

## Clinical Cases.

### CONSTITUTIONAL REMEDY AND ITS SUPREMACY IN HOMŒOPATHIC SYSTEM OF TREATMENT.

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I am fortunate enough to report a scientific Homœopathic cure of a patient named Mr. G. K. Dutta, aged 66 years, who was suffering from various sorts of pains and aches in joints and muscles for the last 4 or 5 years and no other treatment could give him any relief whatsoever. He was rather despondent with hardly any hope for cure, and called at my clinic on the 11th day of January 1929.

I took down the history as follows :—

1. Dwarfish, strong and muscular.
2. Had Gonorrhœa some 14 years ago. It was treated and supposed to be cured but at intervals discharge used to come out. Now whitish thin discharges come out daily before urination.
3. Pain in the shoulder and other muscles ameliorated by motion. Constriction of tendons.
4. Pain and stiffness of the joints ameliorated by applying hot things and aggravated at day time.
5. Mentally he was peevish, very cross and quarrelsome. Loss of memory was marked.
6. Constantly brooding over the disease.
7. There was burning of head ameliorated by washing with cold water.
8. Cough hollow. Mucus was white, frothy and profuse in the morning.
9. Feels feverish in the afternoon but no temperature is revealed on the thermometer.
10. Pulse was full, bounding and striking.
11. Fond of open air and sweet things.

On the theory of mal-treated or suppressed Gonorrhœa and assuming that all these troubles are the results of the disease, I prescribed a dose of Medorrhinum 200th and a few placebo powders to cover a month's time.

On the 16th of February, the patient came and reported that the discharge was less but no other improvement was noteworthy. A dose of Medorrhinum 1 M and Sugar of Milk for a month was ordered for.

The patient came after a month on the 5th of March with a little better feeling in other respects but he said that for the last few days he was suffering from a little bit temperature which used to come between 4 and 5 P. M. and would last for 4 or 5 hours in the evening. His appetite was perverted and a few mouthfuls would fill him up. Though my attention was drawn to Lycopodium yet I stuck to the constitutional remedy and gave him a fortnight's white powder twice daily and told him that on taking those fever specifics the fever must be gone.

On the first of April the patient came with a smile and reported to me that not only the fever was gone but also the pains and aches were much less. The swelling of joints was gone but the constriction and stiffness were there. The particular date being the "April fool" day I made him fool by telling about the slow action of our deep acting medicines and the advice was "wait and see." The patient agreed.

On the 12th of April the patient called me again and stated that he was suffering from a violent attack of cough which was aggravated at night, the exciting cause being draught of wet weather. He further complained of pain all over the body, aggravated during repose and ameliorated by motion and hot application. He was very restless and could not sleep at night. In considering the exigency of the case, I was forced to give two doses of Rhus tox. 200th to "pull up" for the time being. After a week there were no troubles as regards cough etc., but the original disease was stagnant.

On the 20th of April, Medorrhinum 1 M, after 10 succussions, was repeated and the report after three weeks was amelioration of all pains and aches, but yet sometimes a drop or two of thick white discharges came out before urination. He was feeling much better and he thought that he would still live for another 10 or 12 years!

I hoped so and gave him the "King of anti-psoric" Sulphur 200th for the "last drop" and the result was complete cure.

The old man still desires to be a little more bulky and has promised me reward if he be so within the next few months. My advice was better to try his own luck.