

Crossing Borders in Homoeopathy

REPORTED BY

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Report on IIIrd International Workshop with Prof Dr AJIT KULKARNI MD in annual European School of Homoeopathy, Sept'06

World is turning to holistic approach. More and more people are turning away from suppressive treatment modalities and adopting highly individual and supportive therapy, as homoeopathy. These trends are mentioned both by health authorities and patients. However, homeopathic body receives strong influence from Indian blood. Masters of homoeopathy from India are increasingly welcomed all over the world, as spiritual understanding and views of India make a perfect alloy with homeopathic skills. European homoeopathy needs experience, knowledge, rational and logical approach, that is why every year European School of Homoeopathy receives Indian masters. In early September 2006, Prof Dr Ajit Kulkarni crossed several borders to share his experience with homoeopaths of Bulgaria, Russia, Moldova and Austria on a week workshop.

Organization of European School of Homoeopathy year is an annual heroic deed of Dora Pachova ("EDICTA", Bulgaria) and Roman Buchimensky ("VIA HOMEOPATICA", Israel).

As usual for European School of Homoeopathy workshops, this one consisted of theoretical and practical parts. We can see how the "crossing borders" principle appeared in both of them. During this workshop, the participants were happy to see new line of understanding MM

and personality, novelties in use of polychrests, well-known and rare remedies, advances in posology, opening mind to psychologic-clinical-pathological- correlations.

FIRST THEORETICAL PART: "Cancer and Homoeopathy." Cancer is a serious killer of mankind, although a subject of multi-dimensional research and impacts and pressures from scientific and medical community. Just a simple look through the presentation shows complete and deep coverage of the topic –

- Role of hereditary factors
- Physical and biological environment
- Chemical carcinogens
- Diet in carcinogenesis
- View of cancer through intercellular and body-cell relationships (symbiosis)
- Analysis of various concepts concerning occurrence and evolution of cancer.

He then presented "**Mind and Cancer**" thesis with subunits as: Cancer personality, sex and cancer, life space and cancer. His presentation on resemblances between modern life and cancer behaviour was also appealing. It is amazing how holistic science can analyze a difficult problem, show universality and individuality, prove multiple associations and links within a human being, probe a way to successful management – this is also "crossing borders" aspect. New and follow-up live cases of cancer served as vivid examples of theory and prac-

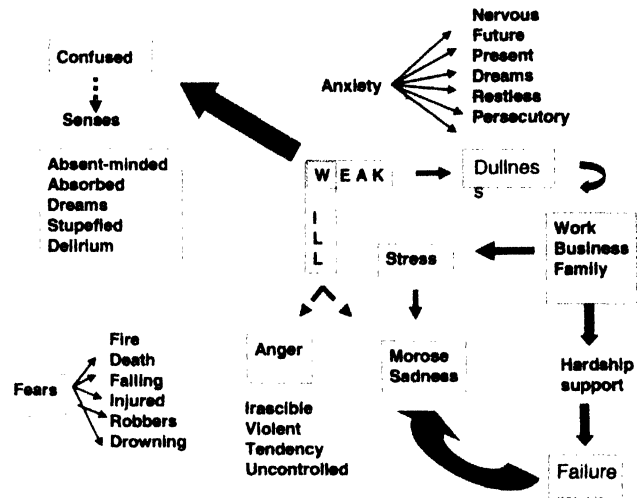
tice. Dr Kulkarni showed how cancer personality evolves and how other persons in patient's life also act as Carcinogens.

Using rare and small remedies in homoeopathy is a subject of heated debates serious homeopathic physicians: the provings are few, symptoms scanty, but brilliant cures prove those remedies to be important when polychrests fail. Dr Kulkarni is known as a "clinical opener and explainer" of rare and small remedies— and the workshop proved his ability to clear small and rare remedies through the associated and related polychrests, to define clinical applications of these and to verify their precise place near polychrests. "No major and minor remedies exist, but failure to apply them clinically on firm background" – that is a conclusion made by everyone on the workshop. This "crossing borders" theme was presented by Dr Kulkarni on materials of **Acetate and Acid groups** which could not be considered as small and rare only, but very few homeopathic clinicians are familiar in prescriptions those remedies.

Dr Kulkarni presented the concept of cations and anions while elaborating on **Acetate group**. Anions are atoms or groups of atoms that have *gained* electrons and Dr Kulkarni put forward the theme that acetates being anions, have to gain energy from others, they do not possess their own potential as their will is weak.

According to Organon, we need to understand patient's dispositions for curative prescription and proper follow-up. Probing into mind symptoms, comprehending patient's dispositions are the most difficult and sophisticated matters of homeopathic practice, resulting both in serious failures and in magnificent successes, another subject of much controversy among homeopathic doctors all over the

Acetate Structure



world. That is why "**Personality traits and homoeopathy**" presentation was the most interesting "crossing borders" aspect of the whole workshop. He elaborated his own approach which appeared productive. Firstly, personality traits were divided into two groups: Primary-secondary and Surface-source.

Then, the personality structure was analyzed through

- Trinity (consistency-uniqueness-likableness)
- Dualities (traits-types, traits-habits, temperament-mood),
- Various personality syndromes (aggressive, submissive, authoritarian etc); next,
- Personality patterns were defined (fluidity, complexity, accessibility, centralization, resistance to change); finally,
- Materia Medica presentation and analysis of emotions and intellectual states were given.
- Moreover, a trinity of "expressions-state-disposition" was assessed through various

personality resources with resultant diagnosis of patient as a person.

This approach, though complicated at first glance, can lead to deep and concrete understanding of patients – so increasing number of homeopathic physicians will receive a powerful tool for their work – this lecture may further become a stimulating and profound monograph. A patient presents to us with a set of symptoms often complex and heterogeneous. Dr Kulkarni's lecture clearly guides how to make a meaning of personality structure of a patient and then its counterpart in MM. Differential world of MM, a very essential aspect of selection of an accurate remedy, can be studied in a logical manner with Dr Kulkarni's way of thinking.

TO ILLUSTRATE

COMBINED TRAITS AND REMEDIES

- Intelligent + Timid + Serious= *Lyc, Sil, Sep, Sulph.*
- Rude + Taciturn + Sympathetic= *Lyc, Nat-mur, Nit-ac, Nux-vom.*
- Conscientious + Suspicious= *Ars, Lyc, Puls, Nat-carb, Sep.*
- Obstinate + Timid= *Arg-nit, Calc-carb, Puls, Sil, Sulph.*

ON ANGER AXIS

- Anger + Rage + Mania= *Anac, Bell, Hyos, Lyc.*
- Anger + Deceitful + Egoistic= *Lach, Lyco, Sulph, Tarn.*
- Anger + Disappointed love + abandoned= *Aur, Ign, Nat-m, Sep.*
- Anger + Guilt= *Kali-br, Aur, Coffea, Psor.*
- Anger + Cruelty + Suicidal depression= *Anac, Lach, Nit-ac, Colo.*

Clinical part of the workshop focused on **differential diagnosis of tremendously important clinical conditions** both acute states (like throat inflammation, pneumonia) and chronic deep seated diseases (like skin problems). Again the participants perceived mode of thinking, understanding, knowledge of Materia Medica.

Live cases through classical interviews and follow-ups – an essential part of every clinical training – were vivid and fascinating, gave participants material to think about, to apply in their everyday practice, to understand the route of development in homoeopathy. A follow up case of cancer of breast where *Kali-carb* was given as a constitutional was an eye-opener to everyone. The lady was too timid and her complaint was incompetence to protest herself. After *Kali-carb* she became more assertive and self-righteous. Dr Ajit Kulkarni, then, elaborated on the concept of ego-centricity and egotism.

Each year Dr Ajit Kulkarni teaches one **emotion** in detail. This time it was on **Love**, the basic and complex part of humans. Two hour presentation on love gave a detailed perspective for every participant, how to ask questions, how to understand various rubrics and comparison between remedies and above all how to deal with our own subjectivity as it plays a major role in dealing with these cases.

Every year European School of Homoeopathy in Bulgaria surprises the delegates with specific cultural program – last year it had been trip to Nessebar, this year Golden Treasures of Historical Museum in Varna opened in all their glory to homeopaths who have already received more important glory – knowledge, experience, approach, understanding – that is indispensable in the difficult way of homeopathic healing.