

The Disgruntled Zamindar

Mr I, Hindu male, married, working as a Railway employee (workshop).

The patient presented on 3rd April, 1987, with multiple papulo-pustular eruption with severe itching and burning after scratching. The affected parts were oedematous, fever since four days

The parts affected were: Lt arm, face, nape of neck and feet at the time of presentation, but it was most severe on feet and arms.

The complaints were worse at night and sleep was disturbed.

The complaints were associated with fever specially if pustules burst with pus to end in ulcers.

The complaint started in Feb '86, was relived by June '86. Now it has reappeared in Feb '87.

GENERALITIES – the patient had normal appetite and bowel but decreased thirst. Since few years, he wakes once for urination at night. He craves cold, sweet, and rich food. Averse green vegetables. Perspires scanty on scalp only. Though the patient prefers winter season, yet he is decidedly chilly covers heavily in all seasons and bathes irregularly as he feels chilly.

Sleep disturbed only because of the complaint. The dreams were not marked.

Patient was lean and tall. Oily shiny face with smooth skin. Flat nails, cataract left eye.

Except the recurrent abscess and scabies, there was no significant illness in the past. Patient was unable to give details of his family (parental) illness. (Reason – see life space investigation).

LIFE SPACE INVESTIGATION AND MIND:

The patient was born in a village in Uttar Pradesh, to a Jamindar family—thus brought up in the set pattern. However he got involved in some communal riots during the last stage of his schooling. He had to escape and leave



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his native place (preindependence era). He changed his name several times & he did matriculation thrice under different name from different boards. He changed several jobs but finally continued in the Railways for 20 years.

The patient has intense disgust towards his family, parental members because he disliked the traditional style of Zamindar life. He criticised and abused them for their indulgence in malpractice and acts. He several times expressed his violence towards his relatives.

He blamed the zamindar *khoon* for spoiling his life. He opined the same about his son who is under trial. In sharp contrast to his extreme hatred—de several times took loans to help poor people. He cannot control himself when sees someone in trouble. He helped others,

even at his own loss.

He was married about 25 years back. He has three issues: 2 sons and 1 daughter. Second son suffered with Maniac-Depressive Psychosis from Sept '85–April '86 and the daughter got similar trouble from June '86–Oct '86. His wife is ill (metrorrhagia). The eldest son is going to face a tragic end. The patient is in heavy debt. The patient claims himself a high willed person: can do anything. He thinks himself the most religious man, performs his duty at the demand of the time and need of circumstances.

He is very loquacious and has washing mania. He feels very very lonely – has no friend in this world. He wishes to go for “sanyas” and he believes ‘it will be possible only if God will wish it’.

Reportorial (Kent)

| | |
|--------------|--------------------------|
| Mind | Abusive |
| Mind | Contemptuous |
| Mind | Sympathetic |
| Mind | Cursing |
| Head | Perspiration |
| Face | Shiny |
| Sleep | Sleepiness, Itching from |
| Perspiration | Scanty |

| | |
|----------|---------------------------|
| Skin | Burning, scratching after |
| Skin | Eruptions, papular |
| Skin | Eruptions, pustules |
| Skin | Unhealthy |
| Stomach | Desire – cold food |
| Stomach | Aversion – vegetable |
| Generals | Clear weather agg |
| Chill | Bathing agg |

The medicines come up in repertorisation were *Caut.* *Petr.* *Phos.* The sympathetic nature, clear weather

aggravation and shining face favours *Causticum* over the other two.

| Date | Observations | Interpretation | Rx |
|----------|--|-------------------------|--|
| 3/04/87 | Mind of the patient and his different reactions (of history) O/E ulcers have no granulation tissue. Severe burning | Agg. Clear fine weather | <i>Causticum</i> – 200 two doses at 15 min. interval <i>Gunpowder</i> 6x (Thrice a day for 3 days, from 2 nd second day onward). |
| 5/04/87 | Agg. Air draft Ulcers-granulation (+) | | Ointment Sul Adv. To continue <i>gunpowder</i> |
| 7/04/87 | No new pustule/Eruption All ulcers healed | | <i>gunpowder</i> 6x thrice daily for 7 days. White Vaseline (locally) |
| 14/04/87 | Burning & Itching Agg Night | Psoric Manifestation | <i>Sul</i> -200/1/dose <i>Placebo</i> 30/ thrice a day |
| 19/04/87 | Burning & Itching negligible Washing mania, cataract Lt eye | | Vaseline (local) <i>sul</i> -200/1 p. |

| | | | |
|----------|--|-----------|--|
| 26/04/87 | Itching, cracks in soles Nose running, Head heavy | | <i>Placebo</i> thrice daily <i>Placebo</i> |
| 3/05/87 | No eruption, skin dry Sole cracks healed Nose-ameliorated Wish to join his duty Thinking to get rid of loans | | <i>Vaseline</i> (local) Placebo <i>Vaseline</i> (local) |
| 14/05/87 | | Improving | |
| 31/05/87 | | | <i>Placebo</i> pt. Advised to continue treatment and remain in touch |
| | Itching-forearm Nails grooved Hairs of scalp hard and erect | | <i>Placebo</i> |

Here the patient stopped to take medicine. He reported to be well, last September '88 as he came home for his daughter's treatment.

Discussion – 200 potency was selected for correspondence of symptoms at mental level. *Gunpowder* was given to excite process of granulation and it was stopped as soon as desired effect came up. Ointment *Sulphur* prescribed with no satisfactory effect and itching and

burning subsided only after dose of *Sulphur-200*. While *Sulphur* was prescribed for the dominating miasm. *Syphilinum* 200 was given for the basic miasm underlying. After *syphilinum* patient remained on *Placebo*. The last reported symptoms-itching forearms. Nails grooved (Koilonychia) and hard and erect hairs on scalp – subsided without any further medicine.



Trauma Titbits

“It was a dramatic and traumatic day” – Selwyn Lloyd. At present in our life a dramatic or traumatic is happening everyday.

“Trauma is a Greek word. There are two types of trauma, bodily injury and emotional shock.

A bruise, a fracture or a sprain is a bodily injury trauma i.e. physical, A mental agitation or feeling or shock that make deep impression on the mind is an emotional shock trauma i.e. emotional trauma.

Everyone experience some symptoms of

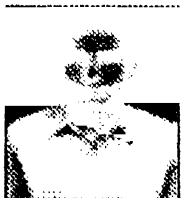
psychoneurosis, a mild or moderately severe emotional disorder, particularly when under a strain. Emotion is a tone of feeling recognized in ourselves by certain bodily changes and in others by tendencies to certain characteristics behaviour. Aroused usually by ideas or concepts.

“Physical : bruises, Fractures and wounds.

Aconite, Arnica, Belladonna, Bellis-perernnis, Calendula, Conium, Ferum-phos, Hammamelis, Hpericum, Ledum, Rhus-tox, Ruta-grav and Symphytum.

“Emotional”: Agitation, Anxiety and Excitement

Aconite, Apis, Arg-nit, Arnica, Aur-met, Bryonia, Chamomilla, Coffea, Gelsemium, Ignacia, Nux-vomica Phos-acid, Pulsatilla, Sepia, Staphisagriya and Sulphur.



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