

USA Report on the LMHI 2010 Conference

Redondo Beach, California, USA
May 18-22, 2010

Reported by Richard Hiltner, MD, DHT, NVP for the USA

The Liga 2010 Congress began on Tuesday Evening, May 18th, after the International Council concluded its session. The hotel and beach setting was a refreshing and dynamic scene for the Celebration of the 200th Anniversary of the Founding Charter of Homeopathy: *The Organon of Medicine*. The Liga 2010 Congress had approximately 450 Attendees with 100 speakers from about 30 countries. The LMHI President Ullrich Fischer initiated the Opening Ceremony. He emphasized the Cure by the Law of Similars or Analogy. Hahnemann stated in the 31st Paragraph of the *Organon of Healing Arts*: "The large homeopathic law of curing... is based on the law of human nature drawn on careful trials and pure experience.... that a disease can be eradicated and cured only by a similar disease."

The President of the American Institute of Homeopathy [AIH], Todd Hoover, followed with a short review of AIH's proud history with the LMHI since its beginning. Former AIH President Carroll Dunham implemented a resolution to produce the first World Homeopathic Convention in 1876. When the International Homeopathic League was eventually founded in Rotterdam in 1925, another USA physician, Roy Upham, was its first President. He pointed out that our best response to the ongoing attacks on homeopathy across the globe was to conduct properly controlled studies of homeopathic care.

Wednesday May 19th

The Congress was now divided into four rooms, and parallel presentation tracks took place throughout the duration of the Congress.

Please note that since I was not able to attend each presentation some of the information provided herein is taken from the Congress compact disk provided. Also, given the journal's space constraints, not all presentations will be reviewed.

Keynote Address by Martin Chaplin

Martin Chaplin has done considerable research on the polarities of water and its possible associations with the potentization of homeopathic medicines in water and ethyl alcohol. His conclusions were:

Liquid water is a complex material and behaves as a mix-

ture of two aqueous phases where the equilibria involved are affected by solutes, surfaces, magnetic and electrical fields and liquid-gaseous interfaces

- Liquid water can form other molecules on mechanical stirring.
- Liquid water can contain vast numbers of nanobubbles with liquid-gas interfaces that behave as though a different (third) phase.
- Liquid water is a good solvent, and dissolves glass and atmospheric gasses to form complex solutions.
- Very small concentrations of some materials in water may have unexpected effects on health.

Individual Presentations

John Ives detailed a report on "Enzyme Stabilization by Glass-Derived Silicates in Homeopathically Prepared Solutions." His conclusions were: All glass exposed solutions, whether homeopathic or pharmaceutical in nature, contain micromolar concentrations of silicates and other solutes. Silicates are known to be bioactive at millimolar concentrations. Homeopathic solutions we measured do not have a sufficient concentration of silicates to account for *in vivo* effects. *In vitro* effects reported in literature may be influenced



Liga President Kanan with Past-President Fischer



Anton Rohrer

by the dissolved solutes we detected

Josef Schmidt reviewed much of the history of the original *Organon of Medicine* by Samuel Hahnemann published 200 years ago. He compared the six editions printed from 1810-1842. His conclusion and suggestions: the *Organon of Rational Therapeutics* (1810) represented neither the beginning of homeopathic practice nor the endpoint of its development; it is mainly based on concepts that were developed and published before (1790-1810); the six editions reflect a further development, dependent on (temporary) social and intellectual conditions (1810-1842), and they are connected by a powerful (invisible) thread - Hahnemann's basic idea of the art of healing. The challenge to translate this into contemporary language and concepts remains.

Anton Rohrer related that, according to Hahnemann, the law of similarity refers only to symptoms of the remedy proving and not to symptoms obtained clinically. A proving symptom always consists of two parts: one is the influence of the remedy, the other part derives from the weak point of the prover; therefore, symptom similarity refers only to parts of the symptoms and not to whole symptoms. Thus, the search for the remedy and repertorization should also refer to parts and not whole symptoms. For this kind of repertorization the *Therapeutic Pocket Book* of Boenninghausen works the best and, as Boenninghausen wrote, this method had the approval of Hahnemann.

Iris Bell expounded on "Issues To Consider For Research" and "In Search of Responders: Using Individual Differences in Psychophysiological Measures and Self-Report Scales to Improve Sensitivity of Homeopathic Clinical Research."

Linda Johnston and Frans Vermuelen presented a thorough study of the plants in the Malvaceae, which is a large family with some 240 genera containing about 4225 species of trees, shrubs and herbs.

Sadhna Thakkar delivered a detailed study on a variety of

Snake Remedies and their relationship to different disease patterns.

Farokh Master continued the discussion of snake remedies, especially *Bothrops atrox* and its affinity for the effects of cerebrovascular accidents. [Please refer to the article on *Bothrops atrox* by Farokh Master in this issue of the *AJHM*.]

Bhattacharum Aruna expounded on "Similium: A Rare Commodity?" He quoted Dr. S.M. Gunavante, another legend of homeopathy, from his book, "Introduction to Homeopathic Prescribing," in which he writes that in many chronic cases we will require a series of carefully selected remedies to effect a cure. If the remedy is only partially similar, it will act only in one or two potencies; then the symptoms will change and a new remedy will be required. Currently in clinical practice most cases are not clear and present a maze of symptoms of any valuable quality. Hence in all such cases an approach with the partially similar remedy is a common and successful methodology.

Dan Cook discussed different styles of repertorization in a detailed presentation. [Again, refer to Dr. Cook's article appearing in this issue of the *AJHM*.]

In the Homeopathic Pharmacy track, Fruzina Gabor discussed the role of the homeopathic pharmacist, the HMHI definition of a homeopathic medicine, LM/Q potencies and the standardization of homeopathic remedies.

Thursday, 20th May, 2010

Paul Herscu presented new insights into the Constitutional Types of children.

Juan Jose Alas expounded on his experience with the Swine Flu Influenza in El Salvador. He presented some historical evidence of the effectiveness of homeopathy with influenza and shared his successful clinical experience employing homeopathic medicine for this disease.

Claudio Araujo revisited Hahnemann's Genus Epidemicus



Will Taylor, MD

technique. Using a combination of rubrics and symptoms enables us to arrive at an initial approximation of indicated homeopathic remedies; the particular symptoms and even the acute mental symptoms, if present, will then indicate the simillimum. Confirmation of the remedy selection by referring to the material medica is essential to the process.

Kasim Chimthanawala elaborated on the importance of the tubercular miasm and its clinical significance. Conclusions: The healing of active tubercular pathologies eventuates in strictures, stenosis, contractures, fissures, fistulae, sinusitis, stones, sclerosis, osteophytes, spurs, etc. It is thus apparent that many of the diseases of the present era are due to the influence of the active Tubercular Miasmatic state. It is thus imperative for homeopaths to possess a thorough knowledge of this miasm.

Didier Grandgeorge expounded on his book *The Spirit of Homeopathic Medicines*. [Dr. Grandgeorge's presentation is also included in this issue of the *AJHM*.]

Steve Xue presented a Comparative Study of Medical Holism of Zhang. Zhang Zhongjing's *Classics of Febrile Disease* and Hahnemann's *Organon of the Medical Art* differ in time by a span of 1,600 years. The disease spectrums of their times and locations are quite different; however, they share strikingly similar philosophies of medical holism in terms of human relations with Nature, the vital force, disease etiologies and progressions, diagnostic principles and therapeutic approaches.

Ramabhai Patel developed the relationship of Ayurvedic Medicine and homeopathy. He felt that the concept of miasms originated with Ayurvedic medicine, which began a few thousand years ago. A number of examples were presented to corroborate his assertion.

Wolfgang Springer presented a number of cases of *Calcarea fluorica*. He mentioned the most important categories and themes of the remedy. He concluded that further research was needed to better develop accurate, complete materia medica; further evolution of our materia medica re-



Richard Moskowitz, Carl Klinkenberg and his wife, Klaudia



Frans Vermuelen and Linda Johnston

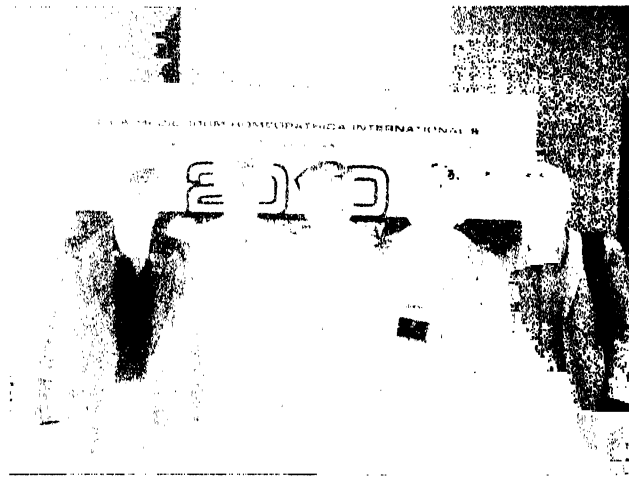
quires a synthesis of the knowledge of our masters of old and the legitimate long-term clinical experience of contemporary practitioners

George Guess spoke on another *Calcarea* salt - *Calcarea silicata*. Mental themes include: Timidity/Insecurity, Duty/Performance, Concern about Image, Fears and Anxieties, Mental Exertion/Function – Compromised or Adverse Effect of, Aversion to touch; Sad, Discontented, Dead People. Common physical pathology includes: severe acne; severe constipation, chronic or frequent sinusitis, Suppuration, recurrent upper respiratory infections, fatigue, corneal exudates and ulcers. Remedy relations: compare: *Calcarea carbonica*, *Silicea*, *Carcinosin*, *Arsenicum album*, *Tuberculinum*, *Baryta carbonica*.

In the Veterinary Session, Sue Armstrong and Peter Gregory covered the theme of "Remedies that Bite."

Dana Ullman reviewed the clinical research on the homeopathic treatment of respiratory allergies. Homeopathy offers options to conventional treatment of respiratory allergies. Either pollen mix preparations or individually-selected homeopathic medicines may be prescribed according to the specific and unique genetic history, personal health history, and totality of present physical and psychological symptoms the person is experiencing. Homeopathy can be useful in patients suffering from hay fever, allergic rhinitis and asthma. While there is evidence that homeopathy and placebo differ, further research is necessary to statistically confirm the efficacy of homeopathic treatment in allergic patients.

David Riley outlined the homeopathic principles and conventional research methods in contemporary homeopathic drug provings. In homeopathic provings the distinction between desired and undesired effects are blurred from a homeopathic perspective. The definition of an adverse



F Schoyens, H Xue, R Monserat, K Engel, S Xue

event, as it applies to conventional clinical trials, must be modified due to the unique qualities of a homeopathic drug proving. In homeopathic drug provings each symptom or sign is recorded and becomes a potential component of the homeopathic symptom picture. Therefore, only severe health disorders that require withdrawal from the trial and intercurrent illnesses are classified as adverse events in accordance with the GCP-Guidelines.

David Naude investigated the source of the crude substance and its influence on proving symptoms. Irrefutable similarities between the proving symptoms of the milk and ivory of the African elephant were identified on comparing the respective provings, confirming the research hypothesis. In addition, the symptoms found to be shared by the provings correspond with ethology and the Doctrine of Signatures analysis of the African elephant. These symptoms most likely comprise and describe the unique mammalian element of the remedy; i.e., the essence of the animal itself, and are likely to be manifest in all subsequent provings of these substances. Further, it appears evident that the unique circumstances of the animal from which a sample is taken may also influence the proving symptoms. This may occur by either producing unexpected additional symptoms which dominate or contradict the anticipated symptoms or, if the circumstantial influence is strong enough, might result in their complete suppression.

The implications of this phenomenon should be taken into consideration when sourcing substances for future provings, as should the practice of prescribing of animal remedies based on similarities between clinical symptoms and animal ethology when formal provings of the substance are not available.

Roger Morrison and Nancy Herrick detailed the "Carbon Remedies." Main themes of Carbon remedies are: Confusion, Identity, Value, Mental Weakness, Sinking, Isolation, Active/Passive, The Past. Minor themes are: Fire and Explosion, Ghosts, Hurry, Euphoria, Shock, Jumping, Lasciviousness, Childishness, Aggression, Suffocation, Tight Clothing/Constriction. Common disorders addressed with

Carbon remedies include: environmental illness, fainting, flushes, sudden complaints, weakness, searing/frying brain sensation, eye disorders, especially of the retina; cardiac arrhythmias, palpitation, bradycardia; digestive disorders; skin cracks and urticaria. Generalities include: labile temperature, aggravation from sun, lack of vital heat; foods desires: smoke and smoked flavor, sweets (aversion), alcohol (craving and/or aggravation from).

Ilya Tiraspolskiy outlined "Algorithms of Hahnemann's Psora in Clinical Practice."

Her algorithm consists of the following steps:

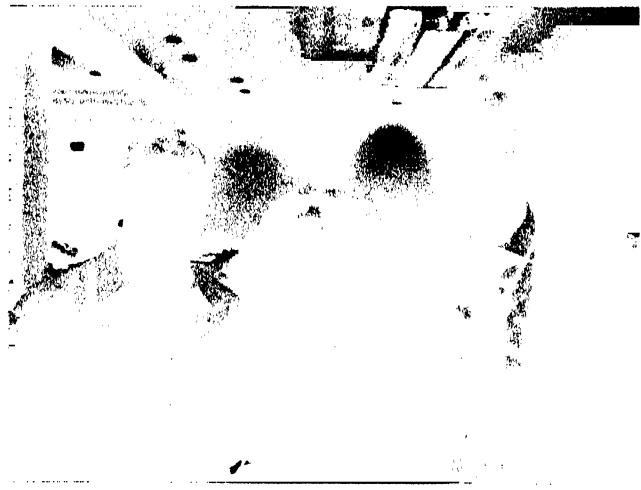
1. Differentiation of miasmatic layers in the clinical case. In the most situations there is only one miasmatic layer, the psoric.

2. All symptoms and "nosologies" should be arranged in chronological sequence of their appearance.

3. All patients' symptoms are to be distributed among three categories: primary psora, secondary unchanged psora, and secondary changed psora. The last one is the natural disease modified by previous treatment. Symptoms of the first deviations from the healthy condition (if they are not acute epidemic diseases, acute intoxications, etc.) should be included in the first group. Hahnemann's list of latent psora symptoms in his *Chronic Diseases* can be used as a questionnaire and for differentiation between the primary and secondary psora, especially if it is very difficult to construct an accurate sequence of the different manifestations of psora during the patient's lifetime. In this situation direct questions should be asked since patients become accustomed to these symptoms and to mention them during their spontaneous symptom reporting.

4. Repertorization should be done in the following sequence: primary psora (the most important), secondary unchanged psora (during the patient's entire lifetime). The symptoms of secondary changed psora are the least significant and may be used only for confirmation.

Alok Pareek presented information on pediatric Nephrotic



Roger Morrison, Nancy Herrick, and Carl Klinkenberg



*Manfred Mueller, President of NASH,
and his wife Christina*

Syndrome, which is a manifestation of all the three miasms. Psora alone produces more marked anasarca and dropsical conditions than sycosis, but the union of the two enhances accumulation of fluids to a great degree. The constitutional peculiarities of psora, syphilis and sycosis should always be studied in advanced childhood conditions.

Pawan Pareek outlined some cases in which homeopathy was used both to successfully avoid surgery and for post-surgical complications. The pathology that was successfully managed with homeopathy, averting the need for surgery included: appendicitis, renal calculi, urethral stricture, benign prostatic hypertrophy and prostate cancer, hemorrhoids, fissures, fistulae, hydrocephalus. Post-surgical conditions treated were: flatulence, pain, ill effects of anaesthesia, sepsis, uterine hemorrhage after dilatation and curettage, decubiti, hemorrhages, surgical shock, jaundice. Limitations of the use of homeopathy included: large tumors, large renal calculi, intestinal obstruction, congenital deformities, compound fractures, appendicitis threatening suppuration.

Yogesh Sehgal examined the treatment of Schizophrenia by the Sehgal Method. The Sehgal Method, founded by Late Dr. M.L. Sehgal, is a simple and practical approach to homeopathy, which has been followed by many homeopathic practitioners successfully all over the world. According to this method the medicine is prescribed on common, most ordinary and usual expressions of the patient, those which are present, predominating and persistent. After gathering the three Ps, the next level requires understanding the present mental state of the patient through gestures and tone, the manner in which a patient expresses the symptoms related to his sickness.

Vangelis Zafeiriou offered a different method of finding the correct homeopathic medicine. He coined the words

Therapeutic Relationship. This association relates to how the practitioner feels, the internal reaction to the patient that the practitioner experiences.

Michael Teut discussed the growing prevalence of Alzheimer's disease and other dementias worldwide. It is estimated that over twenty-four million people have dementia today, with 4.6 million new cases every year. *Hyoscyamus*, then *Opium* and *Acidum phosphoricum* were the most successful remedies in his hands. [See his article on this topic in the current issue of the *AJHM*.]

Friday, 21 May, 2010

An Van Veen expounded on CEASE-therapy (Complete Elimination of Autistic Spectrum Expression). The CEASE autism therapy was developed by Dr. Tinus Smits from Holland and employs mainly homeopathic treatment. *Isotherapy* is employed to detoxify the varied causative factors of autism. Orthomolecular medicine is also used, and classical homeopathy finishes the case. This approach has been successful in treating autism. One limiting factor in the successful application of CEASE therapy can be an insufficiency of correct information about possible etiologies. Consequently a checklist has been developed which contains all the causations that have been identified over the course of treating 300 autistic and/or other behaviorally abnormal children. The aim of the treatment is to resolve all causative factors completely and restore the child's health.

Fabio de Almeida Bolognani described a study of 37 pediatric ADHD cases; 22 of the studied population with elevated urinary zinc levels showed an improved clinical response to *Zincum metallicum* 12 CH, with concomitant decline in urinary zinc excretion.

Prasanta Banerji and Pratip Banerji described their successful application of the "Banerjea Protocol" for cancer treatment in which, frequently, two remedies are prescribed. They supported their approach by referring to a letter of Hahnemann's. In a letter dated 15th June 1833 (Koethen), Hahnemann wrote to Dr. Julius Aegidi:

"...do not think that I am capable of rejecting any good thing from prejudice, or because it might cause alterations in my doctrine. My sole desire is the truth, and I believe yours is also. Hence, I am delighted that such a happy idea has occurred to you. Indeed, two medicinal substance should be given only in a case where both seem homœopathically suitable, but each from a different side. Under such circumstances, the procedure is so consonant with the requirements of our art that nothing can be urged against it; on the contrary homœopathy must be congratulated on your discovery. I myself will take the first opportunity of putting it in practice. I think, too, that remedies should be given together..."

Also:

"there are several compound cases of disease in which the administration of a double remedy is perfectly homœopathic and truly rational. This is particularly so,

where for instance each of two medicines appears suited for the case of disease but each from a different side; or where the case of disease depends on more than one of the three radical causes of chronic diseases postulated by me...". (*British Homœopathic Journal*. Vol. xxiii .p. 413)

Even Hahnemann diverted from his single remedy theory when confronted by a serious disease. He writes,

"...sometimes when aid is delayed many hours, or other or improper remedies have been administered, the patient falls into a sort of typhoid state, with delirium. In this case *Bryonia* 30x, alternately with *Rhus tox* 30x proves of eminent service..."

There are many such examples in the writings of Hahnemann, Dr. Herring (Hahnemann's principle disciple) and others.

Hahnemann also advocated specific remedies for many diseases. Thus he writes in *The Lesser Writings*, p. 284-285:

"...Syphilis depends upon a virus which besides other peculiarities that it can develop in the human body, has a special tendency to produce inflammatory and suppurating swelling of the glands. Such a chronic disease can only be cured by a remedy capable of developing a disease of similar character, no more efficacious remedy could be conceived than Mercury. Experience has confirmed it as a specific..."

The results of their treatment method: of 21,888 malignant tumor cases (1990 -2007) 21% completely regressed and 23% improved and have remained static.

Girish Gupta presented some evidence-based homeopathic studies on ovarian cysts demonstrating the efficacy of homeopathy for this condition. He found that surgical treatment and lengthy hormone administration could eventuate in side effects such as hot flashes, psychological disturbances, which homeopathic treatment can obviate. Further, after surgery, a common observation has been the recurrence of ovarian cysts on the contralateral side.

Other gynecologic diseases helped with homeopathy that subsequent speakers discussed included endometriosis and uterine fibroids.

Mitchell Fleisher presented a case of a 53-year-old female with terminal, metastatic, small cell cervical cancer. After one year of treatment the woman is currently alive and well without any objective evidence of malignant disease, to the surprise and chagrin of her allopathic oncologists. Her Integrative CAM therapy consisted of her homeopathic constitutional *simillimum*, *Magnesium bromatum*, alternated with the cancer nosode *Carcinosinum* via the Ramakrishnan dosing method, as well as nutritional supportive care designed to provide whole body detoxification and enhanced cellular metabolism, along with stimulation of immune defenses against the cancer and/or opportunistic infections via augmented Natural Killer T-cell function, inhibition of cancer



Todd Rowe, Nancy Gahles, DC, President of the NCH, and Richard Hiltner

cell energy production, blockade of tumor angiogenesis and promotion of cancer cell apoptosis. [See the entire case in this issue of the *AJHM*.]

Sharad Shangloo reported on a *Carcinosin Pap Uterus* 30C clinical trail on 100 patients with cancer of the uterus. Eighty-six of one hundred subjects followed the treatment protocol, and of those eighty-six seventy-eight improved, yielding an overall rate of response of 90.69 percent.

Keyur Majmundar asserted that cancer can develop after an emotional disturbance. Once the causative "vital conflict" is understood psychotherapy can lessen the cancer's impact by reversing the psychodynamic process. He has arrived the following conclusions:

1. In a cancer case once we understand the vital conflict the impact can be minimized by reversing the process with psychotherapy. Simple awareness of the conflict lessens its influence. The homeopath can be of assistance by addressing this conflict with the appropriate remedy.

Srinivasa Rao Nyapati reported on a clinical study of the efficacy of homeopathy for nasal polyps. A comparative statistical analysis was performed using clinical and radiological data between surgically and homeopathically treated cases. Points of comparison included degree of regression, relief of symptoms of nasal obstruction, incidence of recurrence of allergic phenomenon and polyps, and effect on headaches, anosmia and various other of symptoms. The mean average of the relief in symptoms of nasal polyps wa 76.66% in the surgical group and 68.88% in the homeopathic group, but the most significant change in the homeopathic group was the complete non-recurrence of the polyps in the stipulated period of six months observation and the definite relief in other associated chronic ailments.

Pawan Parcek presented an excellent history of Chronic Renal Failure and specific cases homeopathically treated. He found that homeopathy can reduce the number of cases that progress to require dialysis and renal transplantation, homeopathy can help to minimize the number drugs required and provide both mental and physical ease in post transplanta-

tion patients suffering rejection of their new kidney. He also found that diabetic renal failure was always difficult to treat.

Amarinder Singh continued the discussion of chronic renal disease. He asserted that not all chronic renal disease is irreversible when homeopathy is applied; even in cases of severe renal damage homeopathy can prevent further progress of the disease; in more than seventy percent of cases dialysis can be reduced, as was the case in his experience, and ultimately discontinued within one to three years (depending upon the severity of disease).

Sheo Murti Singh described an infant aged eighteen days with a diagnosis of fatal Hypoxic-Ischemic Encephalopathy (HIE) Grade III with meconium aspirate syndrome (MAS). He responded miraculously to a single dose of *Vanadium 30C*. *Vanadium* was prescribed on the basis of the simple understanding that vanadium is an oxygen carrier. Dr. William Boericke describes this remedy thusly: "Its action is that of an oxygen carrier and a catalyzer, hence its use in wasting diseases." *Vanadium* increases the amount of hemoglobin and also combines its oxygen with toxins, destroying their virulence; it also increases and stimulates phagocytes and is a remedy in degenerative conditions of the liver and arteries."

Saturday, 22 May, 2010

Kusum Chand and Raj K. Manchanda demonstrated in double-blind placebo controlled studies on 120 patients with chronic multi-drug-resistant tuberculosis over fifty-three months significant improvement in the radiological status.

Praveen Kumar also spoke about MDRTB and his experiments showing apparent inhibition of MDRTB in a culture medium containing *Tuberculinum 30C*; the period of incubation was rather brief however, ending after forty-two days. [Editor's Comment: A similar trial lasting up to twelve weeks would be preferable; also such a study would require

replication given the well-known difficulty in culturing the tubercular mycobacterium.]

Todd Rowc arrived at the following conclusions on assessing the health of the United States homeopathic community.

1. Homeopathic medicine is not growing in the United States and has been stagnant over the last ten years.
2. The number of practitioners has remained unchanged in the last ten years.
3. The number of patients engaging in homeopathic medicine has remained unchanged in the last ten years.
4. The number of homeopathic schools and alumni has largely remained unchanged in the last ten years.
5. Most homeopathic school graduates do not end up practicing.
6. Homeopathic schools are not attracting younger students.

Rinaldo Vargas, Corey Weinstein, Lee Kayne and Peggy Chipkin also gave interesting presentations.

Wayne Jonas gave an important keynote address entitled "Science and Homeopathy: A Critical Perspective".

Closing Ceremony

Richard Hiltner, Congress President, presented Plaques of Appreciation to the Organizing Committee - Todd Hoover, Richard Moskowitz; Joyce Frye, the Scientific Chair; Babette Haddox, the event planner; George Psaltis and Adele Bonge, volunteers.

Ulrich Fischer handed over the gavel and Presidential Medal to new LMHI President Jose Mantuk Kanan, who closed the Liga Congress.

This was followed by an lovely vocal and piano ensemble with Karl Krinkenberg, Dick Moskowitz and Claudia Klinkerberg. ❧