



Synopsis of Other Journals

HOMOEOPATHIC CLINICAL CASE RECORDER, VOL 9-NO1- APRIL 2002

A quarterly journal by Dr Subhash Meher, Near Hotel Chankya, Anandrishi Marg, Ahmednagar, Maharashtra, 414001

This issue of the journal edited by Dr D E Mistry, comes after a lapse of two years due to various reasons, despite strenuous efforts by the Chief Editor. From now it will be a half-yearly journal. This issue is devoted entirely to cases from practice of homoeopaths. An excellent article on "Follow-up of the case" by Dr DIWAN HARISCH CHAND is a must-read for all the homoeopaths, as it covers all aspects as how to follow up a case after the administration of the remedy, including the second prescription, potency, change of prescription etc.

2. Dr PRAKASH SHINDE, a regular contributor and noted for his astute prescriptions, discusses three cases: a) chronic calcific pancreatitis cured by *Tarentula-hisp*; right sided sciatica by *Kali-bich* and chronic bronchitis by *Coccus-cacti*. The chief editor, lands his favour adding his own assessment of the cases and comments.

3. Dr KAMALAPURKAR discusses a case of secondary sterility arising from tubal block in a lady of 30 years, with history of three abortions, 3rd one from being hit by a cricket ball. Initially given *Arnica*; later *Nitric-acid* 30 several doses as (Dr Phatak recommendation) and *Bursa-pastoris* for bad effects of curettage. Intercurrent-*Tuberculinum* 1M since history of genital TB. Reports repeated after 1 1/2 y: bilateral tubes normal. Given 3 doses of *Tuberculinum* 1M followed by placebo for nearly one year. Laparoscopy before con-

templated surgery showed uterus and both tubes were normal.

3. Dr K J JAMES, Pune discusses a few interesting cases from his practice. 1) A restless and disobedient child was initially prescribed *Tarentula-hisp* with no effect but became all right after a dose of *Tuberculinum*. In another case where an old lady consulted for chronic cough and said that it came after her three of her sisters died in an accident was cured with *Ars-alb* preceded by *Tub* 1M on the basis of rubrics- ailments from grief, weeping causeless, suicidal thinking, full moon aggravation, escape attempts to. She became much better.

VITAL INFORMER, VOL10-7, JULY 2002

A monthly newsletter published by Dr Manish Bhartiya, ED-94, Tagore garden, New Delhi-110027

1. Dr ANIL KHURANA writes about the recent research about mechanism of action of Homoeopathic remedies. Since no element of medicine is traceable in Homoeopathic preparations above 12C, Homoeopaths have been hard put to explain how the potencies above 12C act. Two Italian professors of Chemistry conducted a number of experiments by measuring the heat emanating from plain double distilled water and compared the same with double-distilled water in which a specific acid and a base substance were added. They found that 92% of the test solutions with added acid or base substance (such as sodium chloride and vinegar) had higher than expected heat emanating from them. Further research findings on toxicology over the years indicate that poisons at high doses inhibited metabolism and ultimately caused death, while in low doses they extend a stimulating effect- and it is termed hormesis. He also draws attention to other research findings to substantiate the effect of dilutions and release of energy due to succussions

2. The other part of the issue is devoted mainly to reports on seminars conducted in various parts of the



COMPILED BY

T K KASIVISWANATHAN

10/149, Shobha, Road No 9,

Wadala, Mumbai-400 031

Tel: 4162165



country: one on Diabetes, osteo-arthritis, urinary incontinence and obesity; Geriatrics, arthritis and skin diseases. These reports are detailed and informative.

3. Writing on MIASMS, Drs ANUKANT GOYAL, AMITHA GOYAL and ANUPAM GOYAL present a hypothesis that from birth the three miasms of psora, syphilis and syphilis are present in everyone and so long as these three are in equilibrium the person will be healthy; disease arises when it is disturbed. They have listed several combinations of one or more of the miasms being disturbed and consequently the energy levels are affected. The authors have not given any indications for the practical application of these combinations for arriving at the similimum in a particular case.

4. An obituary on the death of Dr M L Sehgal, founder of revolutionized Homoeopathy by Dr Chitkara, a few other cases, calendar, book reviews and news constitute the rest of the issue.

THE HOMOEOPATH, JULY 2002, NO 86

1. BILL RUMBLE has discussed a new remedy *Bracken* which cured a patient of her chronic fatigue and inexplicable dark moods. It is a sort of bush, which travels in waves through woodland and open country leaving behind acid soil, on which other plants cannot survive. Its spores are carcinogenic and contain cyanide which causes death by choking. The plant cloaks the sun and hence other plants are starved of sun and light and surrounding areas are dark. The patient in question had a long-term terror of darkness. She also said that her father was blown up in the war and his face was so blackened that it had a serious impact on her psyche. Initially she improved on *Stramonium*; later when her father died she complained of abdominal pain and in gallbladder and she developed tumour and a secondary tumour in her liver for which she had hysterectomy and chemotherapy. The prognosis was poor and she was depressed. She said that she had obviously taken on herself her father's illness and it enveloped her as a cloak. Taking the cue from it the doctor prescribed *Bracken* 12c four doses daily and in one month she

felt better but her chemotherapy sessions caused a setback and she rallied with doses of this remedy. Later interspersed with *Ars-alb* for burning after chemotherapy sessions, as symptoms developed. The case was followed up closely for over 9 years when all the tests indicated normalcy. It is a case based on doctrine of signatures and its similarity to the feelings of the patient.

2. Homoeopaths often pride themselves that Homoeopathic remedies rarely cause serious aggravation; there have, however, been cases where a higher potency has caused serious aggravation. Joseph Zaarfaty discusses one of his cases where wrong repetition in a sensitive patient caused serious aggravation. This patient was being treated for abdominal pain along with migraine. During pregnancy the boy's mother saw a TB patient spitting blood which upset her much; her husband a senior officer in Vietnam Govt was murdered by the communists; later the child was born with chord around its neck and it took some time before he started crying; he had also fits. The doctor analysed the rubrics and had to choose between *Opium* and *Morphinum*; latter remedy was prescribed. The boy was improving steadily but the doctor in the next follow up decided instead of waiting, to repeat the medicine and administered *Morphinum* LM1 four drops. The boy shortly thereafter developed serious itching and had a terrible headache; his original complaint of abdominal pain was also stronger and accompanied by spasms; for 45 minutes he suffered and then was better but when he returned to his home he developed the same symptoms and also chest pains; he was removed to the hospital emergency room. Fortunately the investigations showed that his lungs and heart were normal and the symptoms were allergic reactions to the dose. No medicine was given and the boy improved. The doctor thereafter examined his own past cases and found that 2% of his patents in the past had strong aggravation to remedies but were not as worse as this patient. In another case a dose of *Ars-alb* LM1 had awful burning in stomach even though the dose as double



diluted before taking. Such cases also prove that even LM potencies can cause aggravations. The doctor adds that "I never had serious aggravations when using high potencies above 200C."

(Ed: The experience may be otherwise in case of others-discuss).

3. Report on a seminar by MAGGIE WHITTLE on using Homoeopathy in cases of homelessness and drug addiction. Heroin and alcohol addiction will lead to severe weight loss with loss of appetite. Homelessness will lead to isolation, exclusion and social inadequacy resulting in low self-esteem. The root causes are sexual abuse in childhood, neglect in family nor listened to, leading to feelings of inadequacy, powerlessness, chronic guilty feeling that there is something seriously wrong with him. Compensated by obsessive or compulsive behaviour and anger; trauma is locked inside.

Tips for such cases: *Ars-alb* 1M repeated nightly if the fear experienced is very strong, reduces the anxiety levels

Nux-vom and *Sulphur* assists in the early stages of withdrawal from drugs; *Morphinum* and *Sulphur* useful particularly in heroin withdrawal.

Avena-sativa can reduce the cravings for drugs and alcohol, while *Quercus* will develop a distaste for alcohol; *Gelsemium* useful in the third phase of withdrawal.

Opium, *Aconite* and *Stramonium* useful in tackling the ill effects of released traumas.

4. A meeting with EILEEN NAUMAN, a native American homoeopath, who connects metaphysics with homeopathy in her practice and uses flower essences, book reviews and a comparative study of *Plumbum* and *Plutonium-nitricum* with mythological connection of the two to Saturn, form the rest of the issue.

HOMOEOPATHY: JULY-OCTOBER 2002

A quarterly journal in Hindi from 30, Laheri Dola, Baghalpur.

This entire issue is devoted to children's diseases and their homoeopathic treatment.

HOMOEOPATHIC HERITAGE, JULY AND AUGUST 2002

A monthly journal published by B Jain Publishers (p) Ltd, 1921 Chuna Mandi, 10th Street, Paharganj New Delhi 55.

1. In the April issue the editor, Dr FAROKH J MASTER discusses that one can learn more about homoeopathic remedies through the Doctrine of Signatures. "You bring the same anatomy of the herb and the same anatomy of the illness into one order. Under this method. Dr Master argues that the doctrine could be verified against the proving symptoms of homoeopathic remedies of plant substances. Dr Gibson also wrote "the parallels and correspondences of the Doctrine of Signatures are sufficiently numerous and striking to deserve serious study as well as being an aid to understanding and memorizing the material medica of each remedy." Dr Farokh Master support by several examples.

2. Dr FRANCIS TREUHERZ discusses a case of 84-year-old Jewish woman who survived the horrors of a Nazi concentration camp. Her main complaint was a deep-seated vertigo, which started 50 years ago when in the concentration camp. Her feelings became so hard that she said that she was not able to show affection. She was prescribed *Conium*, which covers her main complaint and also hardening of her mind.

3. There is an exhaustive lecture on the treatment of headaches with indications for specific homoeopathic remedies. A case of severe headache in a farmer's daughter cured by *Cyclamen* is presented by Dr GUY KOKELLENBERG. She also suffered from asthma. Some peculiar symptoms in her case which led to this remedy:- Irresistible desire to urinate when somebody is whistling; never thirsty during the day; menses scanty but bleeds more when lying or sitting; difficult respiration from dust; diarrhoea after breakfast; undemonstrative grief arising from the early loss of mother and whereafter she had to look after the other siblings. (See the article on *Cyclamen* under Learn a Remedy through Cases published in the last issue of this journal.)

4. August issue editor discusses salient features of



Kali-bich and *Kali-carb* as seen in his practice.

5. Dr SUBASH CHANDER discusses Dynamised Auto Therapy which involves potentiation of substances from the patient's blood, CSF and saliva for curing the diseases of the concerned patient. The author argues that by this method, he has successfully cured cases of viral diseases like hepatitis, measles, Chicken-pox, Herpes. (Even earlier this potentiation of the patient's blood for treating chronic illnesses has been tried with success.)

JOURNAL OF MADRAS PRESIDENCY HOMOEOPATHY ASSOCIATION: APRIL-JUNE 2002

(A quarterly journal from the Association, 191, Thiru Vi Ka High Road, Mylapore, Chennai-600004)

1. The editorial stresses that each system of medicine has its own specialty and uniqueness. For serious diseases like AIDS, combined use of more than one system of medicine will be useful. It refers to the encouraging results obtained by allopathy-homeopathy combination of treatment of AIDS in a TB sanatorium in Chennai. It deprecates the oft-repeated criticism of allopaths saying that homoeopathic medicines contain steroid.

2. The cover story is a portrait of the great Homoeopath Boenninghausen

3. There is an extract from the book "Clinical Reflections" of Dr S P KOPPIKAR. In that he draws specific attention to the risk of anaphylaxis from the dose of the same medicine given on the 10th or 11th day; he gives three of his own cases where the second dose repeated on the patient after 10-11th days resulted in the death of the patient, due to anaphylactic shock. Dr Koppikar says that because of that experience he had stopped giving single dose for any case; instead he used to give on the first day two or three doses at intervals of three or four hours or what is called collective dose. By such procedure he had not seen any upset by any repetition later on. (*NJH would like to have the experience of readers on this subject.*)

4. Dr ARUNACHALAM discusses a case of a lady, aged

53 years. If she is in a room and door is closed from outside or if she is in a car or in a confined space she would play havoc and try to jump out even from the car or bus and hit her husband. History revealed that as a girl she was locked in her class room by mistake and was rescued after considerable time, which made her very afraid and left a deep impact. From her 13th year onwards this tendency was exhibited and whenever she was traveling by train or bus she had to be pinned to her seat by her husband or relatives to prevent from violence. *Aconite* and *Arg-nit* did not have any effect He consulted Boericke and found under *Succinum* "Fear of trains and closed places". He prescribed that medicine in mother tincture BDS and in a short period of time she could travel in train or bus without fear. This is a small remedy. (*Please see rubric-claustrophobia in Robin Murphy (p10440 where Acon and Arg-nit and Stramonium are listed in capitals but this remedy is in ordinary letters. This case is a clinical confirmation of the symptom in the material-medica).*)

HOMOEOPATHY TODAY, AUGUST 2002

1. This issue is devoted to homoeopathy in summer complaints with therapeutic hints on useful remedies. Dr ROSEMARY HYDE discusses in detail a case of her friend who suffered from heat exhaustion and she arrived at *Gelsemium* based on generals and modalities from the patient's symptoms of lassitude, Dullness, drowsiness, face hot and heavy, head constriction in occiput extending to nape of neck, burning throat pain, extending to stomach etc.

2. Dr ANN CROCE discusses in general the topic of suppression even by Homoeopathic medicines. To avoid suppression it is necessary to make intelligent choices about when not to treat and give medicines only when needed. If the case is acute give acute remedies after careful evaluation of the symptoms and keep an eye on whether it is an acute exacerbation of chronic illness.

3. The remedy of the month is *Bufo-rana* made from the poison of a toad. The verse portion of this article is



interesting and is reproduced
 "Poor *Bufo* that lacks control.
 Not endowed with mental grace
 Tongue protrudes, a crack in fold.
 A stupid look upon his face
 Sudden sexual thoughts arise.
 This sloppy toad cannot abate;
 He goes off with his desire for solitude to masturbate
 Imagine him a little fat; Angers at the drop of a hat;
 And also laughs so indiscreet

like a child but not so sweet;
 Impulsively must satisfy.
 Every impulse gratify;
 Has no shame on any sphere
 Low of mind, speaks unclear;
 Fears of animals and strangers too
 Chilly and could sneeze for you;
 Lacks refinement, is that clear?
 The toad is made of such, I fear"

-SYLVIA SEROUSSI CHATROUX



Date	Event	Venue
14-15 Dec 02	5 th National Homoeopathic Conference Organizers: Hahnemann Memorial National Society. Sub: Ovarian Disorder, Warts and Moles, Depression, Congenital Disorder Is Psora always non destructive Fees: Doctors- 600/- Students- 400/- Contact: 16-A, Civil Lines, Pratapgarh-230001 (UP). Tel: 05342-20246 / 20832	Mehta Auditorium Prayag Sangeet Samiti, Alfred Park, Civil Lines, Allahabad
27-29 Dec 02	19 th National Congress of I.I.H.P. Orissa Branch Organizers: Indian Institute of Homoeopathic Physicians Sub: AIDS, Cancer, Reproduction, Child health Prog, MR Fees: Not Stated Contact: Organising Secretary Prof (Dr) N Mohanty Dr AC Homoeo Medical College & Hospital, Bhubneshwar Ph: 530556, 401737	Bhubaneshwar
8-9 Feb 03	International Homoeopathic Conference Organisers: Research Society of Hom.India Sub: Cancer, Viral Diseases, Materia Medica of Lesser known and newly proven remedies, Panel Discussion etc. Fees: Upto 30 Dec02 Upto 25 Jan 03 Doctors Rs 800/- Rs 1000/- Students Rs 600/- Rs 800/- Foreign Rs 5000/- US \$ 100 Contact: Organising Secy Dr K.C.Sarawat 4-5 H-1 Commercial complex, Diwani Crossing, M.G.Road, Agra Ph: 530393, 260604. Email: vin@sancharnet.in Paper Scientific Chairman Dr Alok Pareek Ph: 0562-350405 Fax: 526100	Hotel Jay Palace, Fatehabad Pee Road, Agra
19 Jan 03	IXth SSMS (Sarla Sonawala Memorial Seminar) on Stress (See last page)	