

## **WAYS OF GIVING THE POTENCY\***

*Wilbur K. Bond, M.D.*

As we all know, this controversy over the right potency is one of much thought. But today I propose to throw a new light, gleaned from practical experiences on the subject.

I grant you that starting with a low potency, feeling your way along and then gradually working higher is the recognized true course of procedure ; the higher potency, the more dynamic the action, which is after all the true action that all pure homoeopaths are seeking ; the lower the potency, the more materialistic the action.

In diseases of great pathology or with more end results present or in the aged where vitality is sadly weakened, one should favour the low potencies perhaps given a little more often, while in early functional states with not much pathology as yet present and in the young with lots of vitality, higher and higher potencies can be nicely tolerated.

So, if you think you have the right remedy and nothing happens, do not despair ; you may not have the right potency. In the similimum one has a great tool ; it is my purpose to tell you how to use that tool. Cases in mind have failed to respond to the CM, but falling back to the 30. I got beautiful results. Evidently, I was in the wrong vibration frequency. There is no such thing as the ideal potency for all. I have seen the CM work wonders. I have seen the tincture run up to the 3rd, work wonders ; yes, and even the straight tincture, as in one case of angina pectoris with the typical iron band constriction.

---

\*Read before the Bureau of Materia Medica, I.H.A., July 6, 1950.

**Cact. 200.** gave only moderate relief. **Cact. 1M** did but very little if any more good. Then I happened to think that one of my old professors said that the way to give **Cact.** was 5 drops of the tincture in a 1/2 glass of water, a teaspoonful every 2 hrs. until relieved. This cured the case.

**Ornith. Q** in water succeeded, when **Lyc.** in all its potencies failed ; I am satisfied the man had a Ca of the stomach with typical **Lyc.** symptoms.

If you have an extremely tough chronic case, I think you have to hammer and hammer at that case and not give just a single dose and wait and wait and lose precious time in waiting. There is no danger of proving a remedy on a sick person.

Give the patient the benefit of all they can get out of each potency if it is acting well. One such case, a cancer of the left breast with intolerable pain, was advanced and advanced perhaps too rapidly from **Lach. 200.** up to and including **Lach. DM** with only fair results. Then finally **Lach. 1M** was dissolved in 8 teaspoonfuls water and a teaspoonful every hour was given until relieved. This has held that woman now for 6 months without any pain and the lesion is healing. This cancer of left breast is now doing nicely after 8 years. Pain in ulcer of stomach is stopped by **Ars. 50 M** in water the same way.

Now if you have a case that you are fairly sure is going to be here next week, or the vitality is not playing out too fast as to not permit one to juggle the potencies, then I would say that the trying of different potencies and the giving of some of them in water is an excellent way to get a "take." But on the other hand, if your case desperate and minutes are counting, choose your remedy well, dissolve it in 3 teaspoonfuls of water and give a teaspoonful every 2 hours. Due to your rush for time, if no results are seen, it is advisable to change your remedy every 6 or 12 hours, if necessary to save your patient's life, using some good medium potency like the 1 M or 10 M.

For antidotal purposes of some poison or drug abuse, use the potency of that substance high 50M and CM. Such interfering drugs may be aspirin, X-ray, poison ivy: sulfas, penicillin, etc. Wait 48 hours, then you may give your true remedy with astonishingly good results.

As a rule, the average chronic case I start on the 200. or 1M, 5 doses 12 hours apart. If a remedy is going to "hit," it will do so in 48 hours.

Finally, as an example of how hard a stubborn case may have to be hammered, let me cite a man of 70 with the worst kind of bone cancer of left hip with osteomyelitis, *Calc. fl. 30.*, twice a day for a week; then 200. same way for 5 days; then increase the potency for a month or so and all the while keep him on *Calc. fl. 6th* every 3 hrs. This sounds radical but a disease like this is no child's play and you cannot afford to wait because time is running out on you.

*This is the way to a cure.*

*Greens Fork, Indiana*

## DISCUSSION

**Dr. W.E. Jackson (Brea, California):** This is a very good paper. There is one thing I want to emphasize. Examine the patient and make your diagnosis. Make a definite diagnosis. If it is cancer, don't let it whip you. Most physicians and even most homoeopaths automatically think, "There is nothing that can be done." Something can be done.

Dr. Bond spoke of the case that he thought was a carcinoma of the stomach. He treated it not as a cancer, which was all right. You don't treat the cancer—you treat the patient. It is very important that you treat the individual.

Remember that you may be able to push a remedy pretty hard in some conditions, but this does not hold true in cancer. The harder you push, the quicker the patient will die. You can

put that down in your little black book, that if you push the remedy too hard you are at fault and you will have caused the death of your patient.

Don't be afraid to use the lower potencies in the beginning, especially in a malignant condition. As you go along you will use the higher potencies. Don't push too hard, because you will push your patient into the grave.

**Dr. A.H. Grimmer (Chicago, Illinois) :** I want to thank Dr. Bond for giving us the paper. It is by the sum total of individual's experiences that we arrive at a definite answer.

I am inclined to go very slowly, especially with a malignancy, and neither change the remedies too soon nor push the remedies that have been selected. I have confirmed Dr. Jackson's observations several times, and I am very careful. I have been guilty of trying to hurry a cancerous proposition, and I have found that they can go bad very quickly. In several cases I have not been able to stem the tide and the patient went to his death.

Dr. Jackson has brought a very valuable observation to us, and Dr. Bond likewise. I like the idea of starting low and going higher.

As far as the mental state is concerned, there can be no question of the advantage of the potencies in most mental states. A potency above the 30. is really in the realm of the higher band of existence, and reaches the life force on that plane. We do not heal on the physical plane, but on the ethereal plane.

**Dr. Allan D. Sutherland (Brattleboro, Vermont) :** Dr. Roberts, who trained me in homoeopathy, said many times that one must never go from a higher to a lower potency, yet time after time in these discussions we hear some-one state that after the 50M they have gone down to the 30., or something of that sort. It has been very difficult for me to reconcile those remarks with what Dr. Roberts taught me.

I very seldom do it, but evidently these gentlemen get excellent results. The only exception to the rule made by Dr. Roberts was that after you had exhausted the scale of potency from the lower to the higher, and the patient still needed the same remedy then you could go back again.

**Dr. Jackson :** It is not ordinarily considered the right thing to do to discuss paper twice, but I do want to speak of Dr. Sutherland's statement regarding going from a higher to a lower potency.

It reminds me of the oil industry. I happen to live in the oil country, where practically the first oil ever found in California was discovered. Sometimes they have to go down into the earth three or more miles to strike oil. Eventually the oil well may peter out. They may have gone down through as many as fifty strata to reach it.

If you push too hard with your remedies you may by-pass a lot of things you should have known, without seeing them. It is similar to taking a trip in an automobile. You drive through a city rapidly and then say, "Oh, yes, I've been there", but you actually didn't see a thing.

**Dr. W. J. Gier [La Jolla California].** There was a converted doctor who took up Homoeopathy and was very good at it. He told about a patient for whom he had prescribed *Sulfur* 10M. After a while, the patient said she was leaving town, so he studied her case to be sure he gave her a dose of *Sulfur* 10M, and he discovered that she had had 50M.

The patient went to Mexico, and about year later the family brought her home to die of tuberculosis. She had been bedfast all the time she was gone. This doctor studied the case and gave her a dose of *Sulfur* 30X, and in two weeks' time she was out of bed, up and around, and doing her housework.

I had forgotten about that until a patient of mine, whom I had on *Sulfur*, came in with complaints. I studied his case but did not consult his record. I gave him a dose of *Sulfur* 50M. He still complained of pain in his stomach, so I remembered that I had given that *Sulfur* in too high potency too soon after the 10M. I prescribed for an aggravation. I gave him 30x of *Sulfur*, and he said within a matter of seconds the remedy worked. He said, "Why, it hardly hit my stomach before the pain quit."

I don't know how many other remedies can be antidoted with lower potencies of the same remedy, but I wanted to mention it today. I have never heard it mentioned before.

**Dr. Bond (closing).** I am very happy to hear these ideas about the right potency. On the train coming to this meeting I had time to look over some of the Journals I have gotten behind in reading, and in the *Pacific Coast Journal* there is an article by Dr. Rueckert, on *Arsenicum* for ulcers. I was very much consoled when I found that others believe in giving a potency pretty intensively, too.

For instance, here is a case in which he says, "Foot ulcer suppressed scabies had defied all medication. *Arsenicum* 8c, one drop every second day, cured the case in seven weeks".

That is really pushing the potency.

**Dr. Sutherland.** I think he meant the 8th centesimal.

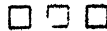
**Dr. Bond.** Here is another case of chronic leg ulcer following a dog bite. "*Arsenicum* 6c, one drop every four days was given. *Arsenicum* 8c was substituted as soon as improvement began, which cured in the course of time completely".

This convinces me all the more that you don't have to resort to one single dose. Many times there is no danger of crowding a case too much, providing you keep it in the lower sphere of potency.

**Dr. Sherwood.** Was that dog rabid ?

**Dr. Bond.** He does not say. I do think it is a mistake to treat these cancerous cases with high potencies because you wear out the vitality to such an extent that you may push the case too far. As long as you say in the lower potencies you are pretty safe in repeating the doses often.

[*Courtesy* : The Homoeopathic Recorder, Dec., 1950]



**V. Krishnamoorthy's**

**Beginners Guide to Bach Flower Remedies ... Rs. 7/-**

**(Postage Rs. 3/- extra)**

*Distributors :*

**HARJEET & CO.**

**1920, Chuna Mandi, Pahar Ganj,**

**New Delhi-110055**