

Will I be able to become a Pilot?

Abstract: A wonderful case helped by Homoeopathy. The patient was not only off his everyday nose blocks but also was able to persue his flying course without one single absence.

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A 19 yrs old boy, both parents are doctors, came to us on 2/5/07. Mainly for his recurrent colds, severe earache and nausea in flight. They wanted it to be permanently cured so that he could go out of country to pursue flight training course for 8 months.

CHIEF COMPLAINTS

LOCATION	SENSATION	MODALITIES	CONCOMITANTS
RESPIRATORY TRACT Since 2002 1/month	Nose Block Coryza watery Ear block Nausea Occasional fever – 99	< cigarette smoke < vehicle traveling < sun → AC > sports > open air On nasal sprays	Ear block ³ Frontal headaches Weakness ³ Smell reduced Tongue wet p/h: Nov 06: Acute ear pain
G I TRACT	Nausea Headache	A/F Ear Block < flight < swimming	
Skin Face Back Scalp →	Acne Red Rarely pustular Pain	 <combing	

PATIENT AS A PERSON

The most striking thing about this boy is his speech-clipped and clear like an English newsreader. Sounds much older than his age of 19. I wondered if it could be a clue, but could find no rubrics anywhere!

Ht: 5'9", Wt: 50. Lean and tall

APPETITE: Normal. THIRST: 5-6 glasses/day

CRAVING: Icecream⁵, chocolate⁵, chicken³, salt³, spicy³ and sweets³

STOOLS/ MICTURITION: No complaints

PERSPIRATION: Now diminished. P/H+++. Stains +

BIRTH HISTORY AND DEVELOPMENTAL LANDMARKS: NAD

DAILY ROUTINE: Not fixed

SLEEP: Sleeps late and wakes up late. Refreshing.

DREAMS: Unremembered

THERMAL: Ambithermal towards Chilly.

Feels cold easily, > open air, < AC.

Covering: S-, W+.

Bath: Warm followed by cold water.

LIFE SITUATION AND MENTAL STATE

1987: Younger of 2 children. Has an elder sister.
Born and brought up in Mumbai.

Average student. No inclination for studies. Liked sports always. Very mischievous.

1994: Threw stone and broke glass

2003: SSC 81%

2005: HSC - failed in maths. Did not study, only freaked out. 2nd attempt scored well.

2007 Feb: Went to Delhi to learn flying. But he gets nausea as soon as the flight takes off, and this is anathema for would-be pilot. So came for treatment.

May 2007: Plans to go to US for further training in flying.

EMOTIONAL STATE

Irritable³- short tempered³, shouts, sulks. < Contradiction. Brooding³. Obstinate³.

Introvert³: Does not make friends easily.

Does not like going out of town, since has to meet new people. Talks less³.

Anticipation ++. Has to constantly remind himself that he has to appear for exams.

> Alone in the dark, Loves to sit and stare into space.

Thoughts ++, always thinks of unpleasant things.

PLAN:

ACUTE: *Puls*

CONSTITUTION: *Nat-ph*

INTERCURRENT: *Tub-b*

TREATMENT AND FOLLOW UP

DATE	SYMPTOMS	TREATMENT
2/5/07		<i>Nat-ph</i> 200 1 dose
8/5/07	>3. Feels >. Ear block L7. No coryza, nausea or headache	<i>Tub-b</i> 1M 1 dose on 8/5 <i>Nat-ph</i> 200 1 dose on 15/5 <i>Puls</i> 200/ 4 powders SOS
11/6/07	>3. No complaints. No nausea. Training has started with no problems. Headache with nausea 1 episode. > with SOS. Due to his course, we decided to give occasional doses.	<i>Tub-b</i> 1M 1 dose 1/month <i>Nat-ph</i> 200 1 dose 1/month
27/8/07	Email: Wants same medicine. No attack in 2 months. No SOS used	<i>Nat-ph</i> 200 1 dose 1 / 2 months
11/10/07	Report: No attack since 2 months. Pt and mother both are happy: his nemesis has been vanquished!	SL
8/12/07	Ct to do well.	Report SOS

**English is not my Mother tongue**

From H.A.L. Administration dept:

"As my mother-in-law has expired and I am only one responsible for it, please grant me 10 days leave."