

True Homoeopathy Diehards: Even at a Party, an H-discussion Cannot Escape!!

ABSTRACT: This article is special as it was compiled on a special occasion, the Birthday of our most beloved editor Dr Vishpala Parthasarathy, thoroughly celebrated in her home with the best lunch served amidst songs and games. The true spirit of all great Homoeopaths never dies, so be it a party or picnic, we all eat, drink and sleep Homoeopathy. Here too we ended with an enjoyable brief session. Dr Padmaja Pai talked and I wrote down. And here it is..... Dr Alpa Lapasiya

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Mother Tinctures have helped in a considerable number of cases to hasten a cure especially in acutes. Here is her list of useful mother tinctures, which she has used in practice, with just briefest of indications.

Allium-sativa: Used to reduce Blood pressure, it has vasodilatory properties.

Avena-sativa: Useful in debilitating diseases, nerve tremors of the aged, underweight children. Dose: 10-20 drops in hot water, 3 times a day.

Badiaga: For Hairfall, cough, joint pains.

Berberis-aquafolium: Used for local application on the skin to clear acne.

Blatta-orientalis: For Asthma.

Cactus-grandiflorus: Used in endocarditis with mitral insufficiency, heart weakness with arteriosclerosis.

Calendula: Used locally for application on raw wounds, promotes healing fast.

Cantharis: Used in treatment for burns.

Chelidonium: Used in treatment of viral hepatitis A only, cannot be used for other types.

Crataegus: Acts on the heart muscle, heart tonic, irregular beats.

Damiana: Used for impotency.

Echinacea: Used in allergic reactions to repeated bites in children, also for building up of immunity. Used in recurrent colds.

Fucus-vesiculosus: Useful in Obesity.

Gymnema-sylvestre: In DM to reduce sugar levels.

Hammamelis: Externally in Varicose veins.

Hypericum: As an Antidepressant, (Dr Padmaja calls it the "Happy Drops") Dose: 10 drops of water BD. From the plant, St Johns Wort, the remedy is marketed under Herbal remedies and used for depression in USA.

Laborandi: Used for hairfall- as mother tincture and in oil for local application.

Passiflora: A nerve soother- 10 drops BD calms the patient and even puts to sleep, Also in HT.

Quercus-glandium-spiritus: Takes away the craving for alcohol.

Sabal-serrulata: For Prostate Enlargement.

Staphysagria: Used for head lice, few drops to be mixed in oil and applied locally.

Strophanthus: Very useful in cardiac dropsy.

Dose: 10 drops in a glassful of water, use 1tsp every hour. Within 3-4 days diuresis is established. It is safe for the aged.

Sulphuric-acid: To give up alcohol, it can even be given incognito, by mixing it (of all places!) in the drinks of alcoholics. The tincture mixed with 3 parts of alcohol, 10-15 drops 3 times daily, has been successful to subdue craving for alcohol.

I have used this last in scores of patients, along with the Homoeopathic remedy given sparingly. This latter has been my sheet-anchor as I practice in a prominently Christian area, where the alcohol problem is endemic and broken many a home. I am then known in the wives-circle as a home-savior! It feels good that homoeopathy can be a social medicine and tackle social ills.