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"OSTEOPOROSIS IMPERFECTA"

INTRODUCTION OF THE DISEASE - The name of the disease itself defines it. The disease involves bones and as the name suggests there is imperfect formation of bones. The bones are unduly fragile and multiple fractures occur following trivial injuries. Progressive deformity occurs because of the multiplicity of the fractures. A child prone to too many fractures may die before he acquires adult age.

HISTOLOGY AND CHARACTERISTICS - Histologically bones are normal and the fractures unite without any difficulty.

The disease has autosomal dominant inheritance and there is

mesenchymal disorder characterised by increased fragility of bones and multiple fractures, blue sclere & deafness which occurs in late childhood.

The disease is of two varieties viz.

(1) Congenital and (2) Taida. In congenital variety the fractures occur during intra-uterine life and such children mostly die shortly after birth.

RADIOLOGICALLY -

The long bones and osteoporotic, bent and slender. The bone ends may appear large and sometimes cystic.

TREATMENT -

(A) **ALLOPATHIC TREATMENT** - As regards treatment is concerned there is no curative

treatment in allopathy for this disease. The fractured bones are made to unite by use of plaster and deformity of long bones are minimised by use of an intramedullary nail.

(B) **HOMEOPATHIC TREATMENT** - It is a matter of great pride to me and to all homeopath brothers and sisters that I have been able to cure "Osteogenesis Imperfecta" through homeopathy. As we all know that in homeopathic system of treatment each case is thoroughly individualised and uncommon and peculiar symptoms are carefully noted. Family history of the patient is also of utmost importance in such cases.

Here I will prefer to narrate

the cases of Osteogenesis imperfect which I have cured.

CASE - I

Name of the patient :

Syyd. Hasan Kamal,
Allahabad

Age at the time of admission : 3 months

Date of admission : 26.10.92

Opinion of Orthopaedic Surgeons: The patient was examined by Orthopaedic surgeons at local S.N. Children Hospital and also at Sanjay Gandhi P.G.I., Lucknow and at B.H.U. Varanasi. All of them diagnosed the disease as Osteogenesis Imperfecta and declared in clear terms that it is incurable.

SIGNS & SYMPTOMS OF THE PATIENT -

- * Bones easily get fractured from slightest cause. 1st fracture occurred at one month of age.
- * Excessive perspiration on scalp during sleep and also while he weeps wets his pillow.
- * Starts in sleep and weeps.
- * Coldness of hands specially of feet in the evening.
- * Feverish at night.
- * Appetite - less • Thirst - normal • Stool - Constipation - large, hard and foul smelling stool.
- * Mother took too many allopathic drugs during pregnancy to avoid abortion.
- * Family History - Asthma and Diabetes in family.

When the patient was brought to me his both lower limbs and lt. Upper limb were under plaster.

TREATMENT -

As the patient came through allopathic hands I began treatment with Nux Vom.

28.10.92 :-

Nux Vom 200 two doses at 15 min. interval was given on the 1st day at bed time and it was followed by Calc. Carb 200 two doses at 15 min. interval the next day.

13.11.92 :-

Acute coyza with cough and fever. Aconite Nap 30 in distilled water every three hours relieved.

14.11.92 :-

Diarrhoea, Loose, frothy, forcible and foul smelling stools. Podophyllum 30 in distilled water every three hours relieved diarrhoea.

16.11.92 :-

The patient had a fracture on right upper limb on 15.11.92 after a fall.

Sulphur 30 two doses at 15 min. interval in the morning followed by Calc. Carb 200 two doses at 15 min. interval the same evening. Calc. Carb 200 was repeated successively on 30.11.92, 3.1.93, 17.1.93, 31.1.93 and 15.2.93 with marvellous result.

The patient had only one fracture on 15.11.92 during course of my treatment. Later on he had no fracture even after an injury or after a fall. The patient was kept under observation for a few months and finally on 10.5.93. Calc. Carb 1000 two doses at 15 min. interval was given. He is hale and hearty with no trace of the disease.

CASE - II

Name of the Patient -

Km. Avantika of Kanpur (U.P.)

Age at the time of Admission - 2 yrs. and 3 months.

Opinion of Orthopaedic Surgeons - Same as in Case I.

SIGNS AND THE SYMPTOMS OF THE PATIENT :-

- * The disease was diagnosed when the patient had fracture for the first time after an injury at the age of one year and three months. It healed in normal course.
- * Fracture occurs only after an injury or after a fall.
- * Sclera is bluish.
- * Increased perspiration specially on scalp. Wets her pillow during sleep.
- * Teeth erupted at 5 months of age and are slightly blackish.
- * Had measles twice and diarrhoea once.
- * Appetite - normal. Likes sweets and also desire to take extra salt.
- * Thirst - Less even in summer.
- * Urine - Normal but involuntary urination during sleep occurs almost every night.
- * Mind - Obstinate and irritable.
- * Family History - Mother - Anaemia and low B.P., Grand Mother - Had T.B.

TREATMENT -

As the patient came from a distant place, medicine were prescribed for four weeks.

24.9.94 :-

Calc. Carb 200 two doses at 15 min. interval to be repeated

every week for three weeks followed by Tuberculinum 200 two doses at 15 min. interval in the fourth week.

21.10.94 :-

Fracture of right femur occurred. Bluishes of Sclera is less marked. The same prescription was repeated but this time Tuberculinum was given in 1000 potency.

20.11.94 :-

The patient's father told me that palms and soles of the

patient remain hot. 1st part of her stool is hard and knotty and there is extreme thirstlessness. Sulphur 200 two doses in the first week followed by Lycopodium 200 two doses in the 2nd and 3rd week and Pulsatilla 1000 in the 4th week.

6.1.95 :-

Better in general, no fracture occurred. Increased perspiration on Scalp during sleep. Increased salivation during

sleep. Teeth look more blackish. Calc. Carb 1000 two doses in the 1st week followed by Merc. Sol 200 two doses in the 2nd, 3rd and 4th week were given.

21.2.95 :-

Marked improvement. The same prescription was repeated on 22.2.95 for eight weeks, on 21.4.95 for eight weeks and on 19.6.95 for four weeks with perfect improvement. The treatment is still continuing. □

An appeal to Homoeopathic Teachers..

We appeal to the homoeopathic teachers to send us notes, question - answers, valuable pieces of advice and instruction with relevance to the college syllabus for the benefit of readers of our Medicos page.

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