



Homoeopathic Queries And Solutions

Q1 Doctor, can a remedy in Centesimal and LM potencies be given at the same time in one patient? What is your opinion?

- Dr Sameer Sakalikar, Jalgaon

Ans Definitely not. Both potencies have different planes of action. Yes, a remedy in one set of potency can be given after the first, if the desired effect has not been achieved. In our indoor patients, we do experiment by shifting from centesimal potency to LM potency for managing acute conditions with good results.

Q2 Can a Homoeopathic Cure (according to Hering's Laws) be achieved by administering a similimum only in LM potencies? If so please advise the procedure.

-Dr Adil Chimthanawala MBBS, DNB (Med.), BHMS

Ans For initiating cure as described by the Master, the remedy must be administered in a potency which fits the sensitivity of the state of disposition. In LM potency the plane of action is Superficial. In my experience, drugs in LM potencies can effectively manage two major groups of manifestations (a) Acute states and (b) To palliate pathological symptoms in incurable cases.

Q3 In your opinion, which potency is more powerful Centesimal or LM?

-Dr Monika Singh, New Delhi

Ans If compared, the action of centesimal potency

is more powerful than the LM potency although it is more dynamised, because a remedy in centesimal potency acts in a much deeper plane and also for a longer period. *(The basic idea of Hahnemann to devise the LM potency is to avoid the medicinal aggravation of centesimal potencies in patients. Please see the article on 50ML Potencies in Potency Part I issue of 6/2000-Ed)*

Q4 Which method of administration of Acute remedies is more beneficial- Plussing method or Fractional Method?

-Dr Jai Kukreja, Gwalior

Ans There is no specific research conducted in this field but from my personal knowledge, I can say that a remedy administered by plussing method works faster than the one given by fractional method, because by plussing method the subsequent potency administered is a bit higher than the first.

Q5 My only son aged 3 months is suffering from Coarctation of Aorta. He has been advised operation for correction. Can Homoeopathy help him?

- Dr Vinay Panchalwar, MD (Med)

Ans I am really sorry to learn that your son is suffering from this congenital disorder. But medicines have a limited role. Mechanical Correction is the only solution. However we do have effective remedies for palliating symptoms due to this disorder. You may contact a good Homoeopath and seek his intervention.

Q6 Nowadays we are getting number of mixtures and patents for difficult diseases. What is your experience about them? Please advise specific ones, which can be used with safety?

- Fatema Varawala BHMS student



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Ans I agree that with changing times Homeopathy is also being moulded on the lines of traditional or medicine probably because of the demand and easy earning. But Hahnemannian Homoeopathy NEVER advocates polypharmacy in the form of mixtures or patents. Symptomatic treatment with the help of mixtures, or patents amounts to allopathic treatment with homoeopathic drugs.

Q7 What is the role of mother tinctures in Homoeopathic treatment. Can they cure the sickness?

-Dr Ujjwal Patil Kohlapur

Ans In our day to day clinical practice we come across a number of situations where we have to use remedies in mother tincture or Q potency. The commonest indications being as organ remedies like *Chelidonium* Q for Liver disorders, *Cardus-amer* Q for Splenic Disorders, *Crataegus* Q for Cardiac disorders and so forth. They are given in drop doses (5- 10 drops BD or TDS), as tonics or to prevent further deterioration of that particular organ. I use these organ remedies in incurable cases with good re-

sults. Also *Hydrastis* or *Nuxcom* Q is used for Constipation and *Bellis-per* Q for, Joint pains with short lasting effects only. But one thing is certain; we cannot expect CURE with the help of these potencies.

Q8 Sir, what is your experience with the use of Hypnotism during Homoeopathic treatment? Is it Beneficial?

-Dr Miss Savita Patil Kohlapur.

Ans Hypnotism, Pass etc have definite roles to play during homoeopathic management. I often apply them to extract deeply embedded symptoms, for settling down the state of mental turmoil, to allay anxiety, fear etc. I think nowadays these psychotherapeutic measures are essential along with the indicated remedies for achieving good results because majority of patients who visit us are sensitive, hypochondriac and over-conscious. With the help of these measures, not only do we require less repetitions of the indicated remedy but also the curative process becomes less distressing. They also reduce the duration of treatment in some cases.



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4th National Hom Conference-March 01, Bangalore

The 4th National Homoeopathic Conference was held in **Bangalore on 3 & 4 March 2001**

OBJECTIVE OF CONFERENCE: to highlight the Homoeopathic approach in the so-called incurable diseases of modern medicine, according to Dr B D Patel, patron, Karnataka Qualified Homeopathic Doctors Association, the organizers of the event.

INAUGURATION: by Dr S P Koppikar the "Bhishma Pitamaha" of Homeopathy. It was a touching gesture. **AWARD:** The SEVA RATHNA was awarded to Dr C S Sharada, who has helped nurture Homeopathy in Bangalore and outlying rural areas

ACADEMIC SESSION: Dr K P Mazumdar, veteran teacher from Mumbai, highlighted the usefulness of some Indian medicines in Irritable Bowel Syndrome, through cases. In *Cynodon*, (complement to *China*, *Lyc*, *Carbo-veg*) the drug pathogenesis resembles mucus colitis, amoebiosis, etc while *Atista-indica* has more affinity for giardiasis; the resemblance of *Kurchi* (another IBS affinity drug) and *Cina* for constant pain at the umbilicus. He also attributed the usefulness of *Abroma-angustra* in dysmenorrhea to its high Magnesium content.

Dr Mirza Anwar Baig, surgeon-turned-Homoeopath, outlined some highlights of the new nosode *Virinum* with which AIDS becomes curable on Homeopathic principles! He said 30-40 yrs ago we used to get Tubercular & Syphilitic constitutions frequently. Nowadays we get malignant constitutions—one, cancerous (neoplastic) and the other AIDS (destructive). Clinically he found a link between HIV-1 and various neoplastic conditions! He pointed out palliative treatment by the modern

medicines in diseases suppresses natural form of immunity and modifies it to become susceptible to multiple drug resistant disorders. This new constitution he calls the HIV constitution. He found *CARC* an exact match to HIV of the first type and many cases responded clinically to it! The second nosode HIV2 corresponded more to the drug resistant diseases of the destructive type and here too he found astonishing results. He talked of Homoimmunization wherein the immunity of immunosuppressed cases were boosted with the new nosodes.

Senior homoeopath from Kottayam, Dr R P Patel, summed up that session and reminded the usage of *Dysentry-co* and *Streptococcinum* for Irritable Bowel Syndrome. He stressed the importance of never giving a deep miasmatic remedy in an acute phase, but to treat the acute first, just as how Hahnemann himself did and then to treat the chronic phase.

The vivid presentation on handling acute emergencies Homoeopathically by Dr C S Sharada left the audience spellbound. She stressed the importance of observation, alertness, Materia Medica knowledge and the ability to treat on particulars and modalities in order to handle such cases instantaneously. A few cases are briefly discussed here.

CASE 1

Once she was called into the ICU to see if she could do anything for a lady who was sinking with post partum haemorrhage+++ after C section. BP 60/40. From her emergency kit she gave *Adrenalin*. N 6 1Tsp in water every ½ hr. To the surprise of all, by next morning the BP had stabilized as also the haemorrhage!

CASE 2

At a marriage hall adjoining her clinic, a 49-yr old



Reported by
Dr RAMA HARIHARAN
Chennai



lady fell unconscious, with cold sweat all over, tachycardia, BP 220/140. *Amyl-nit* 6 1 tsp every 5 mins revived her in 15mins! *Amyl-nit* covers the phase climacteric + BP + syncope well.

CASE 3

M-60, children NRIs, retd engineer living with wife and grandchildren. He had a cardiac bypass surgery 2-yrs ago. Once he did not pass urine for 7 hrs. Looked uneasy, with fear of death, wanted to call his children and said he was dying. Taking his pulse, and other symptoms such as sudden starting with sighing, hyperventilation and dyspnoea. (Cheyne Stokes resp.) *Acon-ferrox* was given. *Acon-ferrox* produced 3-4 liters of urine! The preferred action of *Acon-ferrox* is a diuretic whilst *Acon-nig* is an antipyretic.

CASE 4

Thin middle-aged woman, HT, with rheumatic pains, and frequent fainting spells. EEG normal. Despite being well protected, used to have severe jerks of the body in winter. Sensitive to cold+++ . Diagnosis—Epileptic fainting. Once the doctor was called during an episode of jerking and observed the patient moaning “can’t bear the ice on my back” O/E normal back. Suddenly she became stiff at the neck, and with severe jerking fell unconscious. Touching her pulse brought on another jerk. Icy cold feeling with spasms from least touch ruled out *Cicuta* and favored *Strychninum* 6, 2 doses and she regained consciousness and jerking stopped. Ascending potencies of the same medicine were given as and when needed in a span of 2 yrs and the Ht and rheumatic pains too disappeared along with epileptic fainting!

CASE 5

A case of renal colic in a fat, fair, sweaty person who was holding his abdomen tight—instead of *Colocynthis* she gave him *Calc-renal* 30. In 15mts he passed 2 large stones containing oxalic acid! Hint—avoid raw tomatoes and palak in a

CALCAREA constitution.

CASE 6

A case of rectal prolapse with severe pain since 15 nights. No sleep with itching+++ jumping from the itching. *Indigo* 200 in water—in 3 days the prolapse had regressed and the itching was tolerable!

Dr MATANI FROM MUMBAI, in her paper on mental disorders explained the difference between the disposition (will, emotion) and the mind (dreams, memory, illusions, delusions). She stressed the importance of aphorisms 210-222 in the Organon as the guiding principle.

Pune’s **Dr ANIL HABBU**: paper on cervical and lumbar spondylosis had many practical tips. In his experience most people above age 45/50 in a MRI reading of the spine, will have vertebral disc protrusion but no suffering. When stress overcomes them, then it gives rise to pain esp if today’s fast lifestyle. This he has seen as a norm. In his practice he has observed that the transverse process of C7 is usually implicated in cervical spondylosis. Homeopathic remedies work very fast and effectively to cure the referred and distressing pain of nerve compression and associated muscle spasms. He pointed out that though local remedies as indicated help quickly but the indicated constitutional remedy helped reversal of pathology for longer periods. Associated measures: hard bed, exercise, local heat etc. He also observed that osteophyte formation was common in dancers and *Flour-acid*, *Calc-flour* were of immense help to stop it.

He gave his own case – after a heavy and long day at the clinic he went to Mumbai by road to fetch his sister and returned to Pune immediately. On the way he was constantly talking to his sister seated at the rear. On reaching, he couldn’t clench his fingers above downwards: numbness with pain: rt ulnar palsy! A few doses of *Agaricus* 200 and the discomfort vanished!



Dr AMITHA BALIGA from Fr Muller Homeopathic College, Mangalore gave an educative presentation of *Mag-mur* in a case of spondylosis. She ably brought out the correspondence in nature of *Magnesium* and the deep suppression of the case. *Magnesium* being the chief constituent of mitochondria helps in the oxidative process and producing ATP hence the deep acting nature of the remedy. She observed that the *Mag-mur* anxiety is deeper and repression far greater than *Nat-mur*, which is expressed in dreams whilst in *Nat-mur* there is suppressed hostility and a "leave me alone" attitude.

Dr JYOSHINA SIVAPRASAD of Fr Muller's Homeopathic College, Mangalore presented a paper on Mood Disorders and effective casetaking. A bipolar depression case wherein *Lachesis* and a unipolar depressive disorder case effectively helped with *Nat-mur* were neatly presented.

Belgaum's Dr R D VIJAYKUMAR's paper on a study of 30 cases of recurrent tonsillitis for 1 yr. with a follow-up for 6 mths revealed that predisposition was important, more prevalent in young boys and reiterated the concept of local affliction as part of whole organism.

Dr B D PATEL of Bangalore presented a video case of Dementia and Alzheimer's disease in a very old lady. Despite allopathic medicines for DM, Homoeopathic medicines helped the lady become a little more interactive and independent than before. This was after suffering for 5 yrs with dementia and

Alzheimer's with no progress from allopathic medicines. Dr Patel's observations were: In India today Alzheimer's disease is fast spreading due to stress in family relationships, mental shocks (death of spouse, child etc) disappointments, breakup of joint family systems, business failure, disease, excessive medication. He said in younger ages it could be reversed but in the elderly too, Homoeopathy certainly helps in restricting the retardation. He very correctly pointed out that in such situations care-givers should be trained well.

Dr RAMDAS of Bangalore gave a very neat expose on the complications of vaccinations scientifically through a case of cerebral parenchymal atrophy, seizures in a child after BCG, DPT and OPV. The predominant mental state of the child along with the prevalent miasm led him to the right remedy.

Dr LATHA DEVARAJAN of Bangalore with her marvellous presentation of acute exacerbation in chronic cases in 4 different situations highlighted the study of Organon and how it helped her move the patient's vital force to a better level of health when she seemed apparently stuck.

In most conferences one usually picks up one or two new points. Here was a conference where I did not want to miss a single speaker. The IT capital of India lived up to its name and most speakers from Karnataka used the computer very effectively. The food was excellent. Hats off to the organizers and the speakers towards making this a most memorable seminars! □



MANAGEMENT LESSON Number Two



*A turkey was chatting with a bull.
"I would love to be able to get to the top of that tree" sighed the turkey,
"But I haven't got the energy."
"Well, why don't you nibble on some of my droppings?" replied the bull. "They're packed with nutrients."
The turkey pecked at a lump of dung and found that it actually gave him enough strength to reach the first branch of the tree.
The next day, after eating some more dung, he reached*

*the second branch.
Finally after a fortnight, there he was proudly perched at the top of the tree.
Soon he was promptly spotted by a farmer, who shot the turkey out of the tree.
Management Lesson: BULLSHIT might get you TO THE TOP;
but IT WON'T KEEP YOU THERE.*