

A Case of Pyrexia of Unknown Origin

ABSTRACT: *It was a case which I thought I would never be able to solve until Organon became a ray of light to me, to solve a case of a child suffering from "PYREXIA OF UNKNOWN ORIGIN!"*

Dr KRUTIK H SHAH

"Holistic Homeo Care", B/1 1st Floor, Pioneer Shopping Center
 B/h Pioneer High School, Bhalej Road, Anand - 388001. Gujarat.
 Mobile: (+91) 98258 91948 • email: krutik_shah2002@yahoo.com, hhcand@yahoo.com.

DETAILS OF THE CASE

A child 3 yrs old, normal delivery came to me with her parents. There was no problem till she was two years old. She weighed 2 and 1/2 Kgs at birth and it increased steadily. She suffered from cough on and off, < change of weather but no medicines had been given so far. She has some problem regarding speech which started along with this fever. She repeats some words like if she wants to speak "mummy" then she will do mmm...mmm...mummy (+3). There is no specific word or time with which she has a problem. Some words she repeats up to 10 - 12 times... this is also a problem, but now it is observed that her style of speech has changed - first she takes a deep breath and then speaks. She had fever for the last 10 months. Every month between 10th-15th. Fever intensity is very severe. Her parents said, "The body becomes so hot that we cannot even touch the body. We have observed that she might be playing well till the evening and as soon as night starts - her body starts getting heated up. We have observed that fever is coming in the nights³. She requires cold water sponging throughout the night and we use double dose of Paracetamol syrup but still the fever does not go at all. Fever crosses almost 104F. Fever becomes absolutely normal in the day whether we give the medicine in the night or not! We really have a troublesome time with our child between the 10th-15th of every month. We have gone to three pediatricians and we have undergone almost all the relevant investigations including bone marrow biopsy, which

is the highest level investigation and the diagnosis is still obscured!! All pediatric physicians are saying that your child is suffering from "Pyrexia of Unknown Origin (PUO)" we have spent about Rs 15,000 for our child, but still we have not been able to get her out of this problem. She also has a white discoloration on face² more on cheeks. It was there in the past but cleared with deworming. Now it is coming back again, increasing day by day. She is suffering from worms on and off and we have given treatment for it thrice. She also has constipation. She has a hard stool (+3). She has to strain a lot, but has little loose stool since last two days. She has pain in abdomen before stool. She had diarrhoea at the time of dentition. At that time we had taken Homeopathic treatment along with Calcium and Vitamin as a supplement. She is by nature a very stubborn child². She always does as per her wish. Whatever you do to convince her, she won't follow. If you don't do as per her wish then she will go in the corner and cry constantly as long as we don't give in to her wish. She desires to travel³. If you take her out then she will forget everything, she won't even demand anything to eat, drink, parents etc. When she goes to the bathroom, she will take 30 minutes for her bath, she washes herself with soap for long. She knows what things have been kept where. Sometimes she tells me Daddy.... you have kept this thing here. Sometimes even we don't know but she remembers. She does her work on her own. Sometimes she helps me in my work like sweep-

ing the room, cleaning the utensils etc. She has a very high grasping power. She chooses her own clothes. She can match her clothes well. She wants to speak constantly. She picks up a word from our talk and speaks or sings it which is her regular habit. She speaks for almost 5 min upon that topic and then her mind gets diverted and then she forgets about it. She is a very cute child but she is very mischievous at home and she is quiet outside. She doesn't love toys much. She can say 1 to 30, A to Z and Jan to Dec even though she is just 3 years old. She is very curious about her studies; she says to her parents that I need to study. She does all her home work perfectly well.

She has no problem regarding food. She eats everything. She likes milk, but is moody. If she has taken it at 8o' clock then she may demand for it at 10o' clock. She does not take much but she takes it regularly."

APPETITE: Good. She cannot tolerate hunger, if she is hungry then she won't be able to wait. When she was two years old – she would go to the kitchen at night and eat on her own alone!! She has no fear what so ever.

THIRST: Very much³

URINE: Normal. No bed wetting.

STOOL: Constipated. Has to strain a lot.

DESIRE: Banana², Ice cream²

AVERSION: Not Specific.

HOT/CHILLY: Hot³

PERSPIRATION: Perspiration on neck and shoulders during sleep². Talking during sleep²

SLEEP: Good. No fixed Position.

VACCINATION: Done. No after effects.

MILE STONES: Normal.

FAMILY HISTORY: Father: NAD. Mother: Ganglion Wrist, on my treatment.

PAST HISTORY: No other data found.

GENERAL EXAMINATION

BUILT: Good. **NUTRITION:** Good.

NAILS: NAD.

TONGUE: White coated. **MOUTH:** NAD.

SYSTEMIC EXAMINATION: RS: NAD, CVS: NAD, P/A: NAD and CNS: Normal.

BIRTH HISTORY: Not Specific

NOTE: The case was taken on 11-5-06- my first case when I started my clinic. I had observed that the child was very silent during the whole process of case taking, her mother gave maximum information about her.

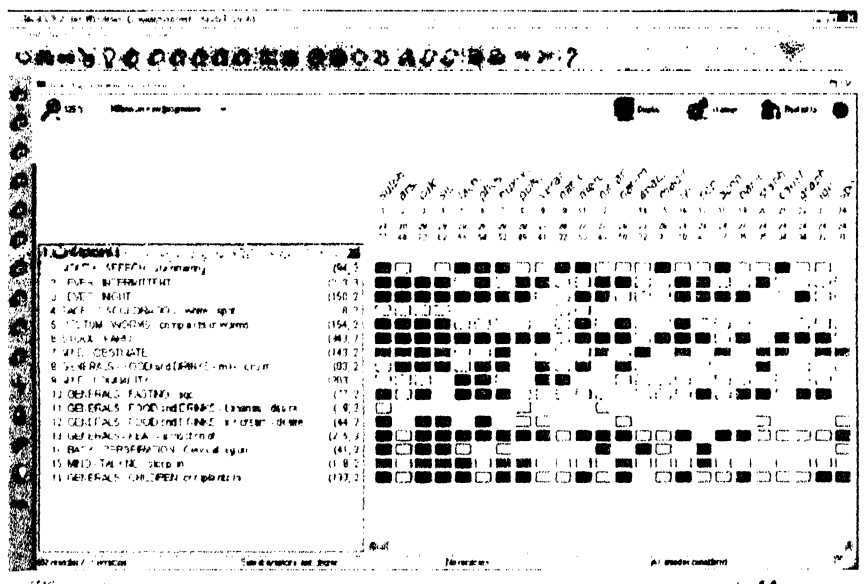
As I always write the whole case in the words of the patient, I have quoted almost all the symptoms. According to me, underlining or intensification of symptoms are made with much care and with cross-examination. Symptoms written with no intensity are of no value.

A case of a 3 year old child suffering from PUO came to me where almost all her details were told by her parents. The case has been taken in Gujarati, and has been translated to English.

Homeopathy shines in this case very well as it was not treated by two well-known pediatricians as there was no cause. Application of Organon still holds true even after 250 years!! (See Comments).

REPERTORIZATION CHART

Repertorisation done- Synthesis Repertory, 9.2 Version (Creator Dr Frederik Schroyens, Bel-





gium) of RADAR Homeopathic software. It has been checked by flat repertorisation as well as with the help of Vithoulkas Expert System (VES). After forming the totality with analysis and Evaluation, total 16 rubrics have been taken.

PRESCRIPTION: *Sulphur* 200 one dose, SL BDS for a week.

16-05-06: Fever Low grade. Feels better.

(Comment: Remedy has acted as the child did not develop fever, which comes between 10th – 15th of every month.) SL BDS for a week.

21-05-06: No major complaint. Cough, mild+.

(Comment: Initially it use to be at the change of weather, now it has developed after the remedy which is a sign that now the remedy is helping the organism to eliminate toxins from the body.) SL BDS for a week.

29-05-06: No major complaint. No cough. It subsided on its own.

(Comment: Confirmatory sign of elimination of Toxins. Dr Samuel Hahnemann has written that there are four methods of elimination of toxins from the body: Perspiration, Urination, Defecation and Respiration.)

TREATMENT: SL BDS for a week.

06-06-06: No major Complaints. No Cough. SL BDS for a week.

11-06-06: No fever. No Major Complaints. SL BDS for a week.

19-06-06: No fever. No Major Complaints. SL BDS for 2 weeks.

01-07-06: No fever. No Major Complaints. SL BDS for 2 weeks

19-07-06: No fever. No Major Complaints. SL BDS for 2 weeks

Now, as there was no fever since the start of the medication, it is a clear sign that the medicine has acted and it has almost cleared the problem. Now the child is advised to be observed for 2 month.

04-08-06: No fever. No Major Complaints.

TREATMENT: No medicine given.

24-08-06: No fever. No Major Complaints.

TREATMENT: No medicine given.

The child has been advised to leave the treat-

ment as she was declared cured from the PUO. She has been advised to consult the same pediatrician who has diagnosed her. Now, the same pediatrician has said that the child is cured!!

COMMENT: There was no clear remedy picture in the case. This case is been treated with a single medicine. This is a classical case of Intermittent Fever, but according to Organon...The indicated remedy should be given in the decline phase or during a febrile state, but by mistake – I gave it at the beginning of an intermittent fever. However, luckily, it didn't act in the opposite direction (Aggravation) but it has cut short the time, intensity as well as suffering of the patient. We don't treat disease, we treat the patient. Modern Medicine diagnose them with the name of the disease while Homeopathy diagnose them with the name of the remedy. Symptoms are the outward reflection of the internal derangements; thus we are not supposed to treat outward reflection but we are supposed to treat internal derangement. Symptoms are the epileptic feet of an organism seeking attention for help. They are merely a manifestation of the unique way that the defense mechanism is attempting to maintain the balance. As body is made up from one cell, whatever symptoms appear on the different parts of the body are scientifically interconnected. Thus taking a case from top to bottom, as a whole will be helpful for the final selection of the medicine. With this holistic approach – patient may suffer from one disease or 10 diseases but everything will go with one stroke. This was been said by Dr Hahnemann 250 years ago and today it still holds true!!

Here, I would like you to know that Dr Hahnemann, in his Organon of Medicine (5th and 6th Edition), **Aphorism 242**, says that *"We have now to do with a psoric intermittent fever only, and this will generally be subdued by minute and rarely repeated doses of Sulphur or Hepar-sulphuris in a high potency."*

This aphorism ultimately helped clear the case.

