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**JALPAIGURI**

# SABINA

## Cured Bleeding Piles

SABINA has generally been used in the diseases related to female genital organs. There are other fields where SABINA may be successfully employed.

Mrs. X aged 42 years came to me for her bleeding piles of eight years duration with frequent exacerbations.

### GENERAL FEATURES:

**Mood** - Mentally at times irritable, desires company, calm and quiet in nature, not very much talkative.

**Modalities** - Intolerance to heat.

**Bowel** - Constipation.

**Sweat** - Moderate

**Skin** - Pigmentation of face.

Having profuse menstrual flow, always 4-5 days before due date and at times flushing of face, intolerance to hot weather and desires the winter and cold climate indicates a true picture of menopausal syndrome.

### Presenting features and treatment in first visit:

Mild to moderate degree of bleeding after each motion with anal pain, constipation becoming weak, heat intolerance as usual. SABINA 1M two doses were given at an interval of 24 hours. It started profuse bleeding per rectum on third day for few hours. Gradually bleeding stopped in a course of 7 days.

### Second Visit (two weeks after the first visit.)

No bleeding, constipation relieved. No other major complaints. SABINA 200 two doses at 24 hours interval were given.

Later on she was given few doses of SABINA 200 at long intervals and subsequently SABINA 30 few doses were given

also at long intervals.

After 6 months of SABINA THERAPY, she remained well and more important about her menstrual flow which became normal and at regular intervals.

### DISCUSSION AND ANALYSIS OF THE CASE:

Primarily the case was presently with bleeding piles. She had anal venous congestion which resulted in bleeding piles. She had constipation habitually which aggravated the venous congestive feature. She was in a state of menopausal syndrome which has general vascular congestive feature in the whole of the body. And all these presented a condition of plethora, heat intolerance, constipation, general sluggish state of the body, anal vascular congestion, and piles (last one a particular feature and others general features of the case). These general features are similar to picture of SABINA.

Now the question of potency used is explained. 1st prescription here is high potency of SABINA 1M. Was it justified? The patient had definite local tissue changes (Organic changes) in the anal canal as the history of bleeding piles is of long duration. This sort of organic disorders requires low potency therapy at longer intervals. But presenting feature of the case was bleeding per rectum which is due to acute exacerbation of vascular congestive phenomenon in the anal canal. It is of dynamic in nature where repeated use of high potency is of value to transform the case from acute to a dormant state. Once such state is reached, where very few acute symptoms present, low potency constitutional drug may be used at long intervals. Here SABINA used in this manner. ○

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# Quinquina

## Quinquina

- 1 Delusion as if objects are enlarged vision upon vision passes before perception, to be transported through space. Hears music, bell etc.
- 2 Headache from sewing, mostly frontal and also occipital headache above eyes from riding in cold wind and ameliorated in a warm room, Aggravation of headache by turning the eyeballs upwards and using the eyes for fine works.
- 3 Dipsomania, irresistible longing for strong drink especially before menses in female. Pulsation all over the body after eating, mostly in the abdomen.
- 4 Offensive flatus after sugar, desire sugar but it makes him sick if he take sugar. Sugar brings on eructation, increased flatulence, sour stomach and diarrhoea. Flatulence passes upwards in large quantities. Most gastric ailments are accompanied by belching.
- 5 Sitting causes much pain in rectum with burning stool. Constricted feeling of the anus with much pain for hours for after stool. Fissures of anus, stool burn like fire, burning of anus before and after stool. Haemorrhage from anus.
- 6 Whooping cough with croup extending to larynx. Tickling in the larynx with irritation to cough. Scraping and rawness with sensation of coldness in the larynx. Rough dry cough and pain, gasping and suffering for breath, with wheezing and rattling in larynx. Sensation as if air passages are full of smoke.
- 7 Stitching pain in the chest with every change of weather. Intercostal rheumatism. Chilliness in chest while walking in open air. Pain along the inner margin of left scapula Pain in lower and inner margin of scapulae in shoemaker, needle worker, writers, from sitting bend. Weak spine and great lassitude.
- 8 Coldness of extremities, sensation like ice in spots especially back-cold spots. Sensitive to hot sponge sensitiveness and pain in back, lumbago, worse in open air, Chilliness over the back tingling, crawling creeping and formication.
- 9 Can only lie on the right side with stitching pain in the chest and should lie with head high. Feeling as if the heart were compressed with a hand. Palpitation not synchronous with the pulse. Rheumatic affection of heart with fulness through the whole body, limbs swollen but do not pit on pressure, face mottled and may end in Bright's disease and death.
- 10 Aching pain in the back amelioration by urination. Inactivity of rectum, should wait for a long time for urine to pass slow flow-in feeble stream. Urine is muddy with brick dust or red sand deposits. Child cries before urination.
- 11 Fever with external heat without internal heat. Thirst during chill, thirstless with fever. Pain in throat ameliorated by swallowing solid, Laryngismus Stridulus.
- 12 Pressing pain after fat foods. Aversion to fat food, warm drink and food, meat, butter, pork, bread etc. Vomits food eaten long before. Craves ice, pastries though it make them sick. Thirstless with fever and dry tongue.
- 13 Shiny bright discoloration of tongue with fiery red appearance with diphtheria Uvula hangs down like a bag of water with senitransparent appearance and soft palate is puffed. Burning stinging pain ameliorated by cold and aggravated by hot water.
- 14 Impaired hearing ameliorated in noise. Deafness and hears better in noise. While riding in car or train. Discharge from ear of sticky, viscid pus, bloody, offensive. Various kinds of noises in ear. Eczema on and behind ear, stitching pain in ears in cold air.
- 15 Sneezing awakes him from sleep, stoppage of nose, stuffy feeling, free acrid hot watery discharge makes him sneeze and awakes therefrom. Coryza with burning in larynx, inflammation of larynx and sore throat, Better in open air.

Dr. RADHA RENJEEV

For answers, see page 50

# Medicospage

QUINQUINA HOMOEOPATHIC QUARTERLY is starting a new page from this issue onwards under the caption 'Medicos Page'. Its aim is to encourage the participation of more and more students in the journal. Any subject included in the syllabus, Quiz, Crossword, Puzzles, Homoeopathic jokes etc are accepted for publication in this page.

## Medicos Quiz

This quiz is related to pharmacy and pharmacology.

- 1 The process in which a drug is reduced to a very fine powder by triturating it with a little water and drying the resulting paste.
- 2 The soluble matter of the ashes of anything which has been ignited is extracted with water and the solution is called "Lye". Name the process.
- 3 Small thin discs made with gelatin and glycerin and used to drop into the eye.
- 4 The substance chiefly used for testing hepatic efficiency and is obtained from invert sugar and honey.
- 5 A substance or its preparations which is contained in many preparations to cover the nauseous taste like that of Aloes, Cascara Sagrada, Ammonium Chloride, Hyoscyamus, Senega, Senna, Turpentine and very bitter substances.
- 6 Solutions generally of definite chemical bodies and in which the solvent is usually distilled water or alcohol.
- 7 Transparent, colourless, odourless, tasteless, clear oily liquid - a mixture of liquid Hydrocarbons.
- 8 Viscid, yellow fixed oil commonly called 'drying oil' as it unites with oxygen and becomes resinoid on exposure.
- 9 Aqueous mixtures for external use generally applied on lint or washed on the part.
- 10 Applications of an oily or spirituous consistence.
- 11 One of the most important solid vehicle which is used in our medicine and is generally available in powder form.
- 12 The dried flowering herb of the Indian Tobacco.
- 13 Small flattened cakes prepared from a basis of sugar and acacia. Suitably flavoured and combined with medicaments usually intended for a prolonged local action on the mucous surfaces of the mouth and throat which should be sucked slowly.
- 14 The quantity of a substance (usually toxicological or narcotic) which can kill a living being. Also called fatal dose.
- 15 The purified internal fat of the hog which is contained in many ointments.

Dr. AKHILA SANJEEV

For Answers, see page 49

## QUINQUINA CROSS WORD

