

Clinical Tips

ABSTRACT:

Some tips found useful in the author's practice.



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Abies-nigra: The dyspepsia caused by abuse of tea or tobacco have been cured by it.

Aconitum-nap: It must not be supposed that the sphere of Aconite is limited to acute cases. When the symptoms correspond, it will cure cases of great chronicity, for example cases of indurated glands.

Actea-racemosa: I found the pain at the nape of the neck very characteristic. Rheumatism affecting the vertebral joints and especially of the neck.

Actata-spicata: I have several times cured wrist Rheumatism with it. The joints swell after slight fatigue.

Aethusa-cynapium: One very characteristic symptom is inability to think or fix the attention. Guided by this symptom once I gave it to an undergraduate preparing for an examination with complete success.

Agaricus-muscarrius: Agar is a spleen medicine, causing stitch in the side. It has cured stitch in runners enabling them to run further.

Allium-cepa: Left side facial paralysis has been cured by *Allium-cepa*.

Allium-sativum: The *All-sat* patient is rather a gourmand than a glutton. It suits persons who eat a great deal more than they drink.

Aloe-socotrina: Gripping may (*Nux-v*) or may not (*Merc*) cease after stool.

Alumen: I have frequently removed with it constipation of the most aggravated kind as in cases of cancer of uterus and rectum.

Alumina: The action of *Alumina* is slow in developing and the remedy must not be changed quickly.

Ambra-grisea: Sensation of icy coldness in abdo-

men.

Ammonium-bromatum: It is indicated in epilepsy when the aura begins with a fainting or suffocating sensation of epigastrium rising up both side of sternum to throat.

Ammonium-muriaticum: Menses too early and too captions (*Am- c*) with pains in loins, vomiting, diarrhoea and neuralgic pains feet during period.

Anacardium-orientale: I cured a man who had a smell of burning wood in his nose remaining after influenza.

Antimonium-tart: A characteristic of *Ant-t* in lung affections is, lies with head back.

Arctium-lappa: It is one of the remedies which have been successful in curing uterine prolapse.

Arg-nit: There is a pain in the small of the back > on standing or walking but severe when rising from a seat.

Arnica: Person easily made train-sick or sea-sick.

Arsenicum-alb: The horse is an exceedingly nervous animal constantly moving about, restless and very prone to take fright is quite a picture of the *Arsenic* temperament.

Arsenic-iodatum: In many cases of weakened hbeart I have found *Ars-iod* of signal service, more especially when associated with chronic lung conditions.

Ars-iod has a marked action on the stomach and when given low needs to be given after food, if unpleasant symptoms are to be avoided.

Asafoetida: Gripping (into a ball) pain below navel while standing.

Asarum-europeum: With a single dose of Asar 200, I cured a case of sub-acute inflammation of eyes and lids which had lasted some months after an attack of influenza, the indications being > in open air and by washing in cold water.

Asteria-rubens: Nightly lancinating pains in the breasts have led to its successful use in cases of mammary cancer.

Aurum-met: No drug produces more acute mental depression than *Aurum*. Must be well studied.

Bacillinum: I have found an eczematous condition of the merging of the eye lids, a strong indication for it.

Baptia-tinctoria: An illusion of smell as burnt leather has caused and cured by it.

Baryta-carb: I cured an advanced cases of thoracic aneurysm with the 3y remedy..

Baryta-mur: Below stomach to left a hardness from which paroxysms of dyspnoea come.

Belladonna: It has cured a very severe headache in a nervous man occurring whenever he was exposed to tobacco smoke.

Bellis-perennis: Stasis and tag are the principal notes of it.

Benzoicum-acidum: Ganglion of wrist and bunion of great toe I have frequently cured with *Benz- ac*.

Bryonia-alba: Less rapid in its action than *Aconite*. It goes deeper in its effects and often takes up the work where *Aconite* leaves off. I have cured a case of congenital hydrocoele with *Bryonia*.

Cadmium-sulphuratum: The nasal symptoms are very prominent. No remedy has served me better in cases of ozaena and polyps.

Calcarea-carbonica: The *Calc* patient generally better when constipated.

Calc-flourica: Induration in epigastric region after a kick from a horse, was cured.

Calc-phos: Every exposure increases the rheumatic pains of *Calc-phos* and the uterine distress.

Calc-sulph: It is indicated in all kinds of cases after pus has found a vent.

Calendula: In obstetric practice it is invaluable. The application of a sponge soaked with a hot solution of *calendula* after delivery gives the greatest com-

fort to the patient.

Camphora: In the form of the ordinary *camphor* pills, I have found it all excellent remedy for simple sleeplessness. In this, as in its effect on colds, it resembles *Aconite*.

Cantharis: *Cantharis* has cured a case of malarial cachexia in which the symptoms were always < when the urine was scanty.

Capsicum: As with *Dulcamara*, where there is extreme sensitiveness to cold and damp which < most symptoms with a few doses of *Caps*. I completely cured an Australian girl of florid complexion who had come to London to study, who was quite homesickness.

Carbo-veg: In cases where disease seems to have been engrafted and emigrated on the system by reason of the depressing influence of some prior derangement.

Carb-acidum: Great flatulent distension of the abdomen with belching of wind and desire for stimulants indicates this drug. Palpitation of the heart at night has been cured by it.

Carb-sulph: *Carb-sul* has the flatulency of *Carbo-veg* and the abdominal soreness of *Sulphur*.

Cardus-marianus: The liver enlargement of *Card* is in the transverse direction (that of *Chel* being more vertical)

Caulophyllum: Paraplegia from disorders of the uterus.

Causticum: Epilepsy has been cured by *Caust*. When fits occurs in sleep and urine escapes.

Chamomilla: *Chamomilla* acts more on nerves of abdomen. *Bell* more on cranial nerves.

Chellidonium: I have often cured with *Chamomilla* when *Lyco* was apparently indicated and failed to act.

China-off: It is useful in cases where purgatives have been abused if *Nux* fails to cure.

Chionanthus-virginica: Chronic Jaundice: Jaundice recurring every summer.

China: Child cannot bear to have head combed or brushed.

Coffea-cruda: Diarrhoea in housewives who have much care and trouble in managing their house holds.

Colchicum: All functions, mental and bodily as slow,

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nutrition and digestion are at a stand and yet the patient does not emaciate rapidly.

Colocynthis: *Colocynthis* has like *Lyco. Helle* a 4 pm aggravation.

Conium-maculatum: It is to the glands and capillary system what *Acon* is to the heart and arterial system. In many cases *Con* may be regarded as the "Aconite of chronic diseases"

Crataegus-oxyacantha: *Crataegus* is the newest approach to a positive heart tonic that we know of.

Crocus-sativas: A warm sensation ascending to heart impending breathing and > by yawning is a peculiar symptoms.

Cucurbita-pepo: An excellent remedy for tape worm which may be given with safety to children.

Condurango: *Condurango* has found its chief use as a cancer remedy especially in cancers originating in epithelial struchusestures.

Cuprum-met: Getting wet = epileptic attacks

Cyclamen: *Cyclamen* has curesd migraine with scintillations after the failure of *Iris-v*. In the case records the headache increases as the vision returned. The head seemed about to burst (*Kali-bi*)

Dioscorea: It is one of the first remedies in whitlow and in biliary and renal colic.

Drosera: *Drosera* has many pains about the hip joints and has cured sciatica with the frecowing character. Pressing pains < from press from stopping from laying on painful past > after rising from bed.

Dulcamara: Causes diarrhoea and the characteristic is when there is vomiting with stool.

Echinaceaan-gustifolia: Pains in abdomen come and go suddenly > by bending double.

Elaps: I cured with *Elaps* 200 a very old standing case of irritating rash in axilla (right) with recurrent suppuration of axillary glands

Eupatorium-purpureum: Cystitis in pregnant women from riding over rough roads.

Euphrasia: I have seen corneal opacities removed by its prolonged use.

Flour-acidum: It acts on the bones especially the long bones causing necrosis and favours the expul-

sion of the recorded part.

Gambogia: Pain in sacrum resulting from a blow was cured in one case of mine.

Gelsemium: Alcoholic stimulants relieve all complaints. *Gelsemium* is a great neuralgic remedy. I have cured among other cases one of neuralgia of the anterior crural nerve.

Glonoinum: Heat generally < cold applications and cold air >, but cold water applied to head < head symptoms even spasms.

Graphites: Pain under left breast at menstrual period often waking patient in the night. If has many symptoms in common with *Sepia* but *Graphites* affect the ovaries more markedly than the latter.

Gratiola: No head and eye symptoms are of the first importance rush of blood to head with vanishing of sight I count as a keynote.

Guaiacum: Sharp pain about mid-day under right-breast to shoulder was removed in a case of mine by *Guaiac*.

Hamamalis: The part from which the flow of blood proceeds feels sore and bruised.

Helleborus-niger: It has cured concussion in brain resulting from a flow after *Arn* had failed. In this case one pupil was larger than the other, the patient was drowsy and answered question slowly! One leg dragged on walking. Pains in occiput and nape of neck I have frequently cured with *Helleborus-niger* and also head ache.

Helonias: It has been called with justice a uterine tonic and one of the keynote indication for its use is a consciousness of the womb and relaxation of uterine ligaments, misplacements and prolapse have been removed by *Helonias*.

Hydrastis: Cases of cancer of the tiver have been cured by it

Hyoscyamus: When influenza takes the typhoid from it often find its remedy in *Hyoscyamus* 30 is one of the most useful remedies in restlessness and sleeplessness.

Hypericum: Bunions and corns where the pains excruciating not only is the pain sense exalted, there is exaltation of the senses of hearing and smell. ○