering was so severe that my bedstead was jerking through its force. This state continued for an hour and a half, then temperature rose to 103°. Carotid arteries were unusually active, and severely painful were the temples. Wet napkin put upon the forehead and the temples gave me much relief. At this stage hot breath was coming out through my nostrils. Gradually fever was coming down inducing me to sleep. The following day I felt very weak and the taste of the mouth was bad.

14th—(7th day) Fever came at 3 p.m. with much chill and shiverings. I could no longer remain sitting but lay down. This day headache was particularly very severe and thirst was present during hot stage. The first draught of water seemed very wholesome, but subsequent draughts were not so. The fever rose to 103° and remitted with sweat after 7 or 8 hours. During the course of fever there were pain all through the body, specially in the limbs and the head. This day three watery evacuations made me extremely weak.

(8th, 9th and 10th days of attack) the fever was some times rising and falling but not so severe as before. Attending symptoms were the same and the time of attack was irregular. On the 8th day of attack it came at 11 a. m. On the 9th day at 9 a. m. while on the 10th it came at 2 p. m. The attending symptoms were thirst, headache, enlarged spleen and liver painful. During apyrexia sweat appeared on the face, chest and armpits.

11th to 18th—the intensity of the fever was gradually becoming less and less, rising only to 100° on the 18th. fever ushering in with chill and ending with partial sweat lasting for about 4 or 5 hours, I mean the fever. Thirst was not always present, I felt very weak for 2 or 3 hours after the remission of fever. I became pensive as to the future of my condition thinking that the fever which was my own creation, will persist indefinitely and might develop into abdominable 'Kala-azar'. But two or three hours after the fever had remitted or after taking diet this melancholy state vanished. My diet was milk with barley during fever and milk and bread after remission.

19th, 20th and 21st—In the afternoon from about 4 p. m. to 8 or 9 p.m. there was only eye-burning and dryness.

On the 21st I perceived no more symptoms forthcoming. I have forgotten to mention here that on the 15th day of attack I had my both eyes jaundiced. On the 21st day it was very intense.

30th—I did not think it wise to wait any longer and

took Camphor 30. I was feeling better from the day following. But the enlarged spleen and liver were still persisting. I took Quinia 6x two grains a dose, twice a day, for seven days and the spleen and liver regained their normal size. The eyes took two weeks more to regain their normal colour.

#### THE MATERIA MEDICA OF QUINIA INDICA.

**MIND**—Mental apathy, want of vigor.

**HEAD**—Excruciating pain in both temples, hands pressed on and rope tied round the temples bring about relief.

**EYE**—Eyes burn immediately before or during fever. Cold application relieves. Eyes sunken and lustreless.

**NOSE**—Hot breath. Respiration quick and a little laboured but not stertorous during paroxysm.

**MOUTH**—Thirst during heat, desire for cold water, face shining during fever.

**TONGUE**—Thin white coating upon the tongue, tongue pale, bloodless, moist yet thirsty.

**ABDOMEN**—Rumbling in the intestines, occasionally yellowish watery evacuations.

**STOOL**—Hard, brown lump, yellow watery stool, mucous bloody stool, dirty undigested cadaverous smelling stool.

**SPLFEN**—Hard swollen and enlarged.

**LIVER**—Elongated and congested. Prodrome marked with uneasiness and slow pain in the hypochondria.

**FEVER**—Periodicity not marked. Chill begins and shivering follows at any time of day or night. No fixed time for attack. Nature of fever changeable. Chill and shivering are predominating feature. Thirst generally during heat. Sweating stage very transitory, sweat found only on the face, chest, neck, shoulder etc., in the covered parts as arm-pits etc. Paroxysm not lasting more than six hours. Fever coming in the forenoon, generally begins at 8, 9 or 10 a.m. and afternoon at 2 to 4 p.m. Thirst generally absent during after-noon fever. Urine scanty and of redish hue. Remittent fever of

malarial origin having the above characteristics may be stopped and cured by Quinia Ind. 1x and 3x, if administered on receding temperature.

DESIRE, AVERSION—Desire for solid food, rice, bread, butter etc. A strong desire for goat's flesh. Aversion to liquid food and cold bathing.

SKIN—Dirty, dark, dry. Slight eruptions here and there like those of mosquito-bites disappearing by themselves.

NERVES—Great weakness and prostration at apyrexia. Aversion to work. Desire to sleep. Lies motionless on bed. Does not like to leave the bed.

NECK, BACK—Cold bath brings about cramping pain in the back. Sitting straight brings about a sort of hammering in the small of back.

TIME—Morning 3, 8, 9, 10. After-noon 2, 3, 4. Evening 6, 8, 9.

RELATIONSHIP—Antidotes to Quinia, Nux Vomica, Camphor, Ocumum In.

COMPLEMENTARY—China, Chirata and Atista.

#### CASES TREATED BY QUINIA INDICA.

##### (1)

Three children of the same parents were attacked with malaria, given allopathic quinine in large quantities and the fever being suppressed became obstinate. Paroxysm generally marked every eighth or tenth day. This continued for about six months, quinine no longer doing any good. Fever generally attacked in the after-noon and left at 9 or 10 p.m. The colour of the stool was like clay, liver and spleen enlarged. Their faces and lips pale and dry, bowels not clear. Fever came with chill and shivering. Quinia Indica 6x, one grain, twice a day for 7 days. The fever was gone and they had no fever for about a year.

##### (2)

An up-country cooly had his paroxysm between 1 and 2 p.m. chill and shivering predominating. Headache was so severe that he cried aloud for help. His age was 23, had

thirst; bowels moved; urine red and scanty. Quinia 1x thrice a day. Fever stopped in one day. Then given Quinia 6x twice a day for 4 days. Completely cured.

(3)

A Marwari merchant had a slow fever which came every day at 3 p.m. The attack began with headache and eye-burning but had no thirst and remission occurred at 8 or 9 p. m. Fever rose to 101°, very weak and drowsy. While in health he could travel 14 or 15 miles with ease, but now when without fever he could not walk even a mile and felt his leg very weak. Quinia 6x twice a day for two days, but no appreciable improvement was forthcoming. Then Quinia 1x for two days more, then 3x for 4 days cured him completely.

( 4 )

A boy of 21 was feeling uneasy through feverishness. Paroxysm started with chill, had no shivering, had thirst, felt uneasy in the hypochondriacal region, had dry coryza. Quinia 1x three doses cured him completely.

( 5 )

A boy of 18 was about to have an attack of fever; his very appearance showed that he had fever already on him. Quinia 1x two doses cured him.

( 6 )

An up-country servant had fever for three days. The paroxysm occurred at 8 or 9 p. m. every day. He had slight thirst. Bowels moved once every day. Fever rose to 104° and lasted for 6 to 8 hours. Quinia 1x 3 doses, changed the period and paroxysm occurred at 2 p. m.

( 7 )

A Brahmin boy of 17 had been suffering from malarial fever for 6 months. Quinine and patent medicines were taken in huge quantities but to no purpose. Prodromè was marked by severe headache, pressure on both temples gave temporary relief. Fever was attended with eye-burning, hot respirations, white coatings on the tongue, thirst for cold drinks were present, liver and spleen congested and swollen,

desire for solid food, very great desire for meat, especially goat's flesh were the attending symptoms. Urine brown and scanty, stool hard lump. Bowels not clear. Drowsiness and prostration after fever. No desire to do anything or leave the bed. Desire to take cold bath.\* Quinia 3x three doses a day. Fever stopped on the first day, it was continued for two days. Then 6x once a day for 7 days. Liver and spleen diminished considerably. 6x once a day a week more. The boy was perfectly cured.

( 8 )

A Hindu boy of 15 had been suffering from malaria for 3 months. Allopathic quinine was given him for about a month. The result was that the intermittent type was changed to remittent. Ipecac and then Nux-Vomica cured him. But after a few weeks the boy had a relapse of an intermittent type. His father desiring to effect a speedy cure began to give him "Edwards Tonic." This made the case worse. Then I was again called in. I found the patient so weak that he could not lift his head from pillow. Even leaning upon a pillow brought about vertigo. If any liquid drink was given he could not swallow it. On taking it forcibly he was subjected to a fit which took him 3 or 4 minutes to regain his former state. This last symptom put me into a very great uneasiness as I was not able, at first, to diagnose the cause of it. On repeated questioning it transpired that a portion of his gullet had been paralysed and hence the trouble. Arsenic Alb. 200 one globule removed this defect and the condition of the fever also changed. Now the fever again became intermittent and I gave Quinia 1x. In two days the fever stopped. Then giving 3x and 6x twice a day for two days each, I gave 30 two globules in two ounces of water and directed to take twice a day. The boy was cured in three weeks.

( 9 )

A boy of 19 had high fever with great chill having no

\* This symptom was not perceived in proving.

sweat after remission. Had constipation. Fever rose to 105°5, once it rose to 106°, when the fever was in its highest, I gave Typho-febrinum 200 as he had some pulmonary taint a sort of chronic cough, and the fever began to come down in less than half an hour and complete remission was effected in three hours, but the fever rose as usual on the following day, with equal violence. Then a purgative was effected by *douce* and fever was cured by *Quinia Indica 3x*. By this medicine the boy was all right.

(to be continued).

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