

Dr Harry Van der zee, Sept 08, Mumbai



Reported by

Dr ALPA LAPASIYA BHMS

B 24, Purnima Darshan, 90 ft Road, Mulund E, Mum 400080

Mob: +919320170008

The seminar was held on 26th – 27th September 08 in Mumbai at the All India Local Self Government auditorium at Juhu, Mumbai.

Organised by Homoeopathy Study Circle.

Dr Chetna Shukla introduced the speaker: Dr Harry Van Der Zee is from Netherlands with an MD in Psychiatry and has started practicing homoeopathy since few yrs. He worked on a theory of the 'Realms of Human Unconscious' which was described by Dr Stanislav Grof, a psychiatrist. He was deeply impressed by it as it described the perinatal experiences of an individual to have an important role. He established a link between present day states and experiences during birth. He also analyzed the birth experience and in it he recognized a similar pattern in our theory of miasms and thus established a link between miasms and birth process. He also worked on Second Similimum for epidemics, chronic diseases, trauma with Dr Peter Chapel and used his remedies the PC remedies successfully.

DAY 1- UTILITY OF BIRTH HISTORY IN A CASE

The speaker started of with a few slides on the birth process.

1. Prenatal union between the foetus and the womb is said to be the Pre miasmatic stage. Also called the paradise for the foetus.
2. Onset of contractions ie beginning of the separation of foetus and womb is the stage of psora, also is the expulsion from paradise.
3. Contractions in closed uterus ie antagonism (between mother and foetus) is said to be the stage of sycosis -like the foetus is suffering in hell, and feels there is no way out.

4. Propulsion through birth canal ie synergism (there is help from the mother as she pushes the baby out) is said to be the stage of syphilis and the feeling is of death- rebirth struggle, like the killing of the dragon.
5. Termination of the symbiotic union ie the separation and reunion of the good breast said to be the stage of acute miasm, also the rebirth experience.

OTHER POINTS DISCUSSED AND ILLUSTRATED with the help of a number of cases

- Inevitable pains during labour and feelings of the mother at the time of labour are very important.
- Prenatal stage is like a paradise for the foetus. But as labour starts, this turns into hell and feels there is no way out. As the canal opens the foetus has a way, it has to gather all energy and come out into another paradise. This phase is needed for correct birth and creates a great bond between the mother and the child as in the last stages they act in synergism, ie helping each other.
- In case of Elective Caesarean Section this phase is not there. The new paradise comes without pain or struggle, so the person is accustomed to being like that in life-being helped and provided with everything by society.
- In cases of emergency like Caesarean Sections in the last stage then the baby is stuck in the last stage and needs help. This situation arises always in such people's life they are stuck at the last point and need help then.

- Biographical events add up with similar experiences during pregnancy and birth, together forming a theme or sensation.
- This theme or sensation is said to be similar to present states and is very useful in finding remedies.
- The sensation causes disease, not the event.
- The experience or reaction of present trauma is determined by earlier trauma ie trauma during birth.
- Our thoughts about reality cause disease, reality is just as it is.
- Trauma will repeat itself until the sensation is healed.
- The problem is the solution (Law of Similars)

He concluded the session with a few cases of his success with the use of *Trillium-pendulum* linked to 'The Owl'; gave a good understanding of the remedy.

The cases were lengthy so difficult to mention in the review but I would like to give a list of few important symptoms of the remedy used by him.

TRILLIUM-PENDULUM

- Controlled, Composed, Thoughtful, Systematic, Well behaved, Conscientious, Responsible, Intellectual people.
- Ambitious and Independent, do not like to be restricted.
- They just tend to go on. To deny their bodily needs. They have an aversion to being hindered by bodily complaints. They can even separate themselves from their body or their emotions.
- They do not like childhood, want to be adults as soon as possible, to possess the full capacity of their mind.
- It is very important for them to combine their motherhood with their career. They like to be good mothers. But do not let motherhood come in the way of their career.
- They do not like to quarrel, do not allow themselves to be carried away by their emotions, and like to solve conflicts in a rational, rather detached way.

- When a woman is focused on her head and intellect, pregnancy and labour can be a challenge to them. They have to bring their energy down to the lower half of their body
- Goddess Pallas Athena is said to be their patroness and Owl is said to be their symbol
- Symphysiolysis pubis post delivery
- Atony of uterus, lochia too bloody and too prolonged, copious.
- Extremities pain; broken, sensation as if; pelvis falling apart
- Extremities; dislocated feeling; hip
- Extremities; weakness; hip
- Female; pain; sore tenderness
- Generalities : > bandaging, fainting hemorrhage post partum, fainting due to loss of fluids.

The day was concluded after a question – answer session on the days talk.

DAY 2 – IMPORTANCE OF SECOND SIMILIMUM FOR RX OF EPIDEMICS, CHRONIC DISEASES AND TRAUMA.

Dr Harry Van Der Zee described the successful use of the Peter Chapel Remedies called the PC remedies in the treatment of some epidemics especially AIDS. He met Dr Peter Chapel who is the inventor of the PC remedies and was impressed by his work.

Dr Peter went to Africa to work for the AIDS affected individuals as Africa holds the maximum no of HIV/AIDS patients. It is like an epidemic there and is spreading very rapidly. He wanted to treat them Homoeopathically but initially failed in giving good results. He then invented the PC remedies and used it. He succeeded in his work and used it more widely. He developed 2 separate remedies for males and females and called them PC1AM or PC1AF.

The remedies worked really well. As evidence the CD4 counts were done and they increased subsequently after the PC remedies were given. So he went on to make more of these PC remedies for other diseases like TB, Cancer, Malaria, Hepatitis, for collective traumas etc and used them successfully on a number of people. Today there are more than 400 PC remedies for



various diseases.

PC remedies are not made from any substance. But their exact source and method of preparation is not revealed by Dr Peter C. Each PC remedy is prescribed on a common totality, like a Genus Epidemicus and can be supplemented with a constitutional remedy .

Dr Harry too has used these remedies and achieved great success in Africa. He illustrated this with a no. of cases of AIDS infected individuals in Africa being treated by these remedies and showed great results.

The PC remedies are administered in a particu-

lar way by adding 2 granules in a bottle 30-50 ml and banging the bottle 5 times before taking the remedy. 1 tsp is the dose. These remedies are available only with a foundation called 'Amma Resonance Healing Foundation' run by Dr Peter and Dr Harry and can be obtained by contacting them on the site www.ARHF.nl.

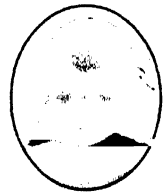
The session concluded with a round of thanks giving to the speaker and also to the organizing team.

Harry has also written 2 books in detail on the 2 topics discussed here as 'Miasms in Labour' and 'The Second Similimum'.

Rajan Sankaran Seminar, Germany, 2007

EDITOR: I have enjoyed watching this DVD seminar so much - in the privacy and comfort of my home along with the NJH team. NJH had been sent the DVD for review, so I thought it would be appropriate if the team saw the DVD together- to would also act as a ballast against being distracted. The 4 DVD's took us 3 sessions - a total 7-8 hrs. We made it into a picnic, my staff serving us tea and snacks and lunch, while we could uninterruptedly watch the proceedings!!Such luxury!

The other advantage: we could replay if we missed something - really the best alternative to attending the seminar. I would be willing to pay for such seminar DVD's in future too-I think this is the feedback the organizers want, so this is my reply to them which they can please note. Our group has agreed to meet 1 day/month for 6 hrs @ 9am - 3 pm on 4th Wednesdays.



Reported by

Dr ANGELICA JOSEPH, BHMS

A-3/27, Vijay Kunj, Opp Vakola Masjid, Vakola, Santacruz (E), Mumbai- 400055.

Mob: 09773110487

This was the DVD of a live seminar held in Germany by Dr Rajan Sankaran that has been recorded onto a set of four DVDs. Through this seminar, Dr Sankaran has made yet another of his tireless efforts of bringing to life classical but wider- Homoeopathy in his own unique style, ie in terms of new and newer remedies logically grouped.

All through this presentation Dr Sankaran has

stressed on the Homoeopath who must strive to be the unbiased, unprejudiced observer. He says, "The mind is the greatest obstacle in knowing the truth" and advises against forming interpretations while the patient is still narrating his story. In the Sankaran methodology of case-taking, the patient is skillfully led to his deepest sensations, which is truly the core of his/her persona. This sensation holds true and valid for

every aspect of the patient, whether his chief complaints, his physical generals or his dreams. Quite like going back to the 3-legged stool; an extension of the "what is true of a part is true of the whole" theory in Homoeopathy.

Editor: Rajan has travelled a long way in his evolution: through dreams and delusions and many other theories and finally come to the conclusion that we can arrive to the deep sensation of the patient, starting with the chief complaint. Though our main target is the deepest sensation which pervades all through the patient, and though we can reach it in many or any way, the direct, easier and advisable is to start off with the CC. The patient too is most comfortable with this: this is what he has come to the doctor for and this is what he is keen and ready to talk about. So why not use this willingness and guide it to where we want?

The three main sources of the homoeopathic medicines are the plant kingdom, animal kingdom and the mineral kingdom. According to Dr Sankaran, while deciding the remedy for a patient, we first need to decipher which kingdom the patient belongs to. If a patient requires a plant remedy his whole case would represent a high level of **sensitivity**, while if the patient needed an animal remedy, his story would be of a need for **survival**. And if the patient seems to at a level of need for **structure**, then he would require a mineral remedy.

When we arrive at a kingdom, the next important aspect would be the potency selection. During this seminar, Dr Sankaran has explained the concept of 7 levels, explaining each level in detail. Each level corresponds to a certain potency and depending on which level your patient is, you can decide the potency. One of the amazing things to note is the explanation of level 7, which is the level of utmost, perfect health. The whole concept makes you remain awe-struck. At this level the patient is not under the experience of his sensation himself but is a witness to his experience. In order to heal, the patient should observe his experience and be able to relate it to the doctor. Ideally, homoeopathic con-

sultation should take place at this level which is the most vital level for healing.

Health as described by Dr Sankaran is 'flexibility' or the 'freedom to act', where there is no extra effort to be made to relax, no struggle to achieve a particular state of mind.

Dr Sankaran has also dwelt on the concept of miasms in this seminar. He says that the miasm is not about the sensation of the patient, but it is about the quality of the sensation. He, very beautifully, described the presentation or rather indication of each miasm in a concise form.

In almost all the demonstrated cases we see the patient achieving a sense of well being and health at the level of his deepest sensations, which I would say is true 'health'. In the follow ups we find patients using words like 'happy', 'lively', 'energetic', 'content', 'satisfied', etc to describe their feelings, which I think is the ultimate achievement of a homoeopath.

CASE:

One very interesting case was that of a woman, married for 10 years, who suffered from very severe urticaria. Dr Sankaran, during the interview, asked her to describe her experience while she suffered from this disease. She began by describing the urticaria like as if it was another individual, a separate entity. To quote the patient: "I feel my urticaria is telling me something". During the life space investigation, it turned out that the patient was having trouble adjusting with a very strict and dominating father-in-law. When she was newly married the rest of the family told her that she was not to open her mouth in front of her father-in-law and was expected to obey him without question, which the patient found difficult to follow. She described herself as being very beautiful, smart and proud and said that probably her father-in-law became a little insecure after her arrival, as he had always been the 'king' or the 'boss' all the while. Since she did not really want to obey her F-i-l and she was being forced to do it, she said that she had kind of suppressed her own

wants and desires. She wanted to leave the house with her husband, to which her husband disagreed as he did not want to let go of his share of his father's enormous property. Whenever she got the attack of urticaria she became violent, angry and abusive and used to hurl abuses at her husband about her in-laws. She said, "I feel my urticaria is telling me to get out of this house and go make your own life". She described a situation where Dr Sankaran questioned her about what she would do if her husband would have an affair with another woman, and she said "I will kill him", "I will ask him, how dare he! That too when I am there!" All through this patient's life there was a quest for survival, which put her in the animal kingdom. Through her various hand gestures (which remained hidden to the DVD viewers) and her narration of her sensation, we could slowly watch the unraveling of this drug picture. In his explanation, Dr Sankaran said that this woman needed to be the boss, the queen in every situation. She would not tolerate anyone else taking her place or al-

low herself to be ruled over by somebody. This was the story of the insect *Apis mellifica*, the Queen bee. The patient was given this remedy and she did very well. In the later follow ups we saw that the patient got completely rid off her urticaria, but what was most amazing was how she had warmed up to her F-i-l who hadn't really changed. Her attitude towards him was that of a more tolerant D-i-l who even went to the extent of being protective of her F-i-l when somebody passed a rude comment about him!! Watching this stalwart in action on a video was a great opportunity and a wonderful learning experience as most of us would have probably not made it to Germany!

This method of case taking and remedy selection may be a little difficult for beginners but Dr Rajan Sankaran offers various ways to learn this unique and rewarding technique, through his books, his software called 'Vital Quest', etc. On the whole, I would say that this DVD is a must-view for all of us homoeopaths who aspire to be not just 'achievers' but 'healers'



Friend : I hear your wife had twins. Were they boys or girls?

Professor : Well, I believe one is a girl and one is a boy, but it may be the other way around.



One morning as he was leaving for the university his wife told her absent-minded husband, "Don't forget we are moving today. If you come to the house this afternoon it will be empty."

Predictably he didn't remember until he found the house vacated that afternoon. He mumbled to himself, "And where was it we were moving to?"

He went out in front of the house and asked a little girl, "Did you see a moving? van here today?"

"Yes", she replied. "Would you know which way it went?"

She looked up at him and said, "Yes, Daddy, I'll show you."