

12th National Homoeopathic Conference, Feb 04, Dehradun

The 12th National Homoeopathic Conference, organized by Research Society of Homoeopathy on 14th and 15th Feb was held at Dehradun, the capital city of Uttaranchal, at Hotel Azanta Continental. It ended on a promising note of making Homoeopathy a positive first line alternative treatment for the masses.

The Health Minister agreed to increase the number of Government Homoeopathic dispensaries.

AWARDS:

Dr KUMAR DHAWALE of Mumbai, Institute of Clinical Research, was awarded the Dr Hahnemann Memorial National Award 2004 by Sri Behar for professional Research, Education and advancement of Homoeopathy in India.

Dr B K Bose Memorial Best National Homoeopathy Teacher Award 2004 was conferred upon **Dr L K NANDA** of Bhubneshwar for his outstanding contribution to Homoeopathic teaching in India.

MESSAGES:

Dr Ramji Singh Vice President Central Council of Homoeopathy, as a special guest, informed about MD teaching various colleges. The council is committed to maintaining the norms of various colleges as directed by CCH

Dr Anurudh Verma Secretary RSH and member CCH, expressed the need of separate directorate and Homoeopathic medicine board in Uttaranchal and the need to open Government Homoeopathic Medical College.

Dr D P Rastogi Former Director CCRH, stressed upon

the need of Research work in the field of Homoeopathy.

The FIRST SCIENTIFIC SESSION : ON USEFULNESS OF REPERTORY was dedicated to Dr Anil Bhatia. The chairman of this session, Dr S K Tiwari, Principal, Father Muller's Homoeopathic Medical College, Mangalore, said that repertory is an instrument to correct similimum. He gave detailed information about different repertories.

Dr D P Rastogi Ex-Director CCRH said that all repertories have merit and demerits and it is upto the physician to decide which repertory to use.

Dr Jawahar Shah Mumbai spoke on use of repertory giving example of *Gratiola*.

Dr Randeep Nanda Chandigarh and Dayashanker Singh also presented their papers.

SECOND SCIENTIFIC SESSION: ON ROLE OF HOMOEOPATHY IN BONE AND JOINTS DISORDERS was dedicated to Dr K G Saxena.

Dr L K NANDA, Bhubneshwar presented a paper on efficacy of Homoeopathy in RA. He said that the choice of similimum depends more on the constitution.

Dr ANAND KAPSE of Mumbai presented a paper of Homoeopathic approach to osteoarthritis. He discussed the role of deep acting constitutional medicine in treatment of OA. Majority of cases fall in sycotic miasm hence the importance of the role of *Thuja* as an inter-current remedy.

Dr S PRAVEEN KUMAR of Hyderabad spoke on prolapse of Lumber Disc - its Homoeopathic Management. He said this is very common nowadays due to changes in life style and more so due to minor or major trauma. This was based on the statistics provided by the clinical experience in 20 years practice. Out of 178 total number of cases of PIVD, 132 cases were of lumber disc prolapse. And in these 132 cases 18 different

<p>Reported by: Dr Anurudh Verma Secretary: Research Society of Homoeopathy Phone No.: (0522) 2715657</p>

Homoeopathic drugs were used. *Arnica* and *Rhus-tox* were very important and *Guaiac* and *Gnaphlium* in Q were used very frequently.

Dr S HAQUE of Muzzafarpur presented a paper on bone diseases, Osteoma.

Dr JAYDEV SHARMA (Haryana) presented a paper on backache, based on patient's mental and physical characteristics ie if the patient is fastidious, the medicine is *Ars-alb*.

THIRD SESSION: Interesting case report with full justification of prescribing.

Dr K P DHAMA Delhi presented a case of Fright disorders treated by *Stramonium*. The symptom was urinary incontinence.

Dr K SHIVPRASAD presented two successfully treated cases of HIV. In one used a miasmatic drug and other on basis of totality. He used *Medorrhinum*, *Syphilinum* and *Ars-alb*, *Phos*, *Puls* and *Nat-mur*.

Dr Sarad Sangloo Allahabad presented three cases of Uterine Fibroid and Ovarian Cyst.

Dr S A Dhole of Amravati also presented a paper on research, protocol and strategies in Homoeopathy.

A video case of IVS was presented by **Dr B D Patel** of Bangalore.

Dr Kumar Dhawale Mumbai was the Chairman and **Dr (Ms) K H Mathani** was the moderator. The panelist were **Dr D P Rastogi**, **Dr B D Patel**, **Dr S K Tiwari**, **Dr L Nanda**, **Dr K P S Dhama** and **Dr Kapil Sharma**. The

conclusion of the session was that the prescribing depends on the physicians individuals thinking based on the guidelines of **Dr Hahnemann**.

THE FOURTH SESSION: Dedicated to Smt Bala Devi Rastogi, was a general session.

Dr Hetendra Shukla, Gujarat presented a paper on conjunctivitis. The conjunctivitis was treated and controlled by *Bell 200*, *Euphrasia-30* and *Rhus-tox- 30*. In this session **Dr S A Dhole** Amravati also presented a paper on Homoeopathic education- 20th century, a retreat value for using the quality education.

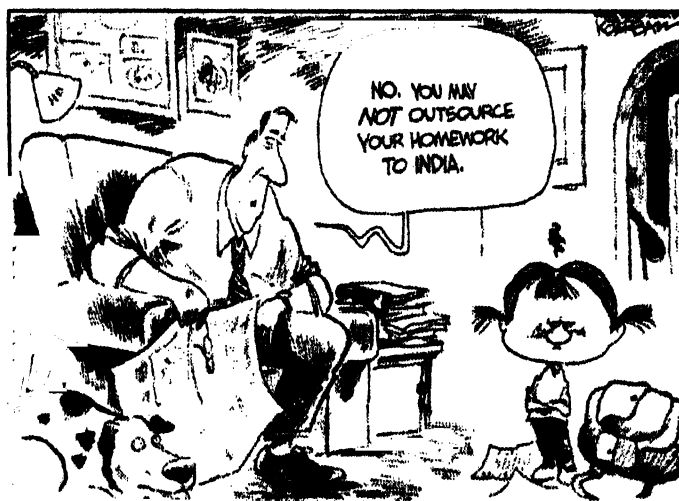
THE FIFTH SESSION was open session.

Dr M P SINGH from Bhubneshwar presented a paper on Diabetes. He said that the constitutional approach is always better but organopathic drugs also have their role.

Dr SUMAN KUMAR PANDA from Bhubneshwar presented a paper on Bronchial Asthma. She gave a list of constitutional and indigenous drugs.

Dr AMIYA GOSHWAMI from Udaipur presented a paper study of Homoeopathic mind in pediatrics.

ANNOUNCEMENT: Venue for 13th Conference of the Research Society would be Amravati under leadership of **Dr S A Dhole**, Principal Pt Jawahar Lal Nehru Homoeopathic Medical College, Amravati, Maharashtra. □



ACCURATE HOMOEOPATHY
HAHNEMANN'S DIRECTIVES & ITS APPLICATION

Law of Potency Selection and Repetition. Trio for Totality of Symptoms.

DR. SANJAY MODI

TITLE: Accurate Homoeopathy Hahnemann's Directives and its Application.
PUBLICATION: Krupa Publications
 A-402, Brentwood, Hiranandani Gardens, Powai, Mumbai-400076
EDITOR: Dr Sanjay Modi
PRICE: *****
EDITION: 1st
PAGES: 220

- Then he discusses synthesis in detail, by using our knowledge, laterality, using intellect and wisdom.
- Then comes analysis and evaluation. He says that the approach to totality of symptoms and analysis and evaluation go in opposite direction.
- He stresses that Hahnemann would like physicians, not only to prevent disease but also to maintain health. This has to reflect in their approach to selection of right remedy.
- Next he discusses exciting and fundamental causes, nature v/s nurture, interpretation, guide to individuality, impure sources of disease, susceptibility of the patient which make to decide the potency and commitment of the physician.

I always welcome an encounter with a homoeopathic book like that of Dr Sanjay Modi's, aptly named - Accurate Homoeopathy, which represents pure essence of how to select the right remedy.

He has stressed, and rightly so, the responsibility of the treating physician through **APHORISM I**. "The physician, high and only mission is to restore the sick to health, to cure" and to achieve this goal, he has guided through various aphorisms and taken us through the book as a journey, to the approach of the case, its understanding and finally to deriving the similitum in the right potency and the right repetition.

In this book, he discusses the following factors:

While taking a case, be completely empty to start with, be receptive, thorough listening, empathy, and communication with the patient, have no prejudgment (judgmental attitude) only once you have fully taken the case, synthesize it.

This book is indeed good as an aid to students in their study and practice of homoeopathy.

The author has made a very positive effort to systemize the matter from various sources into a coordinated whole, for the benefit of students to follow the study of Homoeopathy. He has mentioned the references of each chapter, which is Unique in itself and will allow the student to go to the source book for indepth study.

It is indeed, a book worth reading to help reinforcing the physician to act rightly and be committed while treating the case in a holistic manner.



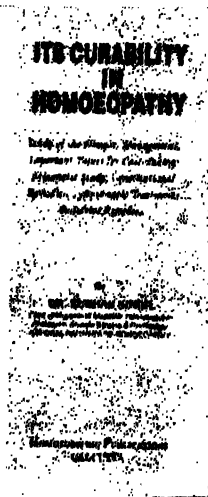
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Success is determines by those who prove the impossible, possible...James W Penee.

It is a good thing to learn caution by the misfortunes of others...Pubilius Syrus.



RHEUMATOID ARTHRITIS



TITLE: Rheumatoid Arthritis -It's Curability In Homoeopathy
AUTHOR: Dr SUBHAS SINGH
PUBLISHER: Dr I Manish, Homoeopathic Publications, Calcutta-9
EDITED BY: Indian Homoeo Recorder
PRICE: Rs.30/-
EDITION: 1st March 2000
PAGES: 100

This book on Rheumatoid Arthritis is the 5th in the series of Dr Subhas Singh's writings.

In the INTRODUCTORY CHAPTER, Dr Subhas Singh rightly says, that the Homoeopathy approach to the treatment of RA is not different from the Hom approach to any other Chronic and Constitutional disease. RA has been branded as 'not permanently curable' in the allopathic system, but not so in homoeopathy. However, like any other chronic disease, the desired cure depends upon the skill, knowledge, patience and observation of the physician. The best and the ideal way is to treat by giving Anti-miasmatic Constitutional remedy.

In ACUTE STAGE, when the patient is in pain, the physician should relieve his pain by one or two acute remedies in hand or allopathic drugs and the best time for application of Constitutional remedies is when acute suffering has subsided.

Like any other science, Homoeopathy also has its limitations depending upon stage of the disease and deformities, where then Palliation may be the solution.

The author has very briefly and precisely written in SECTION I-in following sub-headings: Background of the disease, Definitions, Predisposition, Onset, Pathology, Localized and Generalized features, Deformities, Rheumatoid Nodules, Various Systemic Changes, etc.

Investigations like RA factor, CRP, ESR and X-Ray of the joint involved and American Rheumatism Association Criteria for diagnosing RA.

SECTION II-MANAGEMENT OF RA.

Drugs used in Allopathy like NSAIDS, Corticosteroids, Immunosuppressive drugs and DMARDS (Disease Modifying Anti-Rheumatic Drugs).

Stresses on Rest, Splinting and Change of position frequently, Exercises-Isometric and Isotonic and about trying to avoid Iso Kinetic Exercises. Focus on Life Style Modification and Family Counseling and Psycho-Social treatment to preserving the function and prevention of disability & deformities.

SECTION III-APPROACH TO A CASE OF RA: Point's to ask while taking history.

SECTION IV-MIASMATIC STUDY OF RA.

SECTION V-CONSTITUTIONAL REMEDIES. He describes various remedies with differential diagnosis. Remedies like *Ars-alb*; *Aur-met*; *Bryonia*; *Calc-carb*; *Causticum*; *Colchicum*; *Conium*; *Iodium*; *Kali-bichrom*; *Kali-iod*; *Ledum-pal*; *Lycopodium*; *Lithium-carb*; *Medorrhium*; *Naja*; *Nux-vom*; *Phosphorus*; *Pulsatilla*; *Radium-br*; *Rhus-tox*; *Sang-can*; *Sulphur*; *Syphilitum*; *Thuja*; and others like *Antim-crud*; *Kali-carb*; *Sepia*; *Tuberculinum* and X-Ray are touched upon as Constitutional remedies.

SECTION VI-SYMPTOMATIC REMEDIES like *Aconite*; *Cimicifuga*; *Actea-spicata*; *Agaricus*; *Ammon-carb*; *Anacardium*; *Apis-mel*; *Arnica*; *Belladonna*; *Benzoic-acid*; *Berberis-vulgaris*; *Cactus*; *Calc-flour*; *Calc-phos*; *Caulophyllum*; *Chamomilla*; *China*; *China-sulph*; *Cobaltum*; *Drosera*; *Dulcamara*; *Eupat-perf*; *Gelsemium*; *Guaicum*; *Mag-carb*; *Manganum*; *Nux-moichata*; *Petroleum*; *Ran-bulb*; *Ruta*; *Sabina*; *Spigelia*; *Veratrum-alb*; *Zincum* etc. In last SECTION VII -SOME PALLALITIVE REMEDIES, newer ones like *Derris-pinatta*, *Bellis-per*, *Ginseng*, etc.



I congratulate Dr Subhas Singh for presenting such a vast subject of RA in a nutshell. It's a simple and easy reference book for a homoeopath while treating a case of Rheumatoid Arthritis.

it asked for the book. It has taken the author 4 yrs to send it! But we are happy to review it.

EDITOR: A readymade, already written Review of this book had come to NJH in 2001, but without the book. NJH does not publish printed reviews, so

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Dr. ANDRE SAINÉ

TEACHINGS

PSYCHIATRIC PATIENTS
 PURE CLASSICAL HOMEOPATHY

**TITLE: TEACHINGS
 PSYCHIATRIC PA-
 TIENTS PURE CLASSI-
 CAL HOMEOPATHY**
**AUTHOR: Dr ANDRE
 SAINÉ**
**PUBLISHER: B JAIN PUB-
 LISHERS (P) LTD, NEW
 DELHI**
 Edited By: Edith
 Meinders, Lise Bose,
 Rene otter
PRICE: Rs.300/- (2 vol set)
EDITION: 1st Indian Ed

- eases
- Psychosomatic, Somatopsycotic, Psychosis, Neurosis
 - Prognosis
 - Temperaments
 - Different views about treatment

This aptly titled book is a compilation of teachings of Dr Andre Saine. He has nicely weaved in his experiences and his reading in the literature about our great teachers like Lippe, Kent, Nash, Allen, etc and about his discovery about more subtle and broader aspects of Homoeopathy which gave him a deeper understanding.

Dr Andre has discussed each psychiatric disorders like Neurosis, Obsessive Compulsive Disorder, Psychosis, Hysteria, etc in depth and different rubrics under each disorder. He has discussed various cases and remedies under each disorder and their detailed Materia Medica and the right potency. He has discussed remedies like *Belladonna, Stramonium, Hyocyamus, Cantharis, Veratrum, Lecithin, Kali-phosphoricum, Thuja, Medorrhinum, Staphysagria, Tarentula, Moschus, Asafoetidia, Valeriana* etc. in great depth with their psychiatric understanding. He has vividly talked about recovery, palliation and suppression versus cure. He further asks to treat dynamic disease with Homoeopathy, Role of Psychotherapy and its limitations. If origin is not dynamic Psychotherapy might be helpful.

The CONTENTS divided under 3 broad titles:

- I Psychiatric Patients
- II Pure Classical Homoeopathy
 - a) Introduction
 - b) Case handling
 - c) Evaluation of Symptoms
- III Life & Work of Adolph Lippe.

Under the heading of psychiatric patient, he discusses:

- Homoeopathy and Psychiatry – the difficulties
- Hahnemann's position in Psychiatry
- Two different Types of Emotional & Mental Dis-

- He discusses Pure Classical Homoeopathy in detail. He says method is the most important subject. HERING'S LAW – A law, rule or dogma?
- CASE HANDLING – About Case taking, Case Analysis and Management.
- On good Homoeopathic case taking, finding the genus, finding the correspondence in the repertory and Materia Medica and good follow up is



very significant in our approach to case handling.

On Mental Retardation and treatment. He has discussed some forgotten remedies which are very useful for psychiatric patients, like *Melilotus*, *Deris-pinnata* etc.

To manage drugged patients- reduce the medicines as they recover, as in drugged patient- the remedy works shortly. He has given very illustrative cases like Multiple Sclerosis, AIDS, Fredreich Ataxia etc. and their management. He stresses about wrong way of living & change of life style. About evaluation of symptoms, basics of *Materia Medica* etc.

He very rightly says the 5 diseases of Homoeopathy are; Ignorance, Idolisation, Egotism, Dogmatism and Deviation from the Induction Method.

Writes the poem written by Hahnemann in 1843. In English

*I sought through earnestly and found it
Tomorrow is not today
Loose not an hour, for ha, too soon
Time speeded swift away.*

In French:

The most valued Treasures are *Conscience, Good health and Love of God.*

He further describes about "Scheme Andre Saine", by which you are able to value symptoms for intensity, characteristics, and hierarchy.

And lastly he has written about the life and work of Adolph Lippe.

Indeed this book is one of the most informative, enlightening and best psychiatric homoeopathic books I have ever read. Worth reading again and again. A must in our Homoeopathic armamentarium

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Homoeopathic Queries & Solutions

Q1 Sir, I am entrusted with managing my husband's hospital after marriage. I am a homoeopath myself. The workers are not used to a female authority. Can you suggest some managerial ways?

-Dr NEETA MANWANI, Durg

A1 Hospital administration depends upon the type of the hospital, the drainage area, type & strata of patients it expects to cater to the economic status, etc. The duties expected of a good administrator are that he/she should see that the individual departments run in

a healthy manner both professionally and economically. One should control them by a process of integration. In a way an administrator is the Vital Force. Being an administrator and a woman requires some tough talking and tougher doing in a correct manner. There are two ways to solve this problem. Either you accept the present circumstances and become an integral part of the system or secondly change the workings of the system as per your priorities and prerogatives, making all others a party to the same. To become a good manager, it's imperative to create a conducive environment of work which is professional as well as caring. Your hospital is your family and we generally spend more waking hours in our clinics than at home. Try and create a working team. Be clear in giving instructions to



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