

Homeopathic Prescribing

by Steven B. Kayne and Lee R. Kayne
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Reviewed by Jay Yasgur, RPh, MSc

With a durable flexible plastic cover this is a true homeopathic pocket-book.

It is divided into two parts. Part I (45 pages) consists of an introduction into homeopathy and its principles. Philosophy, pharmacy and remedies are covered, as well as practice methodologies and strategies. If one were to go over this section completely and in detail, one would have a good grasp of homeopathy. Tautopathy, anthroposophy, homotoxicology, biochemics, flower remedies and combination homeopathy are all presented, albeit briefly. There is no true materia medica though Appendix 3 does list remedies matched with one or several word symptoms. For example, *Pulsatilla* (p. 182) is presented on fourteen lines with the following indications: bedwetting, bereavement, catarrh and sinus problems, cough, ear problems, eye problems, gout, hot flushes, menopause, morning sickness, nausea and vomiting, nosebleed, period pains, and

pre-menstrual syndrome.

Part II (150 pages) consists of an alphabetical listing of diseases or conditions treated; e.g., abscesses and boils to wounds. For each of those conditions the left-hand page lists the remedies and their modalities and 'other hints' while the right-hand page is a flowchart. For those unfamiliar with the flowchart approach, it is basically a symptom 'eliminative' approach (see diagram; ex. nappy rash, p. 126/7).

Kayne's book is similar to Asa Hershoff's larger-in-size and less durable *Homeopathic Remedies*. If you are acquainted with this latter work, you certainly appreciate it and, if that is the case, you will no doubt find a similar utility in *Homeopathic Prescribing* by the noted British pharmacist(s) father and son team.

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