

THE
HAHNEMANNIAN GLEANINGS

VOLUME 2.

MARCH, 1931.

No. 2

The Miasms and the Remedies to meet them.

DR. N. GHATAK, B. A., CALCUTTA.

MIASMS IN GENERAL.

What is a Miasm? It will be a great mistake to think materially regarding these things. Miasms are so many susceptibilities, so many tendencies of the human system. These Miasms make us prone to manifold disease-symptoms, they are not themselves diseases, rather they prepare the suitable field for the in-coming of diseases. There is nothing material in them. We have seen many practising physicians of long practical experience having no very clear idea regarding the Miasms,—they have been doing their work in a mechanical way. The Master could give a fair idea of Psora only, as the other two Miasms, viz., Sycosis and Syphilis did not develop so much as in our days. So far back as in his day, Psora was a universal Miasm, but nowadays the other two Miasms also have become almost common, except in far off villages where western civilization has not yet reached, and men live there in their original purity and simplicity.

Psora is a name,—the name of the peculiar susceptibility acquired from wrong thinking originally. Just suppose a time when there was all harmony, when men did not think of or ask for more than what was actually necessary for their peaceful living,—no envy, no malice, nothing to break the harmony or mental calm. In course of time, people began to think evil of others, to envy at others, desired their riches and their exalted position, and so the *statu quo* or the mental calm was disturbed. There was a discomfort with an anxious greed, which was, so to speak, like a mental itching.

This itching in the mental plane took by and by a definite shape and transformed into an itching in the physical plane, the first physical manifestation having been a few itching vesicles over the outer skin. These itching vesicles were unfortunately suppressed by external application, which laid the foundation-stone of Psora, making the primitive human beings susceptible to a few disease-symptoms as a result of the suppression. Of course benevolent Nature tried her utmost to manifest those diseases with giving necessary indications, but again they were met by the same suppressive methods, and so more and more internal organs were affected with a variety of ailments which are at the present day a legion, absolutely impossible to enumerate. Thus a susceptibility came into being which has been termed by that prince of medical geniuses,—Samuel Hahnemann, as Psora, and depicted by many of his immediate followers as the “Hydra-headed Monster” and “Father of Death and Mother of poor Health, leading the whole human creation deathward, though slowly but surely”.

The above history of the origin of Psora may not be taken as an idle speculation or a midsummer dream of a pure idealist. It has been conclusively proved by the Master from his extensive observation of enumerable cases which were duly published at his time and recorded in the pages of his memorable Book on Chronic Disease in order to prove their authenticity. Not only so, he never asked his followers to accept anything as true unless it was verified by their own-selves, nor did he ask them to dismiss anything as false unless it was duly published, so that the public might put it to test.

Hahnemann in his time observed that people already cured by him would return after a period of time with their previous complaints. This set him to thinking and finding out the cause, and then, as we have already pointed out, after years of close study and observation, he could establish his Psora Theory, which is now no longer a “Theory” but stern and undeniable truth, being daily verified by the

enumerable followers of the only true Science and Art of Healing.

It has been truly said by our venerable Dr. Kent that Psora is the result of wrong *thinking*, and the other two miasms, of wrong *action*. Psora first vitiated the mental current, and then, as a result thereof, men began to seek sexual pleasure elsewhere and were thus entrapped. The primary lesions of Gonorrhœa and Syphilis thus acquired were suppressed,—with the result that two very intractable susceptibilities were inlaid upon the human economy, viz., Sycosis and Syphilis.

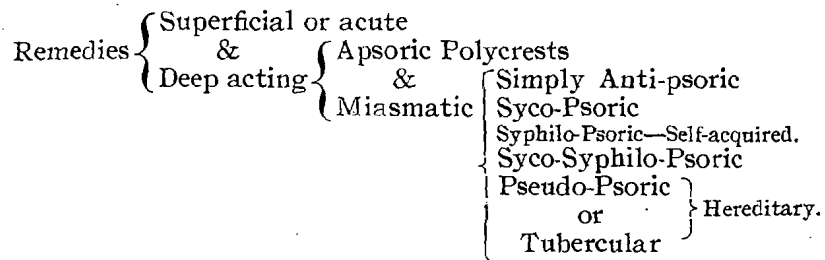
Thus Psora, Sycosis and Syphilis individually and in combination are found to be at the root of all the named and unnamed chronic disorders. There are plenty of remedies in our Materia Medica which can cure the sick people and put a stop to the death dealing process initiated by the above Miasms.

As Sycosis and Syphilis cannot affect an individual who is not already psoric, so a remedy cannot be anti-sycotic or anti-syphilitic without being an anti-psoric. In other words, all anti-sycotic and anti-syphilitic remedies must be anti-psoric. A remedy may of course combine in it all the miasms.

Further, there is a group of remedies which are called Polycrësts, meaning thereby that though they may or may not belong to any of the above groups, may still be required for the treatment of many serious and critical ailments. Though some of these remedies are merely apsorics, yet they deserve special mention and study.

Lastly there are a few very deep-acting remedies called Tubercular. These are required generally for the purpose of eradicating T. B. tendencies, and, if possible, curing the eventual T. B. developements. These remedies are of course included within the anti-psoric group. In fact Psora is the basic miasm and other miasms come in later and make a combination. As we go on, we shall try to unfold the

peculiar nature of the remedies under each head. The following tree may be of interest.



There are many things to be written over the Miasms, as to their nature and influence upon the human economy, individually and in combination. But we propose to deal with the remedies first and then with the Miasms, when we have finished with the practical portion.

ABROTANUM.

Tubercular.

This remedy exerts its influence upon the human economy from the very early life. The two main peculiarities of the remedy consist in its tendency to give rise to marasmus and metastasis. Marasmus shows itself in infants and the other generally manifests itself later. The nutrition and normal growth are arrested, so much so that the child looks old and its face wrinkled, pale and lustreless. Metastatic natures are found only in the very deep-acting remedies,—Abrotanum being one of them.

Regarding the wasting diseases which are generally expressed by the terms,—*marasmus*, rickets, emaciation &c., there is an erroneous belief amongst the laity that the main cause must be insufficient food or food-stuffs wanting in nutritious elements. Of course there are such cases, but to ascribe so in every case of ill-nourished child is rather misleading. Children belonging to many affluent and rich families are seen wasting away. This cannot be due to the quantity or impropriety of the food supplied to them, but to the miasmatic condition of the system which is unable to assimilate the food as the system of a healthy

child can. So the real cause lies in the Miasm or Miasms inherited by the child. So any instruction coming from our brethern belonging to the Allopathic camp for stuffing the patient with Cod-liver oil or for improving the dietary is quite unreasonable,—rather dangerous, because the result is very likely a diarrhœa or a gastralgia, thus helping the emaciation rather than curing the process. Just cure the child with the help of our deep-acting remedies, selected according to the Law of Similars and the patient will thrive in a healthy way with the same food, because he can now better assimilate and better absorb. It should be noted here that almost in every case of marasmus or wasting, a voracious appetite in the patient is only a *common* symptom and should not be taken as a peculiar symptom; the abnormal craving for food indicates Nature's attempt at compensation.

There are plenty of wasting remedies in our Materia Medica, each with a speciality of its own. Abrotanum wastes specially the legs of children, i.e., the emaciation begins in the lower limbs and spreads upwards, so that the face is the last to be affected, as in Ammon carb, Iodine, Sanicula and Tuberculinum. Just the opposite process is found in Lyco., Natrum mur. and Psorin.

Now to compare :—As I have noted above, the voracious appetite is found in all the above remedies, it being rather a *common* symptoms of the *disease*. Abrotanum is chilly and is very much sensitive to cold air and to damp air. Ammon carb., child looks like a pumpkin on sticks,—the body being large and fat, but the legs too thin. Iodine is awfully hot, always hankering for cold open air; then its appetite voracious as it must be, is a bit peculiar in that it suffers from hunger and is ameliorated while eating and after eating. Sanicula has an offensive foot-sweat making the toes sore, hands and feet sweaty and cold. Tuberculinum wastes, the reason lies mostly in the tubercular inheritance; moreover, in Tuberculinum we find a constant change of symptoms and

the patient frequently takes cold without knowing how and why.

Metastasis means simply a change of location. When a so-called disease suddenly changes from one part or organ or tissue to another, the process is said to be a metastasis. In Abrotanum, metastasis is a marked feature. Sometimes the same disease travels over difficult parts of the system, as an inflammation of the parotid suddenly goes down to the testes; and sometimes the disease itself changes and appears in altogether different symptoms elsewhere, as a suddenly checked diarrhoea appears in form of bleeding piles or in form of Rheumatism. In this remedy, the trouble may change the spot only, for example the Rheumatism in the knee to Rheumatism in the shoulder, or the Rheumatism itself is changed to cardiac troubles. In Pulsatilla and Kali carb, the troubles wander about, but in them the same disease travels along, without any change of symptoms. Sulph. and Psorin have metastasis when skin symptoms are suppressed. The metastatic nature of these remedies clearly shows how dangerous is the method of suppression. When as a result of the suppressive method of treatment, metastasis occurs and another disease,—generally more serious to combat, appears, our friends have a peculiar knack of leading the simple public to a false belief that an altogether different disease has appeared, but the previous one for which relief was sought, has been *cured*. A dangerous type of cure indeed!

I have seen, as many others also have, that the bleeding piles play hide and seek with Rheumatism, when one is better, the other is worse, and *vice versa*; Abrotanum cures both and thus breaks up the tricky play.

There are important *stomach* symptoms, both functional as well as organic. Nothing is duly digested in spite of good appetite,—lienteric stools; gastralgic pains in the stomach. I cured a case of ulceration in the stomach with this remedy. R. C. Dhor., of 46 years, having long been suffering from the so-called cancer declared incurable by some eminent Physicians

came to me in 1923, April. I observed specs of blood in his vomit and suspected ulceration. History of lienteric stools, gnawing pains, aggravation at night, intense anxiety and depression, attended with tremour &c., pointed me to the remedy, which was given in 200th—2 doses, and after 3 months, 1 dose in 1000th, resulting in cure.

Lienteric *diarrhœa* ;—a diarrhœa is not always a disease, because in Abrot., it gives the patient greatest relief, and constipation aggravates his rheumatic troubles. Other remedies are there, for example, Lachesis, Natrum sulph., Zinc., &c. which are relieved by discharges; Phosphoric acid is quite indifferent, and the diarrhœa does not enfeeble him, sometimes he even gains flesh. These things are quite peculiar and are worth remembering.

The remedy is very useful, *after* (1) Influenza, when a type of hectic fever with intense prostration continues; *after* (2) Pleurisy, when a pressive pain continues at the affected spot obstructing normal respiration, and Acon., Bry or Sulph. could not further improve.

It is peculiarly suitable to the *early life*. Bleeding navel of infants and Hydrocele of boys are reported to be cured.

With the above symptoms, it is needless to add that it is a deep-acting agent, useful for the purpose of *eradicating the miasmatic inheritances*, manifested in the shape of malformation, mal-nutrition, stunted growth in the earlier stages of life. It should be more extensively used.

(to be continued.)