

Noble Metals - An Overview

ABSTRACT: *Why was this subject selected for SSMS? The purpose of SSMS is to impart knowledge to the delegates. This different topic was selected by us to learn less used but useful remedy group. My task is to introduce and make your acquaintance with Noble Metals - Argentum, Aurum, and Platina in the order of their usage in the Homoeopathic world.*



Dr VISHPALA PARTHASARATHY LCEH

1201, Vinayak Angan, Old Prabhadevi Road, Near Passport Office, Prabhadevi Road
Mumbai 400025. Tel: 24386161/26042749

STUDY OF A REMEDY

There are 2 ways to study the heavy metals:

CONVENTIONAL WAY - Through the periodic table, building up the characteristics

ARTISTIC WAY - Through common usage etc and demonstrating finally through the cases

We will opt for the 2nd way. We will cover *Aurum-met, Argentum-nit and Platina*

FIRST LET US TALK ABOUT **GOLD - AURUM-MET**

THE CHARACTERISTICS OF THE METAL ARE

The most precious metal, the metal most sought after, highly priced, most hoarded, most displayed, most envied and always fought for.

THE SIGNIFICANCE OF GOLD

- Gold band of wedding.
- Golden anniversaries.
- Gold watch when retire.
- Gold is symbolic- a sacred metal of great value.

BUT ARE ALL THESE OF A TRUE VALUE?

Conducts electricity. This is the only real value?

All others are cosmetic and only our perception gives it a value.

You cannot build a home with gold, nor eat it.

Yet people place real value on it. If by chance, they lose their gold, they feel completely destroyed.

Which quality most typifies Gold?

Which quality of Gold is irreplaceable?

Which quality is the most significant and characteristic?

...without which gold will not be gold?

IS IT THE YELLOW COLOUR? So many things are yellow- colour, sun, jaundice, turmeric. Gold today is available in so many colours, yet its value is same- white gold, copper gold, black gold. NO! Yellow does not typify it exclusively.

MALLEABILITY? Other elements too are malleable – and more so viz clay, graphites etc.

At times other metals are added to gold to give it strength. That makes its value go down, but not destroyed.

PURITY? Purity is the standard against which all others are measured....so the most important trait is purity and of standard value. Measurable against an icon, against which all must strive to achieve

MEASURE OF WEALTH OF A COUNTRY: All the monies and finances of countries are based on the quantity of the Gold they possess. So it is the measure of the wealth and importance of a country. A huge responsibility, Gold therefore cannot afford to be lax, or impure, or light.

If this is the main trait, let us see what kind of traits will develop in a person or element which is taken as a standard.

PRIDE: Yes, but more than that the **responsibility** of being pure and standard, of upholding that value against which all can measure up, of constantly being on guard to maintain that standard and the feeling that 'Can never let up'.

RESPONSIBILITY as its main trait

Uprightness, Duty, Straightforward Honest Sincere
With not an iota of crookedness.

All time high alert, to maintain above values

Just, honest and responsible.

Will not inflict injustice on others.

Will take all blame on themselves

Sensitive to criticism. Kent "oversensitive ailments from scorn".

Criticism from parents: Feels worthless.

Condemns self easily.

Therefore joyless and dissatisfied.

Parents exacting. He has to please parents, wants them to love him, or will be rejected.

To avoid which, constantly alert, never relaxed, always serious. Loss of spontaneity.

Easy despair, dejection and depression in childhood itself.

Till he learns to wall off pain

Shut down emotions

Become Independent: rely only on self

Show no weakness

Holds back in relationships, never gives fully, and is inaccessible.

Therefore always lonely, forsaken, totally alone

Suppressed anger.

Heavy

Thus *Aurum*, the remedy, gives the feeling of being serious, weighty, duty-bound, heavy, and dull.

Does not allow himself room for error..Always serious. Cannot let go of the main goal and think of small frivolous activities. Not easily able to let hair down, even joke or laugh - in case misunderstood.

THE AURUMS

Aurums are HMM's most duty bound, responsible, conscientious citizen.

Always taking on the burden of the family as his duty.

Always honest, always has to do his best.

Always has to live up to the standards parents set for him.

Lifelong struggle to be at the top - successful and rich.

SUCCESS: Ambitious as a reaction. To do best becomes his motto. To be successful: his dream. To get prestigious positions or wealth, as compensation for his self-doubt and lack of self-worth. That can be achieved only through hard work. Workaholics, Works hard, Drive³. Takes less holidays. Always takes the backseat as far as fun is concerned. If someone does not report for duty, guess who will take his place? The *Aurum* of course, never mind that this is the 3rd leave which he has cancelled. Similarly a hard boss. His development. He is controlled, measured, rigid and tense.

Spontaneity is a strict no, no. Precise and rigid like a Robot, says Philip Bailey.

Learns to bear a stiff upper lip and hide emotions well like Wodehouse's Jeeves.

Anger well hidden and controlled. Great tension, internal. Intolerant of contradiction, which too he hides well.

Wears a mask of cool detachment.

His connection with people seems to be of the duty type, no real friends or relationships.

Poor Outlet. Suppression and Repression and maintaining a cool exterior plays havoc with his emotions. His non-connectedness brings poor friends, once again leading to no outlet. Poor Bonding -seen more in *Platina*. So what eventually follows is unhappiness and isolation, sadness even to depression and finally suicide.

WHY DEPRESSION?

KENT SAYS: How soon in *Aurum* the fundamental love of living, self-protection gets perverted. So he quickly moves to loathing of life, leading to longing for death.

Love of enjoyment is lost. Primarily, affections gets deranged. Hope is lost. Nothing to live for. So must die. Self-condemnation. Self-reproach and Self-criticism.

Hopeless. Cannot succeed.

Does everything wrong. Disunion with self.

Looks to the dark side only. Has neglected duty. Has done wrong. Is evil and deserves to die.

Broods and worries. Prolonged anxiety. Unusual responsibility.

Loss of property.

Mainly endogenous depression. Deep depression, pit of despair, self-loathing, self-recrimination, isolation, mental paralysis.

Ends in hysterical weeping, suicide or courts.

Black despair: silent, without weeping, will continue to function efficiently till he breaks or slips.

Dangerous games-rock climbing, racing-comes alive.

Death is solace. To the *Aurum*, death is like a welcome and only solace.

Its modes of the end are irreversible unlike *Ign* or *Natrum* who take reversible forms: like overdose of medicine, from which can be saved.

But *Aurum* jumps off a bridge or window, or other more violent methods... from death there is no reprieve.

...AND MORE

Wretchedness, Disillusionment, Despair, Darkest Gloom, Black despair, Shadow of death a constant companion. Hangs under his own weight.

Good remedy for endogenous depression, anguish, worst night and winter, obsessed about his past-goes over and over past traumas and obsessive worrying.

HIS ONLY SALVATION

To get into a romantic relationship; to recognize it as genuine and to give of himself

To win the struggle within himself- to protect self or fall in love

This, if happens, is his salvation- his wounds will heal and he will come into his own, to become a devoted H and Fa.

If notthen he has to wait for the Homoeopathic healing hand..... To bring lightness into life, make him able to smile, live with himself and like himself, maybe for the first time.

ARGENTUM

A remedy learned early by the student homoeopath, too early and wrongly.

The first introduction to it: the exam anticipatory fear and anxiety.

An ace remedy, we are told. We are novices - and we want to try it and see if Homoeopathy works for

ourselves- visualize us going for exam confidently. But it fails 50% of the time. A bad beginning to your career...!

SILVER: First we should understand what silver is. Silver is a precious metal, but inferior!

It will always be 2nd best, never best. It will be the poor man's gold. It will be bought when one cannot afford gold. It is quiet, not flashy. It is white, not yellow, and sometimes black.

It is always in the background, never in the foreground.

TRAITS OF THE REMEDY: It keeps itself subdued. Out of the glare. Out of attention. Never the focus of attention. Would not want to be centre of attraction. Rather, it is uncomfortable in the limelight.

QUALITIES: Does not want to be in crowds - scared of crowds. Scared of heights- it does not want to be on top. One patient told me that in the new malls of glass made exterior, he realized that he was scared looking down from 2nd floor.

He wants to be in the middle and safe; wants to be with few known people; wants safety and security, not risk; does not want too much, just enough. Scared of responsibility- refuses promotion!

THE SURVIVOR: He just wants to survive. He does not want to be big and famous. He does not want to be killed. There is danger and disaster around and he wants no part of it

It wants to be protected. But yet he is caught in the situation - trapped and unable to get out.

WHAT FOLLOWS...

Failure of control of Nervous system- of neural, mental and emotional impulse. Impulsiveness, suggestibility and fearfulness like *Puls*.

Open, extroverted to a fault - even pathologically open - childish and naive like *Phos*.

BODY: GIT and CNS

MIND: extremes-laugh and cries, shouts and forgives -to a fault.

Hypnotized by his own thoughts, compulsiveness, superstitious thinking and phobia.

Violent palpitation as if heart will jump out and loud eructations.

Fear of failure; he will fail, never succeed
 Forsaken, sense of isolation
 Fear AF fear and fright
 Anticipation, stage fright
 Anxiety in open air- ie in large open spaces which are not protected
 Closed spaces, or big open spaces, bring fear
 Acts impulsively to get out.

GEORGE VITHOULKAS: MM VIVA: FACTUAL MM: THE ESSENTIAL FEATURES

IMPULSES.

Over - emotional, impulsive individual with weakening mental faculties, which allow a host of impulses and fears to arise. He is an individual whose power of co-ordination and balance has been upset on all levels.

Weakness of memory.

FEARS...

Fears bridges, tunnels, closed, narrow spaces.
 Fear of tall buildings. Fear of crowds, heights, aeroplanes.

Fear when exit is blocked or cannot see way out.

In theatre or closed rooms, will sit near door.

Wants exit in his line of vision. Will not go in unless can see the exit. Fear when time is set- again when no way out.

Cannot bear suspense.

Fear of being trapped causes anxiety.

Can never sit in roller coaster rides.

IMPULSES...

When trapped, gets strange impulses-simple impetuosity to actual, disturbing/ compulsive

Feels impulse to get out: throw object at boss. Feels I will not succeed, feels alone, have to try alone, so will drop the business and go at loss - Rubric 'indifferent to business affairs', feels like throwing himself out of window- suicidal, seeing no way out is as if about to die.

ANXIETY...

Great anxiety; especially concerning his own health. Overly anxious/ frightened; when alone. Fear of being alone; desire and better with company. Severe anxiety neurosis with irrational behavior. Trembles all over, mumbles, stutters and even con-

vulses. Entire crisis is attended with frequent stool or diarrhoea.

Death is near: Heart disease, stroke or cancer.

Hypochondriac.

Fear of hospitals, Fear of fainting.

FEELINGS...

Anticipation, Apprehensive, Fear exam, Fear stage, Fear death, Fear of losing control, Fear of death, Fear begin despised, Fear being neglected, Motion relieves...

Always in hurry as wants to get out.

Must walk FAST, impatient Even a jerky motion relieves him

Stammering: has to do with stage fright, with appearing before people.

The claustrophobic trapped man who cannot get out = *Arg-nit*.

THE ARGENTUM PERSONALITY

A little out of the ordinary

Overtly Enthusiastic

Open and forthcoming to point of innocence

Mixes with strangers easily

Does not try to hide their feelings, and is often indiscrete

Impulsive, mercurial-shifts

Sharp, quick-witted, intellectual

But if intellect weakens, brilliance dims into eccentricity and worse

Unpredictable.

Dresses curiously- garish, though with style

Colorful, but stylish

Impulse to jump

Fear of insanity, of people, of high buildings

Memory pales, loss of

High places give impulse to jump

Imagines the worst-pessimist and anticipates

SHOLTEN: ELEMENTS: IMAGERY MM^v

ARGENTUM

Preserving art

Preserving ideas

Maecenas

Congestion

Relaxation

Enjoying

Sociable

NITRICUM

Assertive

Enthusiasm

Tension

Conservative

Arrogant

Condescending

Performance

RAJAN SANKARAN: SOUL OF REMEDIES: IMAGERY MM; ARGENTUM-NITRATE:

Feeling of sudden danger

The Situational MM of *Argentum-nitricum* is a situation in which he himself has to struggle and nobody is going to help him; he is trying but not succeeding.

MENTALS

Guilt: Looking forward to anything is wrong

Therefore looking forward to good event will bring anxiety³

Must get it over with. Therefore hurry in to finish it off – whether meeting people, waiting for a treat-Movie, theatre.

OTHER CHARACTERISTICS

> Open air, Cold drinks, Cold things, Ice and Ice-cream.

Ulceration

Palpitation worse lying on Right-PQRS

Irresistible Craving for sweets.

TARKAS-KULKARNI: SELECT HMM: FACTUAL MM

HIGHLIGHTS- PHYSICAL

Suggestive of a syphilo-sycotic and tubercular miasm (the metal is sycotic, just as *Aur-met* is syphilitic, as is also the *Nitric-acid. Nat-m*, a closest analogue and associated also, is Syco-tubercular and Syphilitic)

PLATINA - AN INNER VIEW

UNDERSTANDING THE EVOLUTION OF PLATINA

Platina is not a very well-proved remedy and only certain facets of it are known. Therefore here, a lot of imagination was used to graphically describe and understand *Platina*, especially its evolution from childhood to old age, through a series of pictures at the time of lecture.

MENTAL TRAITS OF PLATINA

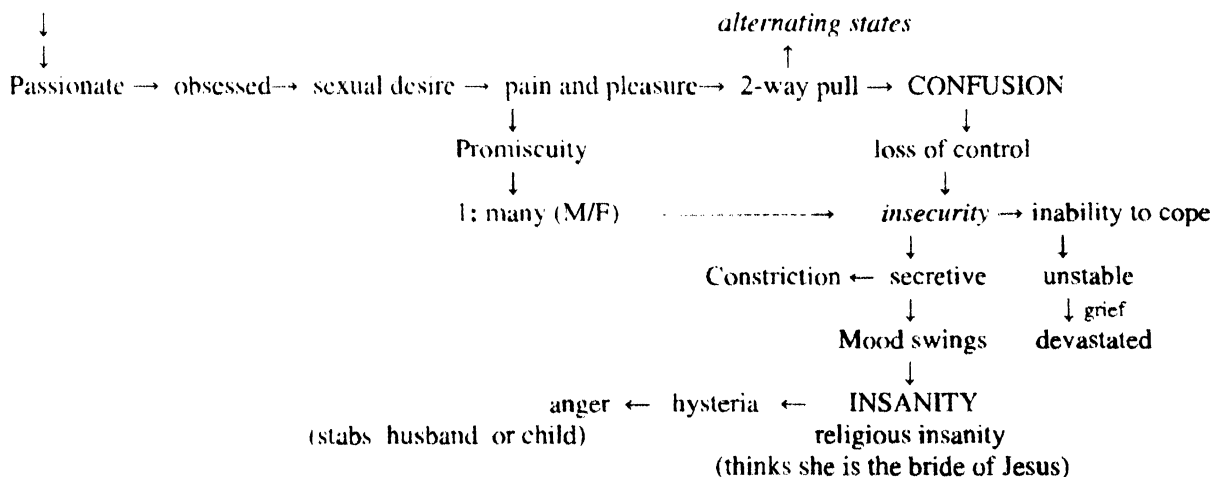
Platina is contemptuous and fault finding. In addition to being disagreeable, the *Platina* personality is also marked by traits such as unchaste talk, amateness, a state of madness and hysteria. Any serious thought terrifies her and her whole approach to life is superficial. She detests every thing and her paranoia almost borders on insanity. Specific symptoms of her insanity include an urge to kill her husband whom she loves and the impulse to kill her child.

PLATINA UNDERSTANDING THROUGH STRUCTURALIZATION- CONNECTING THE TRAITS:

Feeling lonely is typical state of *Platina*. Some people 'cannot bear' to be alone because they are dissatisfied with themselves and want to avoid facing themselves. They want company so that other people can assure them that they are good or ca-

PLATINA: AN UNDERSTANDING THROUGH STRUCTURALIZATION - EVOLVING OF+CONNECTING THE TRAITS

INTENSE



pable. *Platina* and *Kali* are prime examples of this and want people around for their own selfish reasons.

Platina is haughty, dominating and seeks to control others. To differentiate it from other controlling remedies: *Arsenic* may want to control others because he is obsessed with perfection, and wants everything kept in order and will insist others do the same. *Lycopodium* also has a dominating character, but its evolution is completely different. Basically *Lycopodium* is a moss, indestructible and capable of moulding itself to everybody. *Lycy* is a 'people's person' and can adapt itself to suit the surroundings. A *Lycy* sales person, for instance, can take you into buying anything- this may seem like control.

SYMBOL OF PLATINA

If *Platina* can be depicted with one single symbol - a circle or a globe, would most typify it. It can explain many things about *Platina*- the ball sensation, the blocked up or closed up feelings. *Platina* also features the feeling such as 'I am the world' (globe around her head), hysterical globus in the vagina and the ball sensation in the rectum.

Father Murphy walks into a pub in Donegal, and says to the first man he meets,

"Do you want to go to heaven?"

The man said, "I do Father."

The priest said, "Then stand over there against the wall."

Then the priest asked the second man, "Do you want to go to heaven?"

"Certainly, Father," was the man's reply.

"Then stand over there against the wall," said the priest.

Then Father Murphy walked up to O'Toole and said, "Do you want to go to heaven?"

O'Toole said, "No, I don't Father.

The priest said, "I don't believe this. You mean to tell me that when you die you don't want to go to heaven?"

O'Toole said, "Oh, when I die, yes. I thought you were getting a group together to go right now."

EVOLUTION OF PLATINA FROM CHILDHOOD TO OLD AGE

The *Platina* child: will always want the best eg most unique dolls from distant and uncommon countries. *Platina* would like to be always attired in her best most grown-up dress even at a young age. The coquettish expression begins to appear in *Platina* at the early age of 11.

She loves to travel, specially prefers to go to exclusive places which others would not have visited- a constant 1-upmanship desire. She dreams of being a princess who always gets the most handsome and powerful prince. Second best would never do for *Platina*. This stamp of exclusiveness is there in every thing she does: She prefers games such as Tennis or Polo, shunning the more mundane games. Eventually, she ends up as a lonely maid with no husband because she drove him to suicide. She has no close relationship with the children and finally turns them away from her. She specially hates daughters - her alter ego (as one daughter said- never seeing her again would be too soon!) and she has only herself to blame for her lonely life.

The ultimate character from history, and which most typifies *Platina* to my mind, is Cleopatra.



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