

# Two Peculiar Cases of Fever

## CASE 1

Ms Sanjuli 25 came with fever since three days with bodyache and headache. Thirst normal. Different remedies given according to symptoms but in vain. Her family members were insisting for typhoid test. Further questioning revealed a conflict with her MIL the evening she had fever. Taking this as important causative modality, I took the rubric ailments after suppressed emotions and anger prescribed *Staphysagria* 200 for one day followed by *Sac-lac*. I asked her to wait for two days then do investigations. Temperature touched normal after the first dose and remained normal.

## CASE 2: A ZIG-ZAG CURE

Mr Hassan Zaheer, 23, a student of M Tech at AMU came to me on 26.3.04 with continuous fever with chills since 19.3.04. He had been taking antibiotics with no effect. Blood test for Typhoid and Malaria both negative. ON CASE TAKING: Headache, weakness, could not even get up by himself to take a glass of water, anorexia, bodyache, tongue thick white coated, thirst for full glass of water at moderate intervals. Stool normal. Fever at 12 noon-103.6 F. Remedy given: *Bryonia* 200 2 hrly asked to report next day.

He came on 31.3.04, after a gap of 4 days, since there was no response, he again took allopathy but his condition was still the same: except occasionally touches 99 F. His temp at 1 pm was 99 F. *Bryonia* 200 was given 2hrly. He was asked to maintain a Temperature chart.

1.4.04: High fever again the previous evening. At my clinic at 11.30 am, it was 99F. Thirst changed to few sips of water, extreme weakness, no appetite, restlessness, *Ars-alb* 200 3 hrly given. Again reported high fever in the evening, restlessness. Keeping typhoid in mind, specially with evening rise of temp-gave *Baptisia* 30 1hrly, till fever comes down; then give it 4 hrly.



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2.4.04: His temperature was 98.4 F in the morning for the first time in so many days. *Baptisia* 30 repeated for two days. Widal test was still negative.

4.4.04: Pt reported a change in the pattern of fever. Temp is normal in the morning, rising from 3 pm staying till midnight. Headache starts when temperature normal.

Murphy's Repertory: Fever from afternoon to midnight - *Stramonium* 200, 4 doses given 3 hrly.

5.4.04: He had fever till morning. Complained of severe headache during apyrexial phase. Murphy's Repertory (Rubric taken: Headache, apyrexia during, as a peculiar symptom) (Editor: Cannot find the rubric), *Sulph* 200- for 1 day as an antipsoric was given as no pathology was found and only functional disturbance was evident followed by *Ignatia* 200 for 4d 3 hrly.

His temp at 6 pm 99.4, 9 pm-100.8, 12 night-101.2. He slept after that.

6.4.04: 1pm temp 98.4, headache much better. Appetite not improving. *Ign* 200 4d given and advised to be taken only if he has fever again.

Temp at 6 pm 99.4, 10 pm-100.2, 2.30 am 100.8

7.4.04: Temp in the clinic at 1pm 97.6. No headache, weakness better. Previous night he did not have chill before fever. Sweat absent. Restlessness of legs during fever. No appetite but once he starts eating, he eats properly. Remedy given *China* 200 2d and *Rhus-tox* 200 3hrly.

8.4.04: No fever, but at around 1.40 temp was 99. Medicine repeated.

9.4.04: Fever from 10 p m to 2.30 a m last night. Now a definite pattern of fever at night noticed. *Syphilinum* 200 for 1d and *Sac-lac* was given and asked to report after 2 days.

11.4.04: No fever (to my great relief!!). Appetite Improved. Weakness +. Kents Rep- Weakness after prolonged fever-*Selenium* 30 TDS for 5 days.

He is perfectly fine now, as I keep asking his cousin who is my regular patient.

(Editor: A zig-zag cure with little Repertorial support, can only stress importance of case taking).

