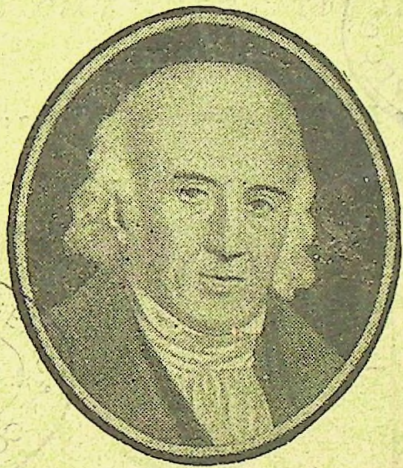


*The*

# HOMŒOPATHIC HERALD

JOURNAL OF PURE HOMŒOPATHY



Vol. XXXII.

January, 1972.

No. 10

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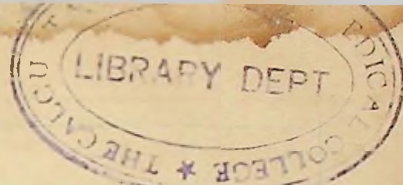
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The

# HOMŒOPATHIC HERALD

EDITOR

Dr. B. K. Sarkar, M. B. (Cal.), D. M. S.

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P U B L I S H E D

# HOMŒOPATHIC HERALD

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## Editorial

### THE STUDY OF HOMŒOPATHIC DRUGS FROM THE STANDPOINT OF ENDOCRINOLOGY

*(Continued from previous issue)*

#### (2) *Adrenal Personalities.*

Though adrenal gland appears to be one anatomically, it consists of two parts which are as different histologically as they are functionally. The cortex plays a part of the greatest importance in the development of secondary sex characters as well as of the brain and intellect. It is now believed that where the adrenal cortex is deficient, the brain in the human being fails to develop; it is to the cortex more over, that the keenness of intellect is due. Co-operation of the adrenal cortex is essential to the efficacy of sexual life. It appears that pugnacity and the sexual instinct are obviously intimately bound together; it seems likely that the cement which welds them together is to be found in this gland. We will study it in connection with sex-gland.

On the other hand the adrenal medulla is developed as a part of the sympathetic nervous system. Emotions interfere with the normal flow of its secretion; it is altered after muscular exertion; pain, excitement or in toxæmic conditions. The adrenal medulla is an integral part of the mechanism which enables the individual to adjust himself to his environment. The instinct of self-preservation depends upon the quick response of the medulla; for without its response the reaction by "flight or fight" would be impossible. Abrenalin personality is studied from two points of view—first, where

it is adequate to the needs of the individual type—the so called compensated type ; and secondly where where the needs of the individual are inadequately met and relative insufficiency is present. Compensative types are active, quick in response, energetic, called full-blooded people. *Nux Vomica* seems to be a drug which typifies this personality. In *Aconite*, the picture of acute onset of symptoms and the violence of symptoms, suggest the quick and energetic response by the organism to some offending cause due to dominant adrenal medulla.

### (3) *Pituitary Personalities*

Pituitary consists of two lobes, anterior and and posterior, with developmental, structural and functional differences. Anterior lobe exerts influence over the skeleton growth, development of, brain and sexual characters where it acts synergistically with thyroid, adrenals and sex glands. The posterior lobe is concerned with metabolism, vegetative functions and circulatory system. The anterior pituitary is the masculine secretion producing the successful, persevering, forceful personality ; the posterior, when dominant, imparts to its possessor, the more gentle and artistic attributes. The posterior pituitary personality will be retiring, shy, gentle and artistic. Unbalanced secretion of anterior lobe makes a person proud, haughty and sexually hyperactive. In *Platina* we get an image of this type, while *Pulsatilla* rightly indicates posterior lobe type.

### (4) *Sex-Gland Personalities*

The broad division of beings into masculine and feminine types depends upon the sex-glands, viz., the testes and the ovaries. Masculine types signify something more than a physical body with male sex characters ; and the same applies to feminine type. Some temperaments and traits in character we ascribe to masculinity while others to femininity, so the sex-glands not only determine the sex-characters but the whole personality to a great extent. Another important point to note is that sex-glands are helped by other glands, e.g. anterior pituitary, thyroid and adrenal cortex, to bring about their full effect on the organism. The sexual functions are not local

they reflect the whole constitution of the individual. Endocrinology fully supports the assertion.

As the endocrine glands have got to go through periods of readjustments during every epoch of change of life, viz., from childhood to adolescence during puberty, during menopause in women, during approach of senility, there are reflected through changed sexual functions and other associated neurovascular phenomena. In many of the homœopathic drugs we get a picture of these disturbances. I refer to drugs such as Sulphur, Sepia, Lachesis, Pulsatilla, Platina etc.

The importance of mental emotions e.g. grief, joy, fear, or any sudden shock as causative factors in the production of diseases, can also be explained with the knowledge of endocrinology. If these emotion take place in an already sympathetico-tonic person they will further stimulate the sympathetic system and so upset the balance of ductless glands that it is no wonder some permanent changes, whether mental or physical, may follow. Why this want of balance between the two sets of nerves or two sets of glands, the mother of all diseases? Physiology cannot go further back to trace it. Hahnemann names it as Psora-some principle producing the the original disturbance. It is conceptual something, it is the statement of a fact, it is no explanation in the strictly logical sense and we have to be content with that.

DR. B. K. SARKAR.

## THE VITAL FORCE IN HOMŒOPATHY IN GENERAL MEDICAL SCIENCE

( Continued from page 254 )

To the three forces, the healthy vital dynamis, the disease principle and the drug activity, a fourth element must be added to account for the law of similars. This fourth factor is the product of the third, of the medicinal power : the disease artificially produced by the homœopathic remedy. Paragraph 20 of the first edition explains Hahnemann's conception of the dynamics of his law in terms of the different elements

involved in it: "This eternal, universal law of Nature, that every disease is destroyed and cured through the similar artificial disease which the appropriate remedy has the tendency to excite, rests on the following proposition: that only one disease must yield to the other."

Hahnemann explains the beneficial action of the drug power which produces the similar disease, by contrasting the effect of similar diseases with that of two dissimilar diseases where one cannot extinguish the other, the two disorders then combining into "one so-called complicated disease." The correct treatment here is to find the homœopathic remedy which covers the whole symptom-complex which represents an "intermediate picture between the disease-pictures of the two disorders".

This pluralistic view must be related to the views which were held by Hahnemann's contemporaries. They spoke of a "materia peccans" to account for the diseased condition of their patients: Although Hahnemann, in some of his formulations, fell for this conception, in others he disagreed with such a view and in contrast to it formulated a monistic manifest in health and disease. In a Note to paragraph 31 of the sixth edition of the *Organon* we read the following statement: "When I call disease a derangement of man's state of health, I am far from wishing thereby to give a hyperphysical of the internal nature of diseases generally or of any disease in particular. [Diseases] . . . are . . . dynamic derangements of the life."

If the disease is a modification of a healthy state and not a separate entity, the remedy which is to cure the disease does not have to produce a counter-disease and the relationship between the states of health and disease is the relationship between two phenomena irrespective of their mode of production. In the eighth paragraph of the first edition, Hahnemann arrives at this phenomenological view and admits that the "so-called disease" is perceptible only through its symptoms, and in the ninth paragraph he says that "the disease can be only related to the required remedy through the symptoms." The argument is that "this symptom-complex" is an "outward

reflection", "a representation of the inward being of the illness", "the only means whereby it is possible to discover a remedy for it". The following paragraph is even more explicit : "A disease in its whole range is represented only by the complex of morbid symptoms", and in paragraph 14 : "the totality of the perceptible symptoms alone must afford the significant indication for the selection of a remedy."

This simplified standpoint does not, however, make the assumption of the vital force unnecessary. On the contrary, the vital force takes on the central position : In paragraph 12 of the sixth edition of the *Organon* we read : "The morbidly affected vital energy alone produces diseases, so that the morbid phenomena, perceptible to our senses, express at the same time all the internal changes. That is to say, the whole morbid derangement of the internal dynamis ; in a word they reveal the whole disease." In an annotation to this paragraph Hahnemann admits that it "will for ever remain a secret how the vital force causes the organism to display morbid phenomena".

#### *The vital force in non-homœopathic medical theory*

As this vital force is such a fundamental principle (although working in mysterious ways), one must assume that one-homœopathic medicine must also be aware of it. We shall now collect information on the vital force from theoretical aspects of non-homœopathic medical science, which we shall relate to homœopathic medicine.

In my gathering of illustration, I shall be guided by a paper entitled "Vital force and Homœopathy". The author is Dr. C. F. Hacker.

The phenomena of *embryology*, Hacker points out, can be understood only if we assume that they are manifestations of the vital principle. How else could we account for the orderly manner in which the fertilized ovum develops ? Hacker stresses in particular the growth of the central nervous system as a demonstration of the workings of the vital force.

Embryology must be linked with *genetics*, as the author of the paper points out. Of course, there may be genetical mishaps, hæmophilia and abnormalities of the rhesus factor

are mentioned. The vital force is said to have to "struggle" with such conditions, trying to keep the affected child alive. Hacker thus introduces the anti-vital disease element (derived from faulty genetic endowment) into the discussion, but he also assumes that the normal gene "award" conveys a balance to the nervous system which enables it to react adequately to the stimuli received from the environment. A defect in hereditary endowment is interpreted in terms of "miasmas", to be corrected by application of such constitutional remedies as *Calcarea carb.*, *Lycopodium* and *Silica*.

*Neuro-physiology*: In Hacker's paper, the central nervous system is discussed at length, to illustrate the action of the vital force. The diencephalic centres "receive all visceral and somatic impulses via autonomic and craniospinal nerve tracks; they mediate endocrine secretory activity, control the acid-base balance of the fluid matrix, and regulate the body's 'feel' to external temperature, physical discomfort and emotional stress".

As Hacker points out, the brain does not only control bodily processes. The vital force, manifest in this organ, is also concerned with psychic events. The cerebral cortex receives sensory impressions which are recognized by the mind. The mind also discriminates and projects into space sensations centred in the thalamus. The emotions, another important aspect of the mental aspect of this vital force, are connected with the thalamus as well which plays "a crucial part" in actions, "profoundly influenced by hunger, thirst, sexual desire and other cravings". All these vegetative needs must be co-ordinated by the vital force.

Hacker informs the homœopathic physician that his patients' likes and dislikes, on which he bases his prescriptions, pass through the thalamo-cortical paths. He calls the thalamus "the antechamber of the brain" and describes the situation in this area graphically as follows: "When the door of the antechamber opens to emit its autonomic fluster, the afferent tracks to cortex are rattled out of their conditioned slumber to dreams and fears, jealousy and rage, laughter and tears. To restore quietude and relaxation requires :

- (a) a smothering blanket on all this ado, by an allopathic dose of phenobarbitone. but this will leave the dysfunction underneath seething to some new stimultus, requiring constant repetition of the dose.
- (b) the declutch of the particular autonomic imbalance by the exact selected homœopathic remedy.
- (c) cirtical inhibition, mediated by the higher power of a calm thinking mind.

Thus the homœopathic remedy and the mind are seen as the means which enable the vital force to restore the disturbed equilibrium to its healthy state. ~~+~~

After having discussed the controls of emotional and cognitive functions, Hacker refers to those centres which regulate bodily processes : muscles, glands, heart, blood vessels, and the viscera, bronchi, the organs of digestion and the genito-urinary tract. He reminds us that the sympathetic and para-sympathetic systems carry the stimuli from the periphery to the centre and from the centre to the periphery and he maintains that "the action of each homœopathic remedy can be related to some function of these nerves at some level." Thus the homœopathic remedy is also interpreted as the instrument which enables the vital force to correct any imbalance of the neuro-physiological activity which is, itself, an expression of the vital force.

Emotion expression is linked with sympathetic nerve impulses, as rage, fear, fight and flight reactions depend on the relapse of adrenaline, and such emotions are also influenced by the appropriate homœopathic remedy.

#### *Homœostasis*

The maintenance of the body-mind equilibrium which we term health depends, as Hacker states, on the force which Cannon named "homœostasis" and which Hacker connects with hahnemann's conception of the vital force in the following way.

Homœostasis stands for regulation of the body's internal environment, a term introduced by Claude Bernard, to account for the constancy of the vital elements. It involves controlling the level of such materials as salts, sugar in the blood and the

safeguarding of the correct balance between acid and alkaline elements in the blood. The constancy of the internal environment is further safeguarded by the continuous adjustment of heat production, supply of oxygen, of heart beat all the factors on which the equilibrium of the body depends.

( Continued )

## SOME EXPERIENCES OF HOMŒOPATHY

DR. J. D. S. WILSON

(Continued from page 277)

She continues to take Indocid, but on the basis of this case history she was given *Rhus tox.* 30 t.d.s. for four days. She at first discontinued her Indocid but started taking it again as there was increasing stiffness in the joints to begin with. About a week after taking the homœopathic drug she noticed a startling improvement in her symptoms and to use her own words "I feel generally so very much better. I felt very depressed before taking this remedy and now this seems to have gone completely. I feel a different person altogether".

The patient was seen on May 11, almost exactly four weeks after taking the homœopathic remedy. The improvement was maintained and she professed to feel less depressed. There was only minimal swelling of the small joints of the hands and she had reduced her dose of Indocid.

*Comment :* This was my first patient treated homœopathically. The initial response to treatment has been most encouraging. The use of *Rhus tox.* was a beginner's attempt to treat local symptoms. The choice of a constitutional remedy appeared to present difficulty without further experience. I was therefore rather surprised to find the patient remarking on the improvement of her feeling of depression. It was only after discussion of this case with Dr. Blackie and her colleagues that I realized that *Rhus tox.* is a deep-acting remedy and the overall result not perhaps as mystifying as I had originally supposed.

DR. B.O.T. TAYLOR

*Miss J. W., age 13 years*

I saw this patient in March of this year when she was complaining of feeling droopy, lifeless, with headaches, sore nose and cough. Her nose was blocked.

Past history—asthma as a child and hayfever affecting the eyes and chest. She likes cool weather. Hates pig's liver and dislikes rice.

She has an attractive personality and easy going as long as she has her own way, but rather dislikes being fussed over when she is ill. She has a good school record, though has been a bad attender through ill health, is good at games, especially horse riding at which she spends all her free time.

Family history : Mother died of carcinoma of the breast following a very illness with frequent surgical operations and radiotherapy. Father has personality problems, and has been in a mental hospital. Brother—school phobia and delinquent behaviour—now lives in Australia.

On examination the patient had a running nose with marked excoriation of the nostrils and wide-spread moist wounds in the chest. There was some slight tenderness over the liver. She was given three doses of *Nux vomica* 10M on successive days, and her symptoms and signs subsided over the next few days. She has attended school regularly during this term, and has not had any hayfever or in fact any other symptoms whatsoever. About three weeks ago she thought she might be getting a return of her coryza and sneezing, and asked if she could have a repeat of her remedy, but this did not prove necessary as the symptoms settled within a few hours.

DR. FRANK JOHNSON

*Case 1. Female. age 14 years 3 months*

Complaint : Two-year history of scalp psoriasis. Seen one year ago by dermatologist, following one year's ineffective treatment by family doctor. The dermatologist reported "typical scalp psoriasis with grossly thickened parakeratotic lesions". Nine months' treatment by dermatologist likewise proved

ineffective. Had not taken any treatment, general or local, for the three months prior to consultation.

Previous history : nil.

On examination : slim, black-haired, with tanned skin colouring. Maternal grandfather had been a Castilian. The whole of the scalp area to margins of hair growth was covered with hard thickened plaques of psoriasis. These were painful on pressure. There was no observable area of skin. At the periphery of the lesions, the skin was reddened and sweaty.

Palms of hands were cool but sweating. The fingernails were bitten and dirty. Axillary sweating was apparent and had an unwashed odour. There were no other body lesions.

The patient reported intolerable itching and burning of the scalp. She had a generalized burning at night which was much worse in bed. This caused her to scratch which again made her worse. The itching was also worse when in bed. The mother reported that her daughter had become indifferent to school work. She was in fact too idle to bother doing homework set at school. On reprimand she became bad-tempered. She had recently tended to become rather introvert, possibly because she did not like meeting people, on account of the hair condition.

Repertory : Burning feeling of skin  
 Burning feeling of skin worse after scratching  
 Itching aggravated by warmth  
 Crusty eruption  
 Lesions painful on pressure  
 Indolent

*Sulphur* is common in big type to all these and this was the treatment given.

Treatment. 23 July 1968, *Sulphur* 30c, three doses, followed by sac. lac. for three weeks. Patient reported back seven days after treatment commenced and stated that the lesions were worse in that there was much flaking and her long black hair was covered in "dandruff". She reassured.

27 August—one month after commencement of treatment. Plaques were thinner, but there was still no area of skin

observable. Sulphur 30c, three doses, given with one month's sac. lac.

28 September. Loss itching and marked decrease in burning sensation. Approximately 25 per cent. of peripheral area clearing. Much residual redness where plaques had fallen off. Vertex still unchanged from previous month. Sulphur repeated in same potency.

12 October. Returned without appointment. Plate-like area on vertex was cracking and separating into small areas. These were extremely painful. Reassured.

26 October. Vertex lesions completely separated. Skin reddened. Given sac. lac.

23 November. Scalp skin normal. General health better. More cheerful and a little easier to live with.

18 January. Allowed to go to hairdresser at her suggestion.

24 April. No recurrence. Fit and well generally.

Discussion. A rather persistent case of scalp psoriasis is reported. Unusual in its severe distribution and in the thickness of the lesions.

All the fine particulars repertorized fitted in well with the remedy. The one mental symptom may well have determined the treatment, for in Kent, Sulphur is the only large-type remedy given under "Indolence worse at night".

#### *Case 2. Male age 13 years 10 months*

Complaint: Asthma from age of 4 years. Has been on intermittent treatment from that age. This varied from Monothamin and ephedrine to oxytetracyclines. Up to the age of 10 he had only had one good year. At the age of 11 he was given B.C.G., to which he reacted so violently with night and day gasping that he was admitted to hospital.

Previous history. No illnesses apart from measles and chickenpox. He lived for the first two years of his life with his maternal grandfather who has died of pneumoconiosis with underlying tuberculous infection.

On examination. A thin, pale, apathetic and listless boy. Dyspnoeic on undressing. Wheezy and snuffly. Gave the

impression that he was too tired to stand and shifted from one foot to the other until asked to be seated. Weight 4 st. 11 lb. stripped. Poor appetite.

General appearance unkempt and "scruffy", even for school boy. Hair thin and dry. Skin dry but no lesions. Mother states that he is generally untidy. Has to be forced to wash. He has to be chastised because of unwillingness to change soiled underwear. Would not change into his Sunday best unless forced to do so. "In fact he would go to bed in his clothes if he were left alone" states mother. Attacks of breathlessness worse for heat and warmth. Hates bed clothes, and she is afraid that he gets chilled in winter.

Chest X-ray of one month ago was said to be within normal limbs (mother's statement).

Treatment. 11 September 1968. Because of early contact with tuberculosis I gave him Tub. bov. 10M in three doses with sac. lac.

2 October. On the fourth day of treatment his appetite increased. Parent states: "has eaten more than he has ever done". Wheeze was a little better but no marked improvement. Weight 5 st. (3 lb. increase). Given Tub. bov. 30c. three doses.

30 October. Chest "as bad as ever". Appetite still good. Weight remains the same at 5 st. At this point I looked up Sulphur in Allen's Keynotes as the boy dressed I read the following: "Standing is worse position. They cannot stand. Aversion to being washed. Worse after a bath. Kicks off the clothes at night. Nightly suffocative attacks. Wants doors and window upon." I gave him Sulphur 10M, three doses, and sac. lac.

27 November. Great general improvement. Chest less wheezy. No attacks since last seen. Looks a little more cheerful. Weight 5 st. 4 lb. (increase 4 lb.)

24 December. Marked improvement. Parent states that he is more talkative. Weight 5 st. 7 lb. (increase 3 lb.). Given sac. lac. only.

24 January. Sleeping well looks better. One slight attack during the night on only one occasion. Weight 5 st. 9½ lb.).

other hand, some of the accepted hall-marks of *Nat. mur.* usually regarded as indispensable, were seldom stamped on my patients. And some—to me—important temperamental characteristics were not mentioned in books, or at least, not sufficiently stressed. That is my experience, gentle homœopath, but it may not accord with yours.

The combined picture of *Nat. mur.* in various books adds up to someone who has a chip balanced on each shoulder and almost implores you to knock one off and see what happens! I have never treated a patient who was otherwise than pleasant, nice, or at least outwardly civil. If those of you who are thirled to Kent look up the rubric "Mild", you will find potentized salt there in the blackest of black type. It cured a duodenal ulcer in a man whose old age was as serene as a Lapland night, and one of the gentlest ladies I ever met showed the typical tongue.

There is, however, a *Nat. mur.* type, courteous and always polite, but as hard underneath as a piece of the neither millstone. They are absolutely ruthless, and do not care how many faces they walk over to get their own way. And there is another type who are—to quote a housekeeper who looked after us when we were kids—"either up in the clouds or down in the midden." They can display an unnatural, spurious gaiety to be followed in time by an equally unnatural gloom. The trouble is that their sojourn, in either of these delectable places, can be unduly prolonged. Most cases of heart disease walk delicately, but *Nat. mur.* is the only drug in the wide, world that can literally and physically give a song and dance while suffering from cardiac trouble, believe it or not!

I have never not with a patient made choleric by sympathy, nor have I seen the shining, greasy face. Quite a number can lie out in the sun and fry, and some actually feel better at the seaside. Others can gobble up some fat cheerfully, and look round for more.

You know how *Lycopodium* comes in for much abuse as so constantly causing an aggravation, but some of the vilification

should be transferred to *Nat. mur.* which can be very vicious. *Lycopodium* is not such a bad chap as the books claim.

*Nat. mur.* may or may not like to take a lot of salt and it is well to inquire about this when a patient confesses to being prodigal with the salt cellar. Quite often, a wife admits she does not use salt in cooking and her husband is accused, quite wrongly, of taking too much.

I was long time in learning that some people who really take large quantities of salt are not *Nat. mur.* at all, but merely eat enough to produce some of its symptoms. The drug will help them once, probably twice, but assuredly not thrice. We reach what Compton Burnett called the "stop spot" of a medicine. It is like giving *Tub* or some other nosode. When it has done its work, it will only cause damage if repeated. We may then get the right answer by subtracting the symptoms of *Nat. mur.* from the total picture.

I was a long time in learning how dangerous it is to seize on retarded urination as an infallible keynote for *Nat. mur.* At least four other drugs have it and one is certainly *Lycopodium*. When we returned from the Kaiser's war, a fellow student made me laugh by recounting how he held up a long line of brass hats at Rouen who kept bellowing, "Go on, boy, go on." But the more they bellowed, the more he was retarded. I see him yet, typical *Lycopodium* yellow teeth and a'.

( Continued

## THE CARCINOSIN DRUG PICTURE

DR. D. M. FOUBISTER

( Continued from page 285 )

### MENTALS

The provings elicited very little except dullness of mind, difficult, disinterested, aversion to conversation and one can link up Carcinisin with *Medorrhinum* in the treatment of backward or mentally defective children. Clarke noted that

*diarrhi*  
*diarrhoea*      *diarrhoea*

Carcinosin was useful in mental cases with a tendency to suicide and a family history of cancer.

In my experience with Carcinosis, it is a useful remedy in mental cases with a background of fright, prolonged fear, or unhappiness. Fear can come into the picture a great deal, and anticipation. This is an important aspect of Carnosin.

Among the specific mental symptoms in covers is FASTIDIOUSNESS. Think of its related remedy, Arsenicum. It can be added to the tidy remedies, Ars., Nux, Anacardium, Graphites. It can have the opposite being related to Sulphur.

It has the obstinacy of Tub. bov, and the enjoyment watching a thunderstorm of Sepia. It has the marked sense of rhythm, the love of dancing of Sepia. It has the sensitivity to music of Sepia, and the sympathy to others of Phos., etc., also incidentally a feature of Sepia.

It has in children the sensitivity to reprimand of Medorrhinum and other, if not all, sycotics.

## GENERALS

Among physical generals Carcinosis has either a craving or an aversion to one or more of the following:

Salt ; Milk ; Eggs ; Fat meat ; Fruit

and there may be a craving and an aversion at another time in the same patient—not an uncommon finding in childhood.

It can be added, therefore, to the small list of remedies having a desire for meat fat.

Carcinosin has alternation of symptoms like Lac. coninum, Sepia, etc.

Regarding environmental influences, Carcinosis is better or worse from sea air. This is a very definite symptom linking it up with Medorrhinum, Nat. mur. and Sepia, also Tuberculinum which sometimes is worse at the seaside.

Discounting the benefit of a rest for the tired housewife, the exhilaration of the child going to the coast for its annual holiday, and the influence of fresh air on the town dweller,

sea air does greatly ameliorate some patients and their asthmatic peptic ulcer pain disappears regularly by the seaside. or it may have the opposite effect.

We should, however, be careful not to accept as absolutely definite the symptoms recorded in Kent's Repertory under "Air, sea." *Medorrhinum* almost invariably is ameliorated by the sea but very rarely it is worse by the sea. *Nat. mur.* is about 50-50. It is benefited by sea air just as often as it aggravated.

*Carcinosin* has worse or better at the seaside and quite often is worse at the East Coast and better on the South Coast, or vice versa.

A word about the various preparations, of *Carcinosin*. The original *Carcinosin* obtainable at Keene & Ashwell, is the one which was proved and the one which we have used mainly. Its source is unknown, but it is believed to be from carcinoma of breast. Recently two new series of preparations have been made by Nelson & Co. to whom we have supplied specimens from the homoeopathic hospital, and Gould & Son who have potentized a number of specimens of cancer obtained from another source.

In general, it may be said that the recently introduced preparations are much more active, but there is a very definite place for the newer ones. Of these, I have had most experience with Nelson's *Carcinosins* are also extremely active and valuable.

Another point in the prescription of *Carcinosin* as a constitutional remedy is that it is probably unsafe to give it to patients suspected of cancer. It has been frequently used in the treatment of cancer. In one article in an old Homoeopathic Recorder it is claimed to ease the pain of cancer of the breast. It is not easy to find a single case of cancer treated by *Carcinosin* alone, and it seems to be of very doubtful value in the treatment of the disease. In fact, it almost seems that the further away you get from actual, as in childhood, the more useful **CARCINOSIN** is as a constitutional remedy.

## SUMMARY

## HEREDITARY BACKGROUND

Various preparations of Carcinosis have long been used in homoeopathic practice, mainly on the indication of a strong family history of cancer. Recent clinical experience suggests that they may be useful as constitutional remedies for patients having a strong family history of cancer, diabetes, tuberculosis, or a mixture of these diseases, more strongly represented than in an "average" family.

## RELATED REMEDIES

The Tuberculin, Medorrhinum, Syphilinum, Sepia, Natrum muriaticum, Calcarea phosphorica, Dys. co., Lycopodium, Phosphorus, Psorinum, Arsenicum album, Arsenicum iodatum, Pulsatilla, Sulphur, Opium, Alumina and Staphisagria.

(a) There may be partial indications for two or more of these remedies without complete coverage by any single one, such as the desire for travel of Tuberculinum or Calcarea phosphorica ; the fastidiousness of Arsenicum album ; and the dislike of consolation of Natrum muriaticum or Sepia. Many combinations may be found.

(b) One of these remedies may apparently be clearly indicated, e.g. Sepia and little effect produced, may be short-lived. Sometimes a series of those remedies may have been given without really satisfactory results.

**Appetite.** There may be a craving for or aversion to, salt, milk, eggs, fat, fruit. (N.B.—It can be added to the list of remedies having a craving for fat.)

**Environment.** A definite symptom which has emerged is "influenced by sea air." The patient may be better or worse at the seaside, or may be better at the East Coast and worse at the South Coast or vice versa, as a carcinosis indication.

**Position in Sleep in Children.** The knee-elbow position is

covered by Medorrhinum, Carcinosinum, Calcarea phosphorica, Phosphorus, Sepia, Lycopodium and probably others. Normally this position is adopted in the first nine or twelve months of life, then it is less often found and is therefore of more value when found in older children.

**Personal History.** There is often tendency to insomnia even in childhood. Whooping cough or pneumonia frequently occur early in life and therefore tend to be severe.

### APPEARANCE OF THE PATIENT

Interest was aroused by the similarity between two children born of mothers who, while pregnant, were suffering from cancer of the breast and subsequently died from it. These children had a brownish, café au lait complexion, numerous moles and blue sclerotics. Both suffered from insomnia (the carnosins are useful remedies for insomnia, when indicated).

Continued

## THE INTELLECTUAL REMEDIES

ELIZABETH WRIGHT HUBBARD, M.D.

In the course of our friendship with our remedies, as with our acquaintances, we learn their qualities and who can be depended on for charm, for fun, and to do the work of the world. I would like to introduce to you anew, today, the coterie of intellectual remedies.

It would be difficult to select from any thousand people the couple of dozen noted for their qualities of mind, so I must beg your clemency for the fragmentary group that I would present to you today. They were selected, not with an eye to numbers, but from two viewpoints, first the practical clinical one, on the basis of patients showing unusual mental ability whose symptomatology had called for these remedies, and secondly from a theoretical standpoint by running through the

mental pathogeneses of our frequently used remedies. By mere haphazard I found 25 remedies which I should put pre-eminently in this class and I want to give you just a highlight on their mental processes.

We seem fated to begin always with *Aconite*, like Genesis, it is the beginning, and like the nature of the remedy what can be said of its intellect is strong and swift: Brainy people, full of power and vigor, with a plethora of ideas, sudden in decision, swift and accurate in carrying out, hypersensitive yes, but in a robust way, capable of ecstasy and even clairvoyance, but not in an effete form, subject to fears and anguish, strong as their natures, and, strangely enough, with a dash of malice which in them is a spice rather than a habit.

*Argentum nitricum* is next. This may surprise you, for we associate silver with failure of the intellect, but with this remedy there is an intellect to fail. This is the prototype of public performers, lecturers, flatulent mentally as well as physically, folk full of drive, hurried by the pressure of work and public contacts. They become apprehensive, fidgety, full of fear and anxiety, and as they urge themselves to more and more effort to compensate for their failing confidence, strange conduct crops out and they are nimble at devising queer reasons and excuses for their erratic mental processes, to use modern parlance, they rationalize par excellence.

*Belladonna*, so well known to us, has been intellectual from its childhood these vigorous, plump, large-headed boys with a high I.Q. Here again the force shows itself in sudden violent complaints, the mind is so active and fertile that the irritation of illness drives it quickly into the realm of delirium and violence. Unexpected acts crop up which in normalcy are piquant and refreshing and in mania may appear as biting, physical violence, boisterousness and destructiveness.

Next we come to one of the very few remedies who carry on the world's work in the country and make America what it is. We are speaking, of course, of our business man, *Bryonia*. Rich and competent though he is, he fears poverty, he may be

slow on the uptake but how persistent, he can follow through with large projects, his obstinacy is an aid, his choleric disposition an added strength. The *Bryonians* are not negative, they are bursting people which their pains symbolize. They are better under pressure, in mind as in body. They are a mighty folk and can produce real and results in the world.

Many of you will disagree with me about our next type, *Calc phos*. To be sure he is a slow starter, but he makes up for it. He begins with the trifling weakness of *Calcarea*, but he develops some of the brilliance of *Phosphorus* and in the end he approaches the mental range of *Tuberculinum*.

Intellectuality and insanity are relatives. Consider the beatific state of *Cannabis indica*, its grandiose ideas, its wonderful theories, the thrilling prolificity of its mind, its enthusiasm. to a point of exaltation and clairvoyance.

*Coffea*, as we can almost all demonstrate, is a great worker. Its power to think and to debate are heightened, it has a supersanity, its memory is phenomenal, it will quote you appositely from the poetry of any period. It labours incessantly for some great cause and then breaks down with insomnia thinking of a thousand things id bed. Hypersensitive to noise, to joy, to the pain of neuralgias.

You may not think of *Fluoric acid* as intellectual, for in a way it is the gigolo of remedies, the male *Sepia*. But consider it in the trilogy of *Silica*, *Pulsatilla*, *Fluoric acid*. It is business mad, hungry for thought as well as for emotion, with a curious mildness like *Pulsatilla*, and a reticence commendable in one emotional.

On *Ignatia* we need barely touch. You all know its overeducated refinement, too much cherished in mind and body, fed on Chopin instead of porridge but capable in its changeable way of great things in the arts.

Consider the mental veracity of *Iodine*, the typical thyroid, zealous, restless, often literary, feeling that it stopped its active brain would go mad at the same time over careful,

exigent, impulsive, a great driver of itself even more than of others, *Kali carb.* has a more complicated and intriguing mentality, witty, whimsical, sensitive to changes of mental atmosphere also, a ticklish proposition in spirit as in body, impossible on committees because of its touchiness, trying in the family, quarrelling with its bread and butter but ingenious, and vastly capable.

Its relative *Kali paos.*, whom we usually meet in nervous prostration before prolonged sorrow drove it into indifference and sadness, was an interesting type, its competence shot with unexpected cruelty, contrariness and passions.

You have all suffered from the uplifters, the compensatory social workers who need Lachesis. Like Josephus in the good book, they never finish anything, but what they do begin! Brilliant in comprehension, always a leap ahead, their loquaciousness a form of alleviating discharge, self conscious, conceited, jealous of prominence, what promoters they are. A brilliant group who must fight to the end succumbing to their own temperaments.

What would the profession of the law or indeed the teaching ranks do without *Lycopodium*? Here the mind has been developed from the word go at the expense of the body; incompetence, dread of new or even of familiar roles, infinite procrastination coming from this sphere, indecision, misanthropy, the imperiousness of weakness, the personification of the inferiority complex, or, as one of my patients put it, mental impotence.

*Nitric acid*, with its deep lines of suffering, its sensitiveness, its vindictiveness and taciturnity, shows you its mental calibre less than the others, but it is there beneath the obstinacy, beneath the physical suffering, a vivid brain.

*Natrum phos.* has solidity of *Natrum mur.* With some of *Phosphorus*, abundant ideas but easily distractible, hurried, angary at trifles, discouraged, fretful. *Phosphorus*, at its best, has perhaps more brains than any other remedy. It is over-

active, vehement and suffers from its own vehemence, excessive throughout, with a disorderly strength, it has the element of immaturity, sort of mental exhibitionism which makes all its traits both good and bad show up to their. It has also ecstasies and clairvoyance although these are of a more tenuous and Celtic type than those of *Aconite*. Train and restrain phosphorus and it will go to any heights.

Another of the builders of our modern civilization is *Nuxvomica*, the certified public accountant, charged with details of which he is a perfect master but which irritate him into fault finding, vehemence and even spite. He must have an outlet from his sedentary and exacting occupation, he cannot bear reading or conversation, he takes to dissipation or lets out in spells of touchiness, he will kick the chair and rip off the button from irritable weakness, he has too many irons in the fire and they are always hot, he is harried by a thousand details until he is full of perversity, he strains not only to vomit, to stool and to urination, but to forcing things his own way. He suffers and makes all about him suffer from mental tenesmus.

*Stapisagria* we think of in other spheres, but he is one of the cultivated gentlemen of the earth, controlling himself at any price, brooding at his chagrin, soured by his pent up wrath, to the point where he has to let the bank handle his business because repression has fatigued him until he can no longer cope with it.

Of the exasperating prowess of *Sulphur* we need hardly speak, the scholar, the book worm, the inventor, the great unwashed, ill shaven, threadbare, with spotty vest, with smooched collar, his room full of papers and books, his closet full of boxes, his mind full of metaphysics. The first time you meet him he is a genius, the next time a nuisance, and subsequently a pest.

*Silica* with its neat, clean, orderly mind, with its firm yet delicate perceptions, has a mental fibre of which we need

more, if only he had the confidence and the personality to impose his thought on the community.

*Tuberculinum*, the traveller, the great cosmopolite, ever in search of new people, new excitement, new ideas, the consumer of cults.

*Veratrum*, the dowager, unkindly witty, loquacious, malicious, working destruction with rapier ability in the Woman's Club of which she is the president.

One little known to you perhaps, *Viola odorata*, thin, fair, mild, impressive looking, with a marked increase of mental activity, over-intellectual and suppressed in emotions with her aversion to music, especially the violin.

And lastly, another of the brains of the outfit, *Zincum*, who vies with *Nux* for hard work, docile yet irascible, the keynotes to whose nature are oversensitivity, and the inability to throw things off either mentally or physically. The eruptions in the spirit of *Zincum* as well as in the skin cannot be thrown off and its natural fidgetiness and activity are turned into a slow and desperate prostration.

Here you have them, some of them, the group whom it pays to cure, and who when they have received their remedies, are capable of doing enormous constructive work in any field as well as for Homœopathy.

The British Homœopathic Journal, April, 1969.

## DISEASES OF CHILDREN

DR. ABHOY PADA CHATTEJEE

( Continued from page 287 )

In the irritative stage we notice in many cases contraction of the pupils, oscillating motions of the iris ; in the third stage when pressure on the brain has set in the pupils were dilated and the iris is immovable. These symptoms are likewise subject to modifications ; but as a general rule, dilatation of

the pupils and slowness of the pulse indicate effusion into the ventricles of the brain. The younger the child, the sooner the convulsions will set in ordinary cases they first set in the third or even fourth stage and they are frequently preceded, for a long time previous, by a slight twitching of the facial muscles of the upper extremities, and by distortion of the eyes. paralysis does not usually take place until the third stage. In the irritative stage the pulse is frequent and some times hard in the third stage it goes down to fifty five or fifty, but afterwards, when the torpid fever sets in, it again becomes very frequent, feeble and irregular. In some cases the pulse remains accelerated during the whole course of the disease slowness of the is one of the surest signs that pressure on the brain has set in.

It would require more space than I have to spare if I would establish a comparison between acute hydrocephalus and the various diseases with which it may be confounded; a good many diseases run into hydrocephalus, and I must depend upon the knowledge and judgment of the reader for a correct diagnosis in particular cases. The pathological alterations which result from acute hydrocephalus, are very numerous and varied. In cases where all the symptoms seemed to point to hydrocephalus, we some times discover only simple hyperemia or engorgement of the meningeal membrane and substance of brain. the brain is frequently compact, elastic, turgid as if pressed into the skull, and, after taking off the skull cap, protrudes beyond the borders of the skull sanguineous engorgement of the sinus, pia mater, and diploë, serous effusion in the ventricles and between the membrane, accumulation of fluid some times extending to the spinal canal; the serum is quite. Transparent, some times turbid, and if the disease run a slow course, the effusion is quite copious. If the disease should be very acute the effusion is some times wanting. The quantity is from two to six ounces; generally it contains very little albumen. There is a plastic exudation consisting of yellowish, bright green spots, on the pia mater, generally in the neighborhood of large venous trunks; at these places the pia mater adheres to the substance of the brain; isolated or confluent

miliary tubercles are discovered on the arachnoid membrane, on the whole surface of the hemispheres and in still greater number at the base of the brain. In many cases we see, real tubercles in the brain, of the size of a cherry stone to that of a nut, sometimes the fornix, the corpus callosum, septum, the sides of the ventricles and even the whole surface of the brain are found soft as cream. Hydrocephalus with effusion generally takes place in children that are upwards of three years old ; in younger children there is no effusion, but softening of the brain ; however, it is difficult to distinguish one from the others during the patient's life time.

*Causes.*—This disease occurs early before the sixth month most frequently between the second and eighth year of age. Distinguished observers maintain the doctrine that the disease is here, ditary in some cases. A predisposition to this disease may be created by intoxication, fright during pregnancy or lactation ; but its most frequent cause is probably the hereditary psora. four master i. e. Hahnemann, which is as yet so little understood by many ; and yet cannot be denied A disproportionally large head' especially forehead and sinciput, sunken eyes ; retarded, closing of the fontanelles indicate a predisposition for this disease ; florid, lively, precocious children are likewise liable to it and this predisposition is still increased by premature intellectual exertions. A cerebral irritation closely bordering on this disease may be created by a premature development of the senses, imagination and intellect, by emotions such as fright, fear of punishment, stimulating food or drink, and more particularly by long lasting pains in the brain. There are periods when the disease is so frequent that it may be considered epidemic. This is probably owing to physical or cosmic causes. Exciting causes are concussion of the brain by a fall, blow, or some other mechanical injury, which frequently does not manifest its dangerous consequences until years have rolled by ; exposure of the head to excessive heat or cold, abuse of spirits, narcotics all these circumstances cause a congested condition of the brain, which may lead to hydrocephalus, other existing causes are metastasis of exanthematic

diseases or habitual secretions, scarlatina measles, Variola, crustalactea, tinea, otorraoea, serofulous and other ulcers, sudden suppression of diarrhoea and dysentery, etc.

Hydrocephalus acutus may likewise be occasioned by inflammatory affections of adjoining organs erysipelas of the face, otitis, or by affections of the bowels, such as inlussesception, or by whooping cough, pulmonary tuberculosis, tight bandaging of children, retention of stool.

According to Hufeland the disease lasts from eight to twenty one days. In some cases it terminates fatally so suddenly that it seems like apoplexy, especially after exanthematic metrastasis, suppression of chronic eruptions, diarrhœa, dysentery. In such cases the serous effusion is not always found to exist in the dead body. The subacute form is the most frequent, the death-struggle sometimes lasts eight days.

Most authors are of opinion that it is only in the first stages of the disease that recovery is possible, which generally takes place towards the seventh or eleventh day and afterwards, accompanied by copious, critical, papecent, fœtid, darkgreen or brown evacuations ; the urine becomes clearer, the nose and ears become moist, there may even be a discharge from the ears which may last for a long time. Nosebleed, sweat, and in some cases, acutaneous eruption. The child becomes quite, the sleep sound and refreshing. Such critical appearances and even the abatement of the cerebral symptoms are sometimes illusory, even if they should last a couple of days. Relapses are quite frequent.

[To be Continued]

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# হোমিওপ্যাথিক পারিবারিক চিকিৎসা

পরিশোধিত ও পরিবর্দ্ধিত নূতন সংস্করণ  
কাপড়ে বাঁধাই সোনালী নাম লিখা, মূল্য ৮'০০ টাকা মাত্র।

এই অপূর্ক গ্রন্থের একমাত্র বঙ্গভাষায় মুদ্রণ সংখ্যা প্রায় তিন লক্ষ।

প্রত্যেক শিক্ষার্থী, চিকিৎসক এবং গৃহস্থের পক্ষে বিশেষ প্রয়োজনীয় পুস্তক। ডাক্তার সরল, সুধীবর্গ অন্তর্গতসেই ঔষধ নির্বাচন করিতে সমর্থ হইবেন। এই পুস্তকের উপক্রমশীকা অংশে “হোমিওপ্যাথিক মূলত্বের বৈজ্ঞানিক মতবাদ,” “হোমিওপ্যাথিক মতের বৈজ্ঞানিক ভিত্তি” এবং “এলাক্সি ও হোমিওপ্যাথিক মতবাদ” প্রভৃতি বহু গবেষণাপূর্ণ তথ্য আলোচিত হইয়াছে।

চিকিৎসা-প্রকল্পণে যাবতীয় রোগের ইতিহাস, কারণত্ব, রোগনিরূপণ, ঔষধ নির্বাচন এবং চিকিৎসা-পদ্ধতি প্রভৃতি সরল ভাষায় বর্ণিত হইয়াছে।

পরিশিষ্ট অংশে—ভেষজসম্বন্ধ তথ্য, ভেষজ-লক্ষণ-সংগ্রহ, রেপার্টরী, দাঙ্কের উপাদান ও খাণ্ডপ্রাণ, জীবাণুত্ব বা জীবাণুমরহত এবং মল-মূত্র-পুত্র পরীক্ষা প্রভৃতি নানাবিধ অত্যাবশ্যকীয় বিষয়ের সুন্দর ভাবে আলোচনা করা হইয়াছে। এই গ্রন্থ পাঠে অনেক নূতন তথ্য অবগত হইবেন।

বাজারে ছোট বড় বহু প্রকারের চিকিৎসার বহি বাহির হইয়াছে কিন্তু আমাদের “হোমিওপ্যাথিক পারিবারিক চিকিৎসা” যে অতুলনীয় ও সর্বশ্রেষ্ঠ ইহা সর্ববাদীসম্মত। এই একটি পুস্তক পাঠে যে জ্ঞান লাভ হইবে বাজারের বহু পুস্তকে ও তাহা হইবেনা। ক্রেতাপণ নকল হইতে সাবধান হইবেন এবং আমাদের প্রকাশিত “হোমিওপ্যাথিক পারিবারিক চিকিৎসা” যতপূর্কক দেখিয়া লইবেন।

প্রকাশক :

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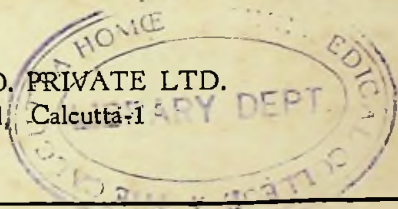
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