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A SURVEY OF THE NOSODES

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A SURVEY OF THE NOSODES*

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THIS paper has been headed, "A Survey of the Nosodes", but perhaps it would have been more correct to call it "a survey of the bowel nosodes", as it is with them that it chiefly deals. Other nosodes have been administered in this series of cases and are mentioned in the appropriate groups, but it is with the effects of the bowel nosodes that we are here principally concerned.

At the International Homœopathic Congress held in London in 1927, papers were read by Drs. Wheeler, Bach and Dishington, entitled "The Problem of Chronic Disease". They then gave their opinion of the relationship of certain Non-lactose Fermenting Bacilli to this problem and their experiences in the treatment of diverse conditions with vaccines made from these organisms. Their contention was "that these bowel nosodes are a valuable addition to the materia medica".

To find out if this contention has been proved in the thirty years since 1927, is the object of this survey.

Since these authors were the originators of the bowel nosodes some investigation into the reasons for these assertions must be made, and followed by an attempt to justify their statements.

A few quotations from these pioneers are necessary, as they supply some details of the facts on which their reasoning was based.

They say: "About 1912 it was recognized that there were to be found in the intestinal content of both apparently healthy, as well as diseased people, a class of bacilli which had hitherto been considered unimportant, but which were then proved to be associated with chronic disease. These organisms were the various types of non-lactose fermenting bacilli belonging to the coli-typhoid group, very closely allied to such organisms as the typhoids, dysenteries and para-typhoids, yet not giving rise to acute disease, and in fact not associated with any specific marked condition. Since there was not this connection they had in the past been regarded as of no importance, and had been disregarded by bacteriologists and clinicians.

"Although these organisms are often regarded as non-pathogenic principally because they do not give rise to active symptoms in laboratory animals, and can be present for long periods in the human being without causing obviously associated disease—nevertheless they are so constantly present that in time the persistence of their toxins makes up for their relatively slight virulence, and disease results which is—emphatically—chronic.

"This sub-group of non-lactose fermenting bacilli which has hitherto been considered non-pathogenic is in reality one of the most important groups of organisms in Nature, and although these organisms are incapable of giving rise to acute disease or local manifestations, by means of their insidious persistent and chronic poisoning extending over many months or years, they are certainly associated with the basis of chronic intestinal toxæmia, and as the result of this of chronic disease of a great variety.

"It seems to be the nature of these toxins to affect primarily the internal secretion glands and the nervous system. The results are, that the sufferers from the toxæmias become liable to all kinds of secondary infections, which further weaken them, and complicate the diagnosis of their troubles.

* A paper read to the Faculty of Homœopathy on November 5th, 1959.



"Given these generalized toxæmias the symptoms presented will vary according to the constitution of the patient—for in one and another there will be different powers of tissue resistance, and the weakened tissue will yield first. Moreover, it is most likely that toxins from different strains of organisms exercise selective powers over different organs of the body. Therefore one sufferer may show a chronic arthritis, another a chronic dyspepsia, another migraine or asthma, due to one or another of these non-lactose fermenting organisms. The body puts up some sort of fight against them and careful diet and some forms of treatment can do something to lessen the violence of their attack."

This is a brief statement of Dr. Bach's theory of Chronic Disease: it attributes, as you see, symptoms of most diverse character to one underlying group of agents. Drs. Bach and Wheeler elaborate the evidence for these views in their book, *Chronic Disease*, and it must suffice here to say that the clinical evidence for the truth of Dr. Bach's theory is overwhelming.

The term Toxæmia is used and in the present instance it is of minor importance whether the toxin is bacterial toxin as such or a poisonous metabolite produced in the intestine. The presence of non-lactose fermenting bacilli in the intestine is associated with symptoms of ill-health which disappear when the condition of the intestine is changed and the bacilli disappear. This is not the time or place to discuss whether these non-lactose fermenting bacilli are the cause or result of disease, but it seems established that they are definitely associated with disease.

The normal B. Coli in the intestinal tract performs a useful function and is considered a harmless saprophyte and non-pathogenic. Any change in the host which affects the intestinal mucosa will upset the balance and is followed by a change in the habit and bio-chemistry of the B. Coli which may then become pathogenic.

The normal B. Coli ferments lactose and when this power is lost the bacillus becomes harmful. It is of interest to note that lactose is the only animal sugar commonly used in testing the fermentive powers of organisms.

Anything which alters the bowel flora must, of necessity, affect the health of the individual. It stands to reason to expect that such drugs as antibiotics, which destroy the bowel flora with resulting a-vitaminosis, must adversely affect the patient.

When the bowel flora is altered there is a corresponding change in the patient. This alteration can be brought about in several ways, such as diet, the potentized drug and the nosode.

The effects of diet, though definite, are not so rapidly achieved, and unless the patient persists in the diet, the symptoms return and the condition tends to relapse. With the potentized drug or the nosode, the alteration in the bowel flora is more rapid and also much more permanent.

Originally each nosode was an autogenous nosode, that is, the patient's own organism was potentized and administered as indicated.

This was comparatively simple when the organism had been isolated. Unfortunately this is not always possible, although the patient may present symptoms. So the next step was to use the nosode in a case showing similar symptoms. Gradually many vaccines were accumulated and put together in a composite vaccine of each organism, which might therefore contain many hundreds of different strains of this organism. These vaccines were potentized and form what we now know as the nosodes Morgan, Proteus, etc.

Provings in the usual sense, that is experiment on the healthy human, had not been made, so the symptom picture was not available.

In order to obtain a picture of each nosode, notes were kept of symptoms appearing or cured when the corresponding organism was found in the stool.

The brief outlines of these symptom pictures have already been published in such papers as "The Bowel Nosodes".

In the present survey, note has been taken of the symptoms arising in patients when the nosode has been given with benefit, the nosode in each case being prescribed on the symptom pictures already mentioned. The symptoms have been classified under each nosode, but actually no patient complained of all the symptoms nor were all his symptoms necessarily present at the same time in any one patient. However, the symptoms listed had been complained of and removed or ameliorated by the appropriate nosode.

Also each patient is quoted once only so that even if the nosode required repetition at a later date, the same patient does not recur.

Similarly, the remedies mentioned are quoted once only for each case, although they may have been repeated later several times.

If the symptoms persisted after the administration of the nosode, the indicated remedy was then given and frequently acted much better than previously, either more rapidly or the improvement continued for a longer period.

As has been emphasized on previous occasions, the nosode is not repeated for at least three months and indeed is not often required again for many months or years.

In all, 330 consecutive unselected cases are quoted. That this is a small number I am well aware, but in the last 100 there seem to be no fresh symptoms arising, merely a repetition of earlier symptoms. These are of course the commonly occurring ones. Perhaps later investigation into the thousands of cases where nosodes have been used over the years, may reveal some rare or peculiar symptoms. Meantime, I hope the symptoms presented will help to widen the picture of each nosode already placed before you.

Now follow summaries of the symptoms noted under each nosode with a list of the remedies given, and may I say they are symptoms rather than pathological diagnoses.

Morgan : Gaertner	69 cases	F. 31; M. 38
Sycotic Co.	53 "	F. 43; M. 10
Dys Co.	14 "	F. 9; M. 5
Proteus	13 "	F. 5; M. 8
Gaertner	11 "	F. 3; M. 8
Morgan (Pure)	156 "	F. 116; M. 40
No. "VII"	9 "	F. 8; M. 1
No. "X"	5 "	F. 4; M. 1

MORGAN GAERTNER

Females—31
Males —38 } 69

Age: 2 years to 76 years.
 Appearance: *Pale faced*—ratio of 2 to 1.
 Florid —ratio of 1 to 2.
 Dark haired: thin (F. aet. 40; 5 st. 6 lb.).
 Mentals: *Irritable; quick tempered; impatient.*
 Tense; nervous.
 Restless; weepy; depressed.
 Jealous; particular: apprehensive.
 Fears crowds; excitement and company.
 Claustrophobia: nervous breakdown.
 Bites nails.

- Scalp and Face: Alopecia areata.
 Scalp painful.
 Epithelioma forehead.
 Sudden œdema face.
 Herpetic eruption left side face.
 Neuralgia left side face.
- Eyes: Blepharitis.
 Styes.
 Cysts on lids.
 Vitreous opacities.
 Ulcer cornea.
- Ears: Boils in ear.
 Otitis.
 Mastoiditis.
 Singing in ears.
- Nose: *Nasal catarrh* ++.
Post nasal catarrh ++.
 Dry catarrh—crusts, ulcers in nose.
 Polypus nose.
 Red nose.
 Herpes nose.
 Epistaxis.
 Sinus infection.
- Mouth: *Bitter taste* +.
Bad taste.
 Gums inflamed.
 Pyrrhœa.
 Tongue burning.
 Pins and needles tongue.
 Tongue glutty in morning.
 Dirty tongue.
 Saliva glutty.
 Fissures at angles of mouth.
- Throat: Acid burns throat.
 Tonsillitis (recurrent).
 Œdematous uvula.
- Appetite: *Fond of sweets* ++; *salt* +; prefers food hot.
 Fond of fat; eggs; meat.
 Averse fat; eggs; meat.
- Stomach: *Flatulent indigestion: eructation excessive*.
 Eructation of bad odour.
 Sour mouthfuls (Pyrosis).
Fullness epigastrium, unrelated to food.
 Pain in epigastrium after food.
 Vomiting after food—afternoon or night.
 History of duodenal ulcer.
- Abdomen: *Flatulence excessive* in bowel.
Distended feeling.
Distended colon (prevalent).
 Pain right and left hypochondrium and epigastrium.
 Pain right and left iliac fossæ.
Pain ileocœcal region.
 Pain gall bladder: cholecystitis.
 Tenderness gall bladder.

- Abdomen (*cont.*): Pain right shoulder blade.
Pain left shoulder blade.
- Bowels: *Constipation* more common than looseness—ratio of 2 to 1.
Sluggish bowel.
Looseness urgent.
Piles—painful, itchy, bleeding.
Anal fissure; pruritis ani.
Prolapse rectum.
Mucus per rectum even if motion is not stiff.
Stool—hard, dry with mucus.
- Urine: Frequency micturition.
Enuresis.
Cystitis.
Renal colic—renal stone.
- Genitalia: Nephritis; pyelitis.
Dysmenorrhœa.
Irritable before menstrual period.
Warty condition of nipples.
Pruritis vulvæ.
Leucorrhœa—heavy; brown; bad odour; corrosive.
- Chest: Pectoral pain.
Tightness chest to left arm.
Pleurodynia.
Intercostal neuralgia.
Chesty colds.
- Respiration: Asthma.
Shortness breath.
- Cough: Ticklish cough night and morning; on waking; on lying down.
- Circulation: Discomfort cardiac area.
Myocardial enlargement.
Palpitation at night which wakens patient:
 better—eructation
 better—flatus
 better—moving about.
- Body: Paniculitis chest wall.
Fibrositis neck.
Rheumatism neck; back.
- Arms: Rheumatism right shoulder;
 right arm;
 right wrist;
 right deltoid muscle, elbow.
Neuritis arms.
Rheumatoid arthritis wrist.
Fibrous rheumatism wrist.
Pain fingers and thumb: thumb swollen.
- Legs: Arthritis of knee joints.
Knees stiff and painful.
Sweaty feet.
Right foot warmer than left.
Feet too hot at night.
- Skin: Psoriasis—elbows; knees and ankles, legs or body, even
 toe nails.
Eruption thighs; wrist where metal contact.
Herpetic eruption on sole of foot.

- Skin (*cont.*): Eruption vesicles hands.
 Papulo-pustular eruption face; brow; scalp; weepy; crusty; scaling and cracked.
 Urticaria arms—large weals.
 Warts hands—large, flat or jagged.
 Shingles +.
- Sleep: Insomnia (common).
 Drowsy after food.
 Night terrors, shouts in sleep.

Remedies in 69 Cases
(F. 31; M. 38)

Name of remedy	Number of patients
<i>Lycopodium</i>	44
<i>Pulsatilla</i>	14
<i>Silica</i>	14
<i>Kali bich.</i>	13
<i>Natrum mur.</i>	12
<i>Nux vomica</i>	12
<i>Sulphur</i>	16
<i>Sepia</i>	13
<i>Graph.</i>	8
<i>Calc. carb.</i>	7

SYCOTIC Co.

Females—43 }
 Males —10 } 53

- Age: 1½ years to 67 years.
- Appearance: *Sallow; pale; anæmic; puffy;*
 Greasy skin.
 Dark haired more than fair haired.
 Prematurely grey hair.
 Hairs on face, and upper lip.
 Alopecia.
- Mentals: *Nervous; tense.*
Cross; restless; weepy; depressed; shy; sensitive; fussy.
 Fear of being alone; of animals and dogs.
 Exhausted.
 Mostly cold sensitive.
 Bites nails.
- Head: *Headache*—weekly; every Sunday morning.
 < left side (lasts weeks);
 throbbing > heat and rest, < noise.
Headache—frontal congestive; lasts days.
Headache—sick headache < at menstrual period (before or after).
- Scalp: *Headache*—slight, but recurring in child.
 Alopecia.
 Painful dry scaly spots.
- Face: *Puffy in morning, especially under eyes.*
 Acne rosacea.
 Erythema.

- Face (*cont.*): Vesicular eruption cheeks.
Malignant growth right cheek (prognosis hopeless).
Facial neuralgia (left).
- Eyes: *Conjunctivitis*.
Tarsal cysts.
Photophobia; hemiopia.
Pain eyeballs.
Vitreous opacities.
- Ears: *Deafness*.
Otorrhœa.
Formation of wax in excess.
Cracks under ears.
Itch meatus.
- Nose: *Nasal catarrh* (50 per cent. of cases).
Post nasal catarrh.
Turbinates congested.
Sinus infection.
Dry; crusting and burning.
Polypi.
Cracks in angles of nose.
Epistaxis.
Sense of smell lost.
Hay fever.
Vasomotor rhinorrhœa.
- Mouth: *Lips dry and cracked*.
Cracks in angles of mouth.
Persistent herpes of mouth.
Tongue—sore; scalded; dry; fissured; furred.
Deep ulcers on tongue.
Tongue dry, sticks to roof of mouth.
Wart on tongue.
Bad taste; sense of taste lost.
Pins and needles on tongue.
Ulcers in mouth.
Salivation increased.
- Throat: *External—Goitre*.
Glands—posterior triangle enlarged.
Fibrositis neck and throat.
Internal—Tonsillitis (recurring), cheesy masses from tonsil.
Tonsils and adenoids enlarged.
Quinsy.
Throat feels raw; scorched; dry.
Profuse mucus from throat in morning.
Swallowing difficult; chokes easily.
Tracheitis.
- Appetite: *Finicky; pernickety; fastidious*.
Averse—egg (50 per cent. of the cases).
Upset by egg—nausea, vomiting, bilious attack and hay fever.
Even thought of egg in morning produces nausea.
Upset by fat, onion and oranges.
Aversion to egg, fat, milk, milk pudding, cream, salt, sugar, vegetables, tea, vinegar, cheese, meat, bread, potato and tomato.

- Appetite (*cont.*): *Fond* — *Butter*, fat, cheese, sweets, milk and salt.
Averse to breakfast.
Nausea with smell of cooking.
- Stomach: Nausea.
Anorexia.
Burning pain in stomach.
Eructation (acid); bilious attacks.
Pain and distension in epigastrium.
Flatulence.
Nocturnal vomiting—must empty stomach.
Acidosis attacks.
- Abdomen: Distended colon—? *Hirschsprung*.
Enteroptosis.
Abdomen distended.
Pain R.I.F. (Acute appendix at 69.)
Pain L.I.F.
- Bowels: Constipation or looseness (in morning or with excitement).
Distended feeling in rectum.
Splinter pain in rectum.
Prolapse of rectum.
Peri-anal warts.
- Stool: Liquid motion after every meal.
Loose frothy motion.
Mucus P.R. or with motion.
Motion pale, crumbly; bad odour.
- Urine: *Albuminuria*. (High percentage of cases.)
Urine—heavy smell.
Nephritis; pyelitis; nephrosis; cystitis.
Frequency and urgency with micturition—pain.
Urinary tantrums.
Kidney pain.
Urine corrosive.
- Genitalia: Menorrhagia and metrorrhagia.
Polypi uterus.
Amenorrhœa up to 6 months.
Dysmenorrhœa.
Leucorrhœa: Yellowish, white, dark brown, offensive and corrosive.
Leucorrhœa: Profuse and bland (one case).
Pruritis-vulvæ.
Ovarian cyst.
T.B. ovary and gland.
Mastectomy—malignancy.
Balanitis.
Impotent.
- Chest: Pleurisy.
Intercostal neuralgia.
Pleurodynia.
Fibrositis of chest wall.
? Patch lungs—Sudden pain at base of right lung.
Pain in left shoulder blade—râles apex. (X-ray neg.)
- Respiration: *Asthma*—
Asthma and bronchitis—generally < with damp and frost
and > at the seaside.

- Respiration Wheeze and cough—2-3 a.m.
 (cont.) Wheeze and cough on waking.
 Breathless—Worse waking; gasping.
 Frequent bronchial colds.
 Bronchitis in winter.
 Hard spasmodic cough at night—2 a.m., 4 a.m., or 6 a.m.
 Cough till sick.
 Morning cough with easy sputum.
 Head to chest colds.
 Cough bad with tough sputum.
- Neck and Back: *Fibrositis*—neck; shoulders and back.
Backache—severe;
 fibrositis back:
 myositis back.
 Stiff all over.
 Neuritis of head and neck.
 Sebaceous cyst back.
Lumbo-sacral pain ++.
 Pain loins.
 Pain ileo-sacral joints.
 Hips stiff.
 Pain generally— < after sitting.
 < at night.
 > moving.
 > *heat*.
 < beginning to move.
- Shoulders and
 Arms: *Fibrositis*—shoulders.
 Rheumatism—shoulders.
 Neuritis—arms.
 Arms ache at night.
 Muscular rheumatism of arms.
 Rheumatic pain in shoulders and arms; elbows and wrists.
 Arthritis—*wrists*.
- Hands: ARTHRITIS FINGERS:
 Pain generally— > dry day.
 — > hot water.
 Fingers deformed; nodules on fingers.
 ARTHRITIS *metacarpo-phalangeal joints*.
 Arthritis—especially of middle finger.
 Nodule between metacarpal 2 and 3.
 Fingers go dead; numb; with spasm of the fingers.
 Prickly feeling in hands.
 Nails brittle.
- Legs and Feet: Rheumatism knees.
 Bursitis knees.
Ankles swollen and stiff ++.
Soles of feet painful ++.
 Feet swollen at night.
 Big toe joint painful.
 Fidgety feet.
 Pes planus.
 Feet and legs painful at night.
- Skin: *Cracks* on finger tips.
Cracks on heels; *Tænia* heels.

- Skin (*cont.*): *Warts*—hands—large, flat and rugged.
 Warts—feet.
 Warts—body.
 Circinate eruption each arm.
 Nails brittle.
 Palmar dermatitis—*vesicles* itch + at night.
 — + heat.
 — < excitement.
 — < flour.
 — < detergent.
 Wrists dermatitis—erythema: *cracks*.
 Eczema—back of hands—*pustules* with heat and itch.
 —arms to elbows.
 Circinate eruption of thighs and shins.
 Varicose eczema of ankles.
 Toe nails painful.
 Toe nails brittle.
 Chilblains on feet— < with heat.
 Paronychia.
 Herpes on face; neck and chest.
 Herpes groin.
 Varicellar eruption of limbs since immunization.
 Intertrigo breasts.
 Eczema of face from 4 months to 2 years of age.
 Sleep: *Restless*: won't be left alone.
 Night terrors.
 Nightmares.
 Perspiration ++ head and body during sleep.
 Dreams of dead people.
 Wakes—2-3 a.m.: wheeze or cough.
 Can't sleep till 3 a.m.
 Insomnia.

Remedies in 53 Cases
(F. 43; M. 10)

Name of remedy	Number of patients
<i>Pulsatilla</i>	23
<i>Thuja</i>	19
<i>Lycopodium</i>	14
<i>Sepia</i>	14
<i>Natrum mur.</i>	14
<i>Tuberculinum</i> or <i>Bacillinum</i>	11
<i>Kali bich.</i>	9
<i>Sulphur</i>	7
<i>Silica</i>	7
<i>Calc. carb.</i>	7

Dys Co.

Females—9 }
 Males —5 } 14

Age: 3 years to 66 years.

- Appearance: *Thin.*
Fair hair; dark lashes; pink and white skin.
- Mentals: *Dark hair; pale; good colour.*
Tense; nervous; full of fears.
Shy; lacks confidence; apprehensive, worried over trifles.
 CLAUSTROPHOBIA—*afraid in train, tram, bus and church.*
 —*afraid in theatre, lift, office.*
Afraid of meeting strangers, new doctors, new patients.
Afraid to go out of house.
Unable to cope.
Trembles, stammers on excitement.
Restless; fussy; depressed.
Extreme exhaustion.
- Head: *Blinding headaches with looseness of bowel.*
Frontal; persistent.
Migraine—more headache than vomiting.
Fuzzy head.
- Scalp: *Painful to comb.*
Dry, scaly painful spots.
- Face: *Neuralgia—supra and infra orbital.*
Twitching of muscles of face.
- Eyes: *Blepharitis; styes.*
Conjunctivitis: photophobia.
Twitching eyelids.
Floating bodies; woolly spots before eyes.
Yellow colour vision.
- Ears: *Otorrhœa.*
Sudden swelling ears—blue red then scaling.
- Nose: *Hay fever.*
Vasomotor rhinorrhœa.
Frequent coryza.
Pain root of nose.
- Mouth: *Taste bad.*
Tongue raw and burning.
Lips dry and cracked.
Rheumatism jaw.
- Throat: *Enlarged thyroid.*
Dry throat.
Recurrent tonsillitis.
Pharyngitis.
- Appetite: *Fond—fats; sweets; salt; milk.*
- Stomach: *Pain P.C.— > eating.*
Indigestion for years—distension and discomfort p.c.
Eructation; heartburn.
Ptoxis stomach; dilation; splashing.
No heartburn, no vomiting, no nausea, no pain.
- Abdomen: *Distension; flatus.*
Colitis.
Pain and tenderness over gall bladder.
- Bowel: *Looseness—frequent motions 5 or 6 per day.*
Diarrhœa on excitement or worry.
Throbbing rectum with sense of block or cork.
Mucus with motion.
- Urinary: *Urge to micturition in tram or train.*

- Genitalia: Dysmenorrhœa.
M.P. irregular.
Throbbing pelvis and perineum.
Infantile masturbation.
- Chest: Pain chest on exertion.
Pleurodynia.
Sense of tightness lower ribs.
- Respiration: Shortness of breath.
Bronchial catarrh.
- Cough: Blood stained sputum.
Cough like pertussis.
- Circulation: D.A.H.—? Thyrotoxicosis.
Tachycardia; palpitation; extra systoles.
- Neck and Back: Fibrositis neck and shoulders.
Rheumatism neck and shoulders.
Backache.
Spondylitis.
- Limbs: Pain ankles—arthritis.
Osteo-arthritis and periostitis foot.
Osteoporosis.
Pain knees.
- Skin: Herpes face; neck; chest.
Blisters between fingers.
Scaly eruptions flexures.
Dermatitis hands—palms dry, cracked and painful.
Flat warts hands.
Psoriasis.
Urticarial attacks.
- Sleep: Insomnia.
Restless.
Wakes 2 or 3 a.m. with pain and discomfort epigastrium.

Remedies in 14 Cases

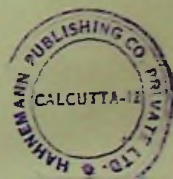
Name of remedy	Number of patients
<i>Argentum nit.</i>	9
<i>Ars. alb.</i>	8
<i>China officinalis</i>	5
<i>China arsenicum</i>	3
<i>Tuberculinum</i>	5
<i>Pulsatilla</i>	4

PROTEUS

Females—5 }
Males —8 } 13

- Age: 38 years to 60 years.
- Appearance: *Dark haired; pale; thin:* 4 florid.
- Mentals: *Tense; irritable; depressed—could commit a murder if crossed.*
Averse company.
Weepy.
Exhausted.
- Head: Headache frontal with sense of weight.
Headache < before menstrual period for one week.
Headache in morning.

- Eyes: Occasional dimness vision.
Meibomian cyst.
- Nose: Fluent coryza.
Stopped—worse indoors.
- Mouth: Cracks corners mouth—resistant.
Salty taste mouth.
Gums tender.
Ulcers mouth.
- Throat: Relaxed throat—speech difficult.
Ball of flatulence throat.
- Appetite: Averse—butter; pork; butcher meat; egg (especially boiled).
Fond—fat; sweets; salt; butter; eggs.
Upset by eggs.
- Stomach: *Acidity; heartburn; sourness.*
Flatulence.
Hunger pain not better with eating.
Vomiting after meals.
Dilated stomach.
Bilious at menstrual period.
- Abdomen: Flatulence.
Pain R.I.F.; pain L.I.F.
Sensation of ball in bowel.
- Bowel: *Constipation.*
Oxyuris.
- Anus: Piles which itch and bleed.
Itch very bad.
- Urine: Terrible burning urethra.
Ache in kidney region.
- Genital: Offensive leucorrhœa (profuse).
Brown; thick; scalding leucorrhœa.
Vaginitis.
Boil in vagina.
Pruritis vulvæ.
- Respiration: Cough bad; sputum.
- Chest: *Pain*—< with cold.
< with exertion.
Tightness; shortness of breath.
Panniculitis.
- Heart: Anginal attacks.
Coronary attacks.
Sudden cardiac attacks—at rest or walking.
Heart strain: E.C.G.—coronary insufficiency, but no infarction.
- Circulation:* Phlebitis.
- Neck and Back: Backache.
Fibrositis head and neck.
Slipped disc.
- Upper limbs: Hands dead at night.
Hands burning at night.
Contraction palms and finger five.
Lack of power in palm.
Hands numb in morning.
- Lower limbs: *Intermittent claudication.*
Pain calf; pain crutch; cramps legs.
Numbness feet.



- Lower limbs Feet feel frozen.
 (cont.): < cold atmosphere.
 Sciatica.
 Bruised appearance leg.
 Raynaud's disease.
 Hammer toes.
- Skin: Pruritis—intense.
 Skin; body and perineum; axilla.
 Boil axilla.
 Dermatitis back of hand with discharge (very bad).
 Hot; prickles; stings.
 Chin and upper lip: erythema with papulo-pustular eruption
 —dry, scaly, crusting, itching; six months
 duration.

Remedies in 13 Cases

(F. 5; M. 8)

Name of remedy	Number of patients
<i>Natrum mur.</i>	8
<i>Calc. mur.</i>	4
<i>Ferr. mur.</i>	3
<i>Mag. mur.</i>	1
<i>Kali mur.</i>	2
<i>Baryta mur.</i>	1
<i>Cholesterin</i>	1
<i>Cuprum</i>	1
<i>Secale</i>	2
<i>Sepia</i>	2
<i>Aur. mur.</i>	1

GAERTNER

Females—3
 Males —8 } 11

- Age: 2½ years to 76 years.
- Appearance: Fair hair; blue eyes; freckles.
 Pale; thin.
 Long black eyelashes.
- Mentals: Nervous—alone; noise; crossing street.
 Intelligent.
 Fidgety hands and feet.
 Excitable.
 Irritable; depressed.
 Bites nails.
- Eyes: White sclerotics.
 Styes.
- Nose: Polypi.
 Catarrh.
- Mouth: Salivation.
 Herpes.
 Dry scaly eruption.
 Dry scaly eruption round.
- Teeth: Black.
- Tongue: Deep fissures.

- Appetite: Craves—oatmeal (porridge and oatcakes); cheese; eggs; milk pudding; sugar and sweets.
- Stomach: Averse—bread; butter; butcher meat; fish.
Pains stomach.
Vomited everything; vomiting < after sweets.
Headache and vomiting: *acidosis attacks*.
Dilated stomach.
- Bowels: *Constipation*.
Diarrhœa—offensive: attacks every few weeks.
Thread worms.
Blood and mucus in stool.
- Anus: Pruritis.
- Urine: Blood and mucus with urine.
Burning in urethra.
- Genitalia: Profuse offensive leucorrhœa.
Hydrocoele.
Pruritis vulvæ.
- Chest: Bronchial colds.
Nocturnal cough.
- Neck and back: Pain hip and back (severe).
- Upper limbs: Fibrositis shoulders—Rheumatism shoulders (worse at night).
Rheumatism hands.
Chilblains hands in winter.
Bites nails.
- Lower limbs: Sciatica.
Rheumatism feet.
Pes planus.
- Skin: Soles of feet covered with blisters which itch and are < at night.
Urticaria; heat spots.
Boils arms and legs.
Eruption—back, head and neck.
Circinate eruption sternum.
Perspiration < at night.
- Sleep: Wants light in room.
Wants company; won't sleep alone, wants beside mother.
Late in falling to sleep.
Sleep walking.
Not afraid dark or alone.
Restless sleep: night terrors.

Remedies in 11 Cases
(F. 3; M. 8)

Name of remedy	Number of patients
<i>Silica</i>	8
<i>Phos.</i>	5
<i>Tuberculinum</i> or <i>Bacillinum</i>	7
<i>Zinc phos.</i>	4
<i>Nat. phos.</i>	2
<i>Calc. phos.</i>	2
<i>Kali phos.</i>	1
<i>Calc. sil.</i>	3
<i>Nat. sil.</i>	1
<i>Ferr. phos.</i>	3

MORGAN (PURE)

Females—116	} 156
Males —40	

- Age: 7 weeks to 90 years.
- Appearance: *Florid*: dark more than fair (120 cases).
Pale: either dark or fair (30 cases).
- Mentals: *Tense; active.*
Weepy; depressed; irritable.
Fears crowds, unknown and ill health.
Mongoloid.
- Head: HEADACHE: *morning (congestive).*
Frontal, vertex, occipital.
Migraine.
Weekly sick headache.
- Scalp: Hair falling out.
Alopecia complete.
Scalp sensitive.
- Face: Acne rosacea.
Hairy face.
- Eyes: *Granular lids.*
Conjunctivitis.
Tarsal cysts.
Styes.
Iritis; keratitis; phlyctena.
Spots before eyes.
- Ears: *Catarrhal deafness.*
Otorrhœa.
Noises ears.
Boils meatus.
Ménière's disease.
- Nose: *Catarrh.*
Post nasal catarrh } 30 per cent. of cases.
Sinus infection and antral infection.
Dry mucous membrane.
Cracks angle nose: crack nose.
Sense of smell lost.
Epistaxis.
- Mouth: *Ulcers* mouth.
Burning tongue.
Tongue raw and dry, burning; coated; slimy; swollen.
Tongue stiff in morning: wart on tongue.
Mouth and lips dry—lips stiff in morning.
Bad taste in mouth (day, nocte); halitosis; salivation.
Taste deficient or lost.
Cracks angles mouth; lips very red.
Pain root of tongue.
Jaw bones ache.
Periostitis jaw.
- Throat: Thyroid enlarged.
Adenitis neck.
Throat dry and burning.
Throat parched, raw and granular.
Recurring tonsillitis: cheesy pieces come out.

- Throat (*cont.*): Pharyngitis; laryngitis; tracheitis.
Apple core sensation: easy choking.
- Appetite: *Fond of fats; sweets; eggs and butter*, more than averse.
Upset fats and eggs; or
Avoids fats and eggs.
- Stomach: *Waterbrash; heartburn.*
Sour, acid, bitter, mouthfuls.
Eruclation; pyrosis.
Burning in throat and stomach.
Pain and acid > with food.
Nausea; vomiting; hæmatemesis.
Duodenal and peptic ulcer.
Bilious attacks.
Bilious attacks at M.P.
Bilious attacks since 14 years old.
- Abdomen: Epigastric pain or discomfort.
Tenderness epigastrium.
Pain right and left hypochondrium.
Pain right and left iliac fossæ.
Pain liver and gall bladder +++.
Tender liver and gall bladder +++.
Gall stones: confirmed by X-ray or operation +++.
Attacks jaundice.
Flatus.
Redness and moisture at umbilicus: bad odour.
- Bowels: *Constipation*—present in 95 per cent. of present series.
Pruritis ani +++.
Piles—bleeding; itching or painful.
Anal fissures.
Mucus P.R.
Bowel motion without help; loose; urgent in the morning.
Immediately after food.
- Stool: May be pasty, foul and contain blood and mucus.
- Urine: *Cystitis*: with frequency and pain.
Urine of strong smell and corrosive.
Urine contains sugar.
- Genitalia: *Pruritis vulva and vagina +++.*
Menorrhagia and metrorrhagia—polypi and fibroids of uterus.
Leucorrhœa—corrosive, offensive; brown; green; yellow.
Boils vulva.
Urethral caruncle; bartholinitis.
Dyspareunia.
- Chest: Pleurodynia.
Fibrositis chest wall.
Emphysema.
Angina.
Pain since shingles.
- Respiration: *Bronchitis each winter.*
History of pneumonia or bronchopneumonia; never well since.
Bronchitis and asthma.
Emphysema.
Suffocative attacks nocte.
Shortness breath.

- Cough: Dry tickling cough.
Morning cough—loose or sticky.
Dry asthma.
- Circulation: *Varicose veins: Vertigo.*
Phlebitis: Flushes.
Varicose ulcer.
High blood pressure.
Sluggish circulation.
Cerebral thrombosis.
Easy bruising.
- Neck and back: *Fibrositis neck and shoulders.*
History of rheumatic fever.
Pain generally < nocte.
> heat.
> moving.
< beginning to move.
Lumbago, acute or chronic.
Fibrositis generalized; dorsal; lumbar; sacro-iliac.
Arthritis spine.
Arthritis sacro-iliac joints.
- Upper limbs: *Pains shoulder ++: rheumatism shoulders.*
PAIN—arms; wrists; hands.
Neuritis arms; pain keeps awake nocte.
Numbness and tingling arms.
Arms puffy; useless; stiff.
Hands puffy; stiff and grip poor.
Hands too hot nocte.
Fingers stiff in morning.
Fibrous rheumatism hands.
Rheumatoid arthritis wrists (confirmed by X-ray).
Rheumatism thumb: osteoporosis.
- Hands: *Finger joints swollen and painful.*
Metacarpophalangeal joints swollen and painful, especially middle finger.
Nodules on fingers.
- Lower limbs: Lack power legs; limbs stiff; limbs numb.
Tingling legs; feet numb: growing pains legs, ache legs.
Limbs cold in patches; sense of touch lost.
Knee: swollen and painful: grating.
Peri-arthritis knee.
Osteo-arthritis knee.
Feet: Pain soles of feet.
Metatarsal-phalangeal joints painful, swollen.
Pain heels.
Thick skin soles of feet with *cracks heels.*
Pes planus.
Feet too hot nocte: offensive foot sweat.
- Skin: *Face: Eruption—face; scalp; neck;—pustular, weeping.*
Eruption—brow: *scaling and very itchy.*
—face: *hot, red, dry and fissured.*
Eczema chin and forehead.
Cracks and eruption behind ears;—weepy, itchy, scaly and fissured.
Neurodermatitis—chin, forehead and scalp margins.

- Skin (*cont.*): *Eruption scalp margins*:—pustular, itchy and scaling.
 Eczema ear passages.
 Erysipelas face.
 Acne face and scalp.
- Neck and body: *Eruption neck, body and chest*:—erythema, vesicular, papulo-pustular; *with marked itching*.
 Herpes-zoster both axillary regions.
 Herpes-zoster R. hypochondrium.
 Eczema left nipple.
 Intertrigo breasts.
 Acne shoulders and back.
 Boils and carbuncles neck.
- Arms and hands: *Eruption flexures arms*:—dry, cracked, fissured itching.
 Prickly heat *dorsum* arms and elbows.
 Eruption wrists to elbow:—dry, scaly, cracked and itchy.
 Infantile eczema.
Backs and palms of hands } dry, cracked, fissured, weepy, itchy
and between fingers } and burning.
 Cracks knuckles, fingers and thumbs.
 Flat warts hands.
 Nails brittle.
- Genitals: *Eruption scrotum*: vesicular, scaling, weepy, red, raw, itching.
Eruption perineum and groins } itch, red, raw,
Dry scaly eczema: pudenda and groins } and burn.
- Skin—legs: Varicose eczema.
 Chilblains, erythema florida.
 Erythrocyanosis puellarum: leukoplasia foot (and neck).
 Circinate eruption both legs inner side.
 Dermatitis *dorsum* foot, inner side heel, ankle.
 Erythema nodosum legs.
 Athlete's foot.
 Fidgets feet.
Eruptions generally < heat, washing and nocte.
 Cannot wear wool next skin.
 Skin sensitive to sun—prickly heat.
- Sleep: *Insomnia*; light and restless.

Remedies in 156 Cases
 (F. 116; M. 40)

Name of remedy	Number of patients
<i>Sulphur</i>	90
<i>Pulsatilla</i>	60
<i>Graphites</i>	54
<i>Sepia</i>	47
<i>Calc. carb.</i>	43
<i>Kali carb.</i>	40
<i>Calc. fluor.</i>	37
<i>Nux vom.</i>	31
<i>Nat. carb.</i>	30
<i>Cauticum</i>	27
<i>Petrol.</i>	26
<i>Lycopodium</i>	19
<i>Psorinum</i>	18

Remedies in 156 Cases (cont.):

<i>Thuja</i>	18
<i>Tuberculinum</i>	20
<i>Rhus tox.</i>	28
<i>Kali bich.</i>	25
<i>Silica</i>	25
<i>S.S.C.</i>	22
<i>Kali sulph.</i>	15
<i>Hepar sulph.</i>	14
<i>Nat. sulph.</i>	15
<i>Calc. sulph.</i>	17
<i>Medorrhinum</i>	16
<i>Calc. silica</i>	16

61

No. VII

Females—8 }
Males —1 } 9

Age:	48 years to 69 years.
Appearance:	<i>Dark; pale; puffy.</i>
Mental:	<i>Tense.</i> <i>Tired.</i>
Face:	Angio-neurotic œdema: eyes closed: lasted one week.
Eyes:	Thrombosis central retinal vein.
Ears:	Catarrhal deafness.
Throat:	Tonsillitis. Quinsy.
Appetite:	Averse fat.
Stomach:	Eructation. No vomiting.
Abdomen:	Pain in liver region. Flatulence.
Bowel:	Constipation. Hæmorrhoids.
Genito-urinary:	Had menorrhagia and metrorrhagia—better with deep X-ray. Pain vulvæ, no leucorrhœa.
Chest:	Some pain. Bronchitis.
Circulation:	Fainting. Excessive perspiration.
Neck, back and body:	Stiffness neck—"cracks like a nut". <i>Fibrositis neck and shoulders.</i> <i>Fibrous rheumatism neck and back, abdominal muscles;</i> shoulders and arms. Spinal osteo-arthritis. Backache, > heat and rest. < damp and cold. < commencing to move.
Lower limbs:	Joints swollen and painful. Fibrous rheumatism thighs. Stiffness limbs. Pain shoots up and down leg. Stabbing pain hip. Pains right hip. Cramps in leg at night.

Osteo-arthritis knees.
Peri-arthritis knees.
Left hip fixed, arthritis.
Rheumatoid arthritis, knees and ankles.

Feet: Pes planus.
 Feet painful.
 Gout L. toe.

Arms: *Rheumatoid arthritis shoulders: elbows; wrists.*
 Ganglion right hand.
 Fingers swell.
 Blood vessels burst in fingers.
Rheumatism wrist.
Rheumatism thumb—osteoporosis.
Wrists and ankles immobile, rheumatoid arthritis.

Skin: Cracks knuckles—tips of fingers.
 Cracks palms.
 Circinate eruption hands (palms)—hot, nippy and scaly.
 Paronychia fingers.

Sleep: Light.
 Wakes 2 or 3 a.m.
 2 hours to fall off.

Remedies in 9 Cases
 (F. 8; M. 1)

Name of remedy	Number of patients
<i>Kali carb.</i>	5
<i>Calc. fluor.</i>	4
<i>Calc. carb.</i>	4
<i>Rhus tox.</i>	3
<i>Causticum</i>	3

No. X
 Females—4 }
 Males —1 } 5

Age: 20 to 61 years.

Appearance: *Fair; florid.*
Dark; pale.

Mentals: *Anxious; active; irritable; depressed.*

Head: Headache forehead, left eye.

Nose: Catarrh.

Mouth: Gums spongy.
 Halitosis.

Neck: Fatty cyst.

Appetite: *Averse egg; bread; tomato; tea.*
Averse breakfast.
Craves sweets; chocolates; fried fish.
 Upset egg and fat.
 Anorexia.

Stomach: Nausea; vomiting.

Abdomen: Occasional pain gall bladder.

Bowel: Bowel motion first thing in the morning.
 Bowel motion sluggish.

Urinary: Pruritus ani.
 Frequency micturition.

- Genital: *Pruritus vulvae.*
Leucorrhœa fishy odour; greenish; corrosive.
 Flesh groin raw; dry and cracked.
 Urethral caruncle.
 Pain left iliac fossa and right iliac fossa.
- Chest: *Asthma.*
 Cough < in the morning; sputum difficult.
 Paniculitis chest wall.
 Lipoma lower ribs.
- Body and limbs: Tenderness coccyx.
 Rheumatism thigh.
 Rheumatoid arthritis left knee.
 Paronychia.
- Skin: *Warts hands*—numerous flat or pointed (after working with pickled hams).
Dermatitis flexures—? allergy to drug given for asthma.
Ringworm.
 Axillary perspiration.

Remedies in 5 Cases
(F. 4; M. 1)

Name of remedy	Number of patients
<i>Thuja</i>	4
<i>Natrum sulph.</i>	3
<i>Aralia</i>	2
<i>Sepia</i>	2
<i>Calc. phos.</i>	2
<i>Kali bich.</i>	2

CONCLUSION

Sometime the selection of the simillimum is more than difficult, or it may happen that the remedy has not given the desired amelioration. In such cases the administration of the appropriate nosode so clears the picture that the next administration of the chosen remedy gives the desired result.

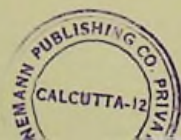
As has been said earlier, the 330 cases here quoted are consecutive and unselected, and so may not necessarily illustrate in detail the symptom picture already published. Nevertheless, I hope they supply some evidence for the use of the bowel nosodes.

I trust they also prove the contention that "the bowel nosodes are a valuable addition to the materia medica".

If the evidence is not convincing, the fault lies not with the nosodes, but with my presentation of their case.

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