



Doctor I bleed like a tap!!

Abstract: This issue is on Diet and I want to give a case which is related to diet. It was brought on by very spicy food and diet had to be tempered during course of treatment. After getting well the patient has reverted back to his original diet. This shows that Homoeopathy has built up the capacity to tolerate the aggravating item, albeit in a toned down way.



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Mr Z Khan, a 25 yrs old farmer, staying at Surat in Gujarat was brought by his father in a frightened state on 20/04/09 (Reg No: S/38/09) with the following complaints

CHIEF COMPLAINTS

LOCATION	SENSATION	MODALITIES	CONCOMITANT
RECTUM			
Since 03/04/09	Bleeding like tap water	< Irregular food habit,	Sleeplessness
Bleeding stopped only on 10/04/09	Oozing of bright red blood	< Spicy	at night
	Constipation 2-3/wk	> Sachet of Eno	Allopathic medicine
GITRACT	Acidity Burning ,		
Since 2007	Heartburn	< Morning	
NOSE	Sneezing	> Bathing in lukewarm water	
Since 2007			

PATIENT AS A PERSON

WEIGHT: 59 kg. Lost 1 kg within 20 days.
APPETITE: Normal
DESIRES: Chicken³, Meat³, Chinese food³
AVERSIONS: Spicy, Fats, Sweets, Milk
THIRST: 2 lit/day, cold water
STOOL: Constipation, hard stool
PERSPIRATION: Head and face
BATH: Lukewarm water
SLEEP: Disturbed

DREAMS: Snakes, being attacked by animals

LIFE SPACE INVESTIGATION

The patient was born in Olpad in Surat in 1983 and has a younger sister who is married. In 1989 Mo had 3rd delivery, followed by paralysis and died. Father remarried the same year. Pt completed his SSC in '88 and from '89 started working in

the agricultural farm of sugarcane and rice. The sister did her BA. Father was short tempered which used to scare pt. Mo was good natured and quiet, like the pt and would like relatives very much. He shares all things with his sister who is married and stays 20 km away from him. He meets her every day. He is also quiet but sometimes angry. Sister is haughty and quarrels. Father was a smoker and suffered 2 heart attacks in 2003 and 2005. Angioplasty was done in 2003. Pt was operated for extra bony growth in left jaw bone in 2006 and for Lipoma in chest.

DIAGNOSIS: Polyposis coli

TREATMENT ADVISED: Surgical Removal of the polyps. He then opted for Homoeopathy.

REPORTORIAL TOTALITY

1. Quiet disposition
2. Anticipation
3. Laziness
4. Responsibility aversion to
5. Timid
6. Restless, sleep bodily
7. Dreams
8. Heartburn
9. Polyps

10. Rectum bleeding stool, during

HOMOEOPATHIC TREATMENT

CONSTITUTIONAL: *Nat-phos* - but administered nlt when picture clears

ACUTE: *Hamamelis* - Because of Polyps and bleeding, this was decided as a Pathological prescription

Intercurrent: *Tuberculinum* - Intestinal Polyps. Genetics.

FOLLOW UP

DATE	SYMPTOMS	REMEDY
20/4/09	Polyps. After taking the history and before I worked out the case fully, I prescribed key note <i>Phos</i> on basis of bleeding and <i>Thu</i> on growth.	<i>Phos</i> 30 1 dose <i>Thu</i> 6 BD/7 days
2/5/09	Bleeding decreased but bleeding PR on 22/4 and 25/4 < non-veg Constipation, flatulence. Thirst 3-4 lit/day, Mentally better. Weight 60 kgs. Based on Bleeding, I gave single dose of <i>Tub</i> .	<i>Tub-b</i> 1M- 1 dose. <i>Ham</i> 200 15 Powders 1 Powder = 4 SOS when bleeding
16/5/09	25% better. Bleeding PR 2/wk black colour, Heartburn, burning epigastrium < night, sleep after 5am Weight 60 kg. Thirst 2-3 lit/day	<i>Thu</i> 200 1 st dose <i>Sac-lac</i> 6 Powder <i>HSNIH</i> Pills 200 3-3 / 14 days
30/5/09	Bleeding 0/wk, burning epigastrium 2/wk	<i>Thu</i> 200 2 nd dose <i>Sac-lac</i> pills 200 3-3 7 days <i>Ham</i> 200 SOS
9/6/09	Bleeding 2/2wks, little qty burning epigastrium 0/2wks	<i>Thu</i> 200 3 rd dose <i>Sac-lac</i> pills 200 3-3 14 days <i>Ham</i> 200 SOS
27/6/09	Bleeding 1/19 days, small quantity 3P of SOS used.	<i>Sac-lac</i> 200 3-330 days <i>Ham</i> 200 SOS
23/7/09	> ³ , No bleeding, no burning epigastrium, no sneezing, no constipation Weight 59 kg.	<i>Thu</i> 200 4 th dose <i>Sac-lac</i> pills 3-3 1/month <i>Ham</i> 200 SOS
23/8/09	Better, bleeding 1/2month > <i>Ham</i> .	<i>Thu</i> 200 5 th dose <i>Sac-lac</i> 200 3-3 <i>Ham</i> 200 SOS
8/10/09	Better, no bleeding, no burning epigastrium, no sneezing, no constipation	<i>Thu</i> 200 6 th dose <i>Sac-lac</i> 200 3-3 <i>Ham</i> 200 SOS
14/11/09	Pts uncle asked how long to continue the remedy. He can manage to eat spicy food without much <. Wt 61kg. He was asked to ct till 6 mths of no bleeding.	<i>Thu</i> 200 7 th dose <i>Sac-lac</i> 200 3-3 <i>Ham</i> 200 SOS
19/12/09	> ³⁺ . Better since 3 months.	<i>Sac-lac</i> 200