

Traumatic Sinus

A 40 yrs old female came to me with sinus¹ in the middle of the chest that was profusely oozing blood stained pus.

She had tried all treatments including Homoeopathy, but all in vain. She underwent surgery after which one wound was left and converted into a sinus, even after two surgeries. I took the case as a sinus after trauma.

PHYSICAL GENERALS

PERSPIRATION: Palms and soles. Offensive

STOOLS: Constipation worse before and during Menses developed piles, that were painful after defecation.

SKIN: Sensitive. Recurrent boils all over the body which are suppurating, painful and left marks. One fistula is between the chest, painful oozing constant pus thin and offensive.

MENSES: It was regular, sometimes there was leucorrhoea.

THERMAL: Chilly.

SLEEP: Sleeplessness.

PAST HISTORY: Not Significant

MENTAL

Worried because of ailment and nervousness.

TREATMENT



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When the case came to me, I jumped over the conclusion that it is the case of trauma because after surgery of abscess, it was formed and to be tried like physical trauma.

When I took the whole history, I found that the case is going under '*Silicea*'. When I saw the details of *Silicea*, my decision to give *Silicea* was confirmed by the following symptoms:

1. Patient was constipated, which was worse before and during menses.
2. Piles painful.
3. Skin sensitive due to chronic boils. Suppuration and then pus which is very offensive, sometimes.
4. Sweating in hand and feet and that too very offensive.
5. Last, but not the least, patient had nervous temperament.

FOLLOW UP

First I gave *Silicea 30*, 3 times a day and called the patient after one week, the case was not much progressed, but patient somehow told that she is feeling better in pain and offensiveness of pus was also reduced. I gave thereafter *Silicea 200*, twice a day for 15 days and for cleaning the sinus, I gave *Myristica*. Subsequent follow up needed as the sinus has NOT closed.

¹ Deep wounds/tuberculous abscesses sometimes do not heal completely and leave behind a discharging sinus-which is nothing, but a blind tract that needs to be saucerized to speed up healing. Repeated surgeries fail if the deepest part is not cauterized.

**The weak can never forgive. Forgiveness is the attribute of the strong....
-Mahatma Gandhi.-**

