

A Case Of Crohn's Disease

Mr S, 23 yrs, Hindu, Student, Single, residing in Kerala

CHIEF COMPLAINT

LOCATION	SENSATION AND PATHOLOGY	MODALITIES	ACCOMPANIMENTS
ABDOMEN Right Lumbar Umbilical region 8 yrs On and off attacks Increased since 2 months	H/o Pulling pain +++ Colicky nature Vomiting ++ (2-5 times) Vomitus contains food particles; Distended feeling Eructations Urge for stool; Mucus +	< eating jack fruit, banana,; raw mango < Milk +++ > Vomiting	Weakness

PAST HISTORY: Asthma

FAMILY HISTORY: Mother – Bronchial Asthma, Hypertension.

PATIENT AS A PERSON

APPEARANCE: Stocky.

APPETITE: Good but very often gets indigestion.

THIRST: Takes 12 glasses of warm water/day.

CRAVINGS: Vegetables.

AVERSION: Cold drinks (because of asthma), Milk² < complaints.

BOWEL: Mucous +, small quantity.

MICTURITION: 5-8 times / day.

PERSPIRATION: Increased, over chest and nape of neck

SLEEP: Good and deep.

DREAMS: Fire, Accidents, Death, dead bodies.

THERMAL STATE: C2H2.

GENERAL PHYSICAL EXAMINATION

Moderately built and nourished.

Well oriented in time, place and person.

No pallor, No cyanosis, No icterus

Clubbing present.

No lymph node enlargement. Wt: 60 kg

VITAL SIGNS: Afebrile. PULSE: 78 beats / min, regular, good volume. RESP RATE: 18 / min. BP: 120/80 mm of Hg.

SYSTEMIC EXAMINATION

ABDOMEN: INSPECTION: Abdomino-thoracic movements, no scars, no swelling, clinically normal.

PALPATION: Tenderness present on deep palpation over Rt Lumbar region.

No rigidity/guarding. **PERCUSSION:** Clinically normal.

AUSCULTATION: Normal bowel sounds.

RESPIRATORY SYSTEM: Normal vesicular breath sound.

CVS: S₁ S₂ heard. No murmurs.

CNS: Normal.

PROVISIONAL CLINICAL DIAGNOSIS:

Crohn's Diseases

On the basis of following reasons:

- 1) Pulling-colicky pain in the right lumbar region (Abdomen).
- 2) Vomiting (day – 5 times)
- 3) Urge for stool-constant
- 4) Insidious onset
- 5) Presence of clubbing
- 6) Evidence of investigation report.



Dr GURU PRASAD MN BHMS MD(Hom)
 Lecturer
 Fr Mullers Homoeopathic Medical
 College,
 Mangalore 575002

DIFFERENTIAL DIAGNOSIS

ULCERATIVE COLITIS

- Severe abdominal pain
- Presence of emotional stress
- urge for stool

RULED OUT: As it does not cause severe vomiting absence of bloody diarrhea and no marked tenderness

LIFE SPACE INVESTIGATION

Patient hailed from a middle class family, youngest of the siblings. Father is a Govt employee (BSNL) and mother a housewife. Elder brother is doing M Com. Patient himself is a final year B Com student.

Since he got on and off asthmatic attack from a very young age, he had to face many restrictions both in school and at home, eg he was not allowed to play any outdoor games, not allowed to have any cold items, not allowed to go out like other children etc. He felt that he did not get the freedom like his brother and other children and similar situations prevailed even when he grew up. He does not have many friends and likes to be alone rather than being in a company.

He gets tensed easily and cries. He feels bad when someone scolds him. He is very attached to his mother and shares all his problems with her. Anxiety about health. Has been advised to take steroids for his entire life.

Before doing any work he has anticipatory anxiety which usually manifests as increased perspiration over chest and nape of neck. He is of a very mild nature, he does not get angry fast. Instead he gets headache if he hears someone talking very loudly or fighting. He has great fear of death. He usually avoids attending funerals. He faints on seeing blood. He is very punctual in his works. He is a very good poet. He is very helpful in nature, and likes doing so, but does not complain if he does not get it back. He does not like fights.

TOTALITY

- 1) Neglected feeling: From child hood; even now.
- 2) Peacemaker: Does not like to fight, wants to be in

harmony with others.

- 3) Sensitive: Easily gets tensed and hurt. Gets headache on hearing loud noise. Avoids attending funerals, faints on seeing blood.
- 4) Anxiety: Anticipatory – before doing something, health about
- 5) Fear of death.
- 6) Dreams: Accident, Death and Dead bodies.
- 7) Thermal state: C2H2.
- 8) Perspiration: increased on chest, on nape of neck
- 9) Cr Vegetables.
- 10) Chronic indigestion, eructation.
- 11) Colicky pain < Milk.
- 12) Urge for stool, drawing pain, fruits.
- 13) < After eating.

REMEDY: *Magnesium-muriaticum*

DIFFERENTIAL REMEDY: *Phosphorus, Nat-mur.*

Case was repertorised using CARA Software.

FIRST Rx With Reasons

- 3/12/02: (1) *Mag-mur* 200 weekly once
- (2) No ii pills 3-0-3 (10 ml)

PROGRESS-RECORD: CHANGES EXPECTED WITH

Rx: *Mag-mur*

- 1 Appetite
- 2 Sleep and dreams
- 3 Perspiration
- 4 Digestion
- 5 Frequency of stool
- 6 Consistency of stool (mucus)
- 7 Wysolone tablets.

PROGRESS NOTES

31/12/02

1	2	3	4	5	6	7
G	Ok	S	>	—	>	8

H/O: Loose stools 3 days back after eating fatty food.

(I) *Mag-mur* 200 weekly. (II) No ii Pills 3-0-3

Wysolone Tablets: 8/day.

4/02/03

1	2	3	4	5	6	7
G	G	S	>+	>+	>	6

Now no new complaints (had once loose motion in 2 months). Patient is feeling happy.

Wt: 58 kg, BP: 120/80 mm Hg. O/E: Abdomen clinically normal, no tenderness.

Wysolone 6 tablets.

1. *Mag-mur* 200 Weekly. 2. No ii Pills 3-0-3

01/04/03

1	2	3	4	5	6	7
Inc	G	S	G	>++	N	4

Complaints better. Good sleep. No dreams.

Colicky pain > + had once pain abdomen, No loose stools

BP: 120/80 mm Hg. Wt: 59 Kg.

Wysolone: 4 Tablets /day.

(1) *Mag-mur* 200 Weekly once. (2) No ii Pills 3-0-3.

03/06/03

1	2	3	4	5	6	7
G	G	Decreased	G	1\Day	N	2

Good sleep- unremembered dreams. Generally better.

Bowels: No altered consistency BP: 124/80 mm Hg.

Wt: 59 kg

No blood, No mucus, No pain

Wysolone 2 tablets / day.

(1) *Mag-mur* 200 once in 15 days.

(2) No ii pills 3-0-3

12/08/03

1	2	3	4	5	6	7
G	G	Decreased	G	1\Day	N	0

No new complaints, Bowels are regular no mucus, no vomiting. Patient had milk and milk products without pain and vomiting.

Steroids completely stopped.

(1) *Mag-mur* – 200 (5 P) Once in 15 days.

(2) No ii pills 3-0-3

21/10/03

1	2	3	4	5	6	7
G	G	0	G	Regular	N	0

No pain abdomen, no mucus stools. **Not on allopathic tablets for the last 4 months.** No

complaints. Wt: 58 kg

BP: 140/90 mm Hg. Abdomen clinically normal on examination

(1) *Mag-mur* 200. Once in 21 days.

(2) No ii pills 3-0-3

15\12\03

1	2	3	4	5	6	7
G	G	0	G	Regular	N	0

No complaints.

Sac Lac 5P weekly. No ii Pills.

CONCLUSION

From the above case study its evident that Homoeopathic medicine can not only cure the granulomatous inflammatory bowel disease like Crohn's disease, but it can also remove DEPENDENCE ON STEROIDS.



8. What is height of **Honesty** ?

***A pregnant woman taking one and a half ticket. ***

9. What is height of **Suicide** ?

***A dwarf jumping from the footpath on the road. ***

***10. What is height of **De-hydration** ? ***

***A cow giving milk powder. ***