

My son had to ask me to treat her!

ABSTRACT: An interesting case of Strabismus. A total surgical case for allopathy treated well with Homoeopathy. She even started using eye make-up.
Editor: Dr Bajaj is a regular reader of NJH since 1995 and a SDHA member. Both these have helped her in her practice. Today, after much cajoling, she contributes a case for NJH.



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Miss P, 19 yrs, Sikh girl (Hindu). OPD REG NO: 05000143.

It was Diwali 2007. Yet, I used to go to all the three clinics and also do pooja at home late at night. Both main clinics are far away, one 15 km and other 9 km on either side of my house, my house being in between. When I came to my Delhi clinic late in the evening and we started the pooja (I always call some of my close patients and my assistants), my son (doing BDS 2nd yr) noticed that there was some abnormality in the eyes of P (my new co mpounder). She had

started working with me from January 2007. My son scolded me for not looking after the people working under me and asked me to treat her.

CHIEF COMPLAINTS: Strabismus of the left eye. Eye was totally deviated, making the patient look very odd. Ignorant girl - she could not explain to me about her vision (if she feels any difference or not). To my observation, she was using only the right eye.

PAST HISTORY: Not significant. except history of recurrent sore throat about 5-6 yrs ago.

FAMILY HISTORY: Mother: Hypertension

LIFE SITUATION

Patient has one elder brother. Her parents are normal. She has passed her 12th class and is now studying in college. She is a very simple girl and doesn't have any interest in dressing and make-up because of her eye complaints. Parents are now worried because they have to get her married.

GENERALITIES

APPEARANCE: Thin built, short stature, fair complexion, normal IQ.

DESIRES: Nothing particular

AVERSIONS: Nothing particular.

APPETITE: Good

THIRST: Less

TONGUE: Normal

PERSPIRATION: Scanty

STOOL: Regular

URINE: Less

THERMAL: Ambithermal

MIND: Average, not so anxious, calm and quiet, good natured but very talkative constantly on mobile with her friends.

O/E: A clear cut case of surgery for the removal of strabismus.

PATHOLOGICAL REPORTS: Hb- 11.9 g

MEDICAL TREATMENT

I started giving her *Physostigma* 30 TDS for 2 weeks, but there was no response. Then I gave her the same dose for another 2 weeks, still there was no change. She stopped taking the medication as she herself had no hopes. She fell ill with a sore throat and I gave her *Hepar-sulph* 30 TDS for 3 days and she was cured. After this she began to have some hope in homoeopathy. Again, she fell ill and had fever for which *Belladonna* 30 TDS in two days helped. She was now feeling very good and then I asked her to continue taking medication for her eyes and she agreed. This time I gave her a full 15 ml bottle of globules and medicated it with only a few drops of *Physostigma* 30. I asked her to take it 3-4 times a day. After a month and a half I was astonished to see that there was a marked change in her

eyes. When I asked her she smiled and said that even her mother had noticed a change in her eyes. After 3 months her cousin sister asked her if she was taking some medication for her eyes and she confidently replied that she was being treated by her homoeopathic doctor. They now started looking out for a proposal for her. After five months she completely recovered and she found that her vision too had improved. She now could realise that before the treatment she used to see with only one eye. She now uses make up on her eyes, has started getting more interested in dressing up and looking good, she even feels that people of the opposite sex have started noticing her. Now she is happy and cheerful and also wants to get married.

Editor: I must compliment the author for sticking to the remedy and the potency and getting the result. Also the reporting of this case is particularly gratifying as I have been cajoling this doctor to write for NJH for a long time. And finally my efforts paid dividends when she herself came up to me in the Sept seminar and said I have finally written. Hope all my efforts pay such dividends!!

